

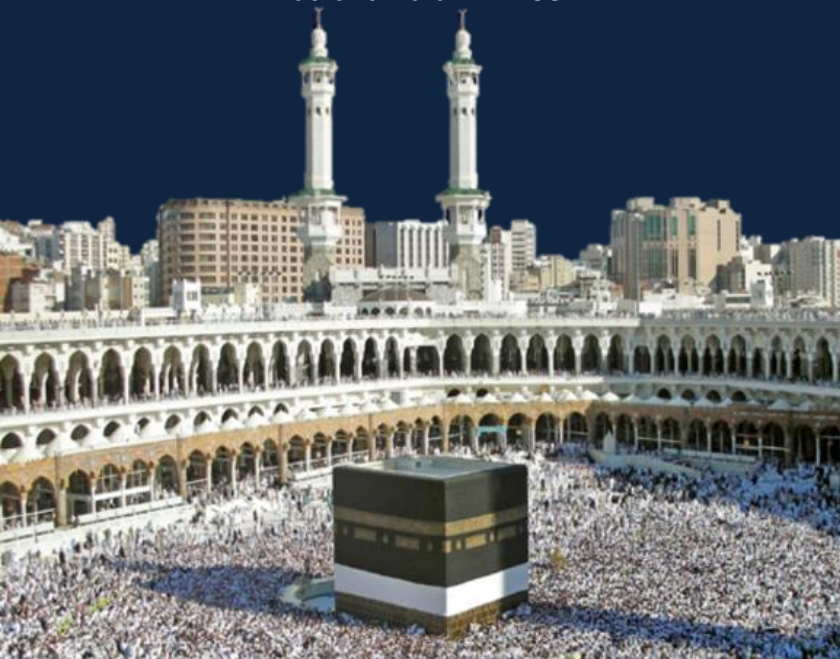
Islamic Academy of Coventry

Hajj Checklist

(3rd Edition)

A Simple & Practical Guide to the
Rituals of Hajj & ʿUmrah

Maulānā Ebrahim Noor



© Islamic Academy of Coventry

Hajj Checklist

1st Edition 2018 – 1,000 copies

2nd Edition 2019 – 1,500 copies

2nd Edition 2022 – 2,000 copies

3rd Edition 2025 – 2,000 copies

All rights reserved. Aside from fair use, meaning for use of educational purposes or review, no part of this publication may be reproduced without the prior permission of the copyright owner

Islamic Academy of Coventry
83-87 Cambridge Street
Coventry CV1 5HU

www.islamicacademycoventry.org
islamicacademycoventry@hotmail.com

Contents

Introduction	6
Useful Information	10
Prohibited Actions in the State of Ihram	12
Hand Luggage Packing List	14
Last Minute Checks	15
At Home Before Leaving	16
At Airport	17
In Plane	19
At Jeddah Airport	21
At Makkah	23
How to perform 'Umrah	25
How to perform Sa'i (Between Aş-Şafā & Al-Marwah)	32
After Sa'i – Shaving/Cutting the hair	37
Recommended Actions in Makkah	38
Hajj	40
7 th Dhul Hijjah	40
8 th Dhul Hijjah	43
Mina	43
9 th Dhul Hijjah	45

‘Arafāt	45
Muzdalifah.....	47
10 th Dhul Hıjjah.....	50
Muzdalifah.....	50
Mina.....	51
Animal Sacrifice (Dam Shukr) & Halaq	54
Tawāf al-Ziyārah	55
11 th Dhul Hıjjah.....	56
12 th Dhul Hıjjah.....	57
Tawāf al-Widā‘ (Farewell Tawāf)	58
Madīnah	59
How to Present Salām.....	61
Comprehensive Du‘ā	66
Hajj/‘Umrah Prayer Quick Reference	67

For our dear classmate, friend and brother,
Mufti Yusuf Mayat رَحْمَةُ اللَّهِ



Introduction

I begin by Praising Allāh ﷻ, Lord of the Worlds and sending Peace & Salutations to our beloved Prophet Muḥammad ﷺ.

Allāh ﷻ has blessed us with many types of worship, which utilise different types of efforts on behalf of the worshipper. The effort may be physical, like when we perform Ṣalāt. The effort might be financial, like in Zakāt, or the effort might be in the form of abstention, like when we fast. Yet there is one form of worship which encompasses all our efforts, physical, financial and abstention, and this is our Ḥajj, our pilgrimage.

