



ISLAMIC ACADEMY OF COVENTRY

presents

# 'HOW TO PERFORM HAJJ'

A comprehensive interactive presentation  
providing step by step, simple & clear  
guidance on the pilgrimage of a lifetime

SATURDAY 18<sup>TH</sup> MAY 2:00PM  
83-87 CAMBRIDGE ST,  
COVENTRY, CV1 5HU

Copies of the Hajj & Umrah Checklists  
will be available on the day



Delivered by Maulana Anwar Shaikh  
& Maulana Ebrahim Noor



FREE WORKSHOP FOR BROTHERS & SISTERS



Islamic Academy of Coventry

# Hajj Workshop



[www.islamicacademycoventry.org](http://www.islamicacademycoventry.org)

Maulānā Ebrahim Noor



# Introduction

Why did  
develop this W

- To help brothers' & sisters' w  
going for Hajj
- Talk about the practical deta
- Lots of Information can caus  
therefore we have created a s  
with clear, concise instructio  
easier for pilgrims
- Developed a simple checklis  
throughout the journey

Help prepare cor  
journey of a



# Housekeeping

- Rest Rooms
- Sit where you can see the screen
- Pens & paper provided if needed
- Everyone should have a copy of the Hajj Checklist
- Sisters should also have copy of Womens Hajj Companion
- Questions at the end



# 'Ibādāt



وَأَتِمُّوا الْحَجَّ وَالْعُمْرَةَ لِلَّهِ







## Why did we develop this Workshop

- To help brothers' & sisters' who are planning on going for Ḥajj
- Talk about the practical details of Ḥajj
- Lots of Information can cause confusion therefore we have created a simple workshop with clear, concise instructions to make it easier for pilgrims
- Developed a simple checklist to use throughout the journey

**Help prepare correctly for the  
journey of a lifetime**



# Schedule



Perform Hajj



How to  
Perform 'Um



Preparation  
for the Journey  
&  
Travelling to the  
Holy Land

# Schedule



How to Present Salam



How to Perform Hajj



How to Perform 'Umrah



Departing from Home



Preparation for the Journey & Travelling to the Holy Land

The 3 Types of Hajj



**Hand Language**

Hand language is a form of communication that uses hand gestures to convey messages. It is often used in situations where verbal communication is not possible or is less effective. Hand language can be used to express a wide range of emotions and ideas, and it is an important part of many cultures and religions.

**Additional Resources**

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Hand language is a form of communication that uses hand gestures to convey messages. It is often used in situations where verbal communication is not possible or is less effective. Hand language can be used to express a wide range of emotions and ideas, and it is an important part of many cultures and religions.

**Preparation of Hajj**

Preparation for Hajj involves several steps, including physical and mental preparation. It is important to be in good health and to have a strong faith in Allah. Preparation also includes learning about the rituals of Hajj and the history of the Holy Land.



# The 3 Types of Hajj







**Preparation  
for the Journey  
&  
Travelling to the  
Holy Land**

# How to Perform 'Umrah



# How to Perform Hajj



# How to Present Salam





## The 3 Types of Hajj



### Hajj Tama'tu'

Pilgrim enters into Ithram twice. Performs 'Umrah in 1st Ithram, then exits Ithram. Then enters into Ithram once again for Hajj

### Hajj Qirān

Pilgrim enters into state of Ithram once and performs 'Umrah & Hajj in same Ithram

### Hajj Ifrād

Pilgrim enters into state of Ithram once with intention of Hajj only (No 'Umrah performed)

### Hand Luggage

It is recommended you carry a small light hand luggage, packing only the essential items, so it is easier for you to travel, especially when in the air.

The **max weight you have on your person, the easier it will be** for you to travel, especially when in the air.

You can also use this hand luggage when you go to the various busy sites during Hajj.

Your **personal documents (passports)** should be kept in a separate bag, so they are easy to access.

Your money can be kept in a money bag, so it is easy to access.

A small **personal bag/handbag** so they are easy to carry.

# Ḥajj Iḥrām

Pilgrim enters into state of  
Iḥrām once with intention of  
Ḥajj only  
(No 'Umrah performed)

# Hajj Qirān

Pilgrim enters into state of  
Iḥrām once  
and performs 'Umrah & Hajj in  
same Iḥrām

# Ḥajj Tamattu'

Pilgrim enters into Iḥrām twice.  
Performs 'Umrah in 1st Iḥrām,  
then exits Iḥrām. Then enters  
into Iḥrām once again  
for Ḥajj





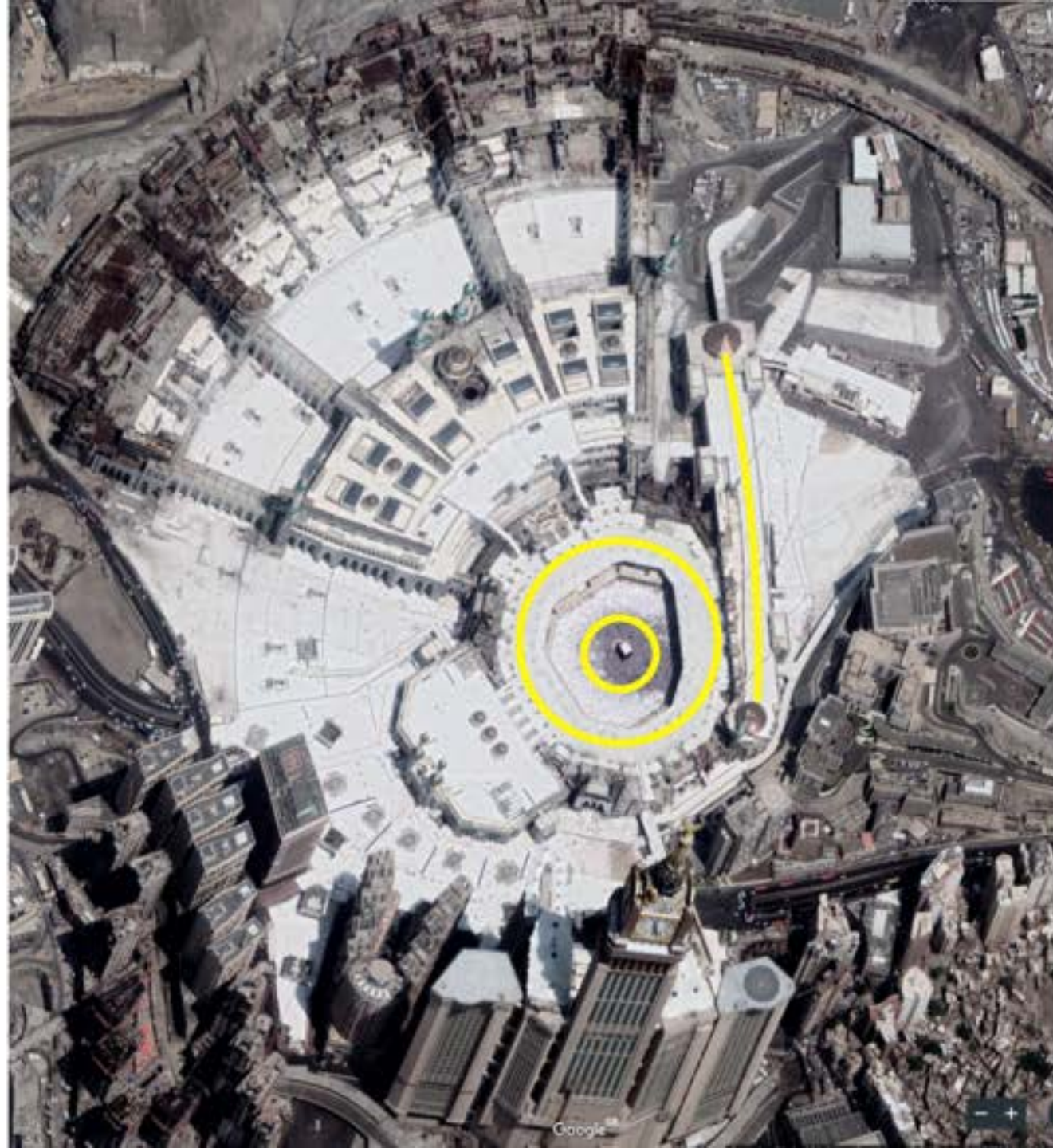
**Preparation  
for the Journey  
&  
Travelling to the  
Holy Land**

# Physical preparation before we go

Prepare our bodies before we go  
Start walking regularly







Approxim

Ṭawāf in Maṭāf -

Ṭawāf on Roof- 4

Sa'ī - 3

Also consider th  
to Al-Masjid al-M



## Approximate Distances

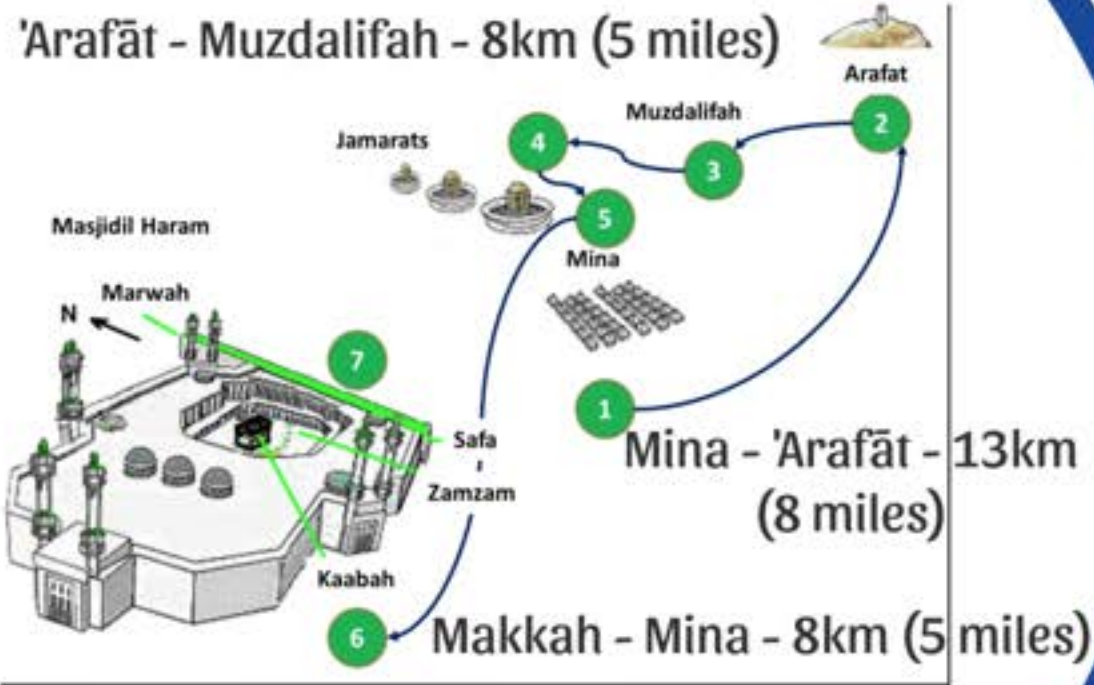
Ṭawāf in Maṭāf - 1.2 km - 0.75 miles

Ṭawāf on Roof- 4.25 km - 2.64 miles

Sa'ī - 3.15 km - 1.96 miles

Also consider the walk from the hotel  
to Al-Masjid al-Ḥarām and back again

# Distances between Holy Places



# Walking

Women - can wear any  
footwear in Iḥrām

Take well worn comfortable footwear

In Ṭawāf can  
wear socks



Remember to  
take a shoe bag

Men - flip flops



If not in Iḥrām  
can wear socks  
in Maṭāf



# Spiritual Preparation

- Ensure you read all of your Ṣalāh
- Learn how to perform 'Umrah/Ḥajj
- Learn about the significance and reasons behind the rituals
- Learn about the significance of the blessed places

**Correct your intention**



# Airport Information



## Preparation for the Journey & Travelling to the Holy Land

### The 3 Types of Hajj



#### Purpose of Booklet

Help plan journey for visitors who may face a variety of scenarios regarding their monthly cycle  
Cover perform (wudu) whilst on monthly cycle  
Calculate arrival & departure dates for Hajj  
Help forecast your unique scenarios  
Help put your mind at ease  
Booklet contents must be completed by the pilgrims themselves in your group

Guidance assumes you are travelling to Makkah first  
If going to Madinah first, then follow advice before leaving for Makkah



#### Hand Luggage

It is recommended you carry a small light hand luggage, packing only the essential items, so it is easier for you to travel, especially when in the various Holy sites during Hajj.

**The less weight you have on your person, the easier it will be.**  
You can also use this hand luggage when you go to the various Holy sites during Hajj.

**Your personal documents (passports/plane tickets) should be kept on your person at all times while travelling, in a small, personal bag/bundle so they are easily accessible.**

Your money can be kept in a money belt/pouch. If it is the type that goes around your waist, then the lower part of the pouch can be folded over it for extra peace of mind.





## Hand Luggage

It is recommended you carry a small light hand luggage, packing only the essential items, so it is easier for you to travel, especially when in Iḥrām

**The less weight you have on your person, the easier it will be**

You can also use this hand luggage when you go to the various Holy sites during Ḥajj.

**Your personal documents (passports/plane tickets) should be kept on your person at all times while travelling, in a small personal bag/handbag so they are easily accessible**

Your money can be kept in a money belt/pouch. If it is the type that goes around your waist, then the lower part of the Iḥrām can be folded over it for extra peace of mind.



# What to Pack in Hand Luggage ?



# Packing List Extras



## First Aid

- Plasters
- Ibuprofen/Paracetamol
- Diarrhoea Sachets – Rehydralin
- Imodium – Diarrhoea
- Lozenges for sore throats
- Cough medicine
- Foot creams or blister plasters
- Antihistamines
- Any other prescription medicine you might need
- Inhalers
- Glucose tablets



# First Aid

- Plasters
- Ibuprofen\Paracetamol
- Dioralyte Sachets – Rehydration
- Imodium – Diarrhoea
- Lozenges for sore throats
- Cough medicine
- Foot creams or blister plasters
- Antihistamines
- Any other prescription medicine you might need
- Inhalers
- Glucose Tablets

# Last Minute Checks

Money (In Wallet or in Money Belt)

Passports (check Visa & Meningitis certificate)

ID Cards & Wrist bands if supplied by Hajj Operator

Credit\Debit Cards if needed (In Wallet or in Money Belt)

Airplane Tickets or e-ticket numbers

Make copies of Passports and give to next of kin

Give Hotel information to next of kin

**Suitcases & Hand Luggage (ensure you have not exceeded baggage weight allowance for your airline and hand luggage size is within specified size limits)**

Mobile Phone

## Entry Checklist

Check Covid\Vaccination Requirements for Hajj

Check latest guidance on age limits for childrens entry into Haramayn & performing Hajj

Obtain visa - check current requirements

Check if masks are mandatory in Masjid & shops - Currently N/A





## Required Apps



Nusuk

May be required for 'Umrah & is required for Rawḍah booking in Madīnah

Download before you go - Will need Passport & Visa number to register

Book time slot for 'Umrah if required - can be done later



# Departing from Home



# Departing from Home



# Entering into the State of Iḥrām



**Purpose of Booklet**  
 Help plan journey for sisters who may face a variety of scenarios regarding their monthly cycle  
 Cannot perform ṭawāf al-bida' on monthly cycle  
 Calculate arrival & departure dates for Ḥajj  
 Help forecast your unique scenario  
 Help put your mind at ease  
 Booklet Exercises must be completed by ALL mature females in your group

Guidance assumes you are travelling to Makkah first

If going to Madinah first, then follow advice before leaving for Makkah

**Ummah**

Reads and Prays: Obligatory activities in Ihram al-Hajj:  
 1. To wear the state of Ihram  
 2. To complete at least 6 rounds of the Tawaf

Reads and Prays: Recommended activities in Ihram al-Hajj:  
 1. To complete all 7 rounds of the Tawaf  
 2. To perform the Sa'i between Mt. Safa and Mt. Marwah  
 3. To perform Sa'iyah al-Qada' (Sa'iyah on re-entry of the land)

From the above, the only action which a woman cannot perform is the Sa'i for her monthly cycle in the land. Consequently, the Sa'i cannot be performed without performing the Tawaf first. If the steps to get her monthly cycle are not met until the time of the Tawaf, she must wait until the time of the Tawaf.

**Hajj**

Reads and Prays: Obligatory activities in Ihram al-Hajj:  
 1. To wear the state of Ihram  
 2. To complete at least 6 rounds of the Tawaf  
 3. To perform the Sa'i between Mt. Safa and Mt. Marwah  
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**At Women Before Leaving**

Task	Completion
1. To wear the state of Ihram	11
2. To complete at least 6 rounds of the Tawaf	11
3. To perform the Sa'i between Mt. Safa and Mt. Marwah	11
4. To perform Sa'iyah al-Qada' (Sa'iyah on re-entry of the land)	11
5. To complete all 7 rounds of the Tawaf	11
6. To perform the Sa'i between Mt. Safa and Mt. Marwah	11
7. To perform Sa'iyah al-Qada' (Sa'iyah on re-entry of the land)	11

Break out Session  
 Sisters - Practical Skills  
 Sisters - Worksheet Pack  
 Companion Overview

**Calculate your Unique Scenario**

Fill in Table on Page 20

Day of the Month	Day of the Week
1	Monday
2	Tuesday
3	Wednesday
4	Thursday
5	Friday
6	Saturday
7	Sunday
8	Monday
9	Tuesday
10	Wednesday
11	Thursday
12	Friday
13	Saturday
14	Sunday
15	Monday
16	Tuesday
17	Wednesday
18	Thursday
19	Friday
20	Saturday
21	Sunday
22	Monday
23	Tuesday
24	Wednesday
25	Thursday
26	Friday
27	Saturday
28	Sunday
29	Monday
30	Tuesday
31	Wednesday

Fill in Table on Page 22

Enter the dates of the Hajj months (i.e. June, July, August) if you are not sure why 20 days after 20 July 2019. Highlight the 10 days of Hajj in green. Highlight the days of your menstrual cycle in pink. Highlight any months days between Hajj and your cycle in yellow. Circle the days you intend to perform Hajj.

