

'Ibādāt



وَأَيُّهَا الْمُهَاجِرُ وَالْمُهَاجِرَاتُ

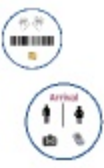
Jazakallāhu Khayr
for attending

May Allāh ﷻ grant you all a
Ḥajj Mabrūr & Ḥajj Mabqūl

Remember us and the
Academy in you Du'as



**Airport
Information**



Islamic Academy of Coventry

Hajj Workshop



www.islamicacademycoventry.org

Maulānā Ebrahim Noor

Introduction

Why did we develop this Workbook?

- To help brothers' & sisters' who are going for Hajj
- Talk about the practical details of Hajj
- Lots of Information can cause confusion therefore we have created a simple guide with clear, concise instructions to make it easier for pilgrims
- Developed a simple checklist to follow throughout the journey

Help prepare correct
journey of a life



Housekeeping

- Rest Rooms
- Sit where you can see the screen
- Pens & paper provided if needed
- Everyone should have a copy of the Hajj Checklist
- Sisters should also have copy of Womens Hajj Companion
- Questions at the end



'Ibādāt



وَأَتِمُّوا الْحَجَّ وَالْعُمْرَةَ لِلَّهِ



Why did we develop this Workshop

- To help brothers' & sisters' who are planning on going for Ḥajj
- Talk about the practical details of Ḥajj
- Lots of Information can cause confusion therefore we have created a simple workshop with clear, concise instructions to make it easier for pilgrims
- Developed a simple checklist to use throughout the journey

**Help prepare correctly for the
journey of a lifetime**



Schedule



Perform Hajj



How to Perform 'Umra



Preparation
for the Journey
&
Travelling to the
Holy Land

The 3 Types of Hajj





**Preparation
for the Journey
&
Travelling to the
Holy Land**

How to Perform 'Umrah



How to Perform Ḥajj



How to Present Salām



The 3 Types of Hajj



Hajj Tamattu'

Pilgrim enters into Ihram twice. Performs 'Umrah in 1st Ihram, then exits Ihram. Then enters into Ihram once again for Hajj

Hajj Qirān

Pilgrim enters into state of Ihram once and performs 'Umrah & Hajj in same Ihram

Hajj Ifrād

Pilgrim enters into state of Ihram once with intention of Hajj only
(No 'Umrah performed)

Hand Luggage

It is recommended you carry a small light hand luggage, packing only the essential items, so it is easier for you to travel, especially when in Ihram
The less weight you have on your person, the easier it will be
You can also use this hand luggage when you go to the various Holy sites during Hajj.
Your personal documents (passports/plane tickets) be kept on your person at all times while travelling.
small, personal bag/handbag so they are easy to carry.
Your money can be kept in a money bag.
is the type that goes around your waist.
lower part of the Ihram can be worn.
extra peace of mind.

Ḥajj Ifrād

**Pilgrim enters into state of
Iḥrām once with intention of
Ḥajj only
(No 'Umrah performed)**

Hajj Qirān

**Pilgrim enters into state of
Iḥrām once
and performs 'Umrah & Hajj in
same Iḥrām**

Hajj Tamattu'

**Pilgrim enters into Iḥrām twice.
Performs 'Umrah in 1st Iḥrām,
then exits Iḥrām. Then enters
into Iḥrām once again
for Hajj**

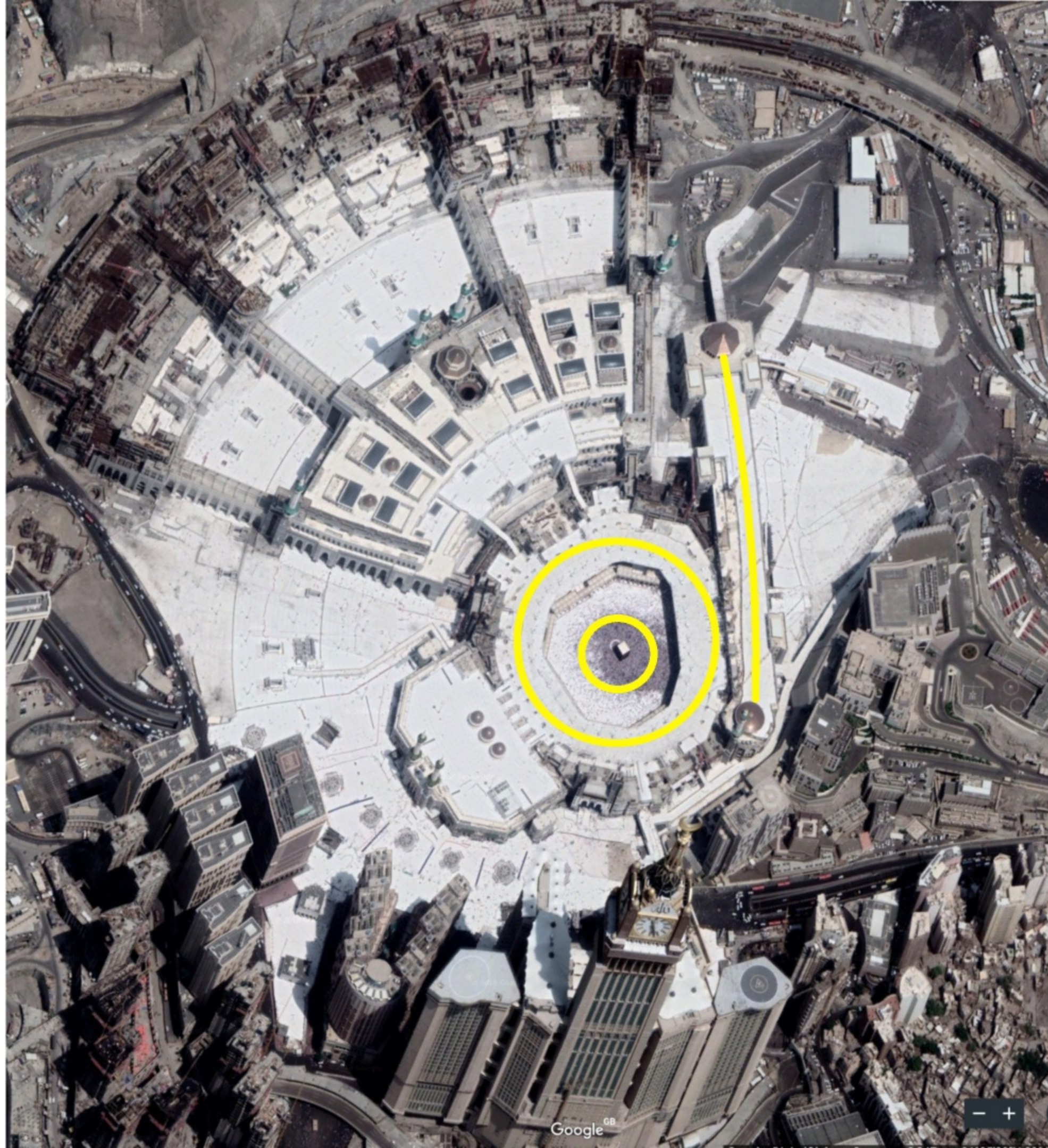


**Preparation
for the Journey
&
Travelling to the
Holy Land**

**Physical preparation
before we go**

Start walking regularly





Approxim

Ṭawāf in Maṭāf -

Ṭawāf on Roof -

Sa'ī -

Also consider the
to Al-Masjid al-H

Approximate Distances

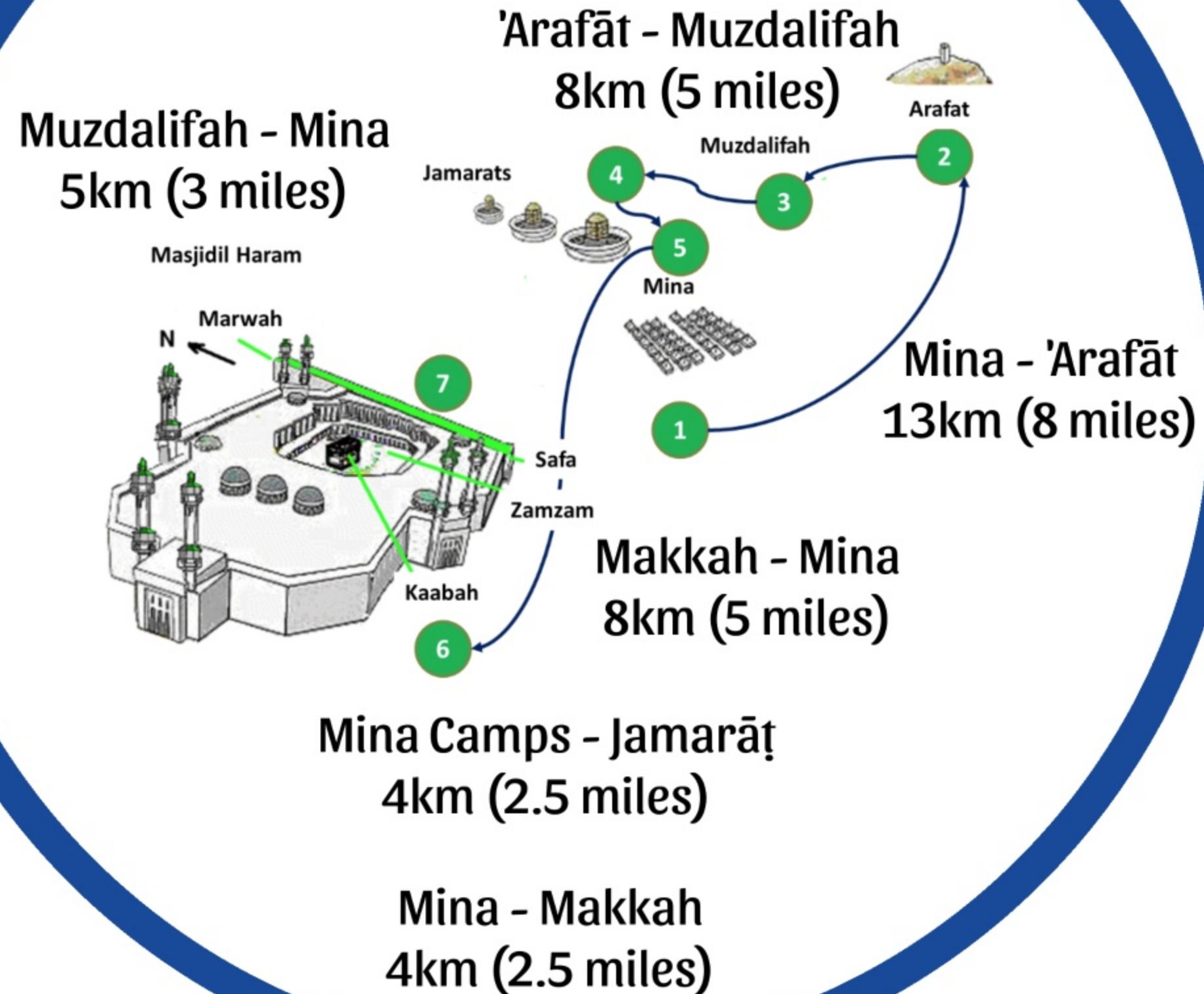
Ṭawāf in Maṭāf - 1.2 km - 0.75 miles

Ṭawāf on Roof - 4.25 km - 2.64 miles

Sa'ī - 3.15 km - 1.96 miles

**Also consider the walk from the hotel
to Al-Masjid al-Ḥarām and back again**

Distances between Holy Places



Walking

Women - can wear any
footwear in Ihṛām

Take well worn comfortable footwear

In Ṭawāf can
wear socks



Remember to
take a shoe bag

Men - flip flops



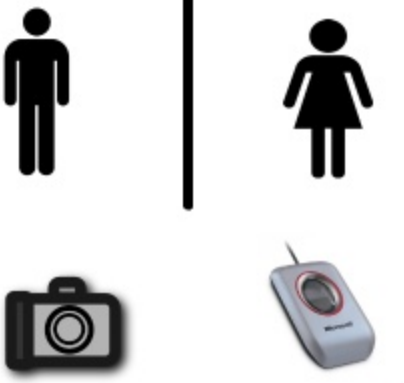
If not in Ihṛām
can wear socks
in Maṭāf

Spiritual Preparation

- Ensure you read all of your Ṣalāh
- Learn how to perform 'Umrah/Ḥajj
- Learn about the significance and reasons behind the rituals
- Learn about the significance of the blessed places

Correct your intention

Airport Information



Preparation for the Journey & Travelling to the Holy Land

Purpose of Booklet
Help plan journey for sisters who may face a variety of scenarios regarding their monthly cycle
Cannot perform [awāf whilst on monthly cycle
Calculate arrival & departure dates for Hajj
Help forecast your unique scenario
Help put your mind at ease
Booklet Exercises must be completed by ALL mature females in your group

Guidance assumes you are travelling to Makkah first 
If going to Madinah first, then follow advice before leaving for Makkah 

The 3 Types of Hajj



Hand Luggage

It is recommended you carry a small light hand luggage, packing only the essential items, so it is easier for you to travel, especially when in Ihram
The less weight you have on your person, the easier it will be
You can also use this hand luggage when you go to the various Holy sites during Hajj.
Your personal documents (passports/plane tickets) should be kept on your person at all times while travelling, in a small personal bag/handbag so they are easily accessible
Your money can be kept in a money belt/pouch. If it is the type that goes around your waist, then the lower part of the Ihram can be folded over it for extra peace of mind.



Hand Luggage

It is recommended you carry a small light hand luggage, packing only the essential items, so it is easier for you to travel, especially when in Iḥrām

The less weight you have on your person, the easier it will be

You can also use this hand luggage when you go to the various Holy sites during Ḥajj.

Your personal documents (passports/plane tickets) should be kept on your person at all times while travelling, in a small personal bag/handbag so they are easily accessible

Your money can be kept in a money belt/pouch. If it is the type that goes around your waist, then the lower part of the Iḥrām can be folded over it for extra peace of mind.



What to Pack in Hand Luggage ?



Packing List Extras



Physical preparation
before we go
Start walking regularly

First Aid

- Plasters
- Ibuprofen/Paracetamol
- Dioralyte Sachets - Rehydration
- Imodium - Diarrhoea
- Lozenges for sore throats
- Cough medicine
- Foot creams or blister plasters
- Antihistamines
- Any other prescription medicine you might need
- Inhalers
- Glucose Tablets

First Aid

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- Ibuprofen\Paracetamol
- Dioralyte Sachets – Rehydration
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- Cough medicine
- Foot creams or blister plasters
- Antihistamines
- Any other prescription medicine you might need
- Inhalers
- Glucose Tablets

Last Minute Checks

Money (In Wallet or in Money Belt)

Passports (check Visa & Meningitis certificate)

ID Cards & Wrist bands if supplied by Hajj Operator

Credit\Debit Cards if needed (In Wallet or in Money Belt)

Airplane Tickets or e-ticket numbers

Make copies of Passports and give to next of kin

Give Hotel information to next of kin

Suitcases & Hand Luggage (ensure you have not exceeded baggage weight allowance for your airline and hand luggage size is within specified size limits)

Mobile Phone

Entry Checklist

Check Covid\Vaccination Requirements for Hajj

Check latest guidance on age limits for childrens entry into Haramayn & performing Hajj

Obtain visa - check current requirements

Check if masks are mandatory in Masjid & shops - Currently N/A

Required Apps



Nusuk

May be required for 'Umrah
(no requirement currently)
& is required for Rawḍah
booking in Madīnah

**Download App before you go - Will need
Passport & Visa number to register**

**Book time slot for 'Umrah if
required - can be done later
(no requirement currently)**

Then

Departing from Home



Departing from Home



Entering into the State of Iḥrām



'Umrah

There are 2 Farḍ - Compulsory actions in 'Umrah as follows:
 1. To enter into the state of Iḥrām
 2. To complete at least 4 rounds of the Ṭawāf



There are 3 Waḡib actions in 'Umrah as follows:
 1. To complete all 7 rounds of the Ṭawāf
 2. To perform the Sa'ī between As-Ṣafa and Al-Marwah
 3. To perform Ḥalaq or Qasr (Shaving or trimming of the hair)

From the above, the only action which a female cannot perform if she is on her menstrual cycle, is the Ṭawāf. Furthermore, the Sa'ī cannot be performed without performing the Ṭawāf first. If any sister is on her monthly cycle, she must wait until she is pure, then do 'Umrah

Hajj

There are 3 Farḍ - Compulsory actions in Ḥajj as follows:

1. To enter into the state of Iḥrām
2. Waḡf of Arafāt (to spend some time in Arafāt between Ṭawāf on the 9th of Dhul Ḥijjah, until ṣubūḥ ṣāḍiq on the 10th of Dhul Ḥijjah)
3. Ṭawāf al-Ziyārah (This can be done anytime starting from ṣubūḥ ṣāḍiq on the 10th of Dhul Ḥijjah until sunset on the 12th of Dhul Ḥijjah)

Important Note: If a woman is on her menstrual cycle during the days of Ḥajj, she will delay her Ṭawāf al-Ziyārah until she is pure. If she returns home without completing it, her Ḥajj will be incomplete and relations will remain unlawful for her until she returns to Makkah and performs the Ṭawāf al-Ziyārah. Therefore she must not leave Makkah until performing Ṭawāf al-Ziyārah. If delayed after the 12th of Dhul Ḥijjah due to monthly cycle, no expiation will be necessary.

Hajj

There are 6 Waḡib actions in Ḥajj as follows:

1. To stay in Muzdalifah during the period of 'Arafāt
2. To perform the Sa'ī between As-Ṣafa and Al-Marwah
3. To perform Ḥami (stoning of the jamarāt)
4. For a person who is doing Ḥajj Tamattu' or Qiran, to perform the Uḡhuyah (Nabī)
5. To perform Ḥalaq or Qasr (Shaving or trimming of the hair)
6. For non residents - to perform the Ṭawāf al-Wada' - Farewell Ṭawāf

From the above, the only action which a female cannot perform if she is on her menstrual cycle, is the Ṭawāf al-Wada'. There will be no expiation necessary if she misses it due to her cycle.