Ḥajj is the only form of ritual worship which is obligatory once in a lifetime. The first Ḥajj a person performs, will count as their obligation. Subsequent pilgrimages will be counted as supererogatory, Nafl. Therefore, it is imperative that a pilgrim carries out the right amount of preparation to ensure that they perform all the rituals of Ḥajj in a correct manner, gaining the maximum amount of reward.

There are many useful resources which explain the rituals of Ḥajj in a detailed manner, especially the books by our dear teacher Shaykh Muḥammad Saleem Dhorat Ṣāhib Ḥafīzahullāh. Shaykh's annual lectures on Ḥajj provide invaluable information for pilgrims, both new and ones who are returning to the Ḥaramayn.

In 2001, prior to my first visit to the Ḥaramayn, Shaykh's lectures were my initial inspiration in compiling a checklist. This included valuable

practical tips from the precious talks, which could not be found in any books, as well as a simplified explanation of the rituals of Ḥajj to aid me in performing my Ḥajj without the risk of forgetting any important information. This checklist has since benefitted many pilgrims over the years.

In the last 20 years, there have been many changes, which have affected the way we perform our Ḥajj, therefore advice which may have been sound and relevant a few years ago is no longer valid. For example, the Jamarāt have changed from pillars to walls, the Maṭāf has increased in size and the black line on the floor marking the start of the Ṭawāf has been removed.

Many pilgrims now stay in Aziziyah and will travel to Mina directly from there. Also, rather than travelling to Mina on the morning of the 8th of Dhul Ḥijjah, many pilgrims are now taken the night before. All these reasons have led me to update the checklist with information which will Inshā'Allāh be relevant for today's Ḥajj, as well as being presented in an updated format and medium.

In the 2nd edition, I included a summary of the Prayers made during Ḥajj and ʿUmrah as a quick reference guide. This is for those pilgrims who are familiar with the rituals but may want to recap on the various Prayers. In this 3rd Edition, I have updated some of the guidance to consider the latest logistics on the ground as well as the advice on whether a person will be

considered a traveller (Musāfir) or resident (Muqīm) when they go for Hajj.¹

According to many senior scholars, including Mufti Shabbir Ṣāhib Dāmat Barakātuhu, Mina is now considered part of Makkah, hence if a person is intending to stay 15 nights or more within the boundaries of Makkah (this would include the days of Hajj, as well as days spent before or after Hajj in Makkah), they will be considered a resident (Muqīm). They will not shorten their Ṣalāh for the duration of their stay in Makkah/Hajj and will also have to fulfil the obligation of Uḍḥiyah (Qurbāni) in addition to the animal sacrifice (Dam Shukr) which is carried out for Hajj.²

This situation will be uncommon for pilgrims from Europe/North America, as most packages average between 14 and 21 days. This time will include days of travelling to and from Saudi Arabia, as well as a stay in Madīnah, hence the pilgrims stay in Makkah, including the days of Hajj will most probably be less than 15 nights in total, so they will remain classed as Musāfir (travellers) for the duration of their stay. However, there will be cases where pilgrims will be staying in Makkah for 15 nights or more, so the advice in this checklist has been updated to reflect scenarios for all pilgrims, whether they are classed as residents or travellers during their stay in Makkah.

The information in this checklist has been arranged in a simple chronological order, where the pilgrim can access the relevant section

¹ <https://islamicportal.co.uk/mina-is-now-part-of-makkah-al-mukarramah/>

² <https://islamicportal.co.uk/do-i-shorten-salah-if-i-am-in-hajj-for-sixteen-days/>

quickly and easily whilst keeping track of their progress. Since the release of the 1st edition, the booking process, as well as the situation on the ground continuously changed due to the advent of Covid-19. Keeping this in mind, pilgrims are advised to check the latest advice regarding the following before travelling:

- Vaccination requirements & proof
- Visa
- Special booking requirements for ‘Umrah/Hajj
- Special booking requirements for entry into Rawḍah
- Special timings for sisters to present Salām
- Any smartphone apps which are required for proof of vaccination/booking ‘Umrah & Rawḍah

If any smartphone apps are required, it is recommended to install them before you leave, saving you time when you arrive. However, some apps may only work once a SIM which works with a Saudi carrier is activated on your phone (physical or eSIM).