Enter Makkah whilst on cycle but get pure before days of Hajj  
 Will not be on monthly cycle during the days of Hajj

Now go to flowchart on Page 24 to Calculate your Ummah scenario

From the above example:  
 Woman will enter Makkah while she is on her menstrual cycle.  
 She will become pure on the 29th of June and then be able to perform her Ummah before Hajj.  
 She will then be able to perform her Hajj without any issues regarding purity.  
 She will be able to perform the Tawaf al-Bida' before she leaves on the 29th of June.

**Scenario**

Consider the following points:  
 Maximum days of Menstrual Cycle = 10 (Harul acth)  
 Cycle starts on 29th of Dhul Hijjah and lasts for 10 days  
 Earliest Tawaf al-Bida' can be done is 29th of Dhul Hijjah  
 To be safe, Departure should be delayed until 21st of Dhul Hijjah in most extreme case.

If you are due to be on your monthly cycle during the days of your departure, and you will not be able to perform the Tawaf al-Bida', and you cannot delay your departure until pure or come to Makkah later, then take measures to prevent monthly cycle.

Note: If a woman cannot perform the Yamum al-Bida' due to her monthly cycle, there will be no expiation - She may



Guidance assumes  
you are travelling to  
Makkah first



If going to Madīnah  
first, then follow  
advice before  
leaving for Makkah



## At Home Before Leaving

Task	Complete
Perform Ghusl & clip nails, trim moustache, remove pubic hair and hair under armpits	<input type="checkbox"/>
Read 2 Rak'ah Nafl for ease of Journey, (if it is not Makrūh time for Ṣalāt). Recite Sūrah Kāfirūn in 1 <sup>st</sup> Rak'ah and Sūrah Ikhhlāṣ in 2 <sup>nd</sup> Rak'ah.	<input type="checkbox"/>
After Ṣalāh, do Du'ā, send Durūd to Rasūlullāh ﷺ then thank Allāh ﷻ for the opportunity to go for Ḥajj, ask for ease of journey, repent from all sins, and ask for protection from self-desire (Nafs) and Shayṭān.	<input type="checkbox"/>
Meet family & friends and leave in a happy state. Remain in dhikr during journey and stop for Ṣalāt on the way if required. Do NOT miss any Ṣalāt, plan the journey ahead taking into account possible traffic.  Note: All of the pilgrims will now be classed as travellers so only Qaṣr Ṣalāt will be read.	<input type="checkbox"/>

**Note:** If it is difficult to put on the Iḥrām at the airport, then males can put on at least the lower part (lungi) from home.

Females should get changed at home into the clothes they are using as Iḥrām. They are allowed to wear any type of footwear.

# 'Umrah

There are 2 Farḍ - Compulsory actions in 'Umrah as follows:

1. To enter into the state of Iḥrām
2. To complete at least 4 rounds of the Ṭawāf

There are 3 Wājib actions in 'Umrah as follows:

1. To complete all 7 rounds of the Ṭawāf
2. To perform the Sa'ī between As-Ṣafa and Al-Marwah
3. To perform Ḥalaq or Qasr (Shaving or trimming of the hair)

From the above, the only action which a female cannot perform if she is on her menstrual cycle, is the Ṭawāf. Furthermore, the Sa'ī cannot be performed without performing the Ṭawāf first. If any sister is on her monthly cycle, she must wait until she is pure, then do 'Umrah





# Ḥajj

There are 3 Farḍ – Compulsory actions in Ḥajj as follows:

1. To enter into the state of Iḥrām
2. Wuqūf of Arafāt (To spend some time in Arafāt between Zawāl on the 9th of Dhul Ḥijjah, until ṣubaḥ ṣādiq on the 10th of Dhil Ḥijjah)
3. Tawāf al-Ziyārah (This can be done anytime starting from ṣubaḥ ṣādiq on the 10th of Dhul Ḥijjah until sunset on the 12th of Dhil Ḥijjah.

**Important Note:** If a woman is on her menstrual cycle during the days of Ḥajj, she will delay her Tawāf al-Ziyārah until she is pure. If she returns home without completing it, her Ḥajj will be incomplete and relations will remain unlawful for her until she returns to Makkah and performs the Tawāf al-Ziyārah. Therefore she must not leave Makkah until performing Tawāf al-Ziyārah. If delayed after the 12th of Dhil Ḥijjah due to monthly cycle, no expiation will be necessary.

# Ḥajj

There are 6 Wājib actions in Ḥajj as follows:

1. To stay in Muzdalifah during the period of Wuqūf
2. To perform the Sa'ī between As-Ṣafa and Al-Marwah
3. To perform Ramī (stoning of the Jamarāt)
4. For a person who is doing Ḥajj Tamattu or Qirān, to perform the Uḍhiyah (Naḥr)
5. To perform Ḥalaq or Qasr (Shaving or trimming of the hair)
6. For non residents - to perform the Tawāf al-Wada' - Farewell Tawāf

**From the above, the only action which a female cannot perform if she is on her menstrual cycle, is the Tawāf al-Wadā'. There will be no expiation necessary if she misses it due to her cycle.**



# Entering into the State of Ihram



'Umrah

Break out:  
Brothers - Prac  
Sisters - Wor



# Iḥrām for Men

2 Sheets of  
Unstitched Cloth



# Iḥrām for Women

Any Simple Clothes  
(put on from home)



**Break out Session**

**Brothers - Practical Ihrām**

**Sisters - Womens Hajj  
Companion Overview**





Islamic Academy of Coventry

# Womens Hajj Companion

(4th Edition)

Maulānā Ebrahim Noor



potential

a pure

## Purpose of Booklet

Help plan journey for sisters who  
may face a variety of scenarios  
regarding their monthly cycle

Cannot perform Ṭawāf whilst on monthly cycle

Calculate arrival & departure dates for Ḥajj

Help forecast your unique scenario

Help put your mind at ease

Booklet Exercises must be  
completed by ALL mature  
females in your group

# Calculate your Unique Scenario

## Fill in Table on Page 20

Date of entry into Makkah	7th June
Date of departure from Makkah:	20th June
Length of your normal monthly cycle:	5 days
Length of your normal clean days between cycles:	20 days
Date of the final day of your last cycle:	15th May
Dates for Hajj:	14th - 18th June
Projected start date of your cycle closest to Hajj:	5th June

## Fill in Table on Page 22

- Enter the names of the Gregorian months i.e., June, July, August
- If any months are only 30 days, strike off day 31 from the table
- Highlight the 5 Days of Hajj in green
- Highlight the days of your menstrual cycle in pink
- Highlight any overlap days between Hajj and your cycle in yellow
- Circle the days you enter and depart Makkah

Month 1: June (Gregorian Month)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	X				

- Enter Makkah whilst on cycle but get pure before days of Hajj
- Will not be on monthly cycle during the days of Hajj

## Now go to flowchart on Page 24 to Calculate your 'Umrah Scenario

From the above example:

Woman will enter Makkah while she is on her menstrual cycle.

She will become pure on the 10th of June and then be able to perform her 'Umrah before Hajj.

She will then be able to perform her Hajj without any issues regarding purity.

She will be able to perform the Ṭawāf al-Ziyārah before she leaves on the 20th of June.



Hajj. Collect some spare stones as well in case you lose or drop some.

It is Mustahab to wash the stones as well.

This is a very auspicious sight, do lots of 'Bikāh (try and read Tahajjud as well).

Sort out the stones into small bags, ready for Rami (7 stones in one bag for the 10<sup>th</sup>, 21 stones each in 2 other bags for the 11<sup>th</sup> and 12<sup>th</sup> (or 21 stones each in 2 bags if you are also planning on doing Rami on the 13<sup>th</sup> of Dhul Hijah).

Have some rest and keep away from sin.

## On entry into Makkah the first time



Cannot perform Tawāf during monthly cycle

is much easier than before. Arrange a meeting (on the left side, away from the crowd) in case you need to do Rami during the Rami.

Before doing Rami, stop reciting the Talbiyah.

Face the Jamarah and throw 7 stones using your right hand and forefinger.

**Note:** If a stone lands near the Jamarah, within the surrounding wall, it will be valid.

Each stone must be thrown separately.

For males, raise arm so armpit is viewable.

Read the following before throwing each stone:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

Bismillāhi Allāhu Akbar

"In the Name of Allāh, Allāh is the Greatest"

There is no Du'ā after the Rami of the big Jamarah.

Do not hit the wall hard because if it rebounds outside the surrounding wall, it will need to be thrown again.

Make sure you don't miss any Ṣalāh on the way to and from the Rami.

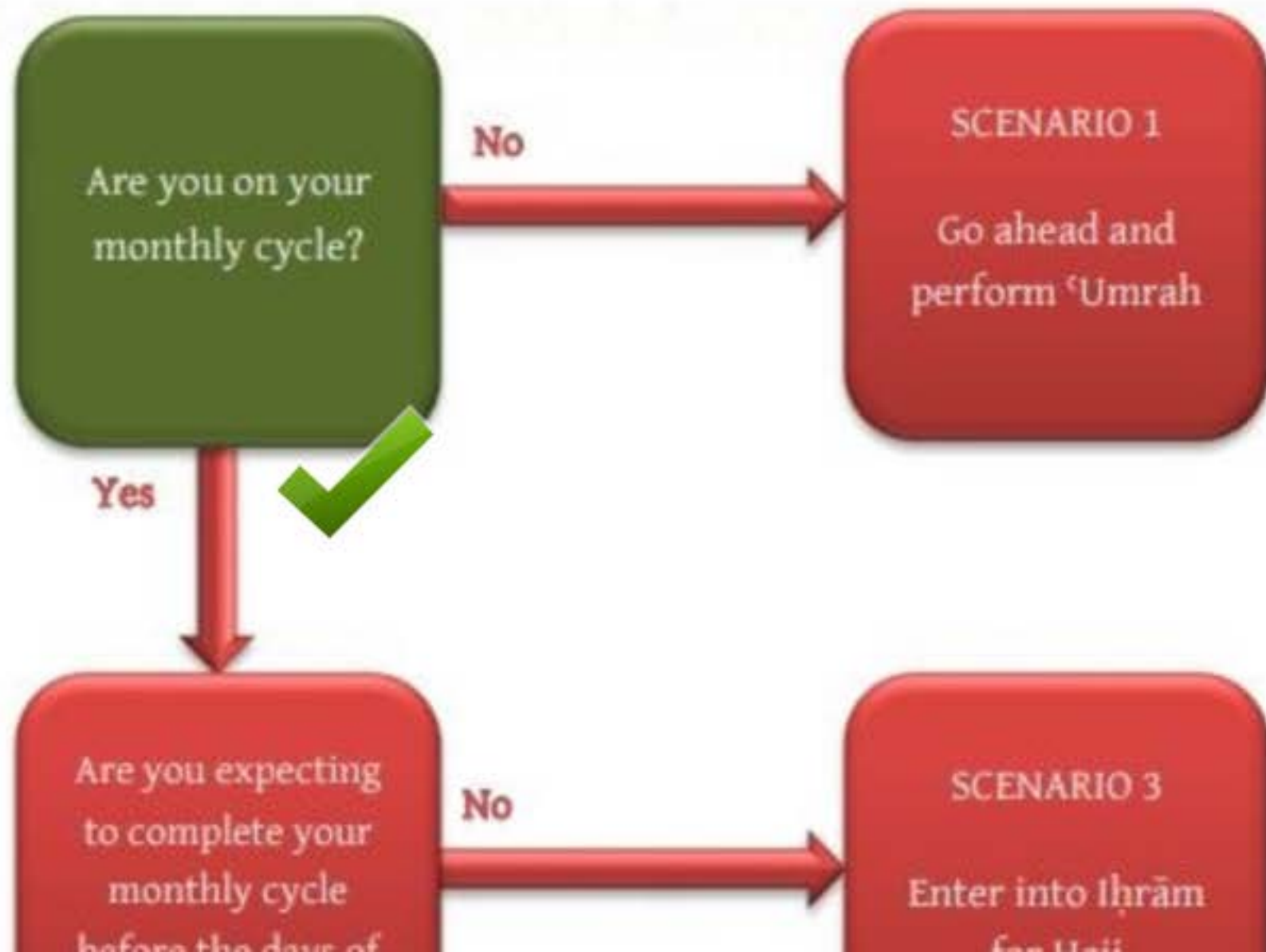
The animal sacrifice (Qurbān) is a thanksgiving (thanks). Try doing it yourself if you are able, whilst it is being done. If not, do it on your behalf. The group leader should do it on your behalf.

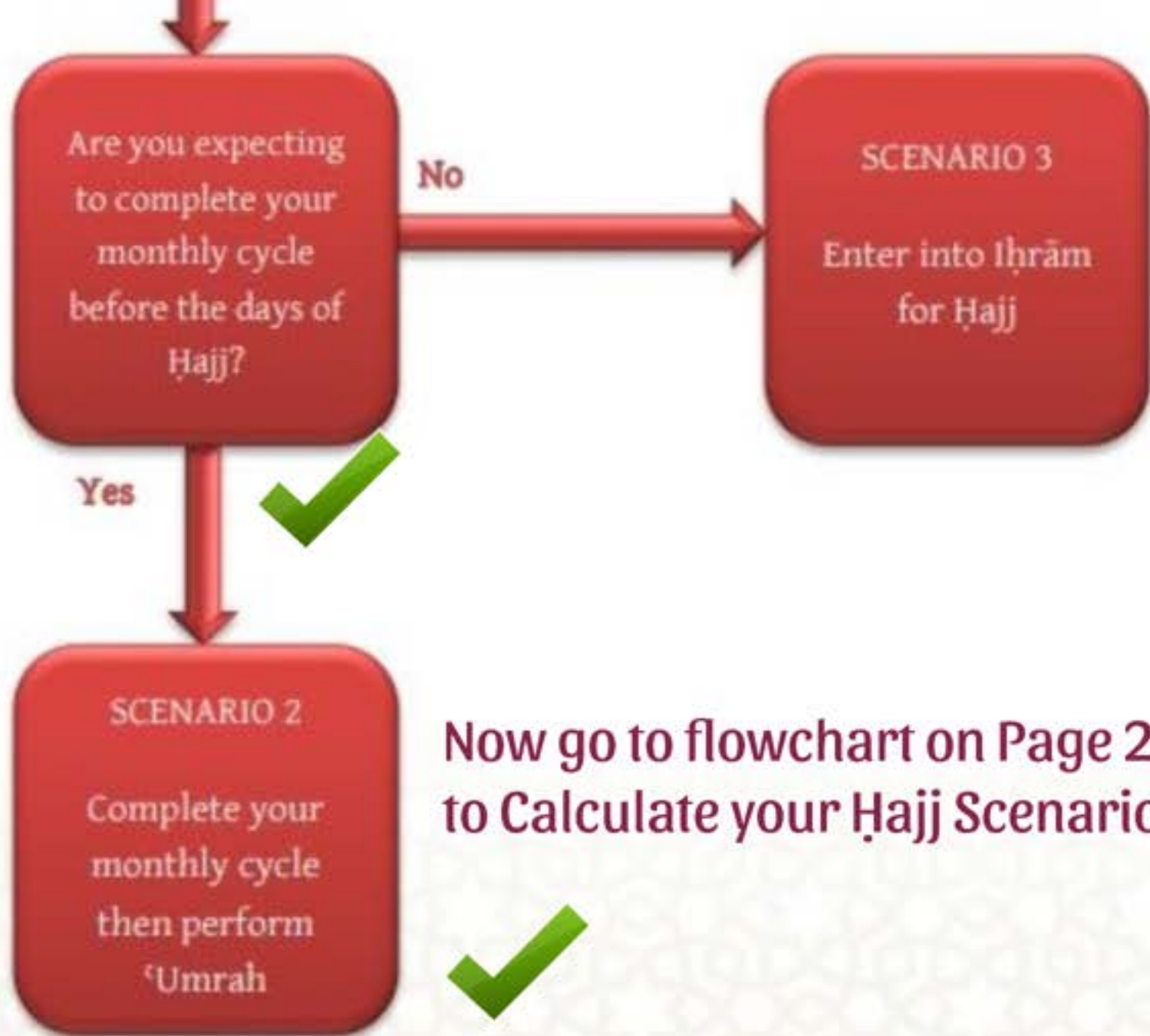
Contact the person who is performing the sacrifice (Qurbāni) on your behalf. You should ensure that the sacrifice has been done before shaving your head.

Once you have confirmed that the sacrifice has been done, for men, shaving is more rewarding than cutting.

It is easier to do your Halaq in the barber shops there (in the bazaar). When shaving start from the back of the head.