Purpose of Booklet

Help plan journey for sisters who may face a variety of scenarios regarding their monthly cycle
 Cannot perform Ṭawāf whilst on monthly cycle
 Calculate arrival & departure dates for Ḥajj
 Help forecast your unique scenario
 Help put your mind at ease
 Booklet Exercises must be completed by ALL mature females in your group

Guidance assumes you are travelling to Makkah first



If going to Madīnah first, then follow advice before leaving for Makkah



Break out Session
 Brothers - Practical Iḥrām
 Sisters - Womens Hajj Companion Overview



Calculate your Unique Scenario

Fill in Table on Page 20

Date of entry into Makkah:	17th May
Date of departure from Makkah:	31st May
Length of your normal monthly cycle:	5 days
Length of your actual clean days between cycles:	20 days
Date of the final day of your last cycle:	24th April
Date for Ḥajj:	25th - 29th May
Projected start date of your cycle closest to Ḥajj:	15th May

Fill in Table on Page 22

- Enter the names of the Gregorian months i.e., May, June, July
- If any months are only 30 days, strike off day 31 from the table
- Highlight the 5 Days of Hajj in green
- Highlight the days of your menstrual cycle in pink
- Highlight any overlap days between Hajj and your cycle in yellow
- Circle the days you enter and depart Makkah

Month		Gregorian Month						
1	2	3	4	5	6	7	8	
1	2	3	4	5	6	7	8	
9	10	11	12	13	14	15	16	
17	18	19	20	21	22	23	24	
25	26	27	28	29	30	31	1	

- Enter Makkah whilst on cycle but get pure before days of Ḥajj
 - Will not be on monthly cycle during the days of Ḥajj
- Now go to flowchart on Page 24 to Calculate your 'Umrah Scenario
- From the above example:
 Woman will enter Makkah while she is on her menstrual cycle.
 She will become pure on the 20th of May and then be able to perform her 'Umrah before Hajj.
 She will then be able to perform her Hajj without any issues regarding purity.
 She will be able to perform the Ṭawāf al-Ziyārah before she leaves on the 31st of May.

Scenario

Consider the following points:
 Maximum days of Menstrual Cycle = 10 (Hanafi school)
 Cycle starts on 10th of Dhul Ḥijjah and lasts for 10 days
 Earliest Ṭawāf al-Ziyārah can be done is 20th of Dhul Ḥijjah
 To be safe, Departure should be delayed until 21st of Dhul Ḥijjah in most extreme case.
 If you are due to be on your monthly cycle during the days of Ḥajj, your departure, and you will not be able to perform the Ṭawāf al-Ziyārah, and you cannot delay your departure until pure or come to Makkah later, then take measures to prevent monthly cycle.
 Note: If a woman cannot perform the Farewell Ṭawāf due to her monthly cycle, there will be no expiation - dam necessary.

**Guidance assumes
you are travelling to
Makkah first**



**If going to Madīnah
first, then follow
advice before
leaving for Makkah**



At Home Before Leaving

Task	Complete
Perform Ghusl, clip nails, trim moustache, remove pubic hair and hair under armpits	<input type="checkbox"/>
Read 2 Rak'ah Nafl Ṣalāh for ease of Journey, (if it is not Makrūh time for Ṣalāh). Recite Sūrah al-Kāfirūn in 1 st Rak'ah and Sūrah al-Ikhlāṣ in 2 nd Rak'ah.	<input type="checkbox"/>
After Ṣalāh, do Du'ā, send Durūd (Ṣalawāt & Salām) to Rasūlullāh ﷺ then thank Allāh ﷻ for the opportunity to go for Ḥajj. Ask for ease of journey, repent from all sins, and ask for protection from self-desire (Nafs) and Shayṭān.	<input type="checkbox"/>
Meet family & friends and leave in a happy state. Remain in Dhikr during the journey and stop for Ṣalāh on the way if required. Do NOT miss any Ṣalāh. Plan the journey ahead considering possible traffic. Note: All pilgrims will now be classed as travellers so only Qaṣr Ṣalāh will be read.	<input type="checkbox"/>

Note: It may be difficult to put on the Iḥrām at the airport, especially if travelling direct, so males should consider wearing at least the lower part from home. Females should get changed at home into the clothes they are using as Iḥrām. They can wear any type of footwear.



'Umrah

There are 2 Farḍ - Compulsory actions in 'Umrah as follows:

1. To enter into the state of Iḥrām
2. To complete at least 4 rounds of the Ṭawāf

There are 3 Wājib actions in 'Umrah as follows:

1. To complete all 7 rounds of the Ṭawāf
2. To perform the Sa'ī between As-Şafa and Al-Marwah
3. To perform Ḥalaq or Qasr (Shaving or trimming of the hair)

From the above, the only action which a female cannot perform if she is on her menstrual cycle, is the Ṭawāf. Furthermore, the Sa'ī cannot be performed without performing the Ṭawāf first. If any sister is on her monthly cycle, she must wait until she is pure, then do 'Umrah



Ḥajj

There are 3 Farḍ – Compulsory actions in Ḥajj as follows:

1. To enter into the state of Iḥrām
2. Wuqūf of Arafāt (To spend some time in Arafāt between Zawāl on the 9th of Dhul Ḥijjah, until ṣubaḥ ṣādiq on the 10th of Dhil Ḥijjah)
3. Tawāf al-Ziyārah (This can be done anytime starting from ṣubaḥ ṣādiq on the 10th of Dhul Ḥijjah until sunset on the 12th of Dhil Ḥijjah).

Important Note: If a woman is on her menstrual cycle during the days of Ḥajj, she will delay her Tawāf al-Ziyārah until she is pure. If she returns home without completing it, her Ḥajj will be incomplete and relations will remain unlawful for her until she returns to Makkah and performs the Tawāf al-Ziyārah. Therefore she must not leave Makkah until performing Tawāf al-Ziyārah. If delayed after the 12th of Dhil Ḥijjah due to monthly cycle, no expiation will be necessary.

Ḥajj

There are 6 Wājib actions in Ḥajj as follows:

1. To stay in Muzdalifah during the period of Wuqūf
2. To perform the Sa'ī between As-Ṣafa and Al-Marwah
3. To perform Ramī (stoning of the Jamarāt)
4. For a person who is doing Ḥajj Tamattu or Qirān, to perform the Uḍhiyah (Naḥr)
5. To perform Ḥalaq or Qasr (Shaving or trimming of the hair)
6. For non residents - to perform the Tawāf al-Wada' - Farewell Tawāf



From the above, the only action which a female cannot perform if she is on her menstrual cycle, is the Tawāf al-Wadā'. There will be no expiation necessary if she misses it due to her cycle.



Entering into the State of Ihram



'Umrah



Break out Ses

Brothers - Practic

Sisters - Women

Companion O

Iḥrām for Men

2 Sheets of
Unstitched Cloth



Iḥrām for Women

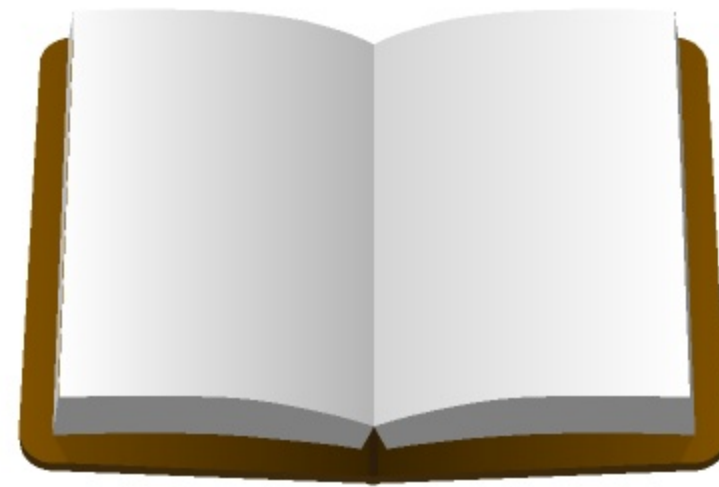
**Any Simple Clothes
(put on from home)**



Break out Session

Brothers - Practical Ihrām

**Sisters - Womens Hajj
Companion Overview**



Islamic Academy of Coventry

Womens Hajj Companion

(4th Edition)

Maulānā Ebrahim Noor



potential

in a pure

Purpose of Booklet

Help plan journey for sisters who
may face a variety of scenarios
regarding their monthly cycle

Cannot perform Ṭawāf whilst on monthly cycle

Calculate arrival & departure dates for Ḥajj

Help forecast your unique scenario

Help put your mind at ease

**Booklet Exercises must be
completed by ALL mature
females in your group**

Calculate your Unique Scenario

Fill in Table on Page 20

Date of entry into Makkah	17th May
Date of departure from Makkah:	31st May
Length of your normal monthly cycle:	5 days
Length of your normal clean days between cycles:	20 days
Date of the final day of your last cycle:	24th April
Dates for Ḥajj:	25th - 29th May
Projected start date of your cycle closest to Ḥajj:	15th May

Fill in Table on Page 22

- Enter the names of the Gregorian months i.e., May, June, July
- If any months are only 30 days, strike off day 31 from the table
- Highlight the 5 Days of Ḥajj in green
- Highlight the days of your menstrual cycle in pink
- Highlight any overlap days between Ḥajj and your cycle in yellow
- Circle the days you enter and depart Makkah

Month 1: May (Gregorian Month)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- Enter Makkah whilst on cycle but get pure before days of Ḥajj
- Will not be on monthly cycle during the days of Ḥajj

Now go to flowchart on Page 24 to Calculate your 'Umrah Scenario

From the above example:

Woman will enter Makkah while she is on her menstrual cycle.

She will become pure on the 20th of May and then be able to perform her 'Umrah before Ḥajj.

She will then be able to perform her Ḥajj without any issues regarding purity.

She will be able to perform the Ṭawāf al-Ziyārah before she leaves on the 31st of May.

Then collect stones for Ramī (ritual pelting)

The stones should be at least as big as a pea and no larger than a date stone.

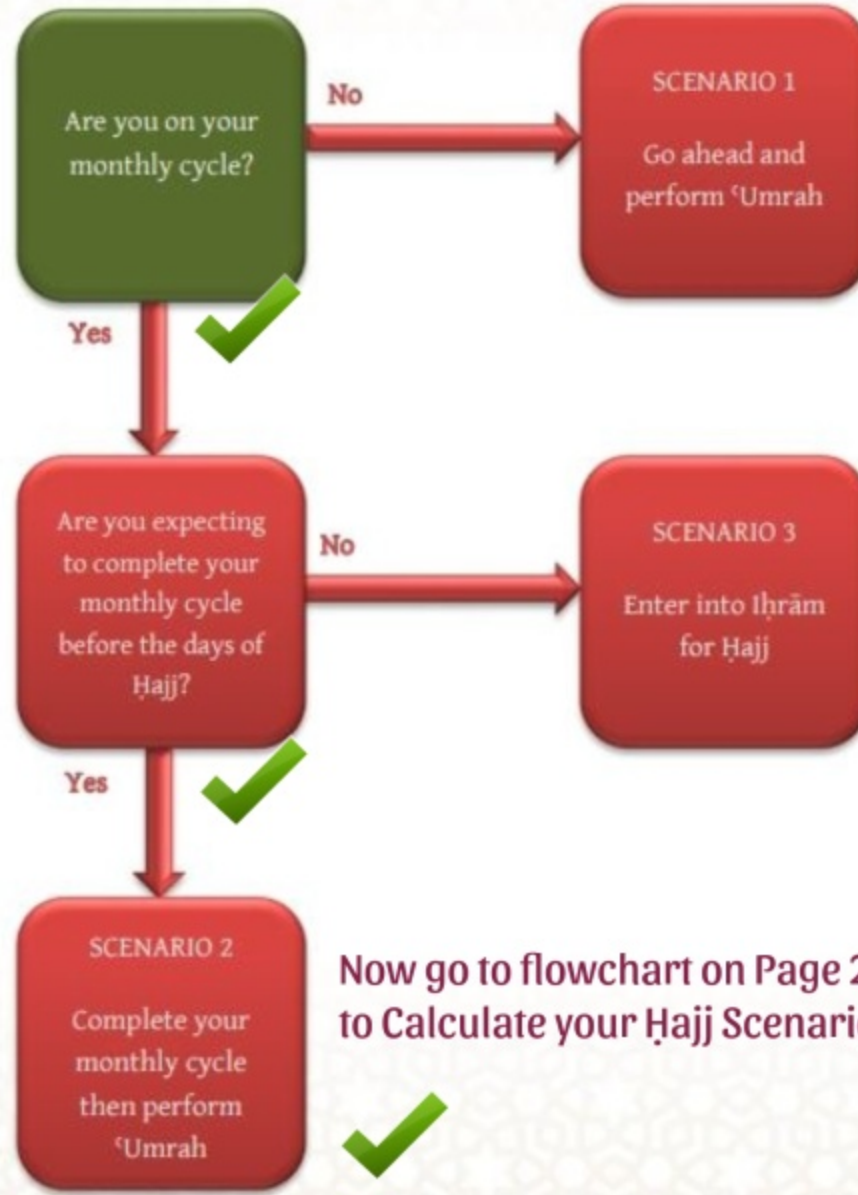
Need to collect enough stones (make sure you don't accidentally pick up clumps of dust). 49 stones are required for pelting 3 days or 70 if also pelting on the 13th of Dhul Hijjah. Collect some spare stones as well in case you lose or drop some.

It is Mustahab to wash the stones as well.

This is a very auspicious night, do lots of 'ibādah (try and read Tahajjud as well).



On entry into Makkah the first time



Cannot perform Tawāf during monthly cycle

Do not hit the wall hard because if it rebounds off and falls outside the surrounding wall, it need to be repeated.

Make sure you don't miss any Ṣalāh on the way to perform the Ramī.

The best time for females is between 'Aṣr and Maghrib when less busy.

You could read 'Aṣr at start time in Mina, then do Ramī. If there is not enough time, do 'Aṣr before 'Aṣr and perform 'Aṣr Ṣalāh near Jamarāt (don't delay reading your Ṣalāh after you have finished your Ramī, or you may miss it).

If the Ramī is done after Maghrib, you may not be able to do Qurbāni, so you will have to start Iḥrām for another day. You cannot come out of Iḥrām until your Qurbāni is done.

Time for Ramī is until Ṣubḥ Ṣādiq

After Ramī, if someone is doing the animal sacrifice (Dam Shukr) on your behalf, make your way to Makkah. Inform them if necessary. If you are doing it yourself at the abattoirs in Mina, make your way there but bear in mind it is far.

The animal sacrifice (Dam Shukr) is performed for thanks. Try doing it yourself. If you can't, then be present whilst it is being done. If not, get someone else to do it on your behalf. The group leader can normally organize this for you. This can be arranged before you leave for Hajj.

Contact the person who is performing the animal sacrifice (Dam Shukr) on your behalf. They will have either given you a time by which you need to have completed the Ramī or ask that you contact them once you have completed it. Once the animal sacrifice is done, they will contact you

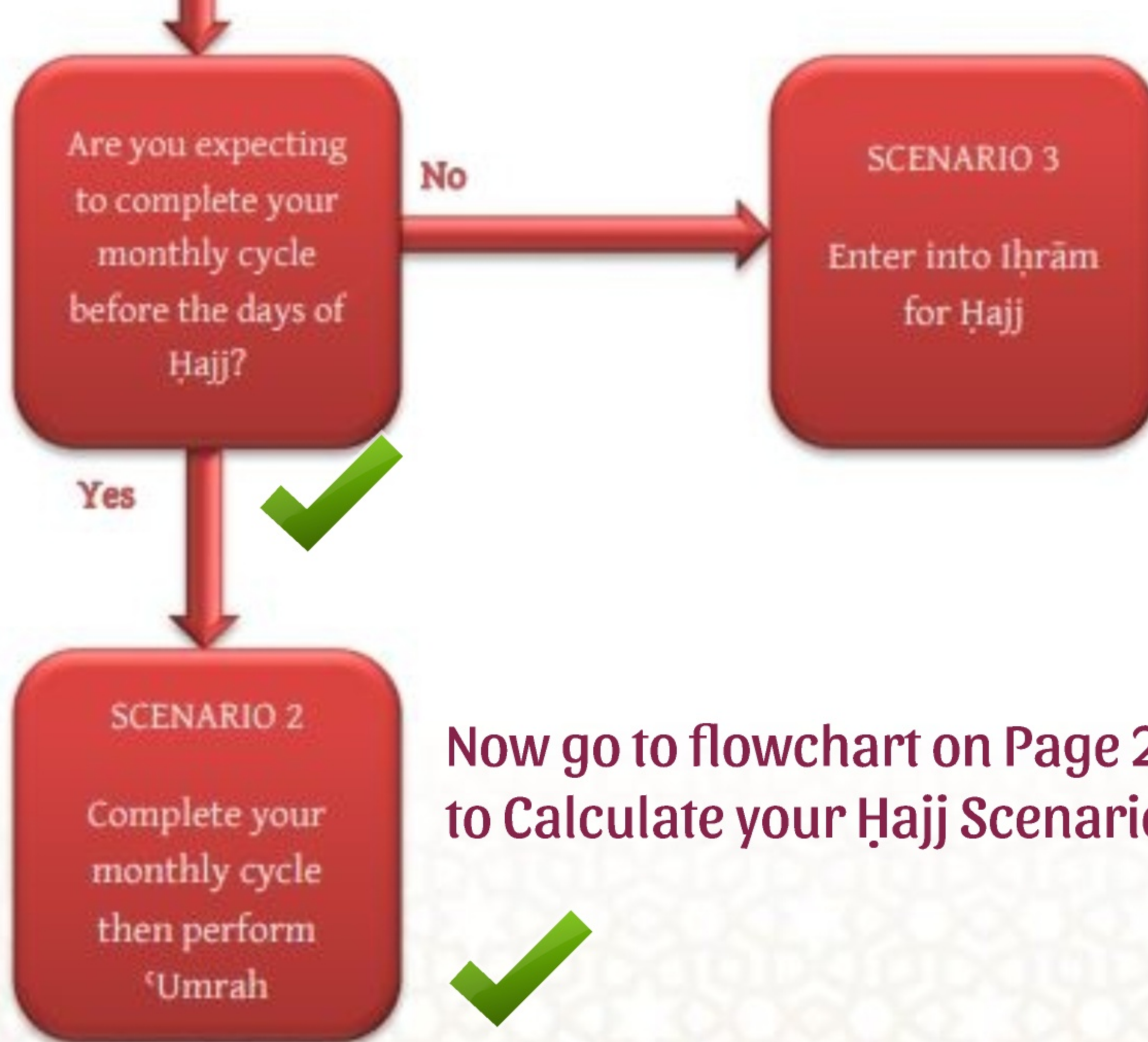
not to use fragranced soaps or perfumes if you are still in Iḥrām.