I hope and pray that this booklet continues to benefit many more pilgrims in the years to come and may Allāh ﷻ accept the efforts of all those who have helped in the compilation of this checklist, especially Shaykh Abdus Subhan Dalvi whose input has been invaluable and Mufti Yusuf Shabbir who has compiled many of the rulings which have been referenced in this guide. Āmīn.

Ebrahim Noor – 22nd Rabī‘ al-Thāni 1447 AH (15th October 2025)

Useful Information

How to Use this Checklist

It is recommended that each pilgrim reads through the checklist and familiarises themselves with the rituals of Ḥajj and ‘Umrah. If the printed version is being used, tick the relevant checkbox each time a task has been completed. If the PDF version is being used, the checkboxes can be marked using the in-application marking functions.

Try and learn the Du‘ā’s (supplications) with their meanings, especially the Talbiyah, so you understand what you are reciting. If a person finds it hard to memorize the various Du‘ās, then they can be read off the checklist. A summary can be found in the back.

This checklist assumes that the pilgrim is travelling to Makkah first. If the pilgrim is travelling first to Madīnah, then follow the same instructions, but make the intention of ‘Umrah when you reach the Mīqāt (boundary) for pilgrims travelling from Madīnah, which is Masjid Dhul-Ḥulayfah. This is where you will enter the state of Ihṛām.

Ḥajj Tamattu‘

Most pilgrims will be carrying out Ḥajj Tamattu‘, where they will enter into Ihṛām, perform ‘Umrāh then come out of Ihṛām. They will then enter into Ihṛām once again for Ḥajj. This checklist has been prepared with these pilgrims in mind.

For pilgrims carrying out Hajj Qirān or Ifrād, although many of the rituals will be the same, it is recommended that they consult a Scholar to learn the correct procedure.

Social Media

Our Hajj is a very special act of worship. Whilst we are there, we are guests of Allāh ﷻ so we must take extra care with our actions. Many people spend time taking photographs and selfies at the Holy Sites. They spend time updating their social media status and sending messages rather than worshipping.

Before you go, disable any social media accounts and refrain from taking photographs and sending unnecessary messages. Remember not to spoil your Hajj/‘Umrah by doing actions which are impermissible.

Whilst we are in the Ḥaramayn, the minutes and hours should be treasured. We don't know when we will again get the opportunity to visit these Holy places, so make the most of your time. Utilise your time effectively and spend time in worshipping Allāh ﷻ.

Food

Great care and precautions must also be taken with food. In current times, there are many fast-food outlets/restaurants in the Ḥaramayn who source their meat from overseas. Eat from places that source their meat locally or use local caterers whose sources can be verified.

Prohibited Actions in the State of Ihṛām

Ihṛām is an actual state, not just the sheets a person wears whilst performing the rituals of Ḥajj and ‘Umrāh. A person does not enter this state until they have made the intention of Ḥajj or ‘Umrāh. This must be done before they pass the Mīqāt (boundary).

Once a person is in the state of Ihṛām, certain actions become prohibited. If a person performs any of these actions, accidentally or on purpose, they must consult a Scholar as soon as possible. They will advise if any appropriate expiation must now be given. The prohibited actions in Ihṛām are as follows:

1. Indulging in intercourse, kissing, embracing and sexual talk in the presence of women.
2. Committing any actions which Allāh ﷻ has made unlawful i.e., obscenity, transgression, conflict etc.
3. Hunting animals or even aiding someone in hunting. This would also include killing lice.
4. Using Iṭar (perfume), scent, perfumed oil, or anything which has a fragrance, on the body, clothes, food, or drink.
5. Shaving, clipping, or plucking hair from any part of the body. If any hair comes off by itself whilst washing, then this does not matter.
6. Clipping the nails.
7. For men to wear any stitched clothing.

8. For men to wear any footwear which covers the central bone of the upper part of the feet.³
9. For men to cover their heads and faces i.e., wearing hats or covering the head with a blanket. (An umbrella can be used; sunglasses/spectacles can also be worn).
10. For women, to cover their faces. However, in the presence of non-maḥram males, the face should be covered in a way that the material does not touch the face. This can be done using a cap type niqāb which keeps the covering away from the face.
11. Causing any type of harm to another Muslim, verbal or physical.