# WAKHSHAT AL-HAJJ BI-TARTEEB



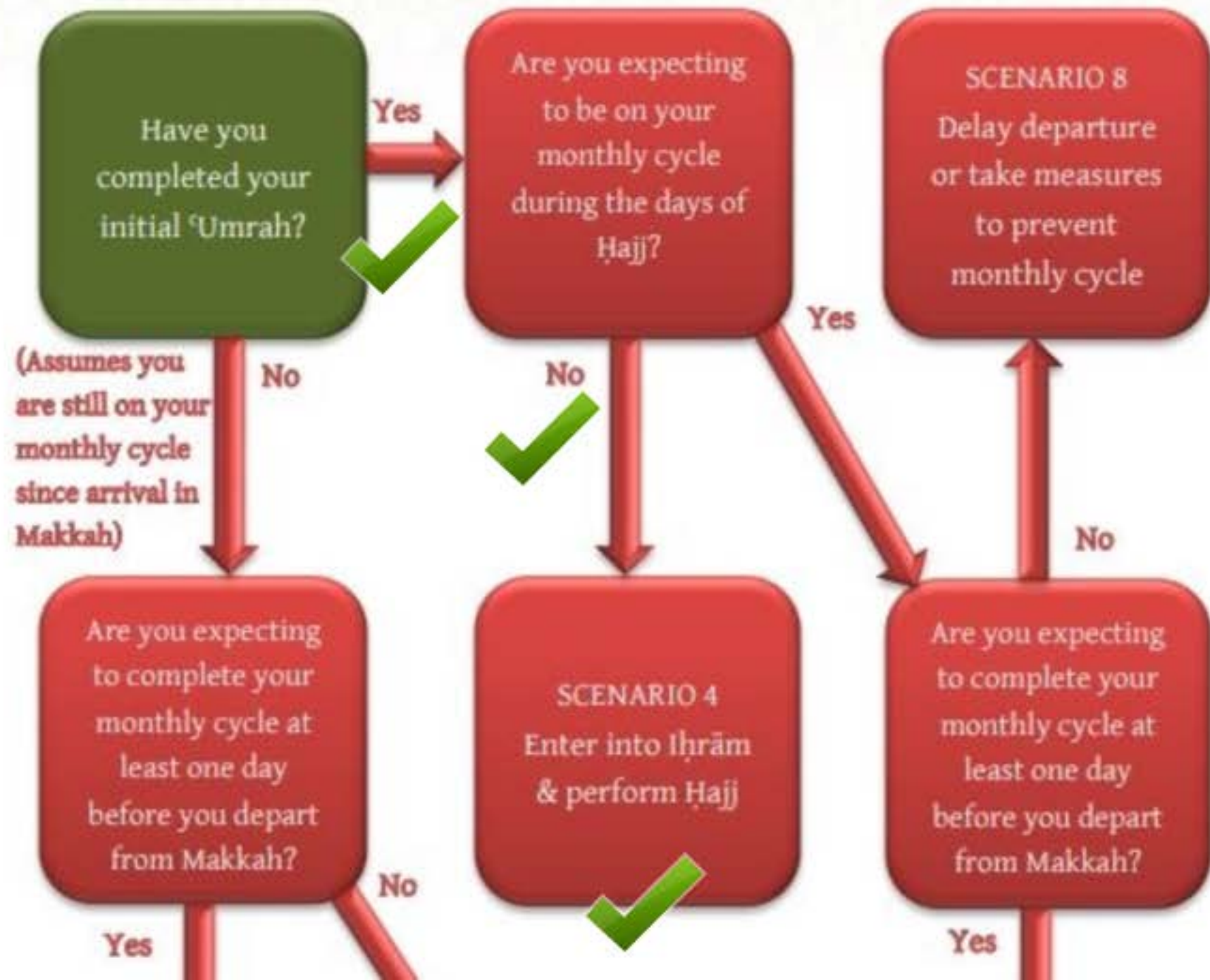




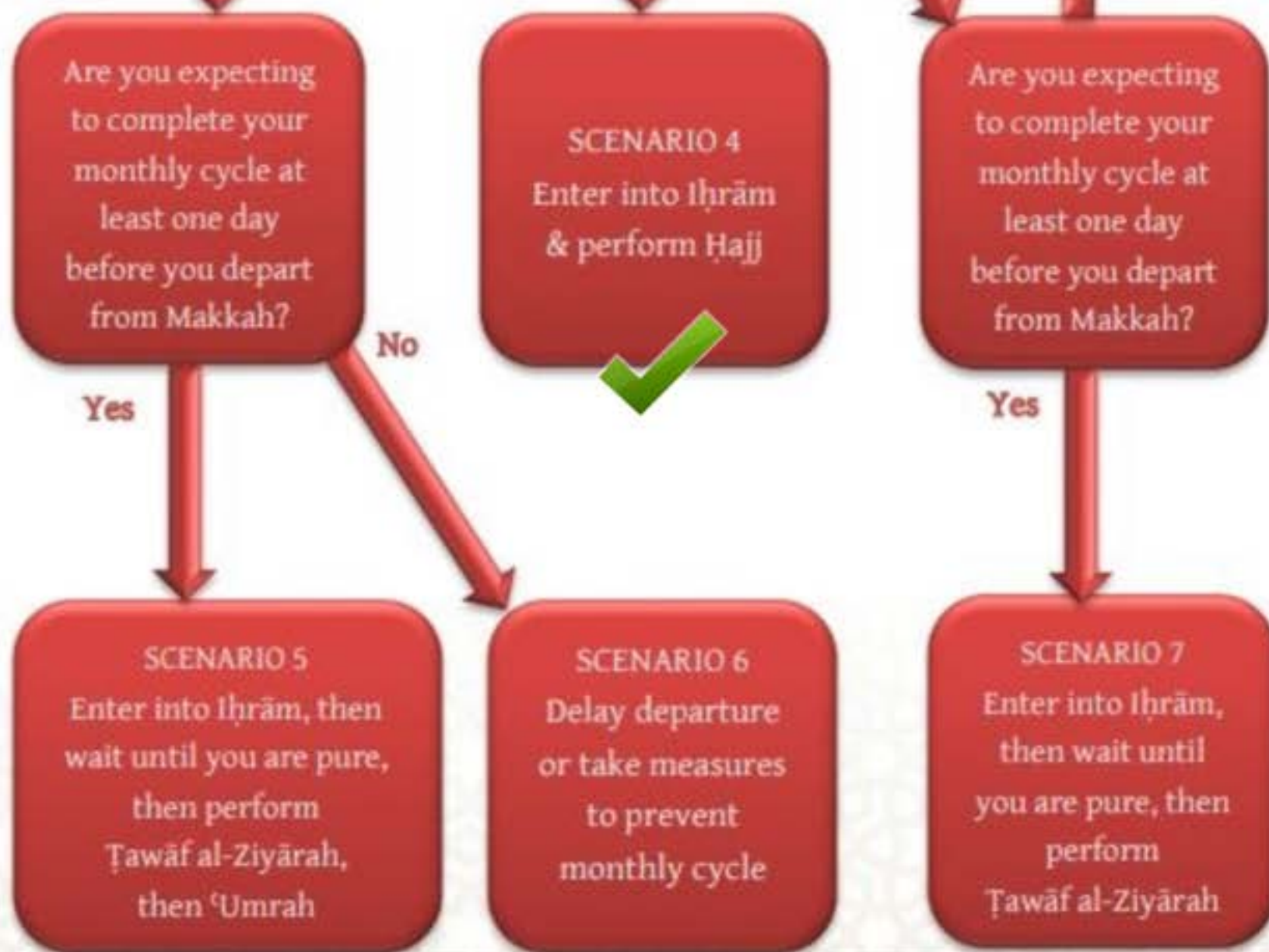
# Predict Scenario for Ḥajj

When you enter into Iḥrām prior to Ḥajj, answer the questions below to find your Scenario





Makkah)





# Calculate your Unique Scenario

## Fill in Table on Page 20

Date of entry into Makkah	7th June
Date of departure from Makkah:	20th June
Length of your normal monthly cycle:	5 days
Length of your normal clean days between cycles:	20 days
Date of the final day of your last cycle:	15th May
Dates for Hajj:	14th - 18th June
Projected start date of your cycle closest to Hajj:	5th June

## Fill in Table on Page 22

- Enter the names of the Gregorian months i.e., June, July, August
- If any months are only 30 days, strike off day 31 from the table
- Highlight the 5 Days of Hajj in green
- Highlight the days of your menstrual cycle in pink
- Highlight any overlap days between Hajj and your cycle in yellow
- Circle the days you enter and depart Makkah

Month 1: June (Gregorian Month)

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	X				

- Enter Makkah whilst on cycle but get pure before days of Hajj
- Will not be on monthly cycle during the days of Hajj

## Now go to flowchart on Page 24 to Calculate your 'Umrah Scenario

From the above example:

Woman will enter Makkah while she is on her menstrual cycle.

She will become pure on the 10th of June and then be able to perform her 'Umrah before Hajj.

She will then be able to perform her Hajj without any issues regarding purity.

She will be able to perform the Ṭawāf al-Ziyārah before she leaves on the 20th of June.

# Scenario

Consider the following points:

Maximum days of Menstrual Cycle = 10 (Hanafi school)

Cycle starts on 10th of Dhul Ḥijjah and lasts for 10 days

Earliest Tawāf al-Ziyārah can be done is 20th of Dhul Ḥijjah

To be safe, Departure should be delayed until 21st of Dhul Ḥijjah in most extreme case.

If you are due to be on your monthly cycle during the days of Ḥajj until your departure, and you will not be able to perform the Tawāf al-Ziyārah, and you cannot delay your departure until pure or come back to Makkah later, then take measures to prevent monthly cycle

Note: If a woman cannot perform the Farewell Ṭawāf due to being on her monthly cycle, there will be no expiation - dam necessary.

## Recap

Fill in the Table on page 20 with the correct dates



Input dates into Monthly Tables on page 22



Calculate your scenario for initial 'Umrah



Calculate your scenario for Hajj



Take measures accordingly if needed



End of Session 1



**End of Session 1**

## Things permissible in Iḥrām

- Shadowing under an umbrella or other such object that protects you from the sun, such as a car roof is allowed, as long as it does not touch your head.
- You can wear rings, glasses, hearing aids, watches, belts or girdles & money pouches
- You can change your Iḥrām whilst in the state of Iḥrām
- You can shower or bathe but dont scrub the body, let the water run over you
- You can use a Miswāk
- You can cover yourself in a blanket, sleeping bag etc. but dont put it over your head



# Prohibited actions Iḥrām

- Hunting
- Wearing perfume or using anything which has a fragrance like toothpaste, soap, shower gel , shampoo etc. On body, clothes, food & drink
- For men to wear sewn or stitched clothes
- Makeup, surma, henna, all forms of beautification
- Lying, Abusing, Swearing, all unlawful action
- Shaving, cutting, trimming, any hair or nails from body
- For men to cover the central bone of the upper part of the foot
- For men or women to cover their faces, women can cover their faces in a manner where the cloth does not touch the face
- For men to cover their heads (even with a blanket)
- Having Relations with husband or wife, or any act which could lead up to it







**When to Enter the  
State of Ihram**

**Home**



**Transit**

Put on Iḥrām at  
Home\Airport  
or Transit Aiport

**Madīnah**

Iḥrām will be put  
on in Madīnah/  
Dhul Ḥulayfah

**Makkah (Direct)**

Put on Iḥrām at Home\Airport

## At Airport (If putting on Iḥrām from the Airport)

If you are travelling direct to Makkah then you will have to put on your Iḥrām at the Airport if you have not already done so at home (airport might not have special facilities).

It is not recommended to try and put the Iḥrām on in the plane, as space is very limited and it can get very difficult. There is also the possibility of getting the Iḥrām unclean as well in the small toilets.



## Iḥrām Advice

It is recommended for males, to put on at least the bottom part of the Iḥrām at home or the airport. When the time comes and the Mīqāt (boundary) is approaching, if they haven't put on the upper sheet yet, then they can simply remove their upper garment and put on the other sheet



# Transit

If you are transiting at another airport before Jeddah, consider how much time you will have. If it is a short transit, consider wearing at least the lower sheet from home/first airport. If initial plane gets delayed, transit time could be very short, making it difficult to put on Iḥrām.

Makkah  
Put on Iḥrām at Home/Airport





# At Airport

Task	Complete
Check in luggage	<input type="checkbox"/>
Perform Wuḍū if needed and put Iṭar (perfume) on body (don't stain Iḥrām). Put Iḥrām on (If you have not already done so from home). For males, remember to remove underwear.	<input type="checkbox"/>
For males, put on flip flops (if you have not already done so) & put shoes and clothes away.	<input type="checkbox"/>
Read 2 Rak'ah Nafl, Ṣalāt al-Iḥrām (make sure it's not Makrūh time). Recite Sūrah al-Kāfirūn in 1 <sup>st</sup> Rak'ah and Sūrah al-Ikhlāṣ in 2 <sup>nd</sup> Rak'ah (with head covered). <b>Note:</b> If you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	<input type="checkbox"/>
After the Ṣalāh is finished, do Du'ā. It is Mustahab (desirable) to recite the following:  <p style="text-align: center;">اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ سَخَطِكَ وَالنَّارِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ</p> <p style="text-align: center;"><i>Allāh humma Inni As'aluka Riḍāka Wal Jannah, Wa A'ūdhubika Min Sakhaṭika Wan-Nār, Birrah-matika Yā Ar Hamar Rāḥimin</i></p> <p style="text-align: center;">"O Allāh I ask of Your pleasure and Your Jannah, and I seek refuge from Your anger and the fire"</p>	<input type="checkbox"/>
If needed, go to the toilet, and renew Wuḍū before boarding the plane.	<input type="checkbox"/>

It is not recommended to Iḥrām on in the plane, as space and it can get very difficult. The possibility of getting the Iḥrām well in the space is low.  
If you are travelling from a place where you have to put on your Iḥrām, you have not already done so, you might not have space to do so on the plane.



# At Airport

Task	Complete
Check in luggage	<input type="checkbox"/>
Perform Wuḍū if needed and put Iṭar (perfume) on body (don't stain Iḥrām). Put Iḥrām on (If you have not already done so from home). For males, remember to remove underwear.	<input type="checkbox"/>
For males, put on flip flops (if you have not already done so) & put shoes and clothes away.	<input type="checkbox"/>
Read 2 Rak'ah Nafl, Ṣalāt al-Iḥrām (make sure it's not Makrūh time). Recite Sūrah al-Kāfirūn in 1 <sup>st</sup> Rak'ah and Sūrah al-Ikhlāṣ in 2 <sup>nd</sup> Rak'ah (with head covered). <b>Note:</b> If you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	<input type="checkbox"/>
At the airport, if you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	<input type="checkbox"/>

transit airport, however, ensure you have enough time.

After the Ṣalāh is finished, do Du‘ā. It is Mustahab (desirable) to recite the following:

اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ

سَخَطِكَ وَالنَّارِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

*Allāh humma Innī As'aluka Riḍāka Wal Jannah, Wa A'ūdhubika  
Min Sakhaṭika Wan-Nār, Birraḥ-matika Yā Ar Ḥamar Rāḥimīn*

“O Allāh I ask of Your pleasure and Your Jannah, and I seek refuge from Your anger and the fire”

If needed, go to the toilet, and renew Wuḍū before boarding the plane.





**Mīqāt**



# Mīqāt boundaries



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Read all Ṣalāt at correct times, allow for time travelling to Makkah. Read Maghrib when you can see sunset. (Do not use refreshing towel on plane)

If you are going direct to Jeddah, at the correct time, before reaching the Mīqāt (boundary) make the intention (Niyyah) for ‘Umrāh (bare headed for men). If you have not already put on the top part of the Iḥrām (Chādar), then do this before making the intention, which is as follows:

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

*Allāh humma Innī Uridul ‘Umrata, Fa yassirhā li, Wa Taqabbalhā Minnī*

“Oh Allāh, I intend to perform ‘Umrāh, so make it easy for me and accept it from me”





Then Recite the Talbiyah:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ  
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

*Labbayka Allāh humma Labbayk, Labbayka Lā Sharika laka  
Labbayk. Innal Ḥamda Wan Ni'mata Laka Wal Mulk, Lā Shari  
Kalak*

“Here I am, oh Allāh, here I am. Here I am, you have no partner, here I am. Truly the praise and favour is yours, and the sovereignty, you have no partner”

# Hajj Terminal



## At Jeddah Airport (Hajj Terminal)

Board bus if required , make way to Terminal



Go through immigration,  
fingerprints &  
photograph will be taken  
(useful to have printed  
copy of Hajj visa to hand)



Meet up with family after  
immigration in baggage reclaim



**After immigration  
collect luggage**

Exchange some money if required

**Use esim (Airallo) or purchase local SIM**

Wait for transportation

**Board transport when it arrives**

Keep reciting Talbiyah & stay patient



Board bus if



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# Entering Makkah



Book 'Umrah through the Nusuk App (if required)

Get to Al-Masjid al-Ḥarām at the required time

Presently, can only enter Maṭāf if in Iḥrām

Wear Mask if still necessary - if in Iḥrām  
then expiation will be necessary



<https://islamicportal.co.uk/wearing-a-mask-in-ihram/>

Under normal circumstances, it is not permitted to cover the face in Ḥaram with a mask that touches the face. However, wearing a face mask due to Covid-19 is excused based on need and regulations, although it will necessitate a penalty.

If a person wears the mask continuously for more than 12 hours and it covers quarter of the face or more, the penalty is a Saam (sacrifice of a goat or equivalent in Ḥaram) or fasting three days anywhere or giving to poor people Sadaqah (the amount of Sadaqah al-Fitr each) anywhere. On the other hand, if a person wears the mask for less than 12 hours or it does not cover quarter of the face, the penalty is to give Sadaqah (the amount of Sadaqah al-Fitr) to a poor person anywhere or fast for one day anywhere.

If the mask is used, removed, and re-used several times whilst in the same Ḥaram, there is only one penalty. Thus, if it is not used for 12 hours continuously at any one time or it covers less than a quarter of the face, the penalty is Sadaqah to a poor person or one fast, even if cumulatively the use exceeds 12 hours. It is therefore strongly advised that one avoids wearing the mask continuously for 12 hours.

It should be noted that it is not necessary to make intention of entering in the state of Ḥaram at home or at the airport. Rather, one can make intention of entering into Ḥaram just before passing through the plane although the Ḥaram clothes can be worn in advance. This may be worth considering to avoid exceeding 12 hours.