For women, trim slightly the end of your plait. Do this around a finger and cut

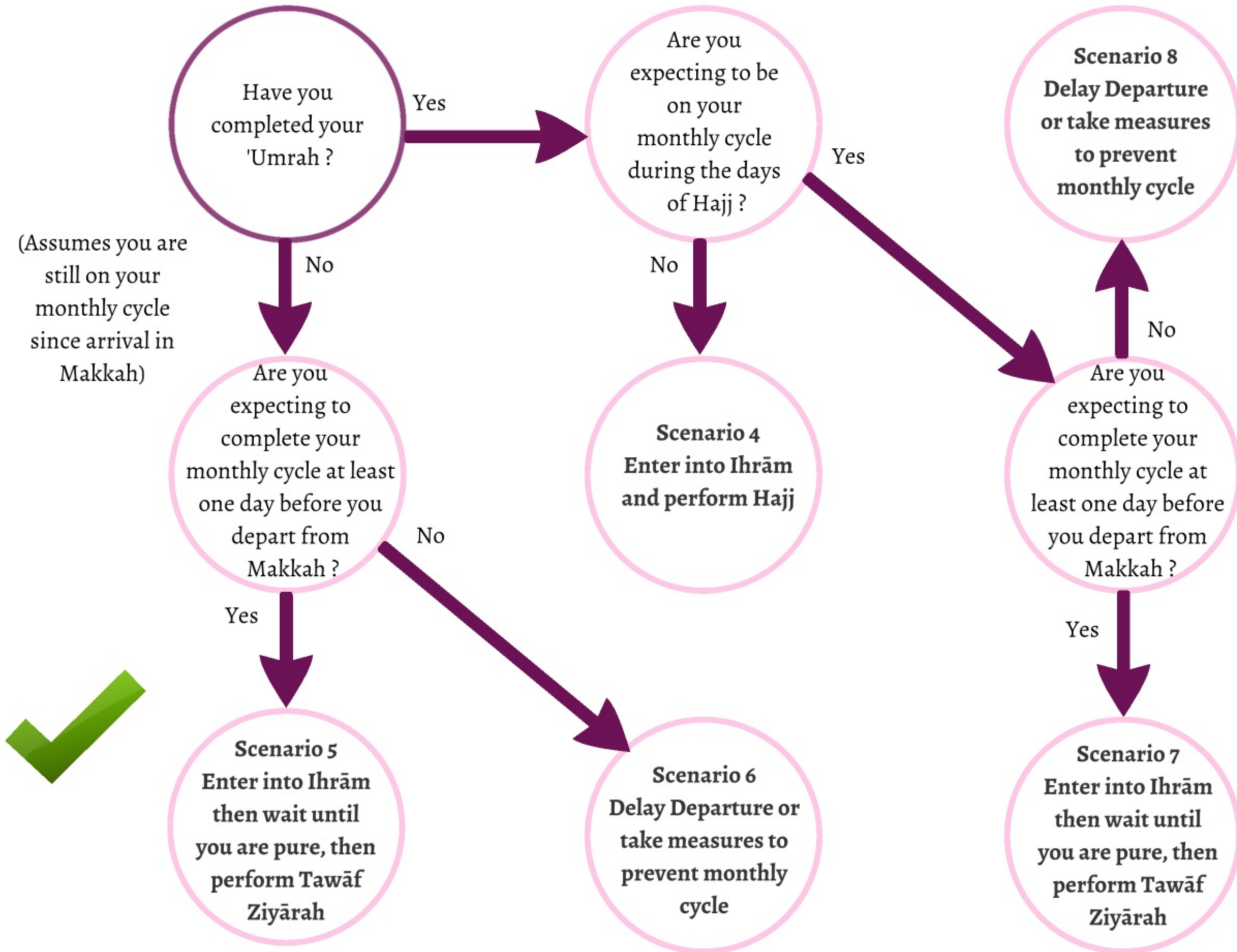


Wakrah (the state of Ihram)





Now go to flowchart on Page 28 to Calculate your Hajj Scenario



Calculate your Unique Scenario

Fill in Table on Page 20

Date of entry into Makkah	17th May
Date of departure from Makkah:	31st May
Length of your normal monthly cycle:	5 days
Length of your normal clean days between cycles:	20 days
Date of the final day of your last cycle:	24th April
Dates for Ḥajj:	25th - 29th May
Projected start date of your cycle closest to Ḥajj:	15th May

Fill in Table on Page 22

- Enter the names of the Gregorian months i.e., May, June, July
- If any months are only 30 days, strike off day 31 from the table
- Highlight the 5 Days of Ḥajj in green
- Highlight the days of your menstrual cycle in pink
- Highlight any overlap days between Ḥajj and your cycle in yellow
- Circle the days you enter and depart Makkah

Month 1: May (Gregorian Month)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
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- Enter Makkah whilst on cycle but get pure before days of Ḥajj
- Will not be on monthly cycle during the days of Ḥajj

Now go to flowchart on Page 24 to Calculate your 'Umrah Scenario

From the above example:

Woman will enter Makkah while she is on her menstrual cycle.

She will become pure on the 20th of May and then be able to perform her 'Umrah before Ḥajj.

She will then be able to perform her Ḥajj without any issues regarding purity.

She will be able to perform the Ṭawāf al-Ziyārah before she leaves on the 31st of May.

Scenario

Consider the following points:

Maximum days of Menstrual Cycle = 10 (Hanafi school)

Cycle starts on 10th of Dhul Ḥijjah and lasts for 10 days

Earliest Tawāf al-Ziyārah can be done is 20th of Dhul Ḥijjah

To be safe, Departure should be delayed until 21st of Dhul Ḥijjah in most extreme case.

If you are due to be on your monthly cycle during the days of Ḥajj until your departure, and you will not be able to perform the Tawāf al-Ziyārah, and you cannot delay your departure until pure or come back to Makkah later, then take measures to prevent monthly cycle

Note: If a woman cannot perform the Farewell Ṭawāf due to being on her monthly cycle, there will be no expiation - dam necessary.

Recap

Fill in the Table on page 20 with the correct dates



Input dates into Monthly Tables on page 22



Calculate your scenario for initial 'Umrah



Calculate your scenario for Hajj



Take measures accordingly if needed



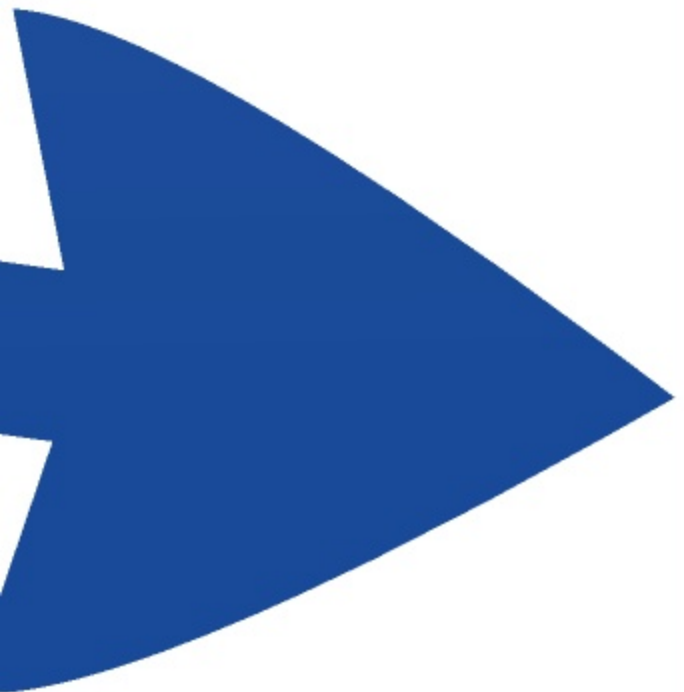
Things permissible in Iḥrām

- Shadowing under an umbrella or other such object that protects you from the sun, such as a car roof is allowed, as long as it does not touch your head.
- You can wear rings, glasses, hearing aids, watches, belts or girdles & money pouches
- You can change your Iḥrām whilst in the state of Iḥrām
- You can shower or bathe but dont scrub the body, let the water run over you
- You can use a Miswāk
- You can cover yourself in a blanket, sleeping bag etc. but dont put it over your head



Prohibited actions Iḥrām

- Hunting
- Wearing perfume or using anything which has a fragrance like toothpaste, soap, shower gel , shampoo etc. On body, clothes, food & drink
- For men to wear sewn or stitched clothes
- Makeup, surma, henna, all forms of beautification
- Lying, Abusing, Swearing, all unlawful action
- Shaving, cutting, trimming, any hair or nails from body
- For men to cover the central bone of the upper part of the foot
- For men or women to cover their faces, women can cover their faces in a manner where the cloth does not touch the face
- For men to cover their heads (even with a blanket)
- Having Relations with husband or wife, or any act which could lead up to it





When to Enter the State of Iḥrām

Home



Transit

Put on Iḥrām at
Home\Airport
or Transit Aiport

Madīnah

Iḥrām will be put
on in Madīnah/
Dhul Ḥulayfah

Makkah (Direct)

Put on Iḥrām at Home\Airport

At Airport (If putting on Iḥrām from the Airport)

If you are travelling direct to Makkah then you will have to put on your Iḥrām at the Airport if you have not already done so at home (airport might not have special facilities).

It is not recommended to try and put the Iḥrām on in the plane, as space is very limited and it can get very difficult. There is also the possibility of getting the Iḥrām unclean as well in the small toilets.

Iḥrām Advice

It is recommended for males, to put on at least the bottom part of the Iḥrām at home or the airport. When the time comes and the Mīqāt (boundary) is approaching, if they haven't put on the upper sheet yet, then they can simply remove their upper garment and put on the other sheet



Transit

If you are transiting at another airport before Jeddah, consider how much time you will have. If it is a short transit, consider wearing at least the lower sheet from home/first airport. If initial plane gets delayed, transit time could be very short, making it difficult to put on Iḥrām.

Makkah
Put on Iḥrām at Home/Airport



At Airport

Task	Complete
Check in luggage first. (They may ask to see Visa)	<input type="checkbox"/>
Perform Wuḍū if needed and put Iṭar (perfume) on body (don't stain Iḥrām). Put Iḥrām on (If you have not already done so from home). For males, remember to remove underwear.	<input type="checkbox"/>
For males, put on flip flops (if you have not already done so) & put shoes and clothes away.	<input type="checkbox"/>
Read 2 Rak'ah Nafl, Ṣalāt al-Iḥrām (make sure it's not Makrūh time). Recite Sūrah al-Kāfirūn in 1 st Rak'ah and Sūrah al-Ikhlāṣ in 2 nd Rak'ah (with head covered). Note: If you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	<input type="checkbox"/>
After the Ṣalāh is finished, do Du'ā. It is Mustahab (desirable) to recite the following: <p style="text-align: center;">اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ سَخَطِكَ وَالنَّارِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ</p> <p style="text-align: center;"><i>Allāh humma Innī As'aluka Riḍāka Wal Jannah, Wa A'ūdhubika Min Sakhaṭika Wan-Nār, Birraḥi-matika Yā Ar Ḥamar Rāḥimīn</i></p> <p style="text-align: center;">“O Allāh I ask of Your pleasure and Your Jannah, and I seek refuge from Your anger and the fire.”</p>	<input type="checkbox"/>
If needed, go to the toilet, and renew Wuḍū before boarding the plane.	<input type="checkbox"/>

(If possible, it is recommended to perform Iḥrām on in the plane, as space and it can get very difficult. The possibility of getting the Iḥrām well in the spirit is not recommended. If you are travelling and you have not already done Iḥrām, it is not recommended to perform Iḥrām on in the plane, as space and it can get very difficult. The possibility of getting the Iḥrām well in the spirit is not recommended. If you are travelling and you have not already done Iḥrām, it is not recommended to perform Iḥrām on in the plane, as space and it can get very difficult. The possibility of getting the Iḥrām well in the spirit is not recommended.

At Airport

Task	Complete
Check in luggage first. (They may ask to see Visa)	<input type="checkbox"/>
Perform Wuḍū if needed and put Iṭar (perfume) on body (don't stain Iḥrām). Put Iḥrām on (If you have not already done so from home). For males, remember to remove underwear.	<input type="checkbox"/>
For males, put on flip flops (if you have not already done so) & put shoes and clothes away.	<input type="checkbox"/>
Read 2 Rakʿah Nafl, Ṣalāt al-Iḥrām (make sure it's not Makrūh time). Recite Sūrah al-Kāfirūn in 1 st Rakʿah and Sūrah al-Ikhlāṣ in 2 nd Rakʿah (with head covered). Note: If you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	<input type="checkbox"/>
After the Ṣalāh is finished, do Duʿā. It is Mustahaḅ	<input type="checkbox"/>

After the Ṣalāh is finished, do Du‘ā. It is Mustahab (desirable) to recite the following:

اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ

سَخَطِكَ وَالنَّارِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

Allāh humma Innī As'aluka Riḍāka Wal Jannah, Wa A'ūdhubika

Min Sakhaṭika Wan-Nār, Birraḥ-matika Yā Ar Ḥamar Rāḥimīn

“O Allāh I ask of Your pleasure and Your Jannah, and I seek refuge from Your anger and the fire.”



If needed, go to the toilet, and renew Wuḍū before boarding the plane.





Mīqāt

Mīqāt boundaries



<p>Allow for time travelling</p> <p>te ṣalāh times before</p> <p>th time calculators online</p> <p>When calculating, ensure</p> <p>tion method according to</p>	<p>Complete</p> <p><input type="checkbox"/></p>	<p>If you are going direct to Jeddah, at the correct time, before reaching the Mīqāt (boundary) make the intention (Niyyah) for 'Umrah (bare headed for men). If you have not already put on the top part of the ihram, then do this before making the intention, which is as follows:</p>	<p><input type="checkbox"/></p>
<p>or scented soap once you</p>	<p><input type="checkbox"/></p>	<p>اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ قَبِيرَهَا لِي وَتَقْبَلُهَا مِنِّي</p> <p>Allāh humma Inni Uridul 'Umrah, Fa Yassirhi Li, Wa Taqabbalhi Minni</p> <p>"O Allāh, I intend to perform 'Umrah, so make it easy for me and accept it from me."</p>	





In Plane

Task	Complete
Read all Ṣalāh at correct times. Allow for time travelling to destination and calculate Ṣalāh times before travelling. There are many Ṣalāh time calculators online which will aid you with this. When calculating, ensure you select the relevant calculation method according to your school of thought. ⁴	<input type="checkbox"/>
Don't use a refreshing towel, or scented soap once you are in state of Iḥrām.	<input type="checkbox"/>

If you are going direct to Jeddah, at the correct time, before reaching the Mīqāt (boundary) make the intention (Niyyah) for 'Umrāh (bare headed for men). If you have not already put on the top part of the Iḥrām, then do this before making the intention, which is as follows:

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

*Allāh humma Innī Uridul 'Umrata,
Fa Yassirhā li, Wa Taqabbalhā Minnī*

“O Allāh, I intend to perform 'Umrāh,
so make it easy for me and accept it from me.”



Then Recite the Talbiyah 3 times:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ

لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ

لَا شَرِيكَ لَكَ

Labbayka Allāh humma Labbayk,

Labbayka Lā Sharīka laka Labbayk.

Innal Ḥamda Wan Ni‘mata Laka Wal Mulk,

“Here I am, O Allāh, here I am.

Here I am, You have no partner, here I am.

Truly the Praise and Favour is Yours, and the

Sovereignty, You have no partner”



Hajj Terminal



At Jeddah Airport (Hajj Terminal)

Board bus if required , make way to Terminal



Go through immigration,
fingerprints &
photograph will be taken
(useful to have printed
copy of Hajj visa to hand)



Meet up with family after
immigration in baggage reclaim

**After immigration
collect luggage**

Exchange some money if required

Activate esim or purchase local SIM

Wait for transportation

Board transport when it arrives

Keep reciting Talbiyah & stay patient



Board bus if r

Go



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co

Me

Entering Makkah



Book 'Umrah through the Nusuk App (if required)

Get to Al-Masjid al-Ḥarām at the required time

Presently, can only enter Maṭāf if in Iḥrām

Wear Mask if still necessary - if in Iḥrām then expiation will be necessary



<https://islamicportal.co.uk/wearing-a-mask-in-ihram/>

Under normal circumstances, it is not permitted to cover the face in iḥrām with a mask that touches the face. However, wearing a face mask due to Covid-19 is excused based on need and regulations, although it will necessitate a penalty.

If a person wears the mask continuously for more than 12 hours and it covers quarter of the face or more, the penalty is a Dam (sacrifice of a goat or equivalent in ḥaram) or fasting three days anywhere or giving six poor people Ṣadaqah (the amount of Ṣadaqah al-Fiṭr each) anywhere. On the other hand, if a person wears the mask for less than 12 hours or it does not cover quarter of the face, the penalty is to give Ṣadaqah (the amount of Ṣadaqah al-Fiṭr) to a poor person anywhere or fast for one day anywhere.

If the mask is used, removed, and re-used several times whilst in the same iḥrām, there is only one penalty. Thus, if it is not used for 12 hours continuously at any one time or it covers less than a quarter of the face, the penalty is Ṣadaqah to a poor person or one fast, even if cumulatively the use exceeds 12 hours. It is therefore strongly advised that one avoids wearing the mask continuously for 12 hours.

It should be noted that it is not necessary to make intention of entering in the state of iḥrām at home or at the airport. Rather, one can make intention of entering into iḥrām just before passing miqāt whilst on the plane although the iḥrām clothes can be worn in advance. This may be worth considering to avoid exceeding 12 hours.

<https://islamicportal.co.uk/wearing-a-mask-in-ihram/>

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Al-Masjid al-Ḥarām



King Abdul Aziz Gate


UMRAH

1. GI



King Abdul Aziz Gate

At Makkah

Task	Complete		
<p>Perform Wuḍū (or Ghusl if needed) then make your way to Al-Masjid al-Ḥarām. If a time slot has been booked for ‘Umrah, ensure you arrive on time. Try to enter through Bāb al-‘Umrah if possible. If it is not possible due to restrictions, you may enter through any door which gives you access into the Maṭāf or any other floor on which you want to perform Ṭawāf.</p> <p>Note: You must have Wuḍū to perform the Ṭawāf</p>	<input type="checkbox"/>	<p>You can also make intention of Nafl I‘tikāf as follows:</p> <p>بِسْمِ اللّٰهِ دَخَلْتُ وَ عَلَيْهِ تَوَكَّلْتُ وَ نَوَيْتُ سُنَّتَ الْاِغْتِكَافِ</p> <p><i>Bismillāhi Dakhaltu Wa ‘Alayhi Tawakkaltu Wa Nawaytu Sunnatal I‘tikāf</i></p> <p>“In the name of Allāh I am entering, and upon Him I place my trust, and I am making the intention of the Sunnah of I‘tikāf.”</p>	<input type="checkbox"/>
<p>Enter the Masjid with the right foot and recite the following Du‘ā:</p> <p>بِسْمِ اللّٰهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُوْلِ اللّٰهِ اللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ</p> <p><i>Bismillāhi Waṣṣālatu Wassalāmu ‘Alā Rasūlillāh, Allāh hummaf taḥlī Abwāba Raḥmatik</i></p> <p>“In the name of Allāh and Mercy and Peace on the Messenger of Allāh, O Allāh, open the doors of Your Mercy for me.”</p>	<input type="checkbox"/>		

Keep your gaze on the floor with proper humility until you reach the Maṭāf, which is the open space where the Ka‘bah is. You will go down some steps until you will see the marble floor and the area will open up. If you are on the 1st floor or roof, walk as far forward as you can. When you are close enough and think you can see the Ka‘bah, raise your gaze and recite thrice:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Allāh hu Akbar, Lā ilāha illallāh

“Allāh is the Greatest, there is no God but Allāh.”