³ For more information on permissible footwear, refer to:

<https://islamicportal.co.uk/footwear-in-ihram/>

Hand Luggage Packing List

It is recommended you carry a small light hand luggage, packing only essential items, so it is easier for you to travel. The less weight you have on your person, the easier it will be.

Your personal documents (passports/plane tickets) and mobile phone should always be kept on your person while travelling, in a personal bag/handbag, so they are easily accessible. Your money can be kept in a money belt/pouch if required. For men, if they are wearing a money belt that goes around the waist, the lower part of the Ihram can be folded over it for extra peace of mind.

Item	Complete
One small towel	☐
Itar (perfume)	☐
Unscented soap, soap dish & flannel	☐
Watch, phone, power bank & charging cables	☐
Spare Ihram	☐
Money belt, wallet (on person)	☐
Small bottle for toilet use, put in separate bag	☐
Travel Muṣallāh	☐
Spare carrier bags (for rubbish or dirty clothes)	☐
Some food and drink for journey	☐
Passports, money, and tickets (on person)	☐
Qur'ān (preferably Zip-up)	☐
Hajj Books and Notes	☐
Flip flops for men, if wearing different footwear	☐

Last Minute Checks

Before you leave for the airport, ensure you have the items below with you in your hand luggage/handbag. Also ensure that the relevant information has been passed to any next of kin who are remaining behind.

Item	Complete
Money (In wallet or in money belt/pouch)	☐
Credit/Debit Cards if needed (In wallet or in money belt/pouch – consider adding to e-wallet on phone)	☐
Passports, Visa, Hajj Draft and vaccination certificates/proof if required (advisable to print physical copies of these as well as having digital copies)	☐
ID Cards & wrist bands if supplied by Group Operator	☐
Airplane tickets or e-ticket numbers	☐
Give hotel information to next of kin	☐
Mobile phone (A Saudi SIM card can only be purchased once you land, and your biometrics may be taken during the purchase. eSIMs can also now be used, which can be purchased beforehand and activated once you land.)	☐
Suitcases & hand luggage (ensure you have not exceeded baggage weight allowance for your airline and hand luggage size is within specified size limits)	☐

At Home Before Leaving

Task	Complete
Perform Ghusl, clip nails, trim moustache, remove pubic hair and hair under armpits	☐
Read 2 Rak'ah Nafl Ṣalāh for ease of Journey, (if it is not Makrūh time for Ṣalāh). Recite Sūrah al-Kāfirūn in 1 st Rak'ah and Sūrah al-Ikhlāṣ in 2 nd Rak'ah.	☐
After Ṣalāh, do Du'ā, send Durūd (Ṣalawāt & Salām) to Rasūlullāh ﷺ then thank Allāh ﷻ for the opportunity to go for Hajj. Ask for ease of journey, repent from all sins, and ask for protection from self-desire (Nafs) and Shayṭān.	☐
Meet family & friends and leave in a happy state. Remain in Dhikr during the journey and stop for Ṣalāh on the way if required. Do NOT miss any Ṣalāh. Plan the journey ahead considering possible traffic.	☐
Note: All pilgrims will now be classed as travellers so only Qaṣr Ṣalāh will be read.	

Note: It may be difficult to put on the Ihṛām at the airport, especially if travelling direct, so males should consider wearing at least the lower part from home. Females should get changed at home into the clothes they are using as Ihṛām. They can wear any type of footwear.

At Airport

If you are travelling direct to Makkah, then you will have to put on your Ihṛām at the Airport, if you have not already done so at home. It is not recommended to try and put the Ihṛām on in the plane, as space is very limited, and it can get very difficult. There is also the possibility of getting the Ihṛām unclean if changing in the small toilets.

If your plane is not direct and you have enough time at your transit, then it may be possible to put the Ihṛām on there. However, if there are delays, then this could again prove difficult.

It is recommended for males, to at least put on the bottom part of the Ihṛām at home or the airport. When the time comes and the Miqāt (boundary) is approaching, if they haven't put on the top part of the Ihṛām yet, they can simply remove their upper garment and wear the upper sheet.

Note: For people travelling to Madīnah first before Makkah, they will not put on the Ihṛām at the airport. They will enter into Ihṛām on the way to Makkah from Madīnah at the Miqāt, which will be Masjid Dhul-Ḥulayfah. There are facilities there to get changed, however the Ihṛām sheets can be worn from the hotel. It is advisable for females to get changed into the clothes they are using as Ihṛām from the hotel.