## <https://islamicportal.co.uk/wearing-a-mask-in-ihram/>

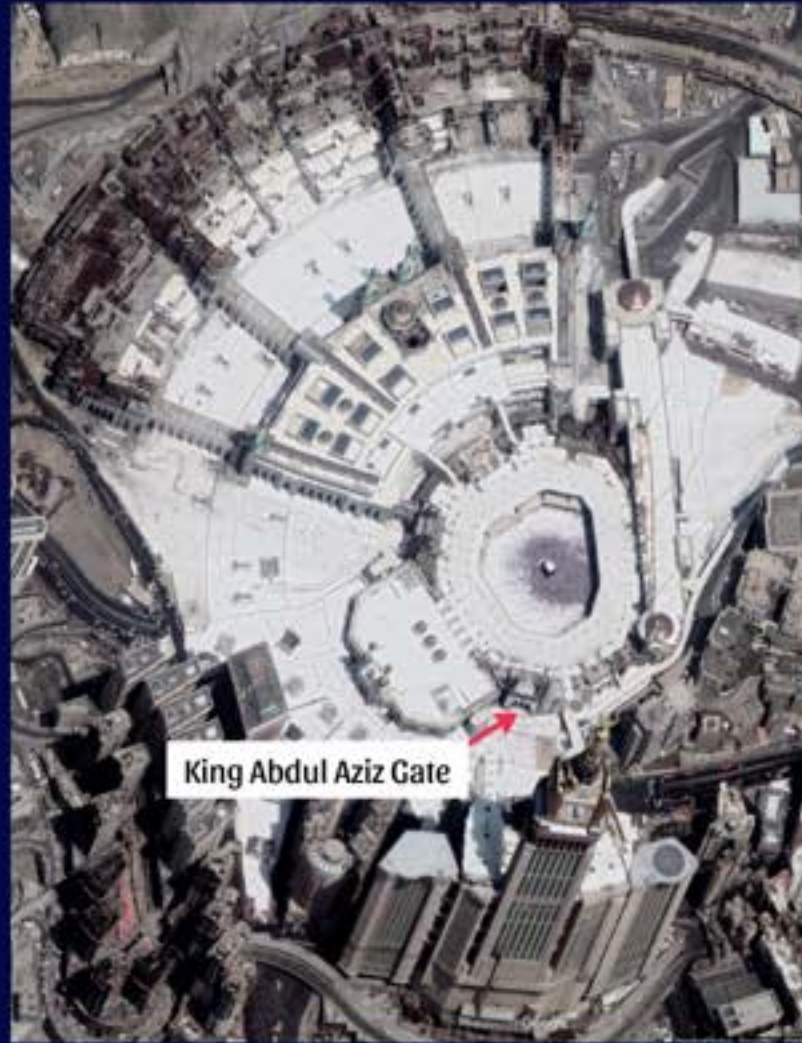
Under normal circumstances, it is not permitted to cover the face in iḥrām with a mask that touches the face. However, wearing a face mask due to Covid-19 is excused based on need and regulations, although it will necessitate a penalty.

If a person wears the mask continuously for more than 12 hours and it covers quarter of the face or more, the penalty is a Dam (sacrifice of a goat or equivalent in ḥaram) or fasting three days anywhere or giving six poor people Ṣadaqah (the amount of Ṣadaqah al-Fiṭr each) anywhere. On the other hand, if a person wears the mask for less than 12 hours or it does not cover quarter of the face, the penalty is to give Ṣadaqah (the amount of Ṣadaqah al-Fiṭr) to a poor person anywhere or fast for one day anywhere.

If the mask is used, removed, and re-used several times whilst in the same iḥrām, there is only one penalty. Thus, if it is not used for 12 hours continuously at any one time or it covers less than a quarter of the face, the penalty is Ṣadaqah to a poor person or one fast, even if cumulatively the use exceeds 12 hours. It is therefore strongly advised that one avoids wearing the mask continuously for 12 hours.

It should be noted that it is not necessary to make intention of entering in the state of iḥrām at home or at the airport. Rather, one can make intention of entering into iḥrām just before passing mīqāt whilst on the plane although the iḥrām clothes can be worn in advance. This may be worth considering to avoid exceeding 12 hours.

# Al-Masjid al-Ḥarām



King Abdul Aziz Gate





**King Abdul Aziz Gate**



# Entering Al-Masjid al-Ḥaram

Perform Wuḍu (or Ghusl if needed) then make your way to Ḥaram Sharif. Try to enter through Bābul 'Umrah if possible. If it is not possible due to the construction going on, then you may enter through any door.

Enter the Masjid with the right foot and recite the Du'ā:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ  
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*Bismillāhi Waṣṣalātu Wassalāmu 'Alā Rasūlillāh, Allāh humaf  
taḥli Abwāba Raḥmatik*

"In the name of Allāh and Mercy and Peace on the  
Messenger of Allāh, Oh Allāh, open the doors of your  
mercy for me"

You can also do the Du'ā of I'tikāf (Nafl) as well:

بِسْمِ اللَّهِ دَخَلْتُ وَ عَلَيْهِ تَوَكَّلْتُ وَ نَوَيْتُ سُنَّةَ  
الْإِغْتِكَافِ

*Bismillāhi Dakhaltu Wa 'Alayhi Tawakaltu Wa Nawaytu  
Sunnatul I'tikāf*

"In the name of Allāh I am entering, and upon him I place my trust and I am making the intention of the Sunnah of I'tikāf"

Keep your gaze on the floor with proper humility until you get to the Maṭāf which is the open space where the Ka'bah is. You will go down some steps until you will see the marble floor and the area will open up. When you get near enough and think you can see the Ka'bah, then raise your gaze and recite thrice:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

*Allāh hu Akbar, Lā ilāha illallāh*

"Allāh is the Greatest, there is no God but Allāh"

Then behold the house of Allāh ﷻ with your eyes.

Then read Durūd Sharīf and do Du'ā. Ask for as much as possible and remember the whole Ummah in your Du'ā's. This is one of the instances where a person's Du'ā gets accepted. Imām Abū Ḥanīfah رَحِمَهُ اللَّهُ recited the following Du'ā:

'Oh Allāh, after today please accept all my Du'ās'.

If you feel fit, then perform 'Umrah as soon as possible.

Entering  
Al-Masjid al-Haram

Perform Wudu (or wudu if needed) then make your way to  
Masjid Sharīf. Try to enter through Bab al-Umrah if  
possible. If it is not possible due to the construction  
on, then you may enter through any other door.  
Enter the Masjid with the intention of 'Umrah or  
Tawaf.

اللَّهُ

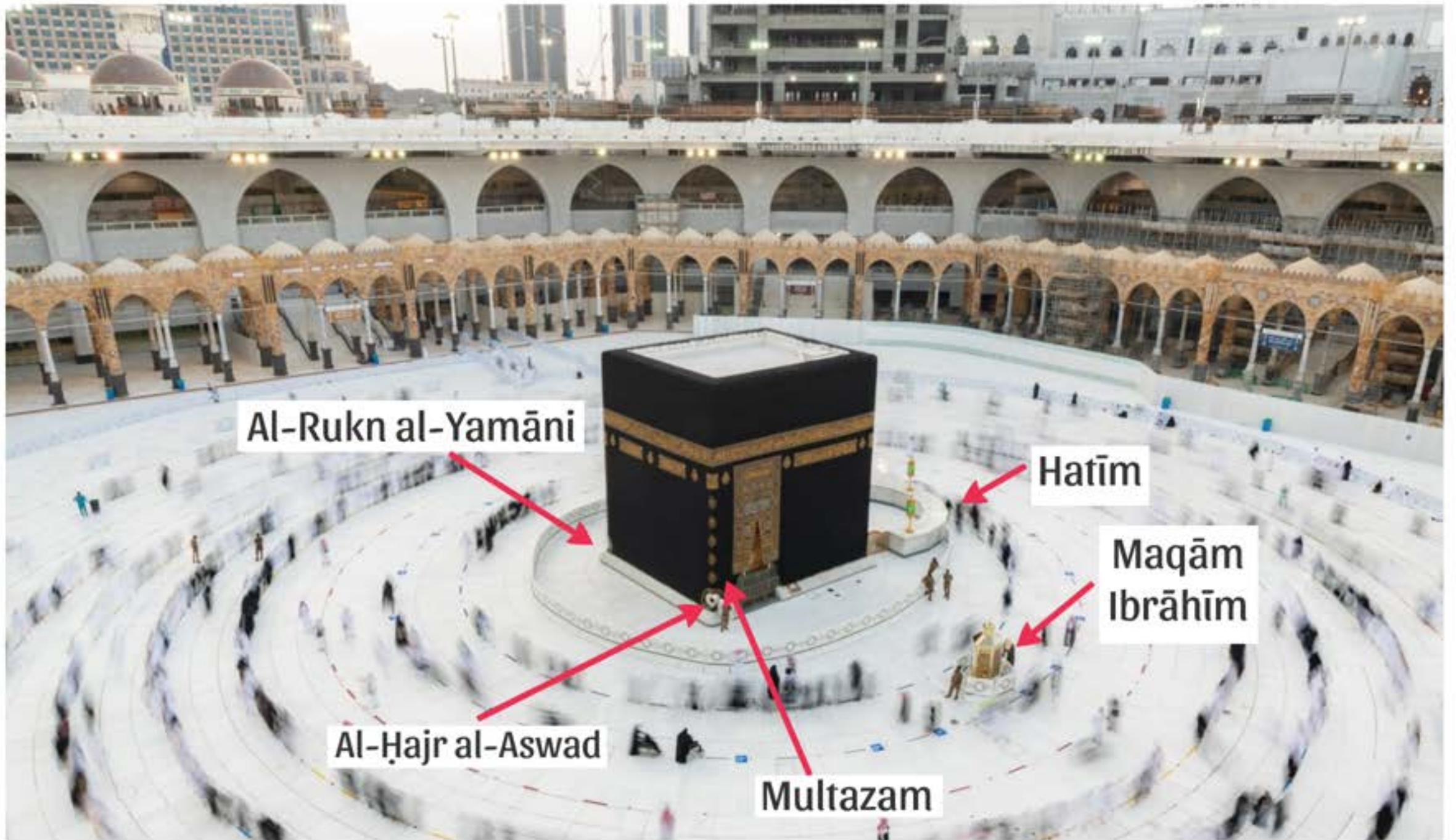
# How to Perform 'Umrah





## ‘UMRAH - SUMMARY

1. Ghusl for Iḥrām – Sunnah
2. 2 Rak'āts before Iḥrām – Sunnah
3. Intention + Talbiyah (Farḍ)
4. Ṭawāf with Wuḍu (Farḍ)
5. 2 Rak'āts after Ṭawāf (Wājib)
6. Sa'ī (Wājib)
7. Ḥalq or Qasr– to shave hair on head or trim (for women, only a finger length of hair will be cut) (Wājib)



Al-Rukn al-Yamāni

Hatīm

Maqām  
Ibrāhīm

Al-Ḥajr al-Aswad

Multazam



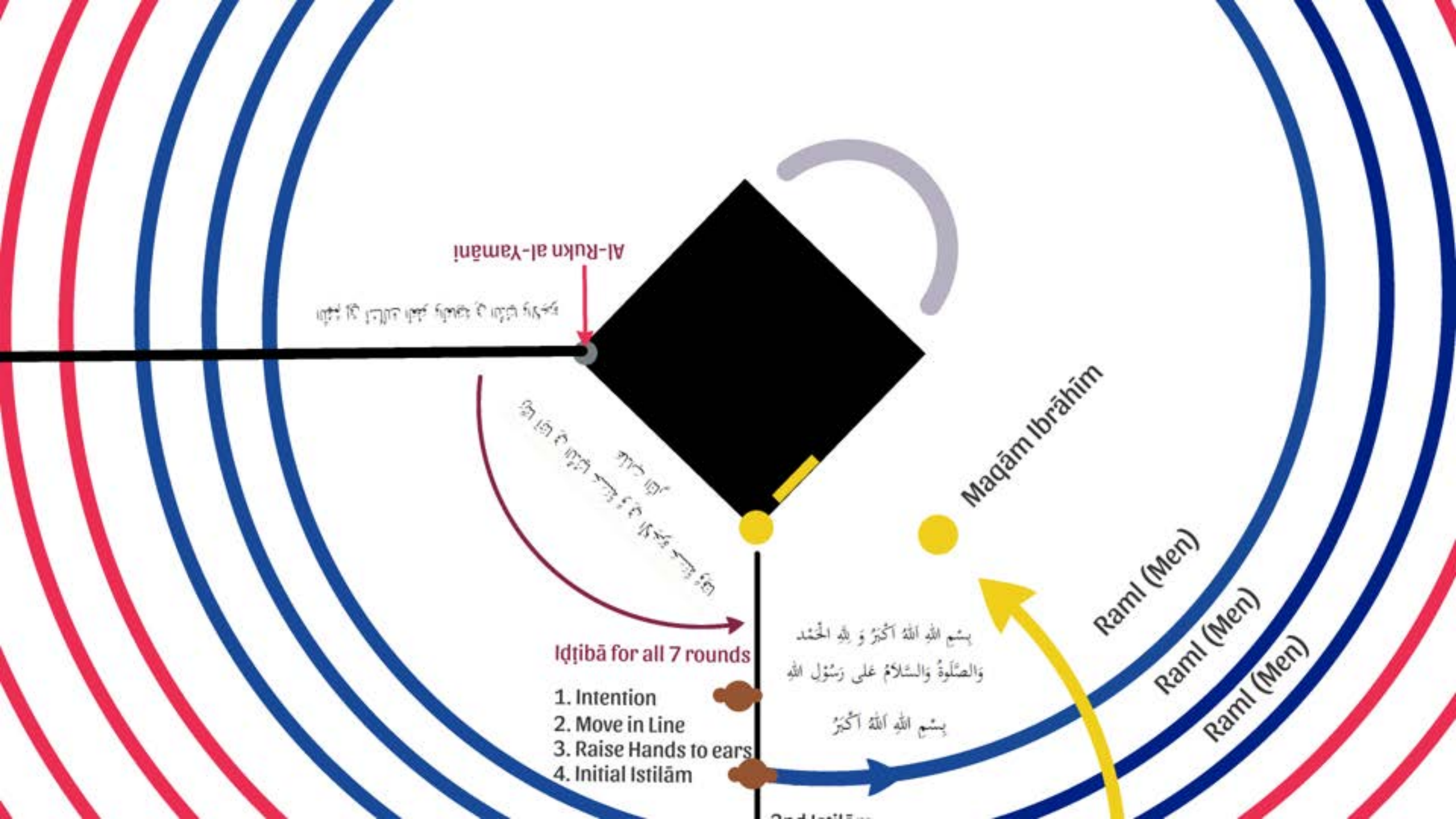
Put the Iḥrām  
under the right  
shoulder so it is  
exposed

Iḍṭibā'



## Raml

**Men Only - Walk fast with chest out, like marching for the first 3 rounds only**



Al-Rukn al-Yamāni

الله أكبر  
الله أكبر  
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Maqām Ibrāhīm

Raml (Men)

Raml (Men)

Raml (Men)

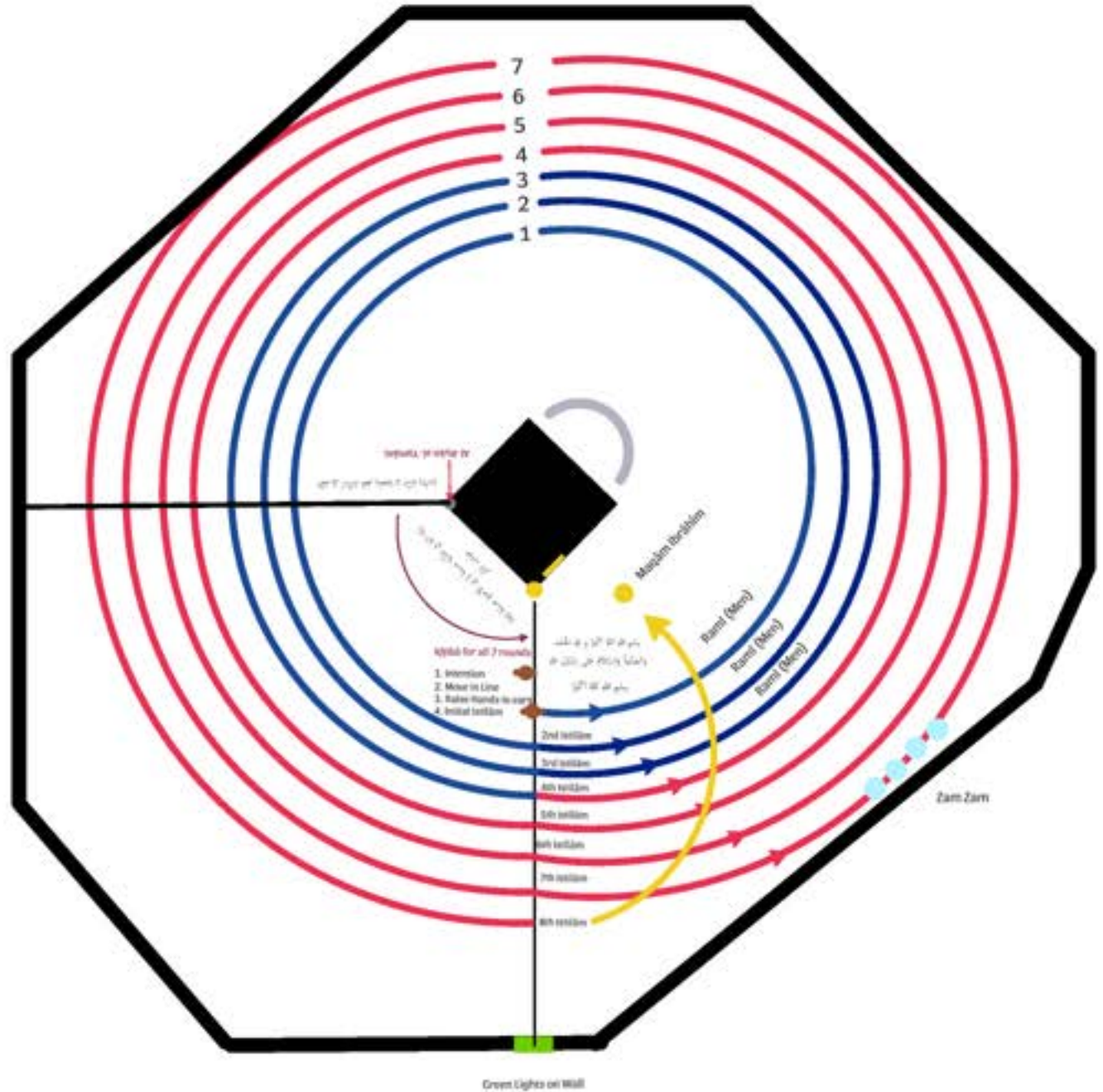
Iqṭibā for all 7 rounds

1. Intention
2. Move in Line
3. Raise Hands to ears
4. Initial Istilām

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ  
وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

2nd Istilām



Green Lights on Wall

Zam Zam

Mushaim Ibrahim

Basm (Bism)  
Basm (Bism)  
Basm (Bism)