Now proceed and start your ‘Umrah.

Read Durūd (Ṣalawāt & Salām) and do Du‘ā. Ask for as much as possible and remember the whole Ummah in your Supplications. This is one of the instances where a persons’ Du‘ā gets accepted. Imām Abū Ḥanīfah رَحْمَةُ اللَّهِ recited the following Du‘ā:

‘O Allāh, after today please accept all my Du‘ās.’

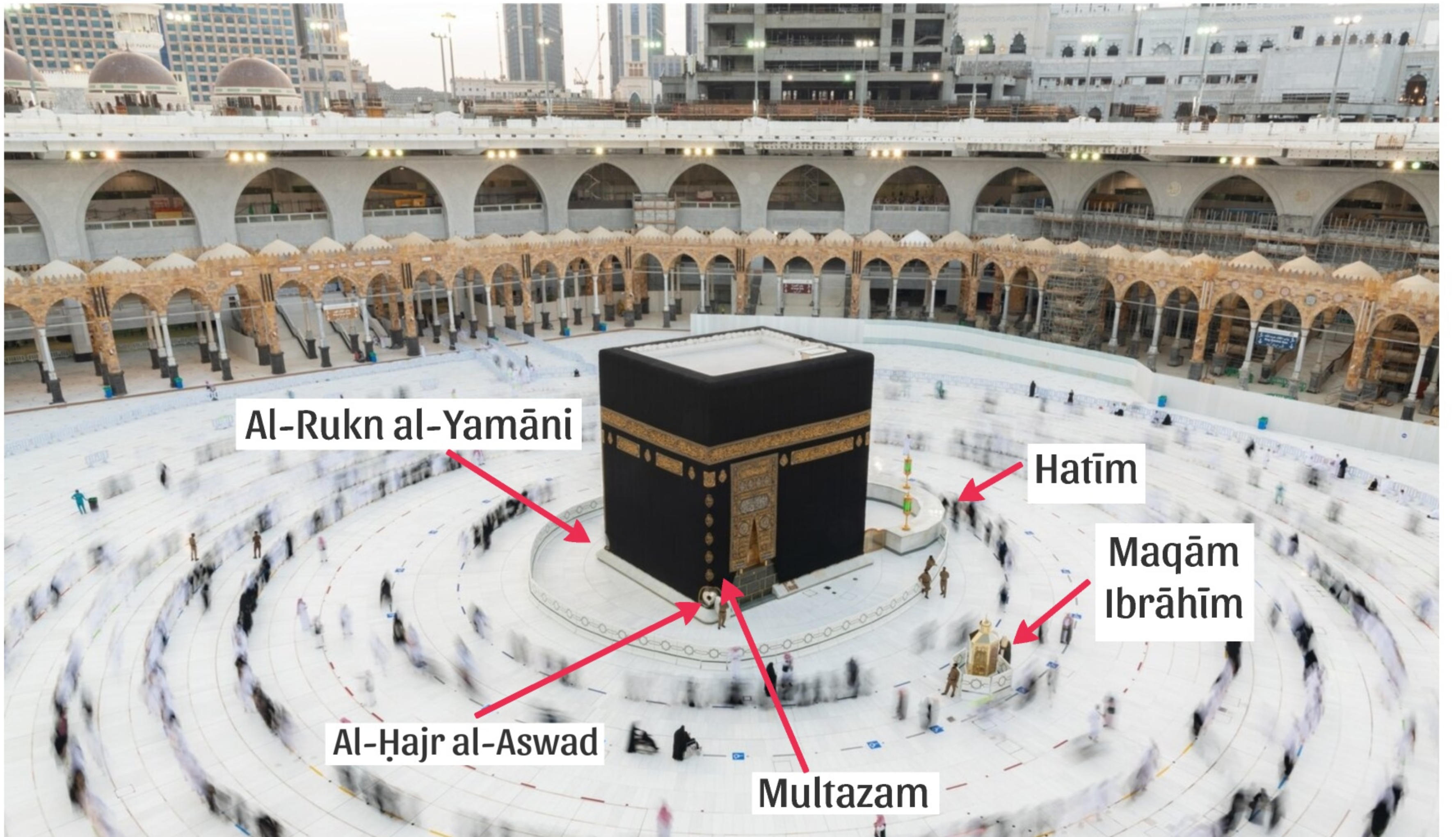


How to Perform 'Umrah



‘UMRAH - SUMMARY

1. Ghusl for Iḥrām – Sunnah
2. 2 Rak'āts before Iḥrām – Sunnah
3. Intention + Talbiyah (Farḍ)
4. Ṭawāf with Wuḍu (Farḍ)
5. 2 Rak'āts after Ṭawāf (Wājib)
6. Sa'ī (Wājib)
7. Ḥalq or Qasr– to shave hair on head or trim (for women, only a finger length of hair will be cut) (Wājib)



Al-Rukn al-Yamāni

Hatīm

**Maqām
Ibrāhīm**

Al-Ḥajr al-Aswad

Multazam

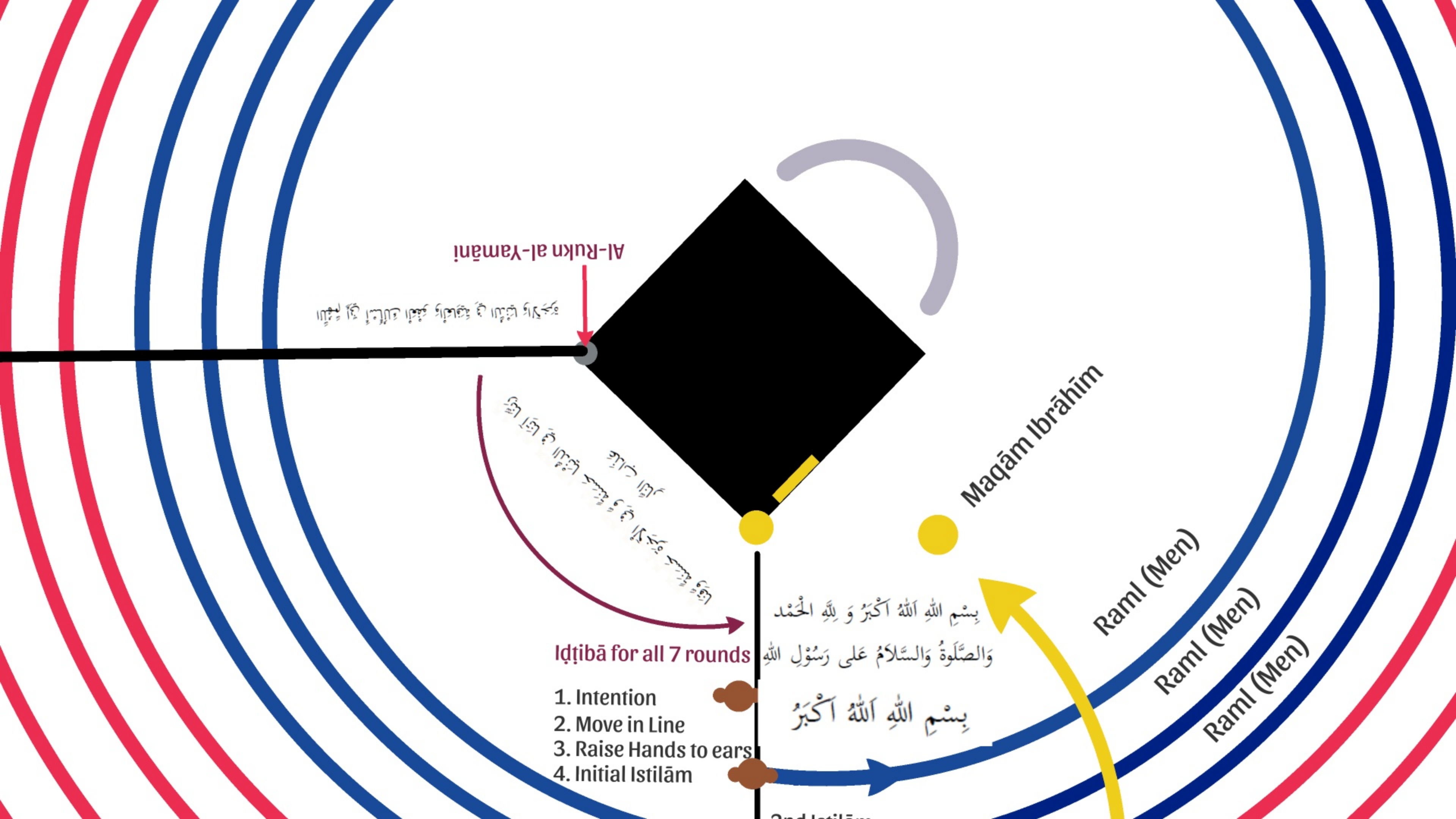


Put the Iḥrām
under the right
shoulder so it is
exposed

Idtibā'

Raml

Men Only - Walk fast with chest out, like marching for the first 3 rounds only



Al-Rukn al-Yamāni

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعِزَّةَ وَالْعِزَّةَ فِي السَّائِغِ وَالْآخِرَةِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعِزَّةَ وَالْعِزَّةَ فِي السَّائِغِ وَالْآخِرَةِ

Maqām Ibrāhīm

Raml (Men)

Raml (Men)

Raml (Men)

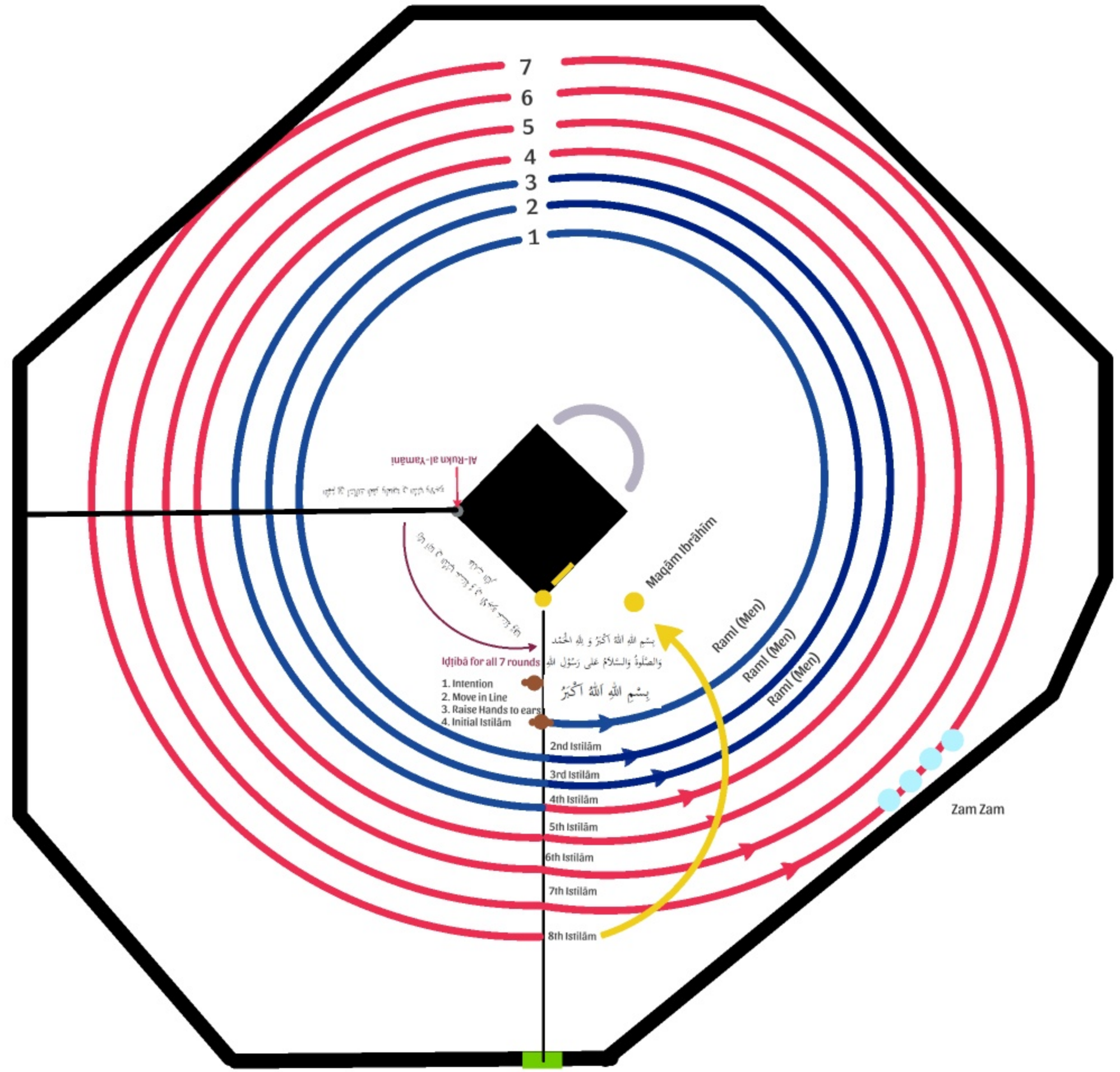
Iḍṭibā for all 7 rounds

1. Intention
2. Move in Line
3. Raise Hands to ears
4. Initial Istilām

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ
وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

2nd Istilām



Al-Rukn al-Yamani
 الحجر الأسود
 الحجر الأسود
 الحجر الأسود

ما قام إبراهيم عليه السلام
 لما بُني البيت
 من بين يديه
 من بين يديه
 من بين يديه

- Iqṭibā for all 7 rounds
1. Intention
 2. Move in Line
 3. Raise Hands to ears
 4. Initial Istilām

بِسْمِ اللَّهِ أَكْثَرُ وَبِلهِ الْحَمْدِ
 وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ
 بِسْمِ اللَّهِ أَكْثَرُ

- 2nd Istilām
- 3rd Istilām
- 4th Istilām
- 5th Istilām
- 6th Istilām
- 7th Istilām
- 8th Istilām

Maqām Ibrāhīm

Raml (Men)
 Raml (Men)
 Raml (Men)

Zam Zam

Green Lights on Wall

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ
عَذَابَ النَّارِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ

Al-Rukn al-Yamāni

Stop reciting Talbiyah

For men, do Iḍṭibā' (put the top sheet of the Iḥrām under the right shoulder, so it is exposed), this is done for every Ṭawāf which is followed by Sa'i.

Men will perform Iḍṭibā' for all 7 rounds.

Note: During Ṭawāf, if any Ṣalāh time arrives, the Ṣalāh will be prayed with the congregation. After Ṣalāh, the Ṭawāf will continue from where you stopped. During Ṣalāh, the men will stop Iḍṭibā' and cover their shoulders with their upper sheet. Before they resume Ṭawāf, they will do Iḍṭibā' again.

For men, do Raml (Walk fast with chest out, like marching for the first 3 rounds of Ṭawāf only).

Look for Al-Ḥajr al-Aswad (the black stone) in the corner where there is only one minaret. All other corners of the Ḥaram have two minarets. There will also be lots of green lights on the walls to mark the location of Al-Ḥajr al-Aswad.

Walk in a counter clockwise direction with the flow of the crowd, until you reach the correct corner.

There is no longer a line on the floor showing the position of Al-Ḥajr al-Aswad, therefore you will have to estimate where the location is, make sure you stop before this.

Position yourself facing the Ka'bah so your right shoulder is in line with the left-hand side of Al-Ḥajr al-Aswad. NOT directly in front.



Put your right foot on the floor just on the start.

Perform the Intention (Niyyah), this is obligatory (Farḍ):

اللَّهُمَّ إِنِّي أُرِيدُ طَوَافَ بَيْتِكَ الْحَرَامِ

فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

*Allāhumma Inni Urīdu Ṭawāfa Baytikal Ḥarāmi
Fayassirhuli Wataqabbalhu Minnī*

“O Allāh I intend to perform Ṭawāf of Your Sacred House (for ‘Umrah), so make it easy for me and accept it from me.”

Then make one side step right so you are now directly in front of Al-Ḥajr al-Aswad.

Then recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ

وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

*Bismillāhi Allāhu Akbar Wa Lillāhil Ḥamd,
Waṣṣālatu Wassalāmu ‘alā Rasūlillāh*

“In the name of Allāh, Allāh is the Greatest and for Allāh is all Praise, and Mercy and Peace on the Messenger of Allāh.”

Then raise your hands to your ears (like when you do Takbīr for Ṣalāh).



Then perform the Istilām of Al-Ḥajr al-Aswad as follows:

Position your hands with palms forward, so they are at the same height as Al-Ḥajr al-Aswad then recite:

بِسْمِ اللَّهِ الْأَكْبَرِ

Bismillāhi Allāhu Akbar

“In the name of Allāh, Allāh is the Greatest.”

Then kiss your hands. DO NOT make a noise when kissing your hands.



Note: Have the Intention in your mind that you would like to kiss Al-Ḥajr al-Aswad, but because of the amount of people you cannot do it.

Then start your Ṭawāf and perform the Istilām every time you complete a round and come in front of Al-Ḥajr al-Aswad.

Note: Make sure you go around the Ḥaṭīm (the semi-circular wall on the side after the door), as this is classed as being inside the Ka‘bah.

You can recite any Du‘ā during Ṭawāf (3rd Kalimah, Durūd, Istighfār etc.). An easy way to keep count would be to read from Al Ḥizb al-A‘ẓam if you have it, as it has a section for each day of the week. Start each new round with the section for the following day. Make sure you do not push and shove other people. Take extra precautions as men and women perform the Ṭawāf together. If you have female members of the family or children with you, then stay together with them.

When reaching Al-Rukn al-Yamānī (the corner before Al-Ḥajr al-Aswad), if you are near, touch it with your right hand or both hands. If it is far away, do not raise your hands or do anything else. Do not touch it with the left hand only or turn your chest towards the Ka‘bah at this point.