At Masjid Dhul-Ḥulayfah, the pilgrim will read Ṣalāt al-Ihṛām (if not Makrūh time), make the intention, then recite the Talbiyah.

Task	Complete
Check in luggage first. (They may ask to see Visa)	☐
Perform Wuḍū if needed and put Iṭar (perfume) on body (don't stain Iḥrām). Put Iḥrām on (If you have not already done so from home). For males, remember to remove underwear.	☐
For males, put on flip flops (if you have not already done so) & put shoes and clothes away.	☐
Read 2 Rak'ah Nafl, Ṣalāt al-Iḥrām (make sure it's not Makrūh time). Recite Sūrah al-Kāfirūn in 1 st Rak'ah and Sūrah al-Ikhlāṣ in 2 nd Rak'ah (with head covered). Note: If you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	☐
After the Ṣalāh is finished, do Du'ā. It is Mustahab (desirable) to recite the following: اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَاعُوْذُبِكَ مِنْ سَخَطِكَ وَالنَّارِ بِرَحْمَتِكَ يَا اَرْحَمَ الرَّاحِمِیْنَ <i>Allāh humma Innī As'aluka Riḍāka Wal Jannah, Wa A'ūdhubika Min Sakhaṭika Wan-Nār, Birraḥ-matika Yā Ar Ḥamar Rāḥimīn</i> "O Allāh I ask of Your pleasure and Your Jannah, and I seek refuge from Your anger and the fire."	☐
If needed, go to the toilet, and renew Wuḍū before boarding the plane.	☐

In Plane

Task	Complete
Read all Ṣalāh at correct times. Allow for time travelling to destination and calculate Ṣalāh times before travelling. There are many Ṣalāh time calculators online which will aid you with this. When calculating, ensure you select the relevant calculation method according to your school of thought. ⁴	☐
Don't use a refreshing towel, or scented soap once you are in state of Ihṛām.	☐
If you are going direct to Jeddah, at the correct time, before reaching the Miqāt (boundary) make the intention (Niyyah) for 'Umrāh (bare headed for men). If you have not already put on the top part of the Ihṛām, then do this before making the intention, which is as follows: اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي <i>Allāh humma Innī Uridul 'Umrata, Fa Yassirhā li, Wa Taqabbalhā Minnī</i> “O Allāh, I intend to perform 'Umrāh, so make it easy for me and accept it from me.”	☒

⁴ <https://islamicportal.co.uk/salah-on-the-plane/>



Then Recite the Talbiyah 3 times:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ
 لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ
 إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ
 لَا شَرِيكَ لَكَ

*Labbayka Allāh humma Labbayk,
 Labbayka Lā Sharīka laka Labbayk.
 Innal Ḥamda Wan Ni‘mata Laka Wal Mulk,
 Lā Sharī Kalak*

“Here I am, O Allāh, here I am.
 Here I am, You have no partner, here I am.
 Truly the Praise and Favour is Yours, and the
 Sovereignty, You have no partner”



At Jeddah Airport

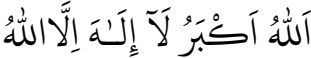
Task	Complete
After leaving the plane, make your way to immigration (You may board a bus to get to the terminal).	☐
At immigration, ensure each person has their Documents (Passport, Visa). Arrange to meet companions after immigration.	☐
The immigration officers will check your Visa and Passport. They will also take your photograph and fingerprints (This will be for both men & women). Once these are complete, make your way to the Baggage Claim area and collect your luggage. Note: Your Passport may now be taken by your Group Operator/Mu'allim who will submit it at the relevant checkpoints. If your whole journey is with a group, then you may only receive your passport back again, once you are at the airport for your return journey home. If you are planning on travelling back without the group, ensure you have collected your passport from the Group Operator before leaving for the airport on the way home.	☐
After immigration, if you have been separated, meet fellow pilgrims in the Baggage Claim area and collect luggage.	☐

You will now wait in the terminal until your transportation is arranged. This can be a long wait so be patient, recite the Talbiyah, and stay busy in worship.	
You will then board your transportation and start the journey to Makkah. There will be several checkpoints along the way.	☐
After the checkpoints, the transportation will stop at the relevant Mu'allim's office and the receipt for the Passports will be given to your Group Operator. (This process could change).	☐
The transportation will now proceed to your hotel.	☐