Intention, or intention for

اللهم صل على محمد و آل محمد

اللهم صل على محمد و آل محمد

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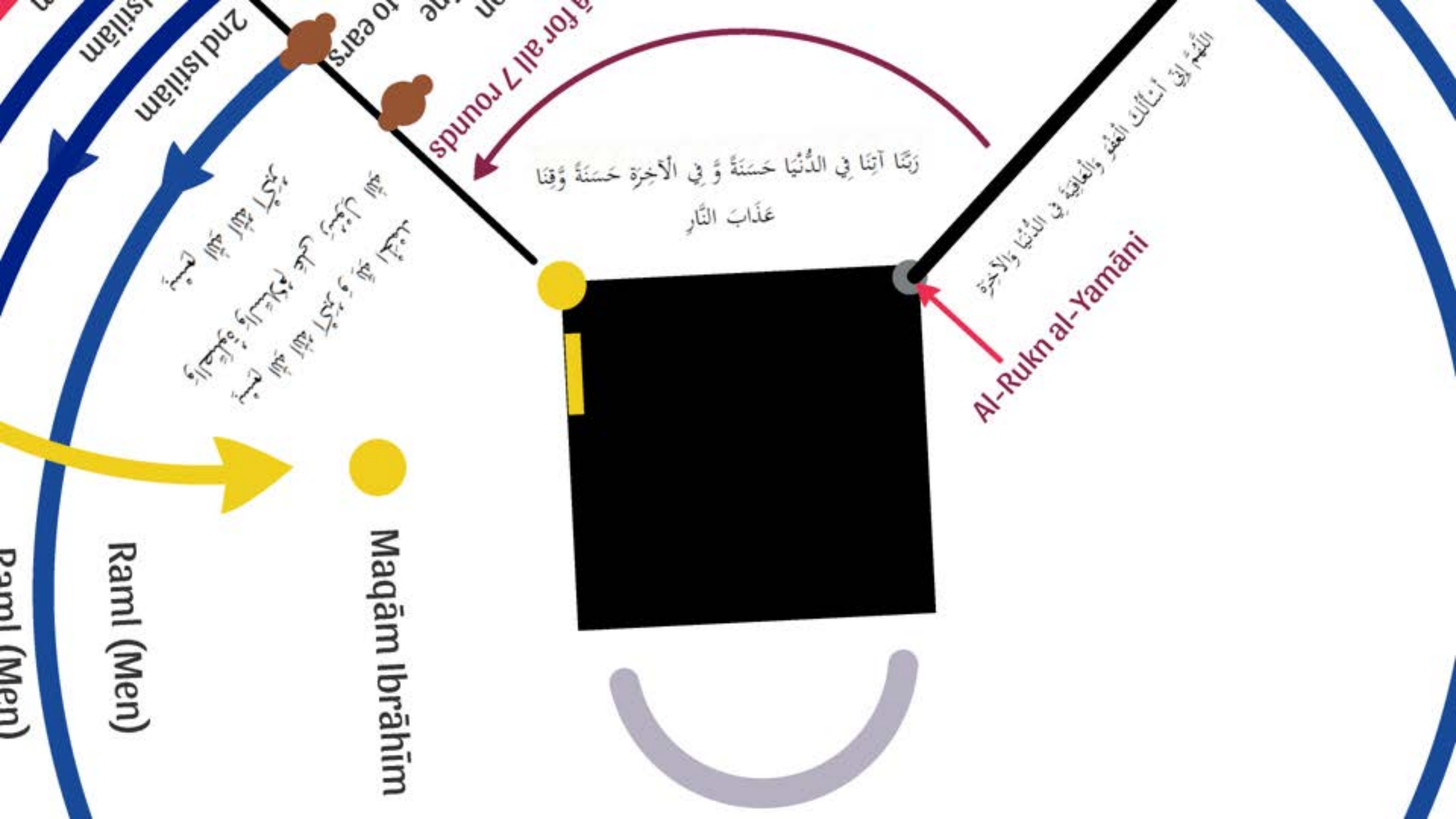
اللهم صل على محمد و آل محمد



رَتْنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَوَفِي الآخِرَةِ  
عَذَابَ النَّارِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالآخِرَةِ

Al-Rukn al-Yamāni



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَمْرَ وَالْعَاقِبَةَ فِي الدُّنْيَا وَالْآخِرَةِ  
**Al-Rukn al-Yamāni**

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا  
عَذَابَ النَّارِ

For all 7 rounds

● Maqām Ibrāhīm

Raml (Men)

Raml (Men)

2nd Istiām

Istiām

---

Stop reciting Talbiyah (Make sure you have Wuḍū)

---

For men, do Idṭibā' (put the top sheet of Iḥrām under the right shoulder, so it is exposed). This is done for every Ṭawāf which is followed by Sa'ī.

---

Men will perform Idṭibā' for all 7 rounds.

---

For men, perform Raml (Walk Fast with chest out, like marching for the first 3 rounds only).

---

Look for al-Ḥajr al-Aswad (the black stone) in the corner where there is only one minaret. All other corners of the Ḥaram have two minarets. There will also be lots of green lights on the walls to mark the location of al-Ḥajr al-Aswad.

---

Walk in a counter clockwise direction with the flow of the crowd, until you reach the correct corner.

---

There is no longer a line on the floor showing the position of al-Ḥajr al-Aswad, therefore you will have to estimate where the location is. Make sure you stop before this.

---



There will be green lights on the walls marking the start point of the Ṭawāf.

Position yourself facing the Ka'bah so your right shoulder is in line with the left-hand side of al-Ḥajr al-Aswad. NOT directly in front.

Put your right foot on the floor just on the start.

Perform the Intention (Niyyah), this is obligatory (Farḍ).

اللَّهُمَّ إِنِّي أُرِيدُ طَوَافَ بَيْتِكَ الْحَرَامِ

فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

“O Allāh I intend to perform Ṭawāf of Your Sacred House, so make it easy for me and accept it from me”

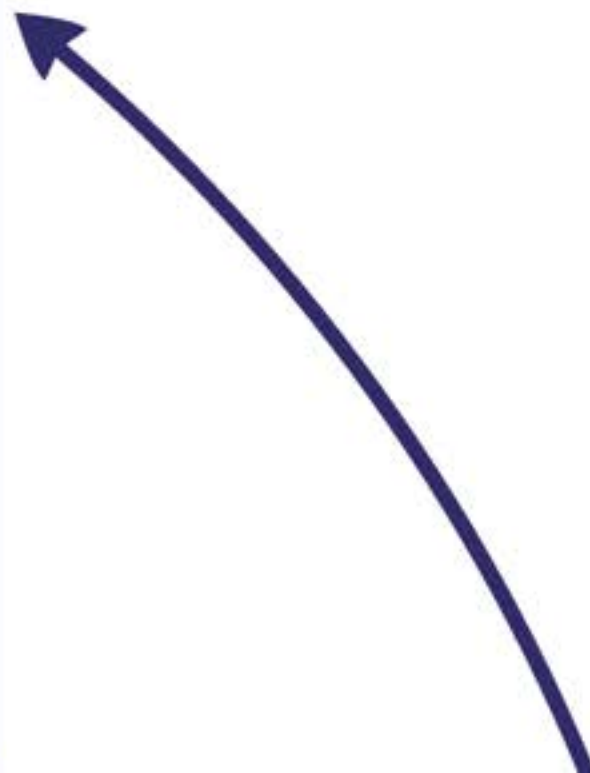
Then make one side step right, so you are now directly in front of al-Ḥajr al-Aswad.

Then recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ

وَاصْلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

*Bismillāhi Allāhu Akbar Wa Lillāhīl Ḥamd,  
Waṣṣālatu Wassalāmu 'alā Rasūlillāh*



“In the name of Allāh,  
Allāh is the Greatest and for Allāh is all Praise,  
and Mercy and Peace on the Messenger of Allāh”

Then raise your hands to your ears (like when you do  
Takbīr for Ṣalāh)

Then perform the Istilām of al-Ḥajr al-Aswad as follows:

Position your hands with palms forward, so they are at the  
same height as al-Ḥajr al-Aswad then recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

*Bismillāhi Allāhu Akbar*

“In the name of Allāh, Allāh is the Greatest”

Then kiss your hands. DO NOT make a noise when kissing  
your hands.

**Note:** Have the Intention in your mind that you would like  
to kiss al-Ḥajr al-Aswad, but because of the number of  
people you cannot do it.

Then start your Ṭawāf and perform the Istilām every time you complete a round and come in front of al-Ḥajr al-Aswad.

**Note:** Make sure you go around the Ḥaṭīm (the semi-circular wall on the side after the door), as this is classed as being inside the Ka'bah.

You can recite any Du'ā during Ṭawāf (3<sup>rd</sup> Kalimah, Durūd, Istighfār etc.). An easy way to keep count would be to read from Al Ḥizb al-A'zam if you have it, as it has a section for each day of the week. Start each new round with the section for the following day.

Make sure you do not push and shove other people. Take extra precautions as men and women perform the Ṭawāf together. If you have female members of the family with you, then stay together with them.

When reaching Rukn al-Yamānī (the corner before al-Ḥajr al-Aswad), if you are near, touch it with your right hand or both hands. If it is far away, do not raise your hands or do anything else. Do not touch it with the left hand only.

On reaching Rukn al-Yamānī, read the following Du'ā:

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ



## فِي الدُّنْيَا وَالْآخِرَةِ

*Allāh humma Innī As'alukul 'Afwa Wal 'Āfiyata  
Fid Dunyā Wal Ākhirah*

"O Allāh, I ask for Your pardon and wellbeing in this  
World and the Hereafter"

From Rukn al-Yamāni to al-Ḥajr al-Aswad read:


رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً

وَقِنَا عَذَابَ النَّارِ

*Rabbanā Ātina Fid Dunyā Ḥasanataw Wa Fil Ākhirati  
Ḥasanataw Wa Qinā 'Adhābannār*

"Our Lord, give us in this World (that which is) good and  
in the Hereafter (that which is) good and protect us from  
the punishment of the Fire"

After 7 rounds, do the final Istilām (8 in total), then go  
behind Maqām Ibrāhīm (The golden enclosure in the  
Matāf, slightly behind and to the right of al-Ḥajr al-  
Aswad) and read 2 Rak'ah Wājib Ṣalāh. (It is better to read  
Sūrah al-Kāfirūn in the 1<sup>st</sup> Rak'ah and Sūrah al-Ikhlāṣ in  
the 2<sup>nd</sup> Rak'ah).



For men, there is no Idṭibā' when reading the 2 Rak'ah, so cover your shoulders with the Iḥrām.

If it is Makrūh time (after Fajr, Zawāl, or between 'Aṣr and Maghrib), then perform the 2 Rak'ah after the Makrūh time has finished, before any other Sunnah Ṣalāh.

---

If you can't read your Ṣalāh behind Maqām Ibrāhīm due to the crowd, then it can be read anywhere else in the Masjid.

---

After Ṣalāh, do Du'ā.

---

After Du'ā, if possible, go to the Multazam, (the space between the doors of the Ka'bah and al-Ḥajr al-Aswad) and do Du'ā, if it's not busy. This area is very busy so ensure you don't push and shove. Du'ā in this place can be done before or after going to drink Zamzam.

---

If it is too busy, then stand near it and do Du'ā instead.

---

After the Multazam, go and drink as much Zamzam as you can. Access to the well has now been blocked, but you will see taps and water containers in many places.

---

Drink Zamzam facing the Qiblah and recite the following Du'ā:

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا

وَشِفَاءً مِنْ كُلِّ دَاءٍ

*Allāh humma Inni As'aluka 'Ilman Nāfi'an, Wa Rizqan  
Wāsi'an, Wa Shifā'an Min Kulli Dā'in*

“O Allāh I ask You for beneficial knowledge and wide  
sustenance and cure from all illnesses”

You can also do the following Du'ā:

“Oh Allāh, with the Barakah of this Zamzam water, save  
me from the thirst of the Day of Judgment”

---

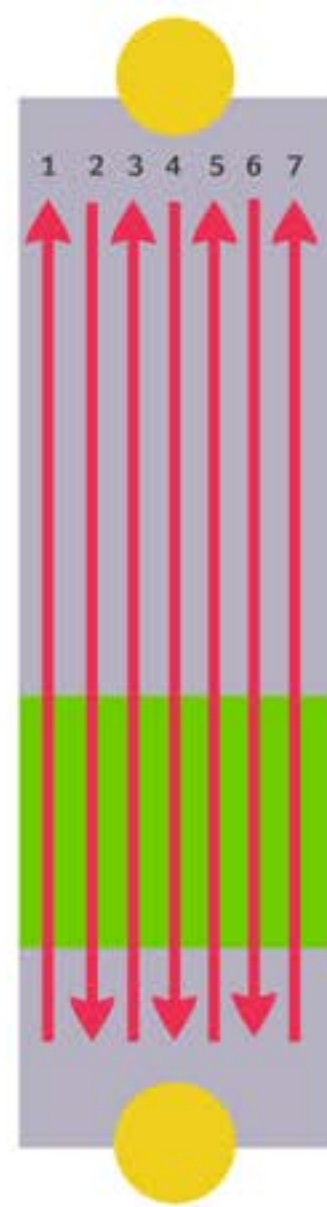
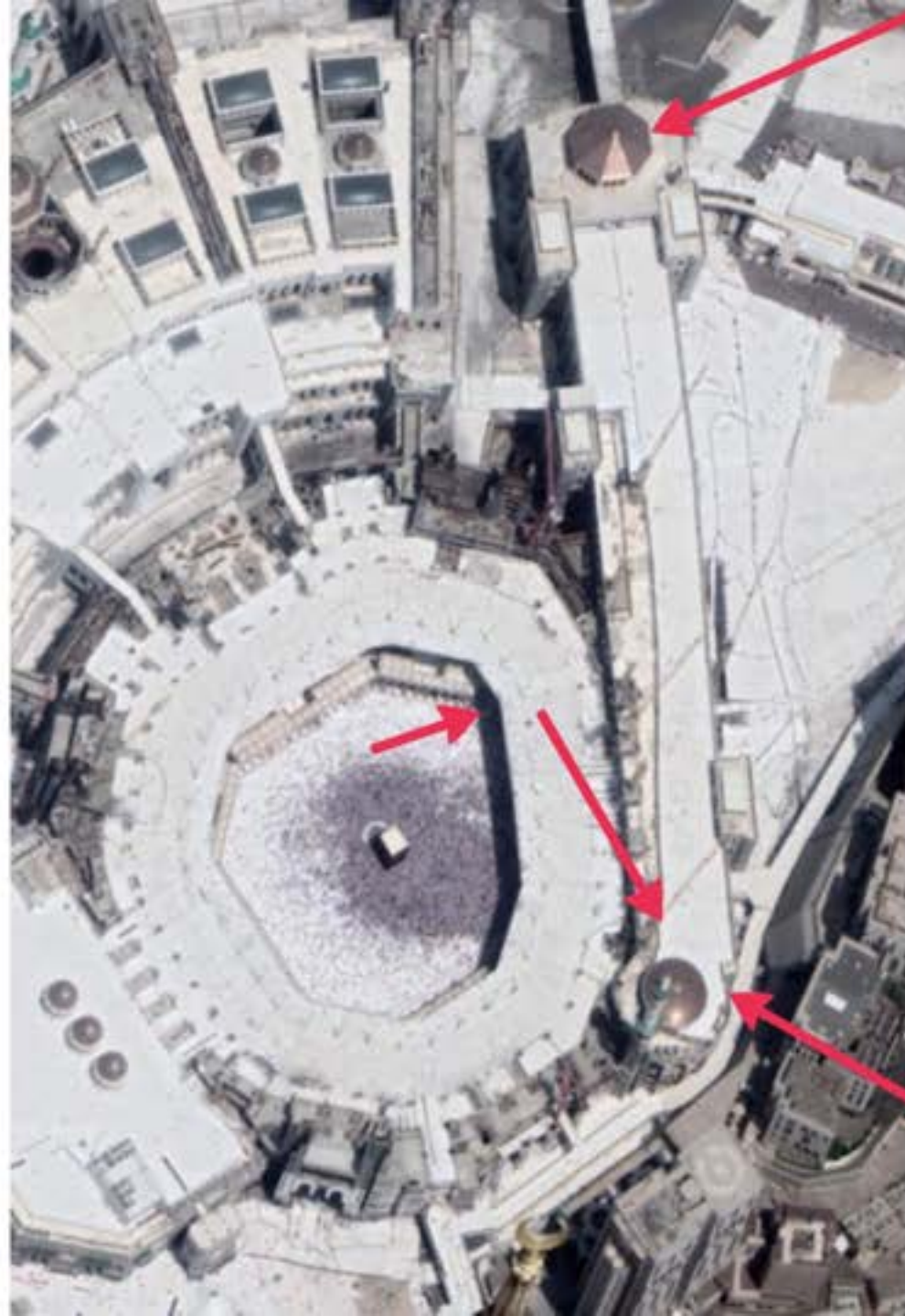
After drinking Zamzam, go back to al-Ḥajr al-Aswad and  
do Istilām again. (It is Mustahab to perform Istilām before  
Sa'ī).

---

Now proceed for Sa'ī. You will see a green sign marking  
the way to Aş-Şafā to the right after Maqām Ibrāhīm.