On reaching Al-Rukn al-Yamāni, read the following Du‘ā:

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ

فِي الدُّنْيَا وَالْآخِرَةِ

*Allāh humma Innī As'alukul 'Afwa Wal 'Āfiyata
Fid Duniya Wal Ākhirah*

“O Allāh, I ask for Your Pardon and Wellbeing in this World and the Hereafter.”

From Al-Rukn al-Yamānī to Al-Ḥajr al-Aswad read:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً

وَقِنَا عَذَابَ النَّارِ

*Rabbanā Ātina Fid Dunyā Ḥasanataw Wa Fil Ākhirati
Ḥasanataw Wa Qinā 'Adhābannār*

“Our Lord, give us in this World (that which is) good and in the Hereafter (that which is) good and protect us from the punishment of the Fire.”



After 7 rounds, do the final Istilām (8 in total), then go behind Maqām Ibrāhīm (The golden enclosure in the Matāf, slightly behind and to the right of Al-Ḥajr al-Aswad) and read 2 Rakʿah Wājib Ṣalāh (It is better to read Sūrah al-Kāfirūn in the 1st Rakʿah and Sūrah al-Ikhlāṣ in the 2nd Rakʿah).

Note: For men, once Ṭawāf is complete, there is no more Idṭibāʿ, so cover your shoulders with the Iḥrām before reading the Ṣalāh and keep them covered after during Saʿī.

If it is Makrūh time (after Fajr, Zawāl, or between ʿAṣr and Maghrib), then perform the 2 Rakʿah after the Makrūh time has finished, before any other Sunnah Ṣalāh.

If you can't read your Ṣalāh behind Maqām Ibrāhīm due to the crowd, then it can be read anywhere else in the Masjid.

After Ṣalāh, do Duʿā.

After Duʿā, if possible, go to the Multazam, (the space between the doors of the Kaʿbah and Al-Ḥajr al-Aswad) and do Duʿā, if it's not busy. This area is very busy so ensure you don't push and shove. Duʿā in this place can be done before or after going to drink Zamzam.

If it is too busy, then stand near it and do Duʿā instead.

After the Multazam, go and drink as much Zamzam as you can. You will see taps and water containers in many places.



Drink Zamzam facing the Qiblah and recite the following Du‘ā:

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا

وَرِزْقًا وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ

*Allāh humma Inni As'aluka 'Ilman Nāfi'an,
Wa Rizqan Wāsi'an, Wa Shifā an Min Kulli Dā'in*

“O Allāh I ask You for beneficial knowledge and wide sustenance and cure from all illnesses.”

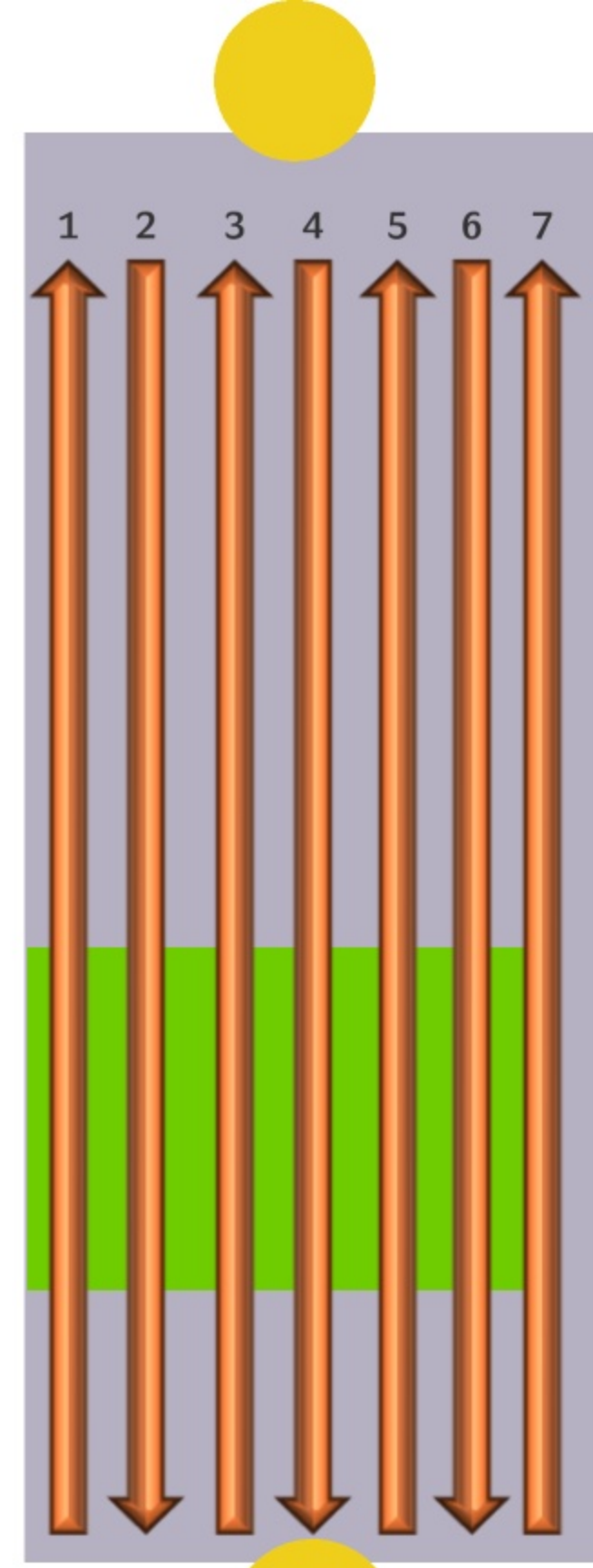
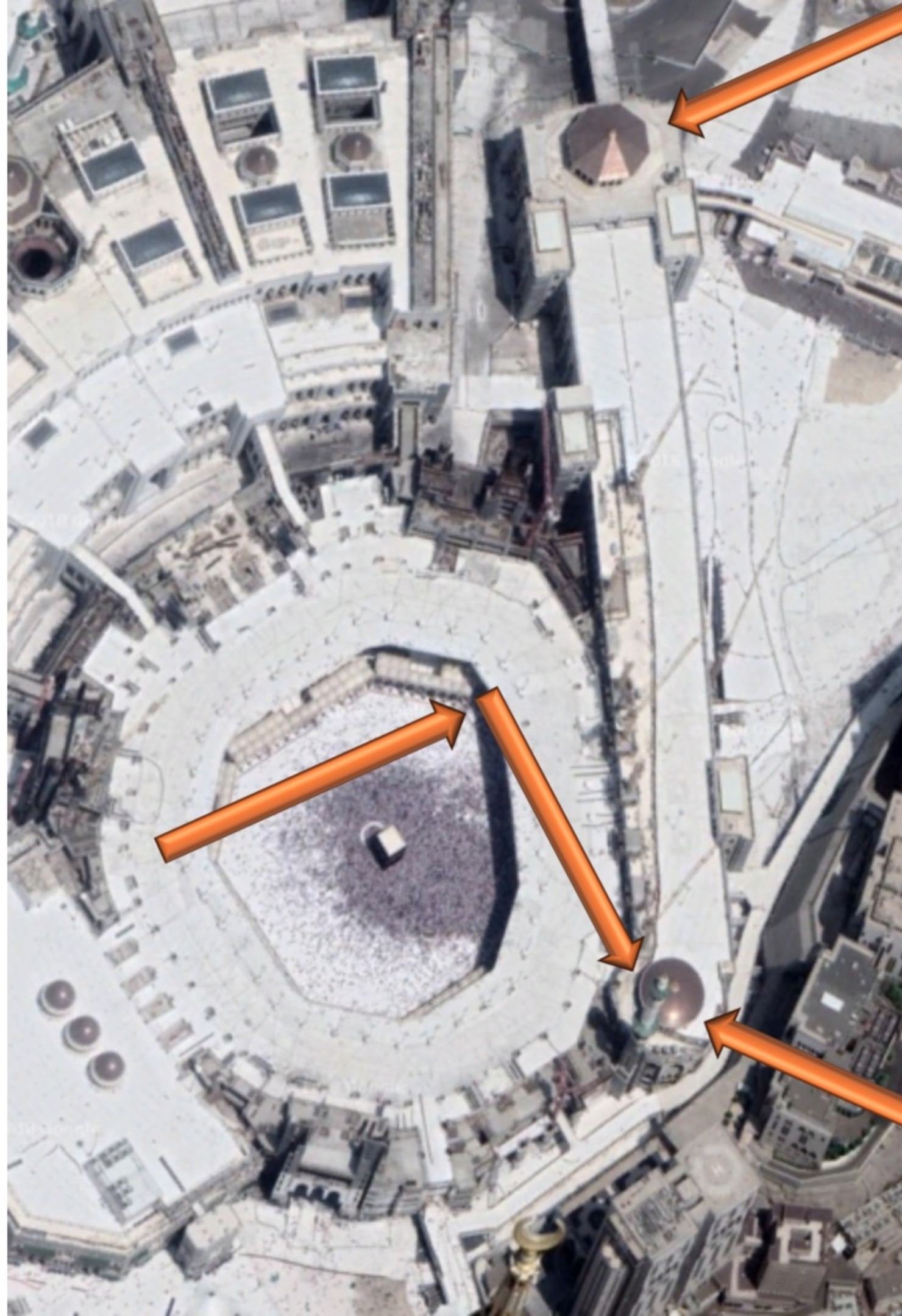
You can also do the following Du‘ā:

“O Allāh, with the Barakah of this Zamzam water, save me from the thirst of the Day of Judgment.”

After drinking Zamzam, go back to Al-Ḥajr al-Aswad and do Istilām again. (It is Mustahab to perform Istilām before Sa‘ī).



Afterwards proceed for Sa‘ī.

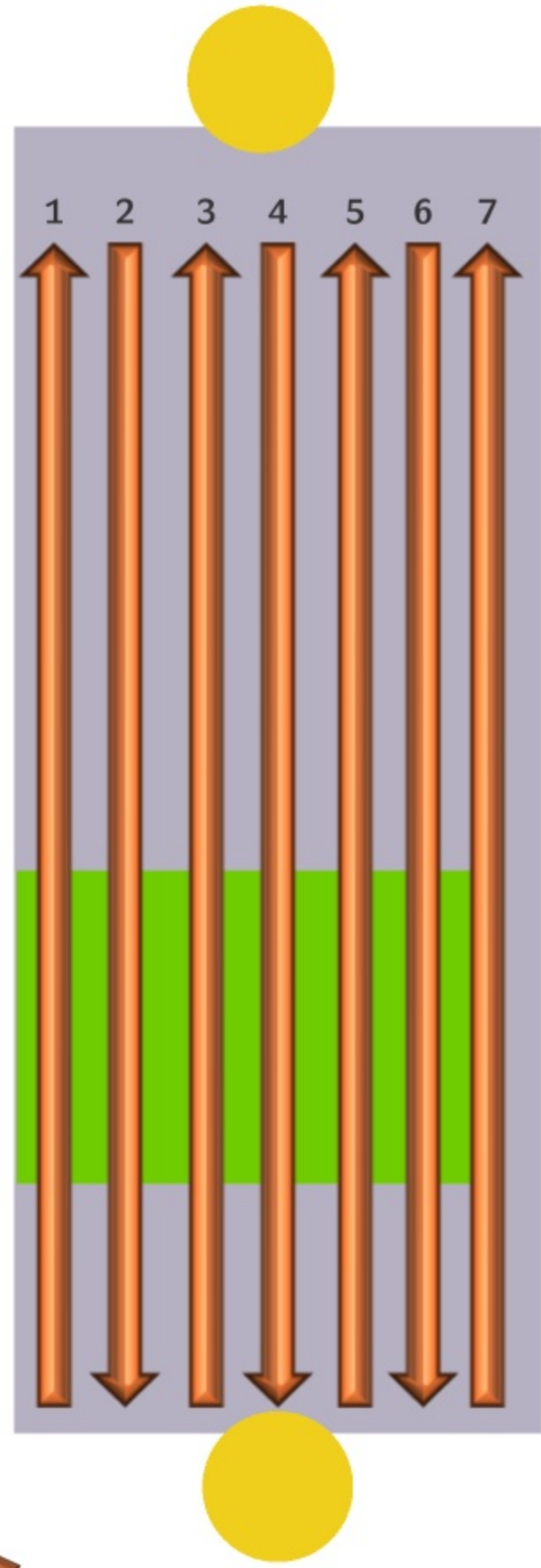
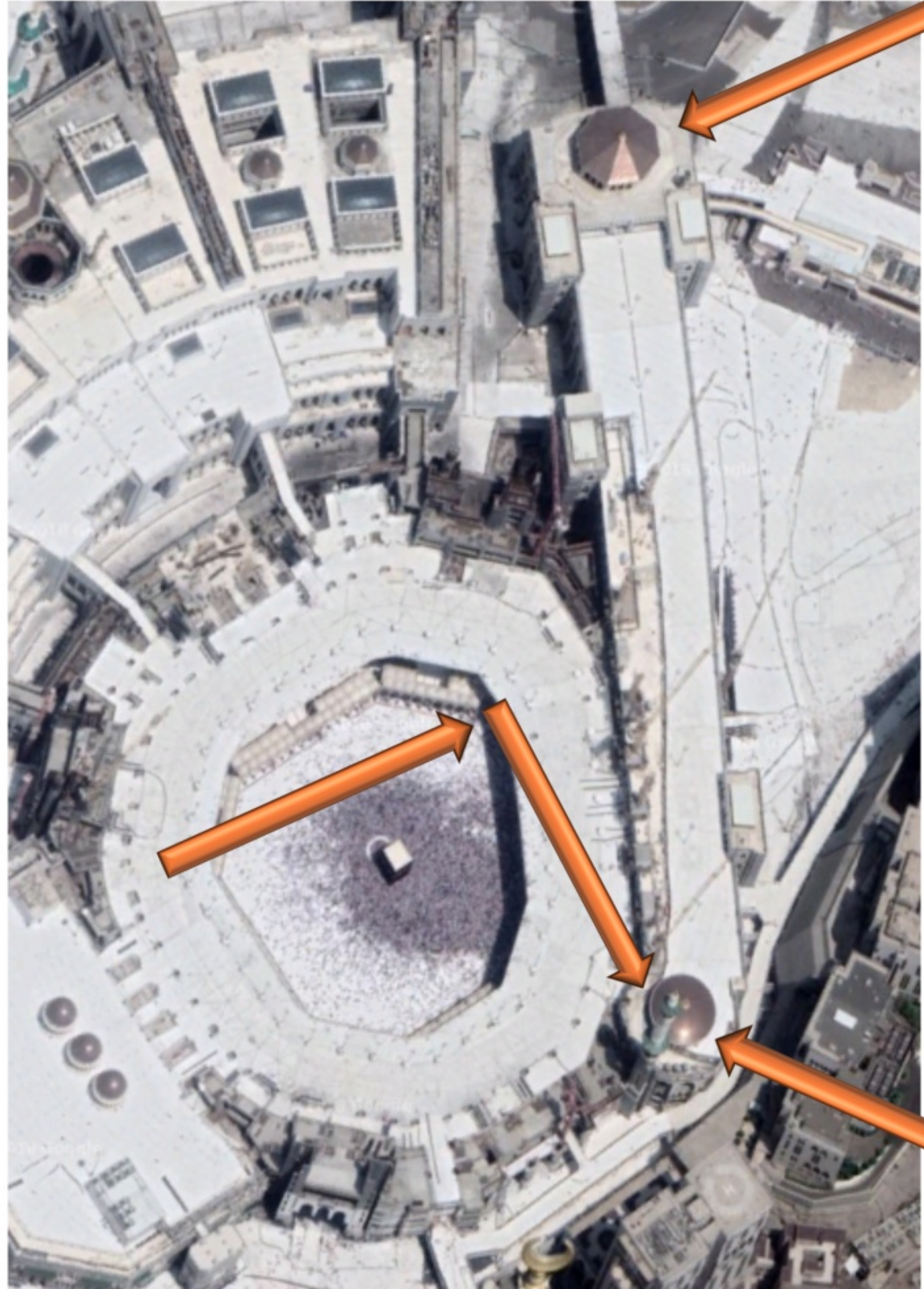


الأَعْرُضُ الْأَكْرَمُ

Jog
(men

Aş-Şafā (Start)

Al-Marwah (finish)



رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Jogging
(men only)

Aş-Şafā (Start)

Al-Hajr
every
mount
would

How to perform Sa'ī (Between Aş-Şafā & Al-Marwah)

Follow signs for Masā (this will take you to Aş-Şafā) and make the intention of performing Sa'ī

When climbing Aş-Şafā, you can recite the following:

أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ

Ab da'ū, Bi ma Bada Allāhu bihi,

Innaş Şafā wal Marwata min Sha'ā irillāh

“I begin with what Allāh began with,
Indeed Aş-Şafā and Al-Marwah are among
the Symbols of Allāh.”

You need to walk up Aş-Şafā as far as you can, until you can see the Ka'bah (Due to construction, this might not be possible anymore). You may be able to see the Ka'bah through the pillars.

After seeing the Ka'bah, or facing in that direction, raise your hands for Du'ā and read 3 times:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Allāhu Akbar, Lā ilāha illAllāh

“Allāh is the Greatest, there is no God but Allāh.”

Then read the 4th Kalimah:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ

وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā ilāha illallāhu, Waḥdahu Lā Sharīka lahu,

Lahul-Mulku Wa Lahul-ḥamdu, Yuḥyī Wa Yumītu,

Wa huwa 'Ala Kulli Shay'in Qadīr

“There is no God but Allāh, He is alone, there is no partner for Him, for Him is the Dominion and for Him is all Praise, He gives life and death, and He has Power over all things.”

Then read the following Du‘ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعُدَّهُ

وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahu, Anjaza Wa‘dahu,
Wa Naṣara ‘Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies.”

Then read Durūd (Ṣalawāt & Salām), do lots of Du‘ā, and proceed towards Al-Marwah.

You can read any Du‘ā during Sa‘ī, but it is Sunnah to read this Du‘ā:

رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Rabigh fir War Ḥam, Antal A‘az-zul Akram

“Lord Forgive and have Mercy,
You are the most Majestic, most Generous.”

At two places, there will be green lights. From one set of lights to the other, men must jog. At all other places, walk at a normal pace. For women, there is no jogging.



If you can’t jog due to the crowd, do as much as you can.

For men, after jogging, you should wait for the women to catch up.