At Makkah

Task	Complete
Perform Wuḍū (or Ghusl if needed) then make your way to Al-Masjid al-Ḥarām. If a time slot has been booked for ʿUmrah, ensure you arrive on time. Try to enter through Bāb al-ʿUmrah if possible. If it is not possible due to restrictions, you may enter through any door which gives you access into the Maṭāf or any other floor on which you want to perform Ṭawāf. Note: You must have Wuḍū to perform the Ṭawāf	☐
Enter the Masjid with the right foot and recite the following Duʿā: بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ <i>Bismillāhi Waṣṣālatu Wassalāmu ʿAlā Rasūlillāh,</i> <i>Allāh hummaḥ tahlī Abwāba Raḥmatik</i> “In the name of Allāh and Mercy and Peace on the Messenger of Allāh, O Allāh, open the doors of Your Mercy for me.”	☐
You can also make intention of Nafl Iʿtikāf as follows: بِسْمِ اللَّهِ دَخَلْتُ وَ عَلَيْهِ تَوَكَّلْتُ و نَوَيْتُ سُنَّتَ الْإِعْتِكَافِ	☐

<i>Bismillāhi Dakhaltu Wa ‘Alayhi Tawakkaltu Wa Nawaytu Sunnatal I’tikāf</i> “In the name of Allāh I am entering, and upon Him I place my trust, and I am making the intention of the Sunnah of I’tikāf.”	
Keep your gaze on the floor with proper humility until you reach the Maṭāf, which is the open space where the Ka’bah is. You will go down some steps until you will see the marble floor and the area will open up. If you are on the 1st floor or roof, walk as far forward as you can. When you are close enough and think you can see the Ka’bah, raise your gaze and recite thrice:  <i>Allāh hu Akbar, Lā ilāha illallāh</i> “Allāh is the Greatest, there is no God but Allāh.”	☐
Read Durūd (Ṣalawāt & Salām) and do Du‘ā. Ask for as much as possible and remember the whole Ummah in your Supplications. This is one of the instances where a persons’ Du‘ā gets accepted. Imām Abū Ḥanīfah رَحْمَةُ اللَّهِ recited the following Du‘ā: ‘O Allāh, after today please accept all my Du‘ās.’	☐
Now proceed and start your ‘Umrah.	☐

How to perform 'Umrah

The 'Umrah starts with the intention and then the Ṭawāf (circumambulation of the Ka'bah). A person must have Wuḍū to perform the Ṭawāf and men must have the right shoulder exposed (Idṭibā'). If you have problems keeping count of how many rounds you have done, then keep a 7 beaded tasbīḥ (prayer beads) to help you.

Task	Complete
Stop reciting Talbiyah	☐
For men, do Idṭibā' (put the top sheet of the Iḥrām under the right shoulder, so it is exposed), this is done for every Ṭawāf which is followed by Sa'i.	☐
Men will perform Idṭibā' for all 7 rounds.	☐
Note: During Ṭawāf, if any Ṣalāh time arrives, the Ṣalāh will be prayed with the congregation. After Ṣalāh, the Ṭawāf will continue from where you stopped. During Ṣalāh, the men will stop Idṭibā' and cover their shoulders with their upper sheet. Before they resume Ṭawāf, they will do Idṭibā' again.	
For men, do Raml (Walk fast with chest out, like marching for the first 3 rounds of Ṭawāf only).	☐
Look for Al-Ḥajr al-Aswad (the black stone) in the corner where there is only one minaret. All other corners of the Ḥaram have two minarets. There will also be lots of green lights on the walls to mark the location of Al-Ḥajr al-Aswad.	☐

Walk in a counter clockwise direction with the flow of the crowd, until you reach the correct corner.	☐
There is no longer a line on the floor showing the position of Al-Ḥajr al-Aswad, therefore you will have to estimate where the location is, make sure you stop before this.	☐
Position yourself facing the Ka'bah so your right shoulder is in line with the left-hand side of Al-Ḥajr al-Aswad. NOT directly in front.	☐
Put your right foot on the floor just on the start.	☐
Perform the Intention (Niyyah), this is obligatory (Farḍ): اَللّٰهُمَّ اِنِّىْ اُرِيْدُ طَوَافَ بَيْتِكَ الْحَرَامِ فَيَسِّرْهُ لِيْ وَتَقَبَّلْهُ مِنِّىْ <i>Allāhumma Inni Urīdu Ṭawāfa Baytikal Ḥarāmi Fayassirhuli Wataqabbalhu Minnī</i> “O Allāh I intend to perform Ṭawāf of Your Sacred House (for ‘Umrah), so make it easy for me and accept it from me.”	☐
Then make one side step right so you are now directly in front of Al-Ḥajr al-Aswad.	☐