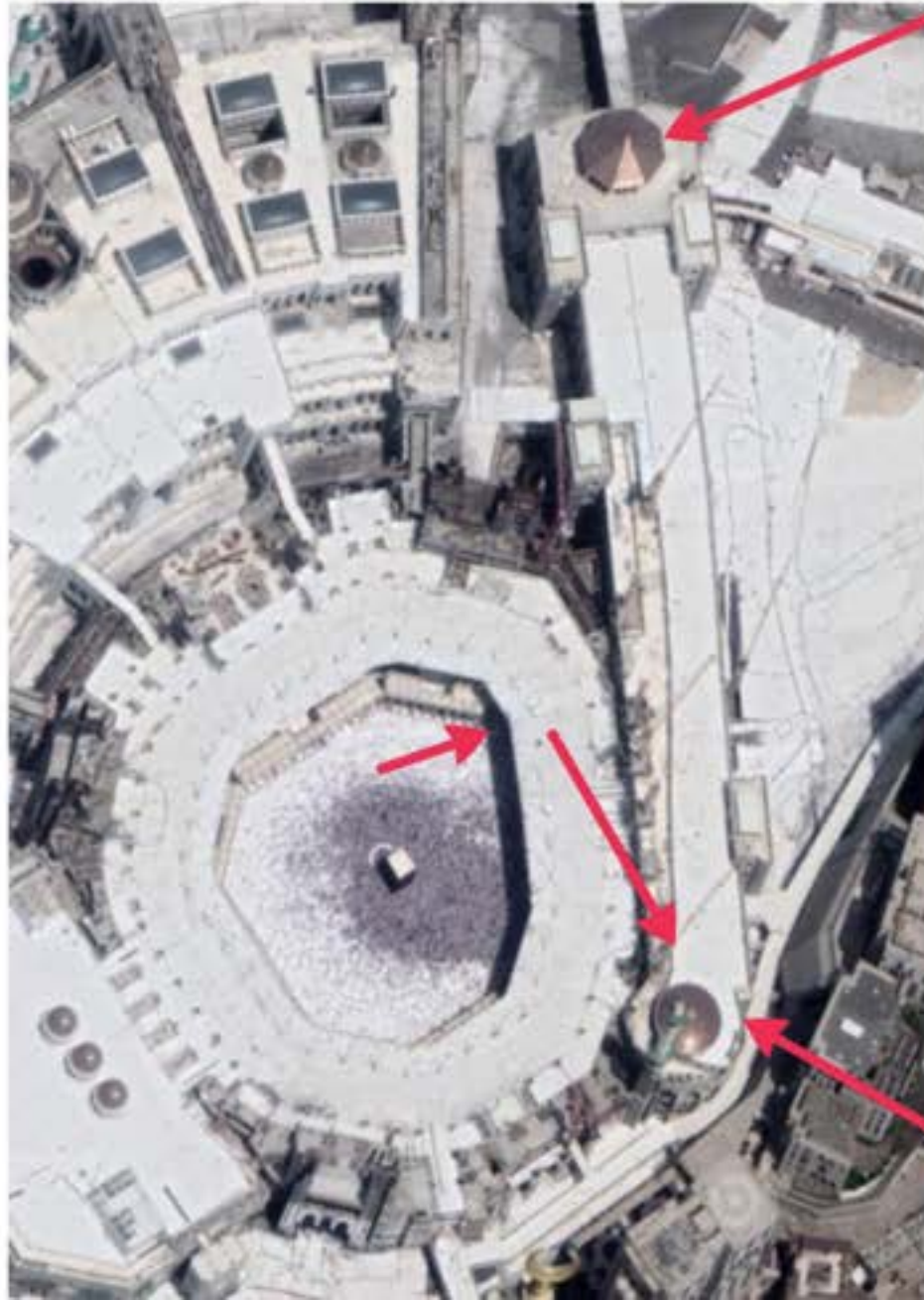
The sign will say 'To Masa'a'.



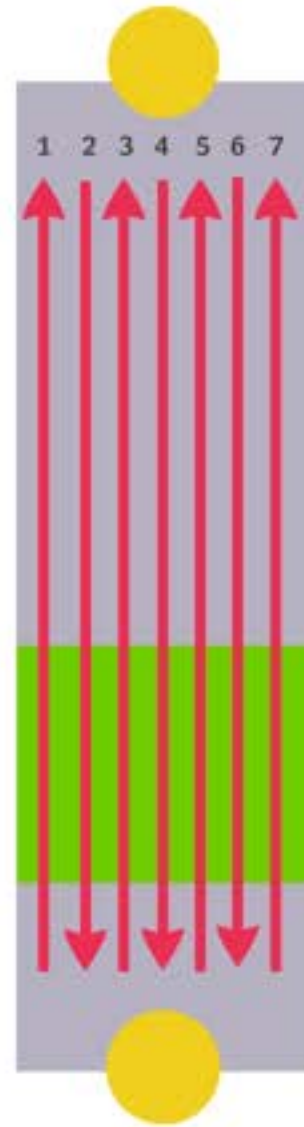


سَمْتِ الْأَعْرُ الْأَكْرَمِ  
Jog  
(men

Aş-Şafā (Start)



Al-Marwah (finish)



رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Jogging  
(men only)

Aş-Şafā (Start)

Follow signs for Masa'a (this will take you to Aş-Şafā) and make the intention of performing Sa'ī

---

When climbing Aş-Şafā, you can recite the following:

أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ

*Ab da'ū, Bi ma Bada Allāhu bihi,  
Innaş Şafā wal Marwata min Sha'ā irillāh*

"I begin with what Allāh began with,  
Indeed Aş-Şafā and Al-Marwah are among the symbols of  
Allāh"

You need to climb up Aş-Şafā as far as you can, until you can see the Ka'bah (Due to construction, this might not be possible anymore). You may be able to see the Ka'bah through the pillars.

---

After seeing the Ka'bah, or facing in that direction, raise your hands for Du'ā and read 3 times:



اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

*Allāhu Akbar, Lā ilāha illallāh*

“Allāh is the Greatest, there is no God but Allāh”

Then read the 4th Kalimah:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ

وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*Lā ilāha illallāhu, Waḥdahu Lā Sharika lahu,  
Lahul-Mulku Wa Lahul-ḥamdu, Yuḥyi Wa Yumitu,  
Wa huwa 'Ala Kulli Shay'in Qadīr*

“There is no God but Allāh, He is alone, there is no partner for Him,  
for Him is the dominion and for Him is all praise,  
He gives life and death, and He has power over all things”

Then read the following Du'ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ  
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahū, Anjaza Wa'dahu,  
Wa Naṣara 'Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies”

Then read Durūd (Ṣalawāt & Salām), do lots of Du'ā, and proceed towards Al-Marwah.

You can read any Du'ā during Sa'i, but it is Sunnah to read this Du'ā:

رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

*Rabigh fir War Ḥam, Antal A'az-zul Akram*

“Lord forgive and have mercy,  
You are the most Majestic, most Generous”

At two places, there will be green lights on the ceiling. Men must jog in the green lighted areas. At all other places, walk at a normal pace. For women, there is **no** jogging.

If you can't jog due to the crowd, do as much as you can.

For men, after jogging if there are females (or others in group who didn't jog) with you, wait for them to catch up.

At Al-Marwah you cannot see the Ka'bah, so you should go as far as you can and then turn towards the Ka'bah and do Du'ā as you did at Aş-Şafā,

Read 3 times:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

*Allāhu Akbar, Lā ilāha ilallāh*

"Allāh is the Greatest, there is no God but Allāh"

then 4<sup>th</sup> Kalimah:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ

وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ



*Lā ilāha illallāhu, Waḥdahu Lā Sharīka lahu,  
Lahul-Mulku Wa Lahul-ḥamdu, Yuhyī Wa Yumītu,  
Wa huwa 'Ala Kulli Shay'in Qadīr*

“There is no God but Allāh, He is alone, there is no partner for Him,  
for Him is the dominion and for Him is all praise,  
He gives life and death, and He has power over all things”

Then read the following Du'ā:

*لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ  
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ*

*Lā ilāha illallāhu Waḥdahu, Anjaza Wa'dahu,  
Wa Naṣara 'Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies”

Then read Durūd (Ṣalawāt & Salām), do lots of Du'ā, and proceed towards Aṣ-Ṣafā again.

Do this 7 times and you will end up at Al-Marwah.

**Note:** You will have started at Aş-Şafā and finished at Al-Marwah. Aş-Şafā to Al-Marwah is one round and Al-Marwah back to Aş-Şafā is another round.

---

After completing Du'ā at Al-Marwah (after the 7<sup>th</sup> round), Sa'ī will now be complete.

Pray 2 Rak'ah Nafl Şalāh anywhere in the Masjid. This is Mustahab (desirable).




Ḥalaq

&

Qasr





Your 'Umrah will not be complete until you have shaved/cut your hair. For men, there are many barbershops. Some are in the basement of the Clock Tower.

Do not cut/shave your hair on the street.

Women should cut their hair back at the hotel.

---

When shaving/cutting the hair, DO NOT USE FRAGRANCED SOAP/SPRAY ON HEAD (check with barber). Start from the right-hand side.

---

For men, it is more rewarding to completely shave the head rather than just cutting the hair.

---

For women, they should cut off approx. one inch off their plait. This can be done by wrapping the hair around a finger and then cutting it. This will be done each time an 'Umrah is performed.

**Your 'Umrah is now Complete**



End of Session

## Things to do in Makkah

- Do not miss any Ṣalāh
- Do as many Ṭawāf as you can
- Read Qur'ān, do dhikr & lots of Du'ā
- Perform another 'Umrāh
- Do not tire yourself out before Ḥajj

**Dont Waste Time**

# Disability Information



- Take your own wheelchair
- Buy when you get there
- Hotels provide wheelchairs
- Free from Government office to use in the Haram



## Tawāf & Sa't for wheelchairs

1st floor via ramp for Tawāf & Sa't

Wheelchairs can be hired from the roof

Special floor for electric scooters which can be hired - access from 1st floor then up ramp

Special lanes for wheelchairs during Sa't in the middle





r  
rs  
fice



**Wheelchair Access**



# Tawāf & Sa'ī for wheelchairs

1st floor via ramp for Tawāf & Sa'ī

**Wheelchairs can be hired from the roof**

Special floor for electric scooters  
which can be hired - access from 1st floor then  
up ramp

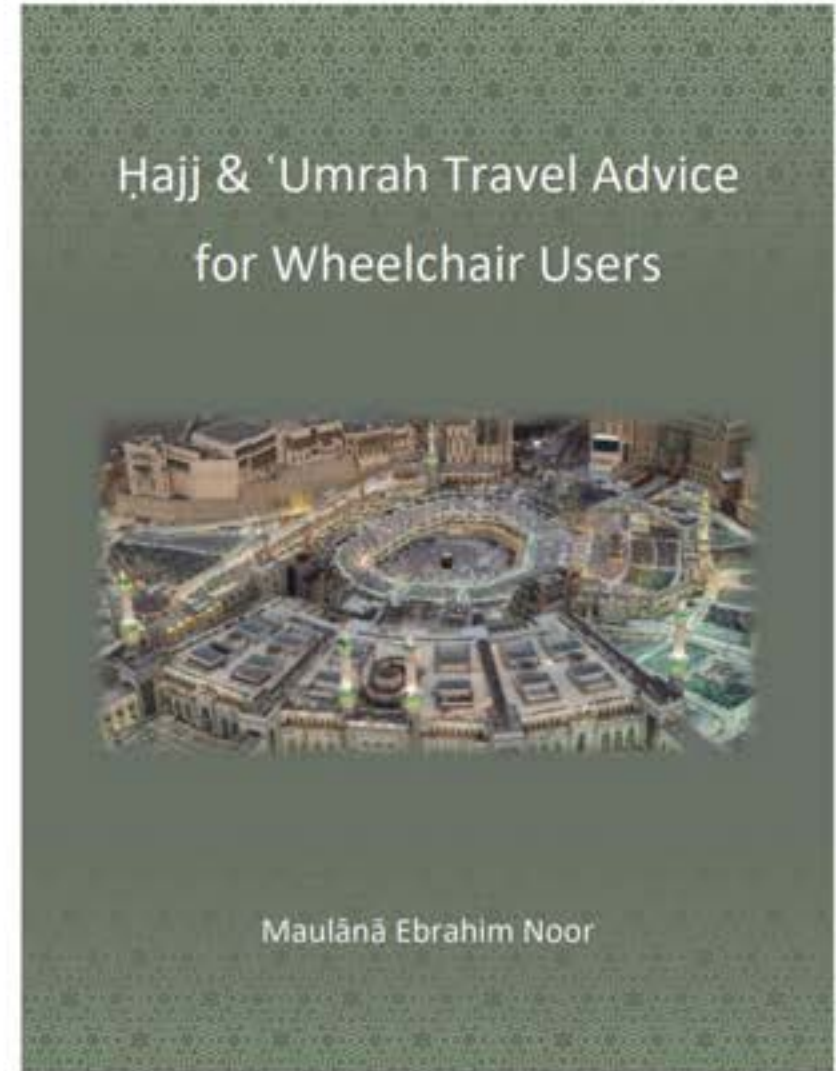
**Special lanes for wheelchairs during  
Sa'ī in the middle**







<https://islamicportal.co.uk/wp-content/uploads/2018/01/Hajj-and-Umrah-Advice-for-Wheelchair-Users.pdf>



**End of Session 2**

# How to Perform Hajj







7th

**Dhul Hijjah**

Day Before Hajj

# 7th Dhul Hijjah

Day Before Hajj

Prepare for  
stay in Mina

# 7th Dhul Ḥijjah

Day Before Ḥajj

Prepare for  
stay in Mina

Enter into  
Iḥrām for Ḥajj



Clip nails, trim moustache, remove pubic hair and hair under armpits if necessary.

Prepare your luggage (small back pack) to take to Mina:

Towel, soap (non-fragrant), Qur'ān, tissues, tasbīh, books on Ḥajj, medication, etc. You will always need to carry this with you, so keep it light as possible.

**Note:** The group leader will inform you when the transport to Mina is expected. This may be on the night of the 7<sup>th</sup>, or early morning on the 8<sup>th</sup>, so ensure you are ready in time.

After 'Ishā', eat food, perform ghusl, (This can also be done later in the night).

Put on your Iḥrām for Ḥajj

Go to Al-Masjid al-Ḥarām (Afdal and Mustahab to do intention of Ḥajj in the Ḥaram).

**Note:** Pilgrims staying in Aziziyah may not be able to do so

Perform one Nafl Ṭawāf if possible (for Taḥiyyatul Masjid). If it's too busy to perform Ṭawāf then read 2 Rak'ah Taḥiyyatul Masjid.

Then read 2 Rak'ah Ṣalāh (with intention of Iḥrām). In 1<sup>st</sup> Rak'ah recite Surah al-Kāfirūn, and in 2<sup>nd</sup> Rak'ah, Surah al-Ikhlāṣ with the head covered, then uncover the head and do Du'ā.

And now make the Inten

رَبِّهِ لِي وَيَسِّرْ لِي

Allāh humma Innī Uridul

"O Allāh, I am making  
make it easy for

Then recite the Talbiyah

شَرِيكَ لَكَ لَبَّيْكَ

لَكَ لَا شَرِيكَ لَكَ

You are now a Muḥrim  
take all the necessary pr

**OPTIONAL:** You can do  
normally be done after  
Tamattu', it is better to do

If you want to do the Sa'i  
a Nafl Ṭawāf and then do

You will also need to do  
during this Ṭawāf as you

Now go back to the hotel  
for Fajr and spend time i

pubic hair and hair

back) to take to Mina:

a, tissues, tasbīḥ, books  
always need to carry this

you when the transport  
in the night of the 7<sup>th</sup>, or  
you are ready in time.

, (This can also be done

and Mustahab to do

may not be able to do so

(for Tahiyatul Masjid).

if then read 2 Rak'ah

ention of Iḥrām). In 1<sup>st</sup>

in 2<sup>nd</sup> Rak'ah, Surah al-

uncover the head and

And now make the Intention for Ḥajj (Niyyah)

اللَّهُمَّ إِنِّي أُرِيدُ الْحَجَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

Allāh humma Innī Uridul Ḥajja, Fayassirhu li Wa Taqabbalhu  
Minnī

“O Allāh, I am making intention of performing Ḥajj,  
make it easy for me and accept it from me”

Then recite the Talbiyah 3 times:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ

إِنَّ الْحَمْدَ وَالرِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

You are now a Muḥrim (In the state of Iḥrām, therefore  
take all the necessary precautions).

**OPTIONAL:** You can do the Sa'i for Ḥajj, which would  
normally be done after the Ṭawāf al-Ziyārah (For Ḥajj  
Tamattu', it is better to do the Sa'i after Ṭawāf al-Ziyārah).

If you want to do the Sa'i now, then first you must perform  
a Nafl Ṭawāf and then do the Sa'i.

You will also need to do Raml (first 3 rounds) and Iḍṭibā  
during this Ṭawāf as you will have the Iḥrām on.

Now go back to the hotel and rest if you have time or wait  
for Fajr and spend time in 'Ibādah.

Sleeping bag  
you will be sp  
Muzdalifah.

- Spare Iḥrām
- Small towel
- Unscented so
- Toilet roll
- Any medicati
- Little food if n
- Money
- Small bags fo
- Qur'ān
- Tasbīḥ
- Ḥajj Books
- Bicycle lock i
- Small bottle t

## Packing List for Mina

Sleeping bag is provided, so no need to take bedding, you will be spending nights in Mina and one in Muzdalifah.

- Spare Iḥrām if you think you might need it
- Small towel
- Unscented soap
- Toilet roll
- Any medication & inhalers
- Little food if needed
- Money
- Small bags for collecting stones
- Qur'ān
- Tasbīḥ
- Ḥajj Books
- Bicycle lock if you have a wheelchair
- Small bottle for istinjā





# 8th Dhul Hijjah

Hajj Day 1

Travel to Mina  
(This maybe  
night before)

Read Zuhr  
to Fajr







Jamarāt

Mina Camps









**Jamarāt**

King Fahd Rd

King Fahd

Siddiqi St

King Abd

Rd

Abdul A... Rd





Slaughter House

MINA

Mina Camps



After Fajr, have breakfast and then leave for Mina,

**Note:** It is best not to leave before Fajr, but If your group leaves at a different time due to organisational issues then it is not a problem.

It is best to walk it to Mina if you are able and fit, it is easier and quicker. Find out your Tent number and the area in Mina where you are staying from the Group Leader before you leave. If you have not been before, go with someone from the group who knows the way there. Mina is very big and you can get lost very easily.

If you have elderly and disabled people with you then best to take the transportation.

Keep Reciting the Talbiyah on the way.

---

Need to get to Mina before Zuhr

---

At Mina, you need to read 5 Şalāt, from Zuhr to Fajr the following day. You will need to do Qaşr if you have spent less than 15 days in Makkah before Hajj.