At Al-Marwah you cannot see the Ka‘bah, so you should go as far as you can and then turn towards the Ka‘bah and do Du‘ā as you did at Aṣ-Ṣafā,

Read 3 times:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Allāhu Akbar, Lā ilāha illAllāh

“Allāh is the Greatest, there is no God but Allāh.”

then 4th Kalimah:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*Lā ilāha illallāhu, Waḥdahu Lā Sharika lahu,
Lahul-Mulku Wa Lahul-ḥamdu, Yuḥyī Wa Yumītu,
Wa huwa ‘Ala kulli Shay’in Qadīr*

“There is no God but Allāh, He is alone, there is no partner for Him, for Him is the Dominion and for Him is all Praise, He gives life and death, and He has Power over all things.”



then read the following Du‘ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعَدَهُ
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahu, Anjaza Wa‘dahu,
Wa Naṣara ‘Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies.”

Then read Durūd (Ṣalawāt & Salām), do lots of Du‘ā, and proceed towards Aṣ-Ṣafā again.

Do this 7 times and you will end up at Al-Marwah. **Note:** You will have started at Aṣ-Ṣafā and finished at Al-Marwah. Aṣ-Ṣafā to Al-Marwah is one round and Al-Marwah back to Aṣ-Ṣafā is another round.

After completing Du‘ā at Al-Marwah (after the 7th round), Sa‘ī will now be complete.

Pray 2 Rak‘ah Nafl Ṣalāh anywhere in the Masjid, if possible. This is Mustahab (desirable).



Halaq

&

Qasr

After Sa'ī – Shaving/Cutting the hair

Task

Your 'Umrah will not be complete until you have cut your hair. For men, there are barbershops located in many places including the basement of the Clock Tower and in hotels. Do not cut/shave your hair on the street. Women should cut their hair back at the hotel.

DO NOT USE PERFUMED SOAP ON HEAD (check with barber) when shaving/cutting (Start from the right side).

For men, it is more rewarding to completely shave the head rather than just cutting the hair.

For women, they should cut off approx. one inch off their plait. This can be done by wrapping the hair around a finger and then cutting it. This will be done each time an 'Umrah is performed.

Your 'Umrah will now be complete



Recommended Actions in Makkah

First and foremost, do not miss any Ṣalāh with Congregation (Jamā'ah) in Al-Masjid al-Ḥarām. If you are going for Ziyārah, ensure you are going at a time, where you will be back for Ṣalāh.

Note: Many places may be closed for Ziyārah, so please check (with your Group Leader if you have one) before going to any of these places as you may not be allowed to stop.

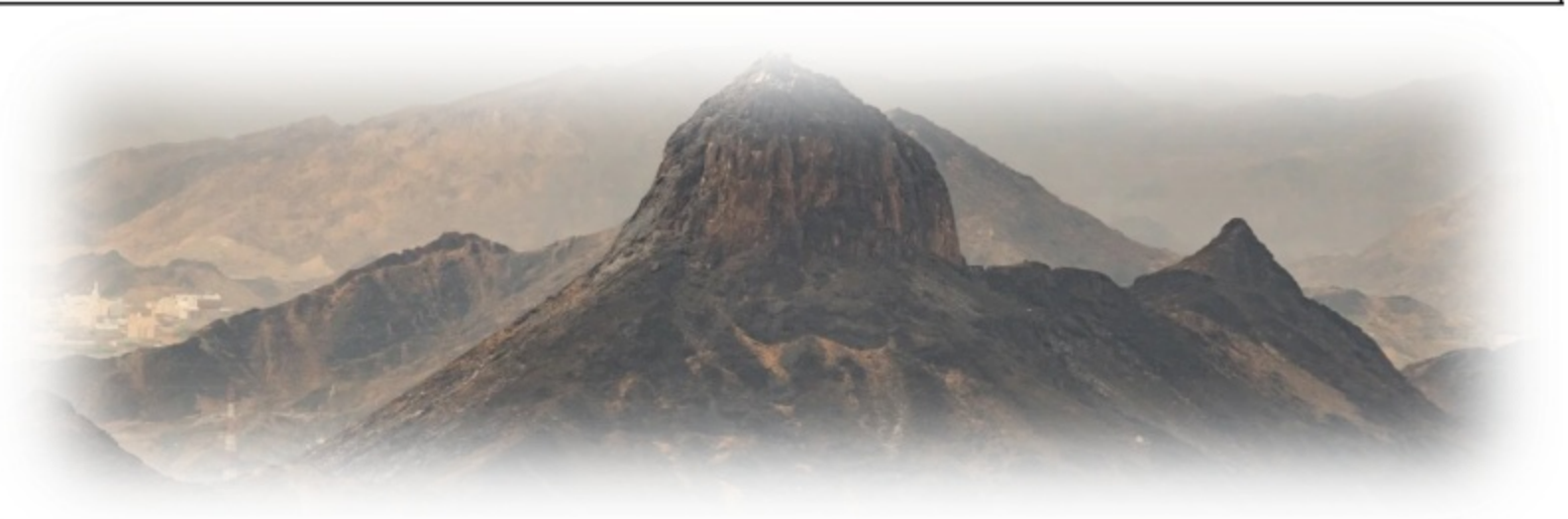
Try and complete at least one recitation of the Qur'ān in Al-Masjid al-Ḥarām. Try and read Salāh in the Ḥaṭīm (make sure it's not Makrūh Time).

Go to Jannat al-Mu'allā, the graveyard where many Ṣaḥābah رَضِيَ اللَّهُ عَنْهُمْ are buried including the first wife of Rasūlullāh صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ, Sayyidah Khadijah رَضِيَ اللَّهُ عَنْهَا (At the time of writing, the graveyard is open daily after 'Aṣr).

Go to Gār Ḥira (on top of Jabl al-Nūr) & Jabl Thawr. You will need to take a taxi for both. Pick a time when it's not busy or too hot if you want to walk to the top. It is not recommended to climb to the top for people who are not fit.

Do as many Ṭawāf as you can. You can also perform Ṭawāf on behalf of other people like deceased relatives.

If you have time, then you can perform 'Umrah again. You can perform 'Umrah on behalf of other people like deceased relatives as well. Ensure you book your 'Umrah slot through the 'Nusuk' app if required



Disability Information



- Take your own wheelchair
- Buy when you get there
- Hotels provide wheelchairs
- Free from Government office to use in the Haram

Tawāf & Sa'ī for wheelchairs

Ground floor & 1st floor via ramp for Tawāf & Sa'ī

Wheelchairs can be hired from the roof
Golf buggies on top floor can also be used for Tawāf - Check inside Masjid for more information

Special lanes for wheelchairs during Sa'ī in the middle



Wheelch

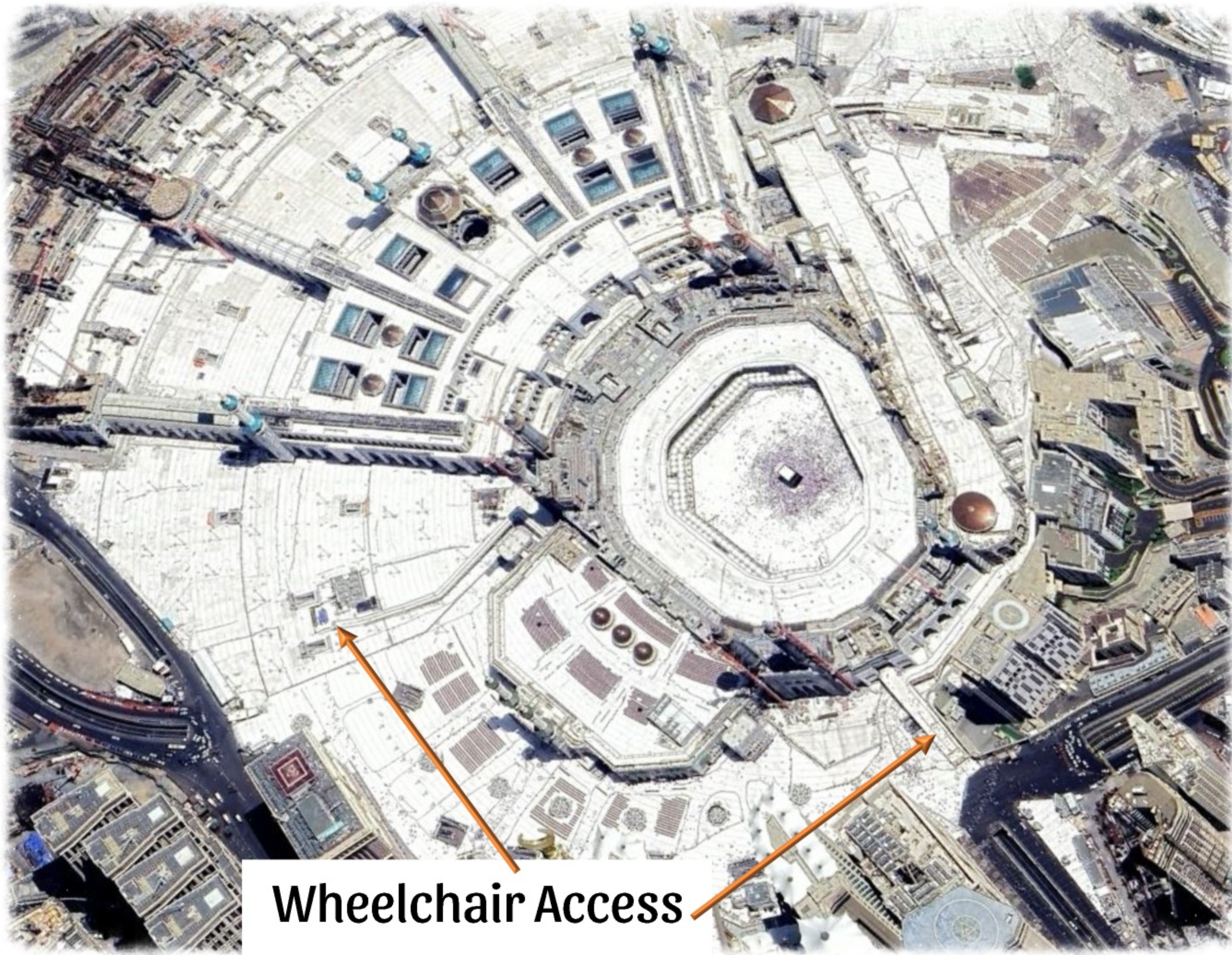
ere I am, O Allāh, here I am.

, You have no partner, here I am.

Praise and Favour is Yours, and the
reignty, You have no partner”

Muḥrim (In the state of Iḥrām, therefore
ssary precautions)

r
rs
fice



Wheelchair Access

8th Dhul Hijjah

Mina

Task

After Fajr, have breakfast and then leave for M

Note: It is best not to leave before Fajr, but if y
leaves at a different time due to logistical issues
is not an issue.

You can walk to Mina if you are able and fit. Bef
find out your Tent number and location in M
you are staying from the Group Leader. If you
been before, go with someone from the group w
the way. Mina is very big, and you can get lost v

If you have elderly and disabled people with yo
will be best to take the transportation.
Keep Reciting the Talbiyah on the way.

Need to reach Mina before Zuhr.

At Mina, you need to read 5 *Salah*, from Zuhr t
following day. You will need to do *Qasr* if
spending less than 15 nights in total in Makkah (o
the days of Hajj).²

Tawāf & Sa'ī for wheelchairs

**Ground floor & 1st floor via ramp
for Tawāf & Sa'ī**

Wheelchairs can be hired from the roof

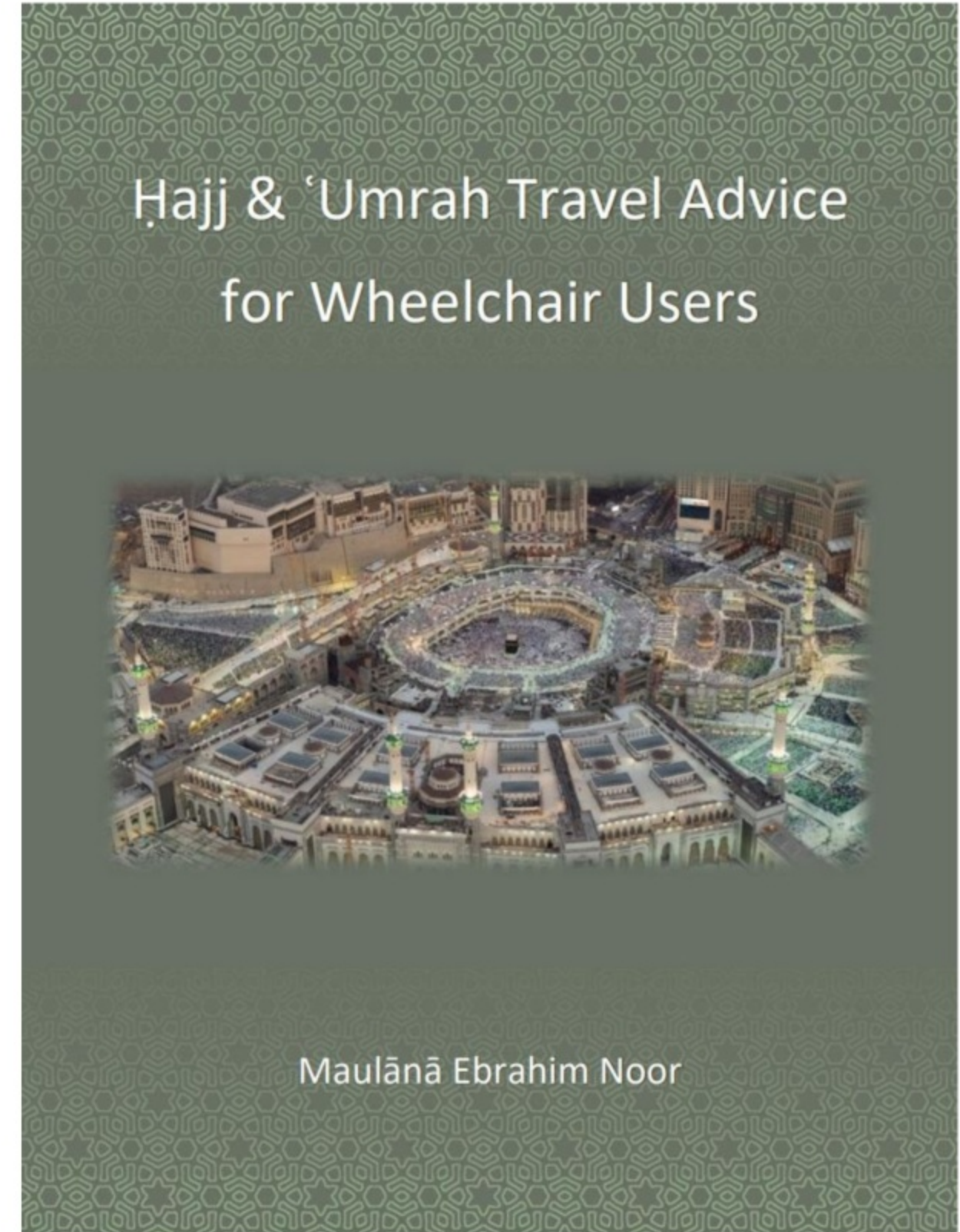
**Golf buggies on top floor can also be used for
Tawāf - Check inside Masjid for more
information**

**Special lanes for wheelchairs during
Sa'ī in the middle**





<https://islamicportal.co.uk/wp-content/uploads/2018/01/Hajj-and-Umrah-Advice-for-Wheelchair-Users.pdf>



How to Perform Ḥajj



7th Dhul Ḥijjah


Day Before Ḥajj

Prepare for
stay in Mina

Enter into
Iḥrām for Ḥajj

Ḥajj

7th Dhul Ḥijjah

Task	Go to Al-Masjid al-Ḥarām (Afḍal and Mustahab to do intention of Ḥajj in Al-Masjid al-Ḥarām).
Clip nails, trim moustache, remove pubic hair and hair under armpits if necessary.	Note: Pilgrims staying in Aziziyah may not be able to do so.
Prepare your luggage (small back pack) to take to Mina: Towel, soap (non-fragrant), Qur'ān, tissues, tasbīḥ, books on Ḥajj, medication, power bank, charging cables, etc. You will always need to carry this with you, so keep it light as possible. Note: The group leader will inform you when the transport to Mina is expected. This may be on the night of the 7 th , or early morning on the 8 th , so ensure you are ready in time.	Perform one Nafl Ṭawāf if possible (for Taḥiyyatul Masjid). If it's too busy to perform Ṭawāf then read 2 Rak'ah Taḥiyyatul Masjid. Then read 2 Rak'ah Ṣalāh (with intention of Iḥrām). In 1 st Rak'ah recite Surah al-Kāfirūn, and in 2 nd Rak'ah, Surah al-Ikhlāṣ with the head covered, then uncover the head and do Du'ā.
After 'Ishā', eat food, perform ghusl, (This can also be done later in the night).	
Put on your Iḥrām for Ḥajj	

And now make the Intention for Ḥajj (Niyyah)

اللَّهُمَّ إِنِّي أُرِيدُ الْحُجَّ فَيَسِّرْهُ لِي
وَتَقَبَّلْهُ مِنِّي

*Allāh humma Innī Uridul Ḥajja, Fayassirhu lī
Wa Taqabbalhu Minnī*

“O Allāh, I intend to perform Ḥajj,
so make it easy for me and accept it from me.”

Then recite the Talbiyah 3 times:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ
لَا شَرِيكَ لَكَ

*Labbayka Allāh humma Labbayk,
Labbayka Lā Sharīka laka Labbayk.
Innal Ḥamda Wan Ni‘mata Laka Wal Mulk,
Lā Sharī Kalak.*

“Here I am, O Allāh, here I am.

Here I am, You have no partner, here I am.
Truly the Praise and Favour is Yours, and the
Sovereignty, You have no partner”

You are now a Muḥrim (In the state of Iḥrām, therefore
take all the necessary precautions).

OPTIONAL: You can do the Sa‘ī for Ḥajj, which would
normally be done after the Ṭawāf al-Ziyārah (For Ḥajj
Tamattu‘, it is better to do the Sa‘ī after Ṭawāf al-
Ziyārah).

If you want to do the Sa‘ī now, then first you must
perform a Nafl Ṭawāf and then do the Sa‘ī.

You will also need to do Raml (first 3 rounds) and Iḍṭibā
during this Ṭawāf as you will have the Iḥrām on.

Now go back to the hotel and rest if you have time or
wait for Fajr and spend time in ‘Ibādah.



Packing List for Mina

Sleeping bag is provided, so no need to take bedding, you will be spending nights in Mina and one in Muzdalifah.