Then recite:



بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ
وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ

*Bismillāhi Allāhu Akbar Wa Lillāhil Ḥamd,
Waṣṣālātu Wassalāmu ‘alā Rasūlillāh*

“In the name of Allāh, Allāh is the Greatest
and for Allāh is all Praise,
and Mercy and Peace on the Messenger of Allāh.”

Then raise your hands to your ears (like when you do
Takbīr for Ṣalāh).

Then perform the Istilām of Al-Ḥajr al-Aswad as follows:



Position your hands with palms forward, so they are at
the same height as Al-Ḥajr al-Aswad then recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

Bismillāhi Allāhu Akbar

“In the name of Allāh, Allāh is the Greatest.”

Then kiss your hands. DO NOT make a noise when kissing
your hands.

Note: Have the Intention in your mind that you would like to kiss Al-Ḥajr al-Aswad, but because of the amount of people you cannot do it.	
Then start your Ṭawāf and perform the Istilām every time you complete a round and come in front of Al-Ḥajr al-Aswad. Note: Make sure you go around the Ḥaṭīm (the semi-circular wall on the side after the door), as this is classed as being inside the Kaʿbah.	☐
You can recite any Duʿā during Ṭawāf (3rd Kalimah, Durūd, Istighfār etc.). An easy way to keep count would be to read from Al Ḥizb al-Aʿẓam if you have it, as it has a section for each day of the week. Start each new round with the section for the following day. Make sure you do not push and shove other people. Take extra precautions as men and women perform the Ṭawāf together. If you have female members of the family or children with you, then stay together with them.	☐
When reaching Al-Rukn al-Yamānī (the corner before Al-Ḥajr al-Aswad), if you are near, touch it with your right hand or both hands. If it is far away, do not raise your hands or do anything else. Do not touch it with the left hand only or turn your chest towards the Kaʿbah at this point.	☐

On reaching Al-Rukn al-Yamāni, read the following Du‘ā: اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ <i>Allāh humma Innī As'alukul 'Afwā Wal 'Āfiyata Fid Duniya Wal Ākhirah</i> “O Allāh, I ask for Your Pardon and Wellbeing in this World and the Hereafter.”	☐
From Al-Rukn al-Yamāni to Al-Ḥajr al-Aswad read: رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ <i>Rabbanā Ātina Fid Dunyā Ḥasanataw Wa Fil Ākhirati Ḥasanataw Wa Qinā 'Adhābannār</i> “Our Lord, give us in this World (that which is) good and in the Hereafter (that which is) good and protect us from the punishment of the Fire.”	☐
After 7 rounds, do the final Istilām (8 in total), then go behind Maqām Ibrāhīm (The golden enclosure in the Matāf, slightly behind and to the right of Al-Ḥajr al- Aswad) and read 2 Rak‘ah Wājib Ṣalāh (It is better to read	☐

Sūrah al-Kāfirūn in the 1st Rak‘ah and Sūrah al-Ikhlāṣ in the 2nd Rak‘ah). Note: For men, once Ṭawāf is complete, there is no more Idṭibā‘, so cover your shoulders with the Ihṛām before reading the Ṣalāh and keep them covered after during Sa‘ī. If it is Makrūh time (after Fajr, Zawāl, or between ‘Aṣr and Maghrib), then perform the 2 Rak‘ah after the Makrūh time has finished, before any other Sunnah Ṣalāh.	
If you can’t read your Ṣalāh behind Maqām Ibrāhīm due to the crowd, then it can be read anywhere else in the Masjid.	☐
After Ṣalāh, do Du‘ā.	☐
After Du‘ā, if possible, go to the Multazam, (the space between the doors of the Ka‘bah and Al-Ḥajr al-Aswad) and do Du‘ā, if it’s not busy. This area is very busy so ensure you don’t push and shove. Du‘ā in this place can be done before or after going to drink Zamzam.	☐
If it is too busy, then stand near it and do Du‘ā instead. After the Multazam, go and drink as much Zamzam as you can. You will see taps and water containers in many places.	☐

