

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ  
وَالصَّلَاةِ وَالسَّلَامِ عَلٰی سَیِّدِ الْمُرْسَلِیْنَ وَعَلٰی اَهْلِ بَیْتِهِ وَاَزْوَاجِهِ وَصَحَابَتِهِ اَجْمَعِیْنَ

During the last few years of his life, repeatedly and with a great sense of urgency, my late Shaykh, guide and mentor, Haḍrat Shaykh, Mawlānā Yūsuf ibn Sulaimān Motala, نور الله مرقدہ, prescribed the regular recitation of:

رَضِیْتُ بِاللّٰهِ رَبًّا وَبِالْاِسْلَامِ دِیْنًا وَبِمُحَمَّدٍ رَسُوْلًا

*I am content with Allāh as (my) Lord,  
Islām as (my) religion  
and Muḥammad ﷺ as (my) Messenger*

It would deeply trouble him that impoverished souls around him, like myself, were in a constant state of discontent. He would implore that Allāh ﷻ has gifted us thousands of blessings yet we seem to focus on the little that seems to be “wrong” whilst forgetting the countless blessings that actually make things right.

I often marvelled at this prescription he would so often prescribe to the soul struck with sadness or those afflicted with the sickness of complaining.

Below are the narrations related to us from the scholars of Prophetic traditions ﷺ. The benefits of this litany for this world and the next are clearly evident.

Make it a habit therefore to recite this from the moment the eyes awaken from sleep, throughout the day and when we retire to bed, as my Haḍrat سره قدس سره, would repeatedly advise.

مَنْ قَالَ حِينَ يَسْمَعُ الْمُؤَذِّنَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ رَضِيَ بِاللَّهِ  
رَبًّا وَبِمُحَمَّدٍ رَسُولًا وَبِالْإِسْلَامِ دِينًا. غُفِرَ لَهُ ذَنْبُهُ رواه مسلم والترمذي

Whoever says, when he hears the caller of the proclamation to prayer: I bear witness that there is none worthy of worship except Allāh alone, with no partner or associate, and that Muḥammad ﷺ is the His slave and Messenger; I am content with Allāh as (my) Lord, Islām as (my) religion and Muḥammad ﷺ as (my) Messenger, his sins will be forgiven.

مَنْ قَالَ حِينَ يَمْسِي رَضِيَ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا كَانَ حَقًّا عَلَى اللَّهِ أَنْ يُرْضِيَهُ رواه الترمذي

Whoever says when he reaches the evening: "I am pleased with Allāh as (my) Lord, with Islām as (my) religion, and with Muḥammad ﷺ as (my) Prophet it is a duty upon Allāh to please him.

مَنْ قَالَ رَضِيَ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ رَسُولًا وَجَبَتْ لَهُ الْجَنَّةُ أبو داود

If anyone says "I am pleased with Allāh as (my) Lord, with Islām as (my) religion and with Muḥammad ﷺ as (my) Prophet" Paradise will be his due.

مَا مِنْ مُسْلِمٍ أَوْ إِنْسَانٍ أَوْ عَبْدٍ يَقُولُ حِينَ يَمْسِي وَحِينَ يُصْبِحُ رَضِيَ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا -  
إِلَّا كَانَ حَقًّا عَلَى اللَّهِ أَنْ يُرْضِيَهُ يَوْمَ الْقِيَامَةِ ابن ماجه

There is no Muslim - or no person, or slave (of Allāh) - who says, in the morning and evening: 'I am content with Allāh as (my) Lord, Islām as (my) religion and Muḥammad ﷺ as (my) Prophet' but he will have a promise from Allāh to make him pleased on the Day of Resurrection.