- Spare Ihṛām if you think you might need it
- Small towel
- Unscented soap
- Toilet roll
- Any medication & inhalers
- Little food if needed
- Money
- Small bags for collecting stones
- Qur'ān
- Tasbīḥ
- Ḥajj Books
- Bicycle lock if you have a wheelchair
- Small bottle for istinjā
- Powerbank & Charging cables



8th Dhul Hijjah

Hajj Day 1

Travel to Mina
(This maybe
night before)

Read Zuh
to Fajr





Jamarāt

Mina Camps



Jamarāt





Slaughter House

MINA
منى

Mina Camps

Mina

Task
<p>After Fajr, have breakfast and then leave for Mina.</p> <p>Note: It is best not to leave before Fajr, but if your group leaves at a different time due to logistical issues, then this is not an issue.</p> <p>You can walk to Mina if you are able and fit. Before going, find out your Tent number and location in Mina where you are staying from the Group Leader. If you have not been before, go with someone from the group who knows the way. Mina is very big, and you can get lost very easily.</p> <p>If you have elderly and disabled people with you, then it will be best to take the transportation. Keep Reciting the Talbiyah on the way.</p>
<p>Need to reach Mina before Ṣuḥr.</p>
<p>At Mina, you need to read 5 Ṣalāh, from Ṣuḥr to Fajr the following day. You will need to do Qaṣr if you are spending less than 15 nights in total in Makkah (including the days of Ḥajj).⁵</p>

Once you arrive at your tent, pin your location from your smartphone using Maps (iPhone) or Google Maps (Android). This will help you get back to your tent if you get lost.

Do the same when you go to ‘Arafāt and Muzdalifah as well.

In Mina, do as much ‘Ibādah as you can. Recite the Talbiyah (try to read in 3’s), Qur’ān, Dhikr, Durūd, Istighfār, teaching & learning etc. Abstain from worldly talk.

Try not to eat too much. Stick to fruits & liquids so you do not need to go to the toilet often. Stay hydrated. If you need to go to the toilet, try and go at a quiet time. Sometimes the queues can get very long, especially just before Ṣalāh times.

Spend the night in Mina.



Tunnel to Mina



Tent in Mina



9th

Dhul Ḥijjah

Ḥajj Day 2

Travel to
'Arafāt
after
Sunrise

Spend time in
Wuqūf in
Arafāt after
Zawāl

Leave for
Muzdalifah
after
Maghrib

Read
Maghrib &
'Ishā in
Muzdalifah
after Ishā
time

Spend night in
Muzdalifah &
collect stones for
Ramī

Mina

Muzdalifah

'Arafāt





Mina

alifah

'Arafāt



Jabl Rahmah





Muzdalifah

الدوائر الحكومية
البيئات الحضرية







9th Dhul Ḥijjah

‘Arafāt

Task	Start ‘Ibādah after Zawāl until Maghrib.
After Fajr, eat breakfast, then leave for ‘Arafāt after sunrise. It is quite far, but possible to walk if you are fit and know the way. It will be easier to go on transportation. Keep reciting the Talbiyah, Durūd, Dhikr, etc.	Do as much Du‘ā as possible, recitation of the Qur’ān, Talbiyah, Durūd, Dhikr etc.
Note: Do not leave before sunrise	Best to go near Jabl Raḥmah and do ‘Ibādah, DO NOT climb Jabl Raḥmah.
You will need to do Qaṣr if you are spending less than 15 nights in total in Makkah (including the days of Ḥajj).	Do ‘Ibādah standing as much as possible outside with hands raised in Du‘ā facing Qiblah, then inside your tent if you get tired. You can sit if you get tired from standing, but it is Makrūh to lie down without an excuse.
Need to reach ‘Arafāt before Zawāl time.	
From Zawāl, till Ṣubḥ Ṣādiq the following day, one needs to have spent some time in ‘Arafāt. This is Farḍ.	
On reaching ‘Arafāt, get ready before Zawāl (i.e., go to the toilet if needed, perform Wuḍū’, expect long queues).	



Do not pray Ṣuhr and ʿAṣr together unless you satisfy the special conditions as follows:

- Performed in or near ʿArafāt
- It is the 9th of Dhul Ḥijjah
- The Sultan or his representative are present
- Both Ṣalāt are performed whilst in Iḥrām for Ḥajj
- Ṣuhr is done first, then ʿAṣr
- It is done in congregation

As pilgrims will be in tents, Ṣuhr and ʿAṣr will be prayed in the tents at their own respective times.

This is the main time for Duʿā; ask for all your permissible needs, and for your family, friends and the whole Ummah of Rasūlullāh ﷺ in these trying times. Pray that Allāh ﷻ removes all difficulties from the Ummah and takes us away with Imān.

If you have Al Ḥizb al-Aʿẓam, then recite the supplications from this book and read the translation as well. Duʿā can be made in any language.

If your friends and family have asked you to do specific Duʿās for them, then do these as well.

Muzdalifah

Task


After sunset, leave for Muzdalifah, do not read Maghrib at ʿArafāt. It is possible to walk it there, but transportation will be provided. It is advisable to go to the toilet before you go to Muzdalifah, as there are not many toilets there and the queues can get long.

From ʿArafāt proceed to Muzdalifah whilst reciting the Talbiyah.

Sometimes you may get dropped off before the boundary of Muzdalifah. You can recognize Muzdalifah by the lighted area and large signs marking the boundary.

Once you arrive, find a place to spend the night. It will be very busy and crowded so it might be easier to find spaces for smaller groups, rather than large ones.

Once settled, go to the toilet if needed and perform Wuḍū. It might be easier to find toilets in another part of Muzdalifah but ensure you stay within the boundary.

<p>Ensure that all people in the group have details of your location in Mina and hotel in Makkah. They should also have enough money, so if they get lost, they can get back to the hotel.</p>	<p>‘Ishā’. If you are a Muqīm reading behind a Musāfir, you will have to make up 2 Rak‘ah after he completes his Ṣalah.</p>
<p>Ensure everyone has a phone and working SIM card. Share the contact details with others in the group, so if someone gets lost, they can be contacted.</p>	<p>Then read the Sunnah of Maghrib</p>
<p>At Muzdalifah, you will need to read Maghrib and ‘Ishā’ together at ‘Ishā’ time.</p> <p>You will read the Ṣalāh in the following manner:</p>	<p>And then the Sunnah and Wājib of ‘Ishā’.</p>
<p>In Congregation (Jamā‘ah), do one Adhān</p>	<p>You can read both Maghrib and ‘Ishā’ Ṣalāh any time after ‘Ishā’ start time & before Fajr start time the following day.</p>
<p>Then Iqāmah</p>	<p>If for any reason, you do not reach Muzdalifah before Fajr and Fajr time is near, then read both Maghrib and ‘Ishā’ wherever you are.</p>
<p>Then read 3 Rak‘ah Farḍ of Maghrib Ṣalāh</p>	<p>You will need to stay at Muzdalifah until Ṣubḥ Ṣādiq.</p>
<p>Get up, no Adhān and no Iqāmah</p>	<p>After you have read ‘Ishā’, try and eat some food.</p>
<p>Then the Imām will read 4 Rak‘ah Farḍ of ‘Ishā’ Ṣalāh if he is a Muqīm – resident. (i.e., spending more than 15 nights in Makkah, including days of Ḥajj). If the Imām is a Musāfir (traveller), then he will read 2 Rak‘ah Farḍ of</p>	

Then collect stones for Ramī (ritual pelting).

The stones should be at least as big as a pea and no larger than a date stone.

Need to collect enough stones (make sure you don't accidentally pick up clumps of dust). 49 stones are required for pelting 3 days or 70 if also pelting on the 13th of Dhul Ḥijjah. Collect some spare stones as well in case you lose or drop some.

It is Mustahab to wash the stones.



This is a very auspicious night, do lots of ʿIbādah (try and read Tahajjud as well).

Sort out the stones into small bags, ready for Ramī (7 stones in one bag for the 10th, 21 stones each in 2 other bags for the 11th and 12th (or 21 stones each in 3 bags if you are also planning on doing Ramī on the 13th of Dhul Ḥijjah).

Have some rest and keep away from sin.

10th

Dhul Ḥijjah

Ḥajj Day 3

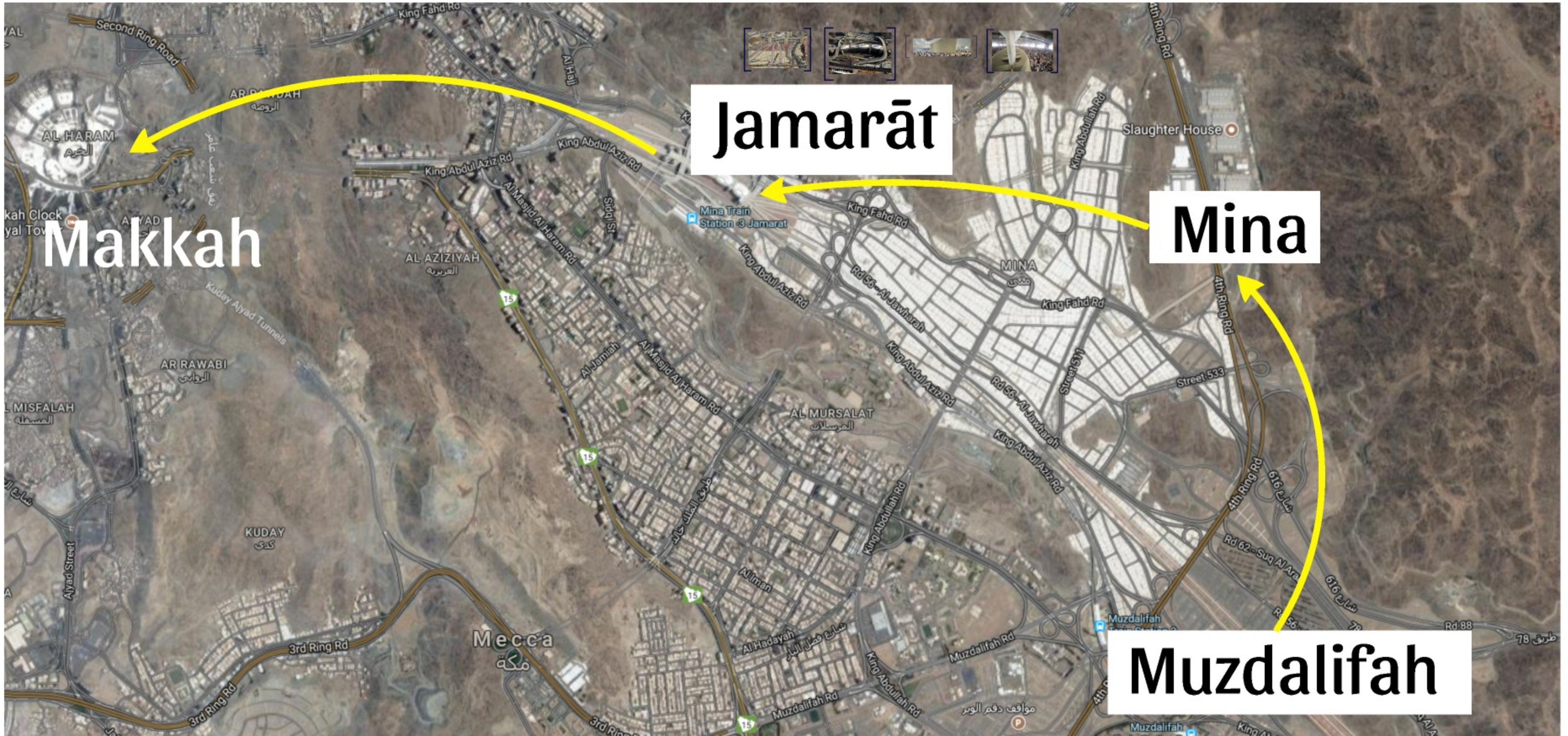
Leave for
Mina after
Fajr

Ramī of
large
Jamarah

Perform
Animal
Sacrifice

Shave\Cut
Hair

Perform
Ṭawāf
al-Ziyārah



Jamarāt

Mina

Muzdalifah

Makkah

Mecca
مكة











10th Dhul Hijjah

This is the day of Eid. For the pilgrims, there will be no Eid Ṣalāh on this day. The pilgrims will begin the day in Muzdalifah, then make their way to Mina to perform the Ramī (ritual pelting) of the large Jamarah. Their animal sacrifice (Dam Shukr) will then be done. If they are not doing the animal sacrifice (Dam Shukr) themselves, they will wait until its confirmation has been received, then they will shave/cut their hair and come out of the state of Iḥrām. Most pilgrims will also perform the Ṭawāf al-Ziyārah & Sa‘ī on this day as well.

Note: If you have arranged to have your Dam Shukr done by an agent and they have given you a specific time, you must complete your Ramī (pelting) on that day before that time. Other agents will await confirmation you have completed the Ramī (pelting) before they carry out the sacrifice on your behalf. They will then inform you once the sacrifice has been done.

Muzdalifah

Task
Continue in ‘Ibādah, Talbiyah, Tasbīḥ, Du‘ā etc. until Fajr time, and then read Fajr Ṣalāh.
Once you have read Fajr Ṣalāh, leave for Mina. Transportation will be provided, but if you know the way, it might be easier to walk.

Mina

Task
On reaching Mina, you need to do Ramī (ritual pelting) of the large Jamarah as soon as possible. <ul style="list-style-type: none">• Sunrise to Zawāl – Masnūn• Zawāl to Maghrib – Mubāḥ (permitted) Ramī after Maghrib is Makrūh for able bodied people, however it is not Makrūh for the elderly, weak or women etc.
Try and get some rest at Mina first, eat some food and relieve yourself before you go for Ramī.
To identify the 3 Jamarāt, the one closest to Makkah is the large one called Jamarah al-Kubrā, then it’s the middle one called Jamarah al-Wuṣṭā’ and finally the small one called Jamarah al-Ūlā’. The pillars have now been replaced by large walls.
On this day, you only need to do Ramī of the big Jamarah, (Jamarah al-Kubrā). This is Wājib.

When going to do Ramī, be careful. It is advisable to approach the Jamarah from behind, as there will be fewer crowds. Also, easier to travel with wife/family together in a small group. Skirt around the main crowd to the rear and then do Ramī. There is now a flyover system in place, so it is much easier than before. Arrange a meeting place (on the side, away from the crowd) in case you get separated during the Ramī.

Before doing Ramī, stop reciting the Talbiyah.

Face the Jamarah and throw 7 stones using your thumb and forefinger.

Note: If a stone lands near the Jamarah, within the surrounding wall, it will be valid

Each stone must be thrown separately.

For males, raise arm so armpit is viewable.

Read the following before throwing each stone

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

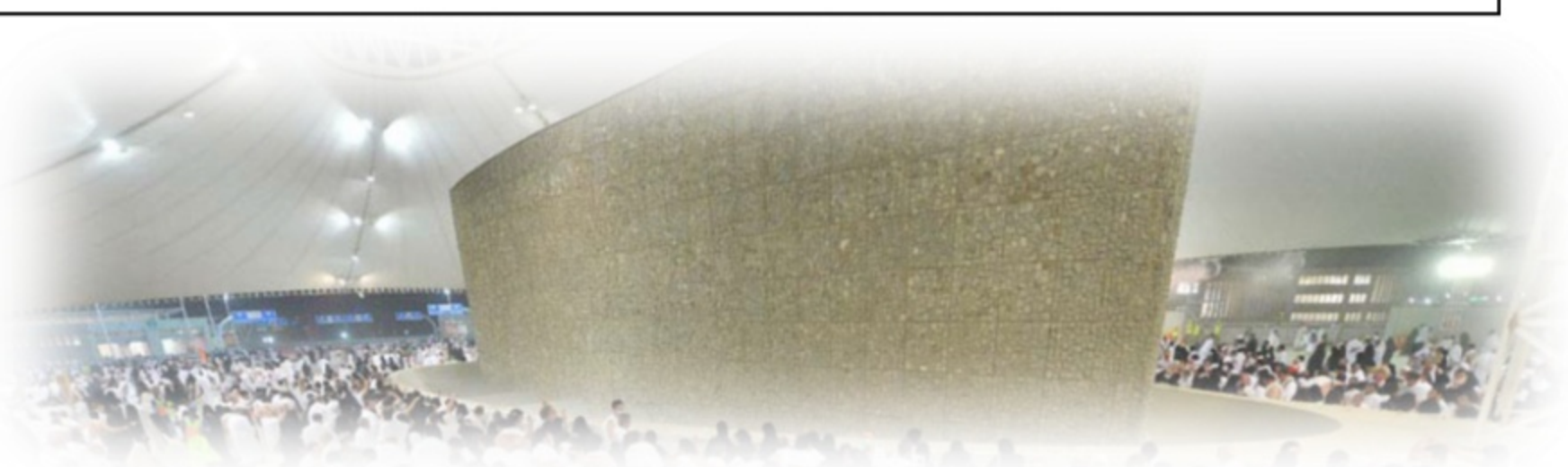
Bismillāhi Allāhu Akbar

“In the Name of Allāh, Allāh is the Greatest”

There is no Du‘ā after the Ramī of the big Jamarah.

Do not hit the wall hard because if it rebounds off and falls outside the surrounding wall, it will need to be repeated.

Make sure you don't miss any Ṣalāh on the way to perform the Ramī.



The best time for females is between ‘Aṣr and Maghrib when less busy.

You could read ‘Aṣr at start time in Mina, then go to do Ramī. If there is not enough time, leave before ‘Aṣr and perform ‘Aṣr Ṣalāh near the Jamarāt (don’t delay reading your Ṣalāh until after you have finished your Ramī, or you might miss it).

If the Ramī is done after Maghrib, you may not be able to do the animal sacrifice (Dam Shukr), so you will have to stay in Iḥrām for another day. You cannot come out of Iḥrām until your animal sacrifice (Dam Shukr) is done.

Time for Ramī is until Ṣubḥ Ṣādiq

After Ramī, if someone is doing the animal sacrifice (Dam Shukr) on your behalf, make your way to Makkah. Inform them if necessary. If you are doing it yourself at the abattoirs in Mina, then make your way there but bear in mind it is very far.

Animal Sacrifice (Dam Shukr) & Ḥalaq

Task

The animal sacrifice (Dam Shukr) is performed for thanks. Try doing it yourself. If you can’t, then be present whilst it is being done. If not, get an agent to do it on your behalf. The group leader can normally organize this for you. This can be arranged before you leave for Ḥajj.

Contact the agent who is performing the animal sacrifice (Dam Shukr) on your behalf. They will have either given you a time by which you need to have completed the Ramī or ask that you contact them once you have completed it. Once the animal sacrifice is done, they will contact you to confirm.