# Tunnel to Mina





ONCE YOU ARRIVE AT YOUR TENT, FIND THE LOCATION OF YOUR TENT ON A MAP (THERE WILL BE LARGE MAPS AT MOST JUNCTIONS) AND MAKE A NOTE OF IT IN CASE YOU GET LOST. TAKE A PHOTO OF THE MAP ON YOUR PHONE. YOU CAN ALSO PIN YOUR LOCATION FROM YOUR SMARTPHONE USING MAPS (iPhone) OR GOOGLE MAPS (Android). THIS WILL HELP YOU GET BACK TO YOUR TENT IF YOU GET LOST.

---

In Mina, do as much 'Ibādah as you can. Recite the Talbiyah (try to read in 3's), Qur'ān, Dhikr, Durūd, Istighfār, teaching & learning etc. abstain from worldly talk.

---

Try not to eat too much. Stick to fruits & liquids so you do not need to go to the toilet often. Stay hydrated. If you need to go to the toilet, try and go at a quiet time. Sometimes the queues can get very long, especially just before Ṣalāh times.

---

Spend the night in Mina.



# Tent in Mina



# 9th

# Dhul Ḥijjah

## Ḥajj Day 2

Travel to  
'Arafāt  
after  
Sunrise

Spend time in  
Wuqūf in  
Arafāt after  
Zawāl

Leave for  
Muzdalifah  
after  
Maghrib

Read  
Maghrib &  
'Ishā in  
Muzdalifah  
after Ishā  
time

Spend night in  
Muzdalifah &  
collect stones for  
Ramī





**Mina**

**Muzdalifah**

**'Arafāt**





# Mina



alifah

'Arafāt

Umm Al Qura  
University /  
Girls Campus

Arrafat  
عرافات

عرافات

Arrafat Train Station 1





# Jabl Rahmah







# Muzdalifah











After Fajr, eat breakfast, then leave for 'Arafāt after sunrise. It is quite far, but possible to walk if you are fit and know the way. It will be easier to go on transportation. Keep reciting the Talbiyah, Durūd, Dhikr, etc.

**Note: DO NOT LEAVE BEFORE SUNRISE**

Need to do Qaṣr Ṣalāt if you have spent less than 15 days in Makkah before the 8<sup>th</sup> of Dhul Ḥijjah.

Need to reach 'Arafāt before Zawāl time.

From Zawāl, till Ṣubḥ Ṣādiq the following day, one needs to have spent some time in 'Arafāt. This is Farḍ.

On reaching 'Arafāt, get ready before Zawāl (i.e., go to the toilet if needed, perform Wuḍū', expect long queues).

Start 'Ibādah after Zawāl until Maghrib.

Do as much Du'ā as possible, recitation of the Qur'ān, Talbiyah, Durūd, Dhikr etc.

Best to go near Jabl Raḥmah and do 'Ibādah,

DO NOT climb Jabl Ra

Do 'Ibādah standing a raised in Du'ā facing C tired. You can sit if Makrūh to lie down w

Do not pray Ṣalāt and special conditions as

- Performed i
- It is the 9<sup>th</sup> c
- The Sultan c
- Both Ṣalāt a
- Ḥajj
- Ṣalāt is don
- It is done in

As pilgrims will be in the tents at their o

This is the main time needs, and for your fa of Rasūlullāh ﷺ in t ﷺ removes all difficu away with Imān.



... for 'Arafāt after  
... walk if you are fit and  
... on transportation.  
... kr, etc.

... less than 15 days in

... ne.

... ng day, one needs to  
... s Farḍ.

... Zawāl (i.e., go to the  
... t long queues).

... b.

... tion of the Qur'ān,

... ādah,

DO NOT climb Jabl Raḥmah.

Do 'Ibādah standing as much as possible outside with hands raised in Du'ā facing Qiblah, then inside your tent if you get tired. You can sit if you get tired from standing, but it is Makrūh to lie down without an excuse.

Do not pray Ḍuhr and 'Aṣr together unless you satisfy the special conditions as follows:

- Performed in or near 'Arafāt
- It is the 9<sup>th</sup> of Dhul Ḥijjah
- The Sultan or his representative are present
- Both Ṣalāt are performed whilst in Iḥrām for Ḥajj
- Ḍuhr is done first, then 'Aṣr
- It is done in congregation

As pilgrims will be in tents, Ḍuhr and 'Aṣr will be prayed in the tents at their own respective times.

This is the main time for Du'ā; ask for all your permissible needs, and for your family, friends and the whole Ummah of Rasūlullāh ﷺ in these trying times. Pray that Allāh ﷻ removes all difficulties from the Ummah and takes us away with Imān.

After sunset, leave for Muzdalifah  
'Arafāt. It is possible to  
will be provided. It is a  
you go to Muzdalifah, a  
and the queues can get l

From 'Arafāt proceed to  
Talbiyah.

Sometimes you may get  
of Muzdalifah. You can r  
area and large signs mar

Once you arrive, find a p  
very busy and crowded s  
for smaller groups, rathe

Once settled, go to the t  
It might be easier to  
Muzdalifah, but ensure y

Ensure that all people i  
location in Mina and ho  
have enough money, so  
to the hotel.



possible outside with hands  
inside your tent if you get  
d from standing, but it is  
excuse.

er unless you satisfy the

rafāt  
h  
representative are present  
ed whilst in Iḥrām for

'Aṣr  
on

and 'Aṣr will be prayed  
ve times.

k for all your permissible  
s and the whole Ummah  
; times. Pray that Allāh  
the Ummah and takes us

After sunset, leave for Muzdalifah, do not read Maghrib at 'Arafāt. It is possible to walk it there, but transportation will be provided. It is advisable to go to the toilet before you go to Muzdalifah, as there are not many toilets there and the queues can get long.

From 'Arafāt proceed to Muzdalifah whilst reciting the Talbiyah.

Sometimes you may get dropped off before the boundary of Muzdalifah. You can recognize Muzdalifah by the lighted area and large signs marking the boundary.

Once you arrive, find a place to spend the night. It will be very busy and crowded so it might be easier to find spaces for smaller groups, rather than large ones.

Once settled, go to the toilet if needed and perform Wuḍū. It might be easier to find toilets in another part of Muzdalifah, but ensure you stay within the boundary.

Ensure that all people in the group have details of your location in Mina and hotel in Makkah. They should also have enough money, so if they get lost, they can get back to the hotel.

## 10<sup>th</sup> Dhu

This is the d  
day. The pil  
Mina to perf  
sacrifice (Qu  
sacrifice (Qu  
been receive  
of Iḥrām. M  
this day as w

**Note:** If y  
and they ha  
(pelting) on

Ensure everyone has a phone and working SIM card. Share the contact details with others in the group, so if someone gets lost, they can be contacted.

At Muzdalifah, you will need to read Maghrib and 'Ishā' together at 'Ishā' time.

You will read the Ṣalāh in the following manner.

In Congregation (Jamā'ah), do one Adhān

Then Iqāmah

Then read 3 Rak'ah Farḍ of Maghrib Ṣalāh

Get up, no Adhān and no Iqāmah

Then read 4 Rak'ah Farḍ of 'Ishā' Ṣalāh if Imām is Muqim (has spent 15 days of more in Makkah before Ḥajj).

If the Imām is a Musāfir (traveller), then read 2 Rak'ah Farḍ of 'Ishā'.

Then read the Sunnah of Maghrib

And then the Sunnah and Wājib of 'Ishā'.

You can read both Maghrib and 'Ishā' Ṣalāh any time after 'Ishā' start time & before Fajr start time the following day.

If for any reason, you do not reach Muzdalifah before Fajr and Fajr time is near, then read both Maghrib and 'Ishā' wherever you are.

You will need to stay at Muzdalifah until Ṣubḥ Ṣādiq.

After you have read 'Ishā', try and

Then collect stones for Ramī (rit

The stones should be at least as l  
than a date stone.

Need to collect enough stone  
accidentally pick up clumps of dust  
for pelting 3 days or 70 if also p  
Ḥijjah. Collect some spare stone  
drop some.

It is Mustahab to wash the stone

This is a very auspicious night, d  
read Tahajjud as well).

Sort out the stones into small bag  
in one bag for the 10<sup>th</sup>, 21 stone  
the 11<sup>th</sup> and 12<sup>th</sup> (or 21 stones ea  
planning on doing Ramī on the 1

Have some rest and keep away fr

working SIM card. Share  
the group, so if someone

read Maghrib and 'Ishā'

following manner.

the Adhān

Maghrib Ṣalāh

Ṣalāh if Imām is Muqīm  
(Ṣalāh before Ḥajj).

(Ṣalāh), then read 2 Rak'ah

of 'Ishā'.

'Ishā' Ṣalāh any time after  
start time the following day.

Ṣalāh Muzdalifah before Fajr  
and both Maghrib and 'Ishā'

Ṣalāh until Ṣubḥ Ṣādiq.

After you have read 'Ishā', try and eat some food.

Then collect stones for Ramī (ritual pelting)

The stones should be at least as big as a pea and no larger  
than a date stone.

Need to collect enough stones (make sure you don't  
accidentally pick up clumps of dust). 49 stones are required  
for pelting 3 days or 70 if also pelting on the 13<sup>th</sup> of Dhul  
Ḥijjah. Collect some spare stones as well in case you lose or  
drop some.

It is Mustahab to wash the stones as well.

This is a very auspicious night, do lots of 'Ibādah (try and  
read Tahajjud as well).

Sort out the stones into small bags, ready for Ramī (7 stones  
in one bag for the 10<sup>th</sup>, 21 stones each in 2 other bags for  
the 11<sup>th</sup> and 12<sup>th</sup> (or 21 stones each in 3 bags if you are also  
planning on doing Ramī on the 13<sup>th</sup> of Dhul Ḥijjah).

Have some rest and keep away from sin.



# 10th

# Dhul Ḥijjah

## Ḥajj Day 3

Leave for  
Mina after  
Fajr

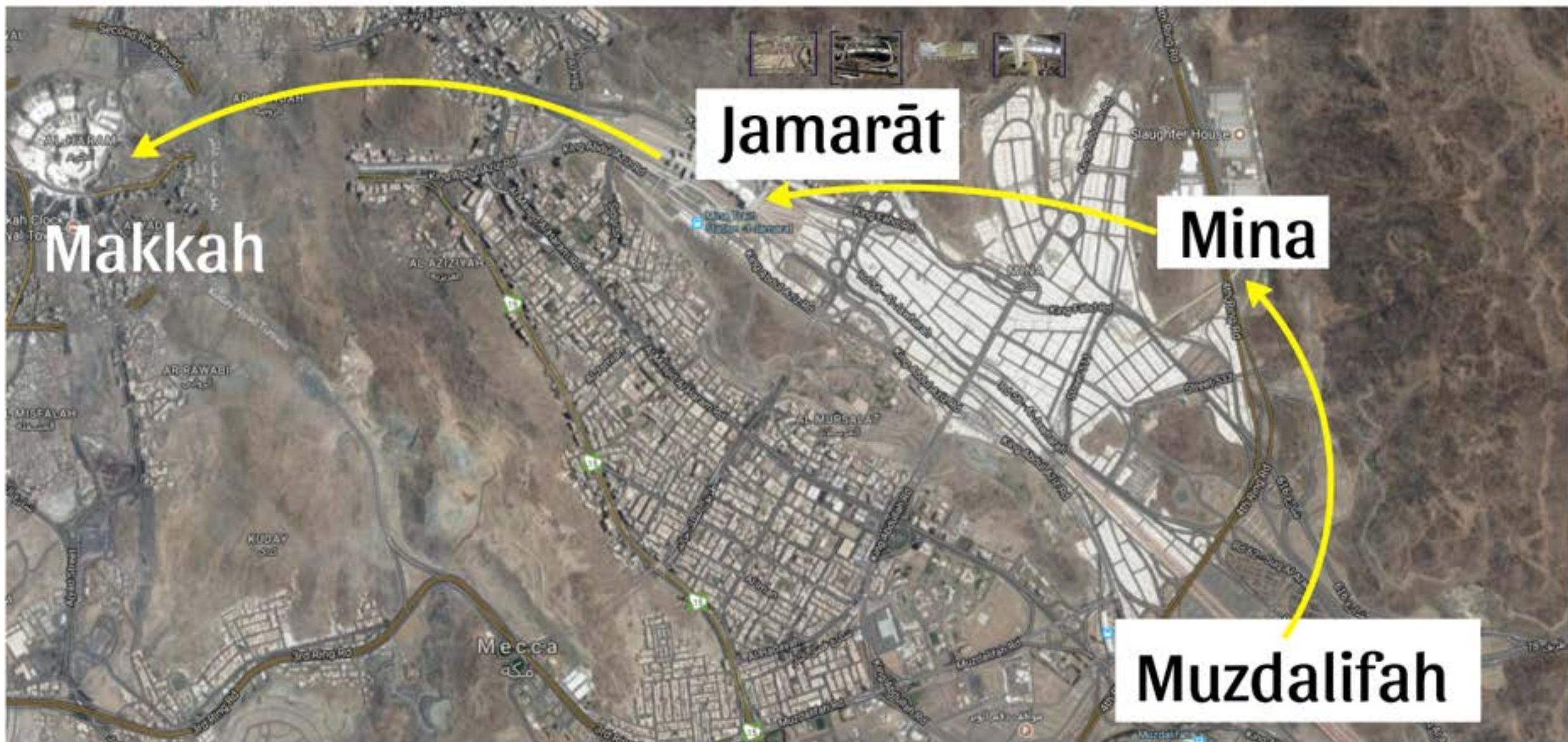
Ramī of  
large  
Jamarah

Perform  
Animal  
Sacrifice

Shave\Cut  
Hair

Perform  
Ṭawāf  
al-Ziyārah





Makkah

Jamarāt

Mina

Muzdalifah











5000











## 10<sup>th</sup> Dhul Ḥijjah

This is the day of Eid. For the pilgrims, there will be no Eid Ṣalāh on this day. The pilgrims will begin the day in Muzdalifah, then make their way to Mina to perform the Ramī (ritual pelting) of the large Jamarah. Their animal sacrifice (Qurbāni) will then be done. If they are not doing the animal sacrifice (Qurbāni) themselves, they will wait until its confirmation has been received, then they will shave/cut their hair and come out of the state of Iḥrām. Most pilgrims will also perform the Ṭawāf al-Ziyārah & Sa'ī on this day as well.

**Note:** If you have arranged to have your Qurbāni done by someone else and they have given you a specific time, you must complete your Ramī (pelting) on that day before that time.



Continue in 'Ibādah, Talbiyah, Tasbiḥ, Du'ā etc. until Fajr time, and then read Fajr Ṣalāh.

---

Once you have read Fajr Ṣalāh, leave for Mina. Transportation will be provided, but if you know the way, it might be easier to walk.

---



On reaching Mina, you need to do Ramī (ritual pelting) of the large Jamarah as soon as possible.

- Sunrise to Zawāl – Masnūn
- Zawāl to Maghrib – Mubāḥ (permitted)

Ramī after Maghrib is Makrūh for able bodied people, however it is not Makrūh for the elderly, weak or women etc. Try around 'Aṣr time when it is less busy.

---

Try and get some rest at Mina first, eat some food and relieve yourself before you go for Ramī.

---

To identify the 3 Jamarāt. the one closest to Makkah is the large one called Jamarah al-Kubrā, then it's the middle one called Jamarah al-Wuṣṭā' and finally the small one called Jamarah al-Ūlā'. The pillars have now been replaced by large walls.

---

On this day, you only need to do Ramī of the big Jamarah, (Jamarah al-Kubrā). This is Wājib.

---

When going to do Ramī, be careful. It is advisable to approach the Jamarah from behind, as there will be fewer crowds. Also, easier to travel with wife/family together in a small group. Skirt around the main crowd to the rear and then do Ramī. There is now a flyover system in place, so it

is much easier than before. Arrange a meeting place (on the side, away from the crowd) in case you get separated during the Ramī.

Before doing Ramī, stop reciting the Talbiyah.

Face the Jamarah and throw 7 stones using your thumb and forefinger.

**Note:** If a stone lands near the Jamarah, within the surrounding wall, it will be valid

Each stone must be thrown separately.

For males, raise arm so armpit is viewable.

Read the following before throwing each stone

بِسْمِ اللَّهِ أَكْبَرُ

*Bismillāhi Allāhu Akbar*

“In the Name of Allāh, Allāh is the Greatest”

There is no Du‘ā after the Ramī of the big Jamarah.

Do not hit the wall hard because if it rebounds off and falls outside the surrounding wall, it will need to be repeated.

Make sure you don't miss any Ṣalāh on the way to perform the Ramī.

The best time  
when less bu

You could re  
Ramī. If ther  
perform ‘Aṣr  
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If the Ramī i  
do Qurbāni,  
day. You can  
done.

Time for Ram

After Ramī,  
make your v  
yourself at th  
but bear in m

The best time for females is between 'Aṣr and Maghrib when less busy.

---

You could read 'Aṣr at start time in Mina, then go to do Ramī. If there is not enough time, leave before 'Aṣr and perform 'Aṣr Ṣalāh near the Jamarāt (don't delay reading your Ṣalāh until after you have finished your Ramī, or you might miss it).

---

If the Ramī is done after Maghrib, you may not be able to do Qurbāni, so you will have to stay in Iḥrām for another day. You cannot come out of Iḥrām until your Qurbāni is done.

---

Time for Ramī is until Ṣubḥ Ṣādiq

---

After Ramī, if someone is doing Qurbāni on your behalf, make your way to Makkah. If you are doing Qurbāni yourself at the abattoirs in Mina, then make your way there but bear in mind it is very far.



The animal sacrifice (Qurbāni) is performed for Shukr (thanks). Try doing it yourself. If you can't, then be present whilst it is being done. If not, get someone else to do it on your behalf. The group leader can normally organize this for you.

Contact the person who is performing the animal sacrifice (Qurbāni) on your behalf. You need to confirm 100% that it has been done before shaving your head or cutting your hair.

Once you have confirmed the animal sacrifice (Qurbāni) has been done, for men, shave your head (Ḥalaq), this is more rewarding than cutting.