Note: You cannot shave/cut your hair until your animal sacrifice has been carried out.

Once you have confirmed the animal sacrifice (Dam Shukr) has been done, for men, shave your head (Ḥalaq), this is more rewarding than cutting.

It is easier to do your Ḥalaq in Makkah as there are many barber shops (In the basement of the Clock Tower as well as in many hotels). When shaving, start from the right side & remember not to use fragranced soap/spray on your head as you are still in Iḥrām.

For women, trim slightly more than an inch from the end of your plait. As before, wrap the hair around a finger and cut it.



Ṭawāf al-Ziyārah

Task
The Ṭawāf al-Ziyārah is Farḍ. It is best done on the 10 th , but it might be easier to do on the morning of the 11 th as there are less crowds.
Wājib to be done before sunset on the 12 th .
It is ok for women who are on their menstrual cycle to delay it after the 12 th (Purity is a condition for Ṭawāf).
Relations with your partner are only allowed after the Ṭawāf al-Ziyārah has been completed.
Go to Al-Masjid al-Ḥaram and perform Ṭawāf al-Ziyārah. For Men, do Raml for the first 3 rounds (if Saʿī was not done already) even if not in Iḥrām.

After completing Ṭawāf, read 2 Rakʿah Ṣalāh behind Maqām Ibrāhīm if possible. Otherwise can be read anywhere.

Do Duʿā at Multazam if possible, then drink Zamzam.

Now go and perform Saʿī in the same way as done during ʿUmrāh.

Return to Mina as soon as possible after you have completed the Ṭawāf al-Ziyārah. It is best to spend the nights of Ḥajj in Mina as they are very rewarding.





11th
Dhul Hijjah

Hajj Day 4

**Ramī of all
3 Jamarah**

11th Dhul Ḥijjah

Task	
If you have not already done the Ṭawāf al-Ziyārah then try and do it on this day. You can get transport from the main road behind the abattoirs in Mina.	Stone the small Jamarah first then turn right in the direction of the Ka‘bah and do Du‘ā. Read Sūrah al-Fātiḥah, Durūd. Try reading Sūrah al-Baqarah as much as possible or do Du‘ā for duration it takes to read at least 20 verses.
Can only do Ramī after Zawāl.	
Best to do after ‘Aṣr, as it is less busy.	Then stone the middle Jamarah and do Du‘ā again as above.
On this day, you need to do Ramī (pelting) of all 3 Jamarāt.	
Start with the small Jamarah	Then stone the large Jamarah. There will be no Du‘ā after this.
Throw 7 stones at each Jamarah	
(Reciting <i>Bismillāhi Allāhu Akbar</i> before throwing each stone)	Then return to your tent in Mina and carry on ‘Ibādah.



12th Dhul Hijjah

Hajj Day 5

Perform
Ramī of all
3 Jamarah

Leave for
Makkah

12th Dhul Ḥijjah

Task

Before leaving for Ramī, take all your personal belongings with you as you will not be returning to your tent.

Do Ramī of all 3 Jamarāt again, in the same way as the day before.

Best to do after ‘Aṣr again. Try reading ‘Aṣr Ṣalāh near Jamarāt at start time, then do Ramī or maybe even try leaving your tent after reading Ḍuhr at start time.

Leave Mina before sunset. If you don't leave, then it is Makrūh to leave without doing Ramī the following day. If you are still in Mina at Ṣubḥ Ṣādiq on the 13th, then it will be Wājib to do Ramī on this day.

If you want to, you can also do Ramī on the 13th (Makrūh from Fajr till Zawāl, Sunnah from Zawāl till Maghrib). There should be many vacated tents near the Jamarāt so you could stay there. This is very rewarding as well.

Your Ḥajj is now complete



Ṭawāf al-Widāʿ (Farewell Ṭawāf)

Task

Do as late as possible, before leaving Makkah. Try and make this your last Ṭawāf.

Perform Ṭawāf, then read 2 Rakʿah Ṣalāh behind Maqām Ibrāhīm and then drink Zamzam.

Then do Duʿā at the Multazam if possible and ask Allāh ﷻ to bring you back again as soon as possible.

Make Istilām of al-Ḥajr al-Aswad and depart with a heavy heart, that you are leaving the Ḥaram.

Note: If a woman is unable to perform the Ṭawāf al-Widāʿ due to being on her monthly cycle there will be no penalty. ⁶



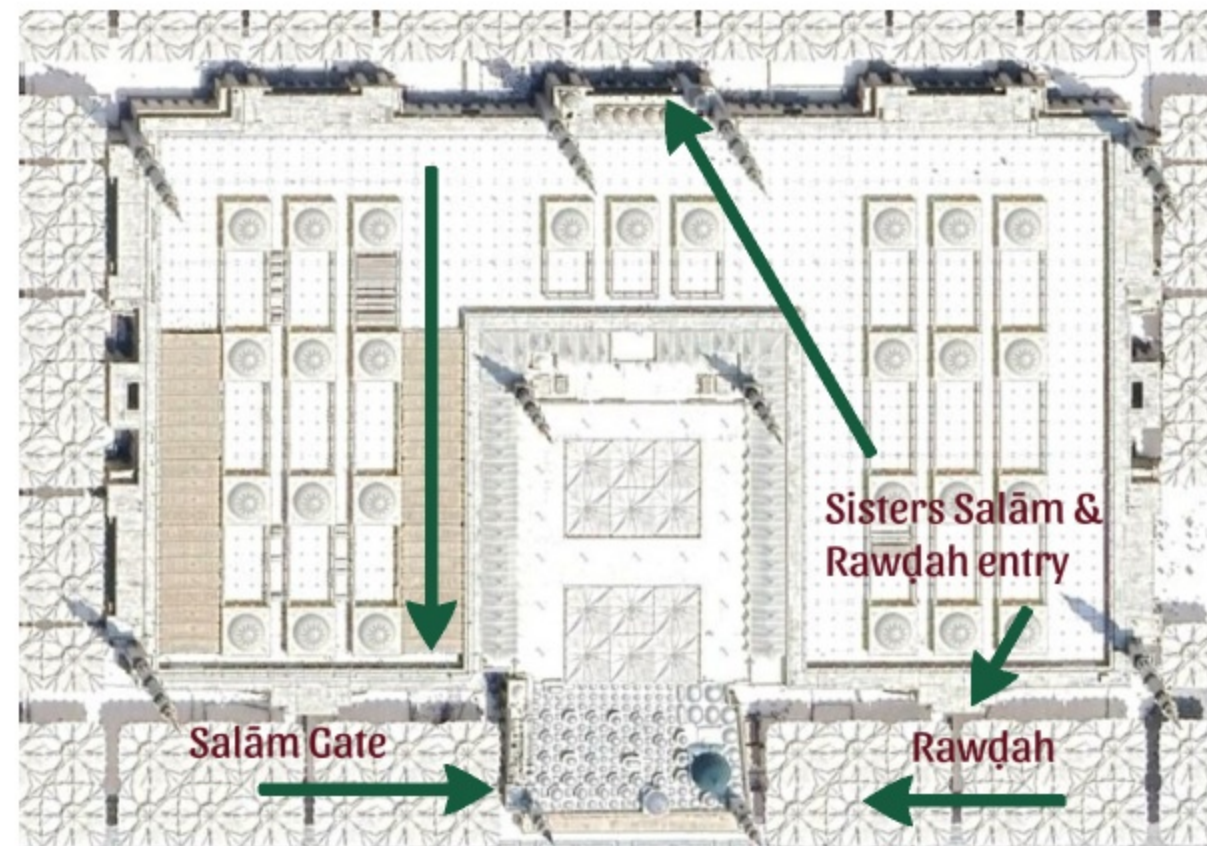
How to Present Salām

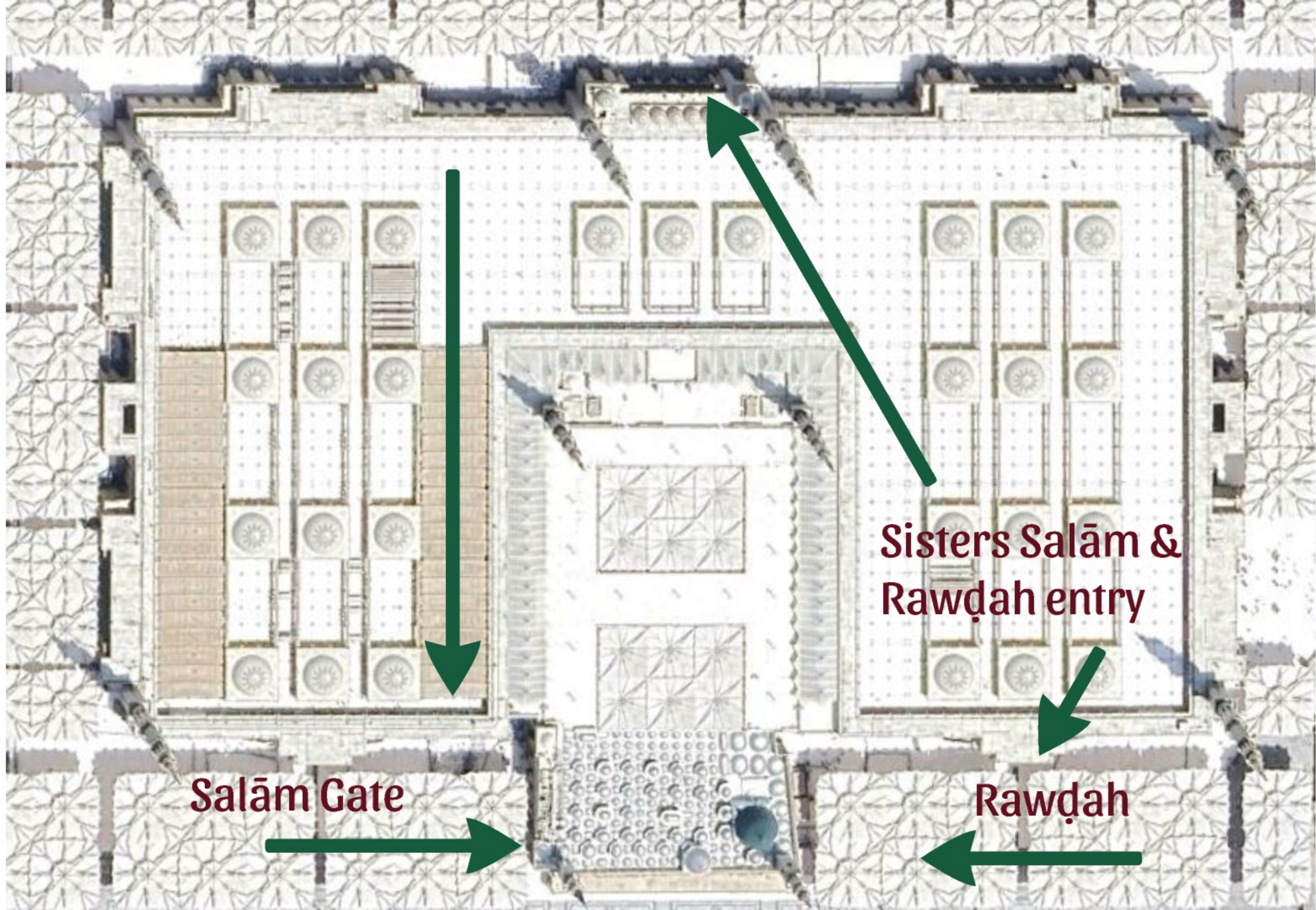


Salām can be done by men at any time

Use the Nusuk app to book time for Rawḍah

**Ensure you arrive at the Masjid in time
for Rawḍah visit**





Salām Gate

Sisters Salām &
Rawḍah entry

Rawḍah

How to Present Salām

Task

Read Durūd (Ṣalawāt & Salām) on the way to Madīnah.

Before going to Al-Masjid al-Nabawī, dress in your best clothes including as much Sunnah as possible. Put on Iṭar and wear an Imāmah (turban) if you have one.

For men, when going to present Salām, you will have to enter from the gate on the right-hand side of the Masjid (Bāb as-Salām).

Note: This may change due to restrictions, so check the latest guidance when you arrive.

For sisters, there are certain times of the day which have been allocated to present their Salām to Rasūlullāh صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ. You can confirm the timings by checking the electronic noticeboards which are outside some of the gates.

Take care not to commit any innovative actions, respect the sanctity of the Masjid and always remain well behaved and civil. Have total respect and humility.



Enter the Masjid with the right foot and recite:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ

عَلَى رَسُولِ اللَّهِ

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*Bismillāhi Waṣṣālatu Wassalāmu ‘Alā Rasūlillāh,
Allāh hummaftaḥlī Abwāba Raḥmatik*

“In the name of Allāh and Mercy and Peace on the
Messenger of Allāh,
O Allāh, open the doors of Your Mercy for me.”

Proceed to the Rawḍah which will be on your left. You will then see the golden enclosure, housing the blessed resting place of Rasūlullāh ﷺ and his Companions رَضِيَ اللهُ عَنْهُمَا. There are 3 sets of doors at the front. The three graves are behind the middle enclosure which has one large golden viewing hole on the left door and two smaller ones on the right.

Once you reach there, present your Salām. If you do Salām directly in front of the enclosure, then you won’t have much time. Try to stand a bit of a distance away, that way you will have more time to present your Salām.

Tawāf a

Task

Do as late
make this

Perform T
Ibrāhīm ar

Then do D
to bring yo

Make Istilā
heart, that

Note: If a v
due to be
penalty. ⁶

12th Dhu

Task

Before lea
belongings

test

Present your Salām by saying at least:

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Assalāmu ‘Alayka Yā Rasūlallāh

You can also say the following:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Rasūlallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا نَبِيَّ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Nabiyallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا حَبِيبَ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Ḥabīballāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا خَاتَمَ الْأَنْبِيَاءِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Khāṭamal Anbiyā

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

وَ أَنَّكَ عَبْدُهُ وَرَسُولُهُ

Assalāmu ‘Alayka Ayyuhannabiyu

Wa Raḥmatullāhi Wa Barakātuhi,

Ash hadu an Lā ilāha illallāhu

Wa Annaka ‘Abduhu Wa Rasūluh

Remember to convey the Salāms of all people who have asked you.

Make Du‘ā to Allāh ﷻ and make sure you do NOT raise your hands towards the grave of Rasūlullāh ﷺ whilst doing so.



Once you have finished, move 2 steps to the right and present your Salām to Sayyidunā Abū Bakr رَضِيَ اللهُ عَنْهُ. Recite the following:

السَّلَامُ عَلَيْكَ يَا خَلِيفَةَ رَسُولِ اللَّهِ
جَزَاكَ اللَّهُ عَنْ أُمَّةٍ مُحَمَّدٍ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

*Assalāmu ‘Alayka Yā Khalīfata Rasūlallah.
Jazākallāhu ‘An Ummati Muḥammadin
Ṣallalāhu ‘Alayhi Wa Sallam*

Once you have finished, move 2 steps to the right and present your Salām to Sayyidunā ‘Umar رَضِيَ اللهُ عَنْهُ. Recite the following:

السَّلَامُ عَلَيْكَ يَا أَمِيرَ الْمُؤْمِنِينَ
جَزَاكَ اللَّهُ عَنْ أُمَّةٍ مُحَمَّدٍ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

*Assalāmu ‘Alayka Yā Amīr al-Mu’minīna.
Jazākallāhu ‘An Ummati Muḥammadin
Ṣallalāhu ‘Alayhi Wa Sallam*

Take a Ṣalāt & Salām booklet with you and read this as much as you can when you are in Madīnah. Also try and complete the recitation of the Qur’ān in Al-Masjid al-Nabawī.



Comprehensive Du‘ā

At each place where supplications are accepted, i.e., seeing the Ka‘bah, at Aṣ-Ṣafa, Al-Marwah, etc. we should make the following Du‘ā:

“O Allāh, whatever Du‘ā your Prophet ﷺ and your pious servants made at this place, I ask of you for these things as well, so please accept them from me.”

You can also read:

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ
عَلَيْهِ وَسَلَّمَ وَنَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ
مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ
وَ أَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ

“O Allāh, we ask You for all those good things for which Your Nabī, Muḥammad ﷺ asked You, and we seek refuge from You for all those evils which Your Nabī, Muḥammad ﷺ sought refuge from You. You are the only one who can be turned to for help, and for You is only to convey. There is no power (to do good deeds) or ability (to avoid bad deeds) except with the help of Allāh.”

Additional Resources

- The Ḥajj of Rasūlullāh صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ
- Womens Ḥajj Companion (How to pray Ṣalāt behind Imām, Janāzah Ṣalāt etc.)
- Ṣalāt & Salām booklet
- The History of Al-Masjid al-Nabawī (information about the Rawḍah and Baqī')
- Al-Ḥizb al-A'zam - Book of supplications
- Learn about the Sīrah of Rasūlullāh

<https://islamicportal.co.uk/english-books/>

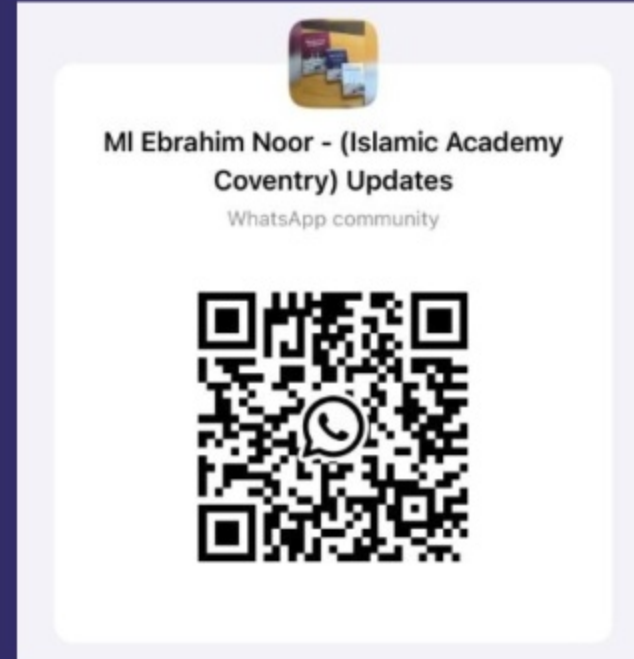
Youtube - Islamic Academy Coventry (IAC)
for Sīrah & History of Al-Masjid al-Nabawī



Jazākallāhu Khayr
for attending

May Allāh **سُبْحَانَهُ وَتَعَالَى** grant you all a
Ḥajj Mabrūr & Ḥajj Mabqūl

Remember us and the
Academy in you Du'as



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