It is easier to do your Ḥalaq in Makkah as there are lots of barber shops there (in the basement of the Clock Tower). When shaving start from the right side & remember not to use fragranced soap/spray on head as you are still in Iḥrām.

For women, trim slightly more than an inch from the end of your plait. As before, wrap the hair around a finger and cut it.

The Ṭawāf al-Ziyārāt might be easier if you are less crowded. Wājib to be done.

It is ok for women to delay it after tawaf.

Relations with Ṭawāf al-Ziyārāt

Go to Al-Masjid al-Haram For Men, do Ra'ī (if already) even if you are not in Iḥrām.

After completing Ṭawāf al-Ziyārāt, Do Du'ā at Muḥarram.

Now go and perform Ṭawāf al-Ziyārāt.

Return to Makkah after completing the Ṭawāf al-Ziyārāt. nights of Ḥajj in Makkah.

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The Ṭawāf al-Ziyārah is Farḍ. It is best done on the 10<sup>th</sup>, but it might be easier to do on the morning of the 11<sup>th</sup> as there are less crowds.

Wājib to be done before sunset on the 12<sup>th</sup>.

It is ok for women who are on their menstrual cycle to delay it after the 12<sup>th</sup>. (Purity is a condition for Ṭawāf)

Relations with your partner are only allowed after the Ṭawāf al-Ziyārah has been completed.

Go to Al-Masjid al-Ḥaram and perform Ṭawāf al-Ziyārah. For Men, do Raml for the first 3 rounds (if Sa'ī was not done already) even if not in Iḥrām.

After completing Ṭawāf, read 2 Rak'ah Ṣalāh behind Maqām Ibrāhīm.

Do Du'ā at Multazam if possible, then drink Zamzam.

Now go and perform Sa'ī in the same way as done during 'Umrāh.

Return to Mina as soon as possible after you have completed the Ṭawāf al-Ziyārah. It is best to spend the nights of Ḥajj in Mina as they are very rewarding.



**11th**  
**Dhul Hijjah**

**Hajj Day 4**

**Ramī of all  
3 Jamarah**



If you have not already done the Ṭawāf al-Ziyārah then try and do it on this day. You can get transport from the main road behind the abattoirs in Mina.

On this day, you need to do Ramī of all 3 Jamarāt.

Start with the small Jamarah

Throw 7 stones at each Jamarah (reciting *Bismillāhi Allāhu Akbar* before throwing each stone)

Can only do Ramī after Zawāl

Best to do after ‘Aṣr, as it is less busy

Stone the small Jamarah first then turn right in the direction of the Ka‘bah and do Du‘ā. Read Sūrah al-Fātiḥah, Durūd. Try reading Sūrah al-Baqarah as much as possible or do Du‘ā for duration it takes to read at least 20 verses.

Then stone the middle Jamarah and do Du‘ā again as above.

Then stone the large Jamarah. There will be no Du‘ā after this.

Then return to your tent in Mina and carry on ‘Ibādah.

Before  
with yo

Do Ram  
before.

Best to  
Jamarāt  
leaving

Leave M  
Makrūh  
you are  
be Wāji

If you w  
after Za  
Jamarāt  
well.

# 12th Dhul Ḥijjah

Ḥajj Day 5

Perform  
Ramī of all  
3 Jamarah

Leave for  
Makkah

Before leaving for Ramī, take all your personal belongings with you as you will not be returning to your tent.

---

Do Ramī of all 3 Jamarāt again, in the same way as the day before.

---

Best to do after ‘Aṣr again. Try reading ‘Aṣr Ṣalāh near Jamarāt at start time, then do Ramī or maybe even try leaving your tent after reading Ṣuhr at start time.

---

Leave Mina before sunset. If you don't leave, then it is Makrūh to leave without doing Ramī the following day. If you are still in Mina at Ṣubḥ Ṣādiq on the 13<sup>th</sup>, then it will be Wājib to do Ramī on this day.

---

If you want to, you can also do Ramī on the 13<sup>th</sup> (best done after Zawāl). There should be many vacated tents near the Jamarāt so you could stay there. This is very rewarding as well.



**Hajj is now complete**



## Ṭawāf al-Widā' (Farewell Ṭawāf)

Task	Complete
Do as late as possible, before leaving Makkah. Try and make this your last Ṭawāf.	<input type="checkbox"/>
Perform Ṭawāf, then read 2 Rak'ah Ṣalāh behind Maqām Ibrāhīm and then drink Zamzam.	<input type="checkbox"/>
Then do Du'ā at the Multazam if possible and ask Allāh ﷻ to bring you back again as soon as possible.	<input type="checkbox"/>
Make Istilām of al-Ḥajr al-Aswad and depart with a heavy heart, that you are leaving the Ḥaram.	<input type="checkbox"/>

# How to Present Salam

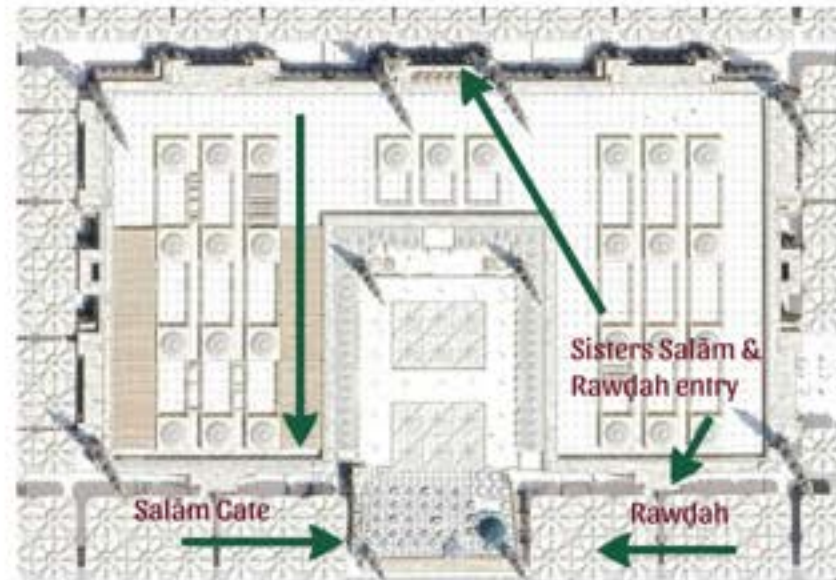


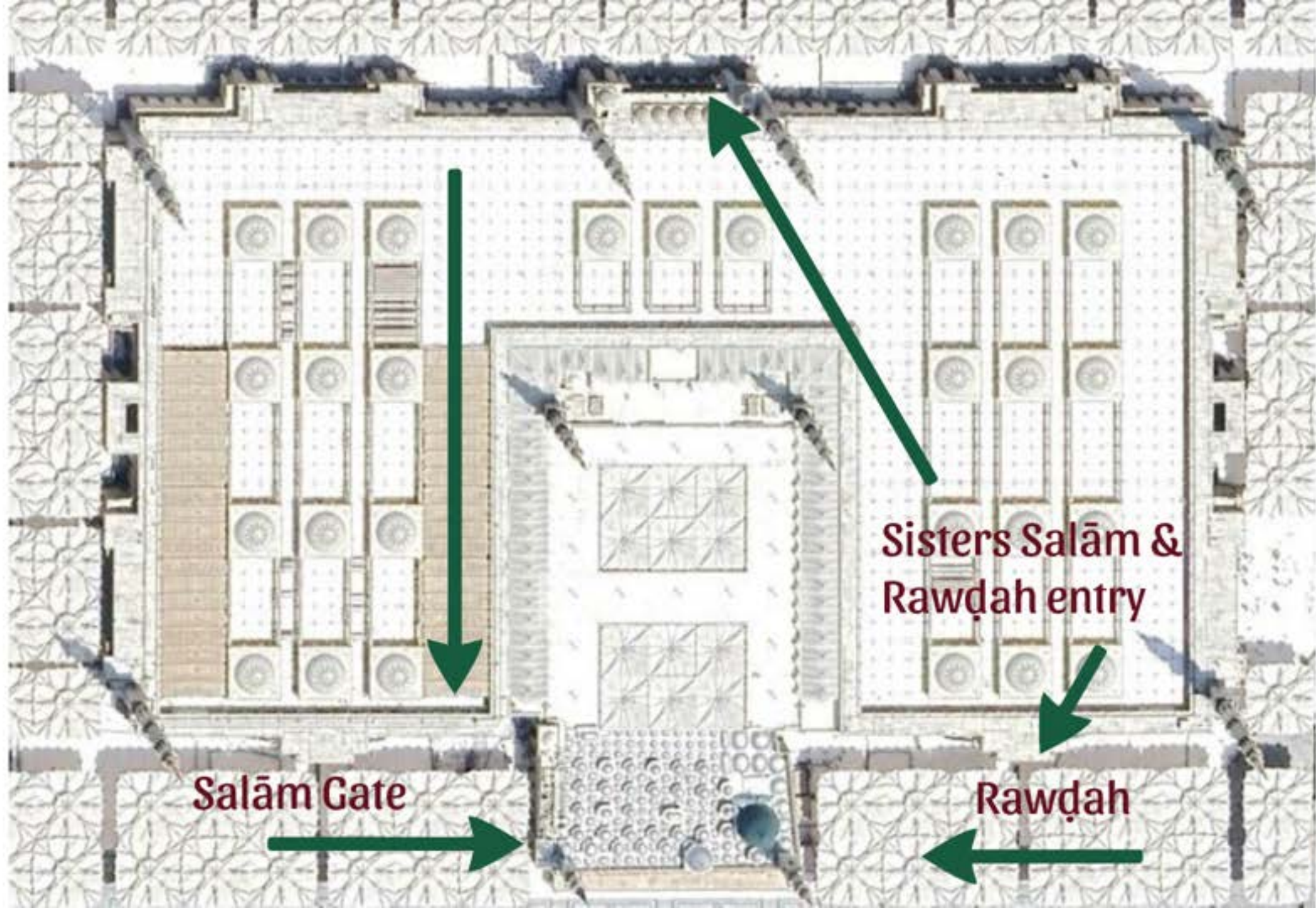


**Salām can be done by men at any time**

Use the Nusuk app to book time for Rawḍah

**Ensure you arrive at the Masjid in time  
for Rawḍah visit**





Salām Gate

Sisters Salām &  
Rawḍah entry

Rawḍah



Read Durūd (Ṣalawāt & Salām) on the way to Madinah

Before going to Al-Masjid an-Nabawī, dress in your best clothes including as much Sunnah as possible. Put on Iṭar and wear an Imāmah (turban) if you have one.

For men, when going to present Salām, you will have to enter from the gate on the front right-hand side of the Masjid (Bāb as-Salām).

**Note:** This may change due to restrictions, so check the latest guidance when you arrive.

For sisters, there are certain times of the day which have been allocated to present your Salām to Rasūlullāh ﷺ. You can confirm the timings by checking the electronic noticeboards which are outside some of the gates for sisters. The entrance will be on the left-hand side of the Masjid.

Take care not to commit any innovative actions, respect the sanctity of the Masjid and always remain well behaved and civil.

Enter the Masjid with

سَلَامٌ

رَحْمَتِكَ

Bismillāhi Waṣṣ

Allāh hum

"In

and Mercy and I

Oh Allāh, open t

Proceed to the Rawḍ  
then see the golden e  
place of Rasūlullāh  
are 3 sets of doors a  
behind the middle e  
on the left door.

Once you reach the  
Salām directly in fro  
have much time. Try  
way you will have m



the way to Madinah

ī, dress in your best possible. Put on Iṭar have one.

ām, you will have to right-hand side of the

ctions, so check the

f the day which have Salām to Rasūlullāh ings by checking the outside some of the on the left-hand side

itive actions, respect remain well behaved

Enter the Masjid with the right foot and recite:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ

عَلَى رَسُولِ اللَّهِ

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*Bismillāhi Waṣṣālatu Wassalāmu 'Alā Rasūlillāh,  
Allāh hummaf taḥli Abwāba Raḥmatik*

“In the name of Allāh  
and Mercy and Peace on the Messenger of Allāh,  
Oh Allāh, open the doors of Your Mercy for me”

Proceed to the Rawḍah which will be on your left. You will then see the golden enclosure, housing the blessed resting place of Rasūlullāh ﷺ and his Companions رَضِيَ اللَّهُ عَنْهُمْ. There are 3 sets of doors at the front. The three graves are all behind the middle enclosure which has a large gold ring on the left door.

Once you reach there, present your Salām. If you do Salām directly in front of the enclosure, then you won't have much time. Try to stand a bit of a distance away, that way you will have more time to present your Salām.

Present your Salām

رَسُولِ اللَّهِ

Assalā

You can also say the

رَسُولِ اللَّهِ

Aṣṣalātu Wa

يَا نَبِيَّ اللَّهِ

Aṣṣalātu Wa

الْحَبِيبِ اللَّهِ

Aṣṣalātu Wa

خَاتَمِ الْأَنْبِيَاءِ

Aṣṣalātu Wass

النَّبِيِّ

نُهُ

ot and recite:

بِسْمِ اللَّهِ وَ

عَلَى

اللَّهُمَّ افْتَحْ

mu 'Alā Rasūlillāh,  
āba Raḥmatik

Allāh

Messenger of Allāh,  
Your Mercy for me”

be on your left. You will  
using the blessed resting  
companions رَضِيَ اللَّهُ عَنْهُمْ. There  
The three graves are all  
ch has a large gold ring

your Salām. If you do  
closure, then you won't  
of a distance away, that  
resent your Salām.

Present your Salām by saying at least:

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Assalāmu 'Alayka Yā Rasūlallāh

You can also say the following:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Aṣṣalātu Wassalāmu 'Alayka Yā Rasūlallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا نَبِيَّ اللَّهِ

Aṣṣalātu Wassalāmu 'Alayka Yā Nabiyallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا حَبِيبَ اللَّهِ

Aṣṣalātu Wassalāmu 'Alayka Yā Ḥabiballāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا خَاتَمَ الْأَنْبِيَاءِ

Aṣṣalātu Wassalāmu 'Alayka Yā Khāṭamal Anbiyā

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

اللَّهُ

لَهُ

Assalāmu 'Alay

Barakātu

Wa

Remember to co  
have asked you.

Then make Du'ā  
raise your hands  
whilst doing so.

Once you have f  
present your Salā  
the following:

سُؤَالَ اللَّهِ

مَدَّ

ur Salām by saying at least:

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Assalāmu 'Alayka Yā Rasūlallāh

o say the following:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ

ṣalātu Wassalāmu 'Alayka Yā Rasūlallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا نَبِيَّ

ṣalātu Wassalāmu 'Alayka Yā Nabiyallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا حَبِيبَ

ṣalātu Wassalāmu 'Alayka Yā Ḥabīballāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا خَاتَمَ

ṣalātu Wassalāmu 'Alayka Yā Khāṭamal Anbiyā

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

وَأَنَّكَ عَبْدُهُ وَرَسُولُهُ

Assalāmu 'Alayka Ayyuhannabiyu Wa Raḥmatullāhi Wa  
Barakātuhi, Ash hadu an Lā ilāha illallāhu  
Wa Annaka 'Abduhu Wa Rasūluh

Remember to convey the Salāms of all the people who  
have asked you.

Then make Du'ā to Allāh ﷻ and make sure you do NOT  
raise your hands towards the grave of Rasūlullāh ﷺ  
whilst doing so.

Once you have finished, move 2 steps to the right and  
present your Salām to Sayyidunā Abū Bakr رَضِيَ اللَّهُ عَنْهُ. Recite  
the following:

السَّلَامُ عَلَيْكَ يَا خَلِيفَةَ رَسُولِ اللَّهِ

جَزَاكَ اللَّهُ عَنْ أُمَّةٍ مُحَمَّدٍ

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Assalāmu 'Alayka Yā Khalifata Rasūlallah.  
Jazākallāhu 'An Ummati Muḥammadin  
Ṣallalāhu 'Alayhi Wa Sallam



Once you have finished, move 2 steps to the right and present your Salām to Sayyidunā ‘Umar رَضِيَ اللهُ عَنْهُ. Recite the following:

السَّلَامُ عَلَيْكَ يَا أَمِيرَ الْمُؤْمِنِينَ جَزَاكَ اللَّهُ

عَنْ أُمَّةٍ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

*Assalāmu ‘Alayka Yā Amīr al-Mu‘minīna. Jazākallāhu ‘An  
Ummati Muḥammadin Ṣallalāhu ‘Alayhi Wa Sallam*

Take a Ṣalāt & Salām booklet with you and read as much as you can when you are in Madīnah. Try and complete the recitation of the Qur’ān in Al-Masjid an-Nabawī.

## Comprehensive Du‘ā

At each place where supplications are accepted, i.e., seeing the Ka‘bah, at Aṣ-Ṣafa, Al-Marwah, etc. we should make the following Du‘ā:

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ  
وَنَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ  
وَ أَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

‘O Allāh, we ask You for all those good things for which Your Nabī, Muḥammad ﷺ asked You, and we seek refuge from You for all those evils which Your Nabī, Muḥammad ﷺ sought refuge from You. You are the only one who can be turned to for help, and for You is only to convey. There is no power (to do good deeds) or ability (to avoid bad deeds) except with the help of Allāh.

## Additional Resources

- The Ḥajj of Rasūlullāh صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ
- Womens Ḥajj Companion (How to pray Ṣalāt behind Imām, Janāzah Ṣalāt etc.)
- Ṣalāt & Salām booklet
- The History of Al-Masjid al-Nabawī (information about the Rawḍah and Baqī')
- Al-Ḥizb al-A'zam - Book of supplications
- Learn about the Sīrah of Rasūlullāh

<https://islamicportal.co.uk/english-books/>

Youtube - Islamic Academy Coventry (IAC)  
for Sīrah & History of Al-Masjid al-Nabawī



Jazākallāhu Khayr  
for attending

May Allāh **سُبْحَانَهُ وَتَعَالَى** grant you  
all a Ḥajj Mabrūr & Ḥajj  
Mabqūl

Remember us and  
the Academy in you  
Du'as