Drink Zamzam facing the Qiblah and recite the following Du‘ā: اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ <i>Allāh humma Inni As'aluka 'Ilman Nāfi'an, Wa Rizqan Wāsi'an, Wa Shifā an Min Kulli Dā'in</i> “O Allāh I ask You for beneficial knowledge and wide sustenance and cure from all illnesses.” You can also do the following Du‘ā: “O Allāh, with the Barakah of this Zamzam water, save me from the thirst of the Day of Judgment.”	☐
After drinking Zamzam, go back to Al-Ḥajr al-Aswad and do Istilām again. (It is Mustahab to perform Istilām before Sa‘ī).	☐
Afterwards proceed for Sa‘ī.	☐



How to perform Sa'ī (Between Aş-Şafā & Al-Marwah)

Task	Complete
Follow signs for Masā (this will take you to Aş-Şafā) and make the intention of performing Sa'ī	☐
When climbing Aş-Şafā, you can recite the following: أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ <i>Ab da'ū, Bi ma Bada Allāhu bihi, Innaş Şafā wal Marwata min Sha'ā irillāh</i> “I begin with what Allāh began with, Indeed Aş-Şafā and Al-Marwah are among the Symbols of Allāh.” You need to walk up Aş-Şafā as far as you can, until you can see the Ka'bah (Due to construction, this might not be possible anymore). You may be able to see the Ka'bah through the pillars.	☐
After seeing the Ka'bah, or facing in that direction, raise your hands for Du'ā and read 3 times:	☐

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Allāhu Akbar, Lā ilāha illAllāh

“Allāh is the Greatest, there is no God but Allāh.”

Then read the 4th Kalimah:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*Lā ilāha illallāhu, Waḥdahu Lā Sharīka lahu,
Lahul-Mulku Wa Lahul-ḥamdu, Yuhyī Wa Yumītu,
Wa huwa ‘Ala Kulli Shay’in Qadīr*

“There is no God but Allāh, He is alone, there is no partner for Him, for Him is the Dominion and for Him is all Praise, He gives life and death, and He has Power over all things.”

Then read the following Du‘ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahū, Anjaza Wa‘dahū,
Wa Naṣara ‘Abdahū, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled
His promise, aided His slave and single-handedly
defeated the allies.”

Then read Durūd (Ṣalawāt & Salām), do lots of Du‘ā, and
proceed towards Al-Marwah.

You can read any Du‘ā during Sa‘ī, but it is Sunnah to read
this Du‘ā:

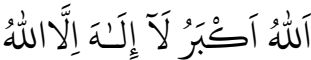
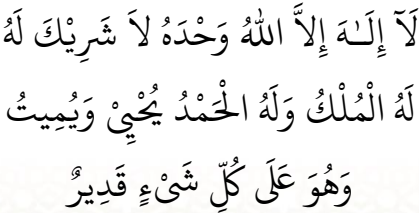
رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Rabigh fir War Ḥam, Antal A‘az-zul Akram

“Lord Forgive and have Mercy,
You are the most Majestic, most Generous.”

At two places, there will be green lights. From one set of
lights to the other, men must jog. At all other places, walk
at a normal pace. For women, there is **no** jogging.



If you can't jog due to the crowd, do as much as you can.	☐
For men, after jogging, you should wait for the women to catch up.	☐
At Al-Marwah you cannot see the Ka'bah, so you should go as far as you can and then turn towards the Ka'bah and do Du'a as you did at Aş-Şafā, Read 3 times:  <i>Allāhu Akbar, Lā ilāha illAllāh</i> “Allāh is the Greatest, there is no God but Allāh.” then 4th Kalimah:  <i>Lā ilāha illallāhu, Waḥdahu Lā Sharika lahu, Lahul-Mulku Wa Lahul-ḥamdu, Yuhyī Wa Yumītu, Wa huwa 'Ala kulli Shay'in Qadīr</i>	☐

“There is no God but Allāh, He is alone, there is no partner for Him, for Him is the Dominion and for Him is all Praise, He gives life and death, and He has Power over all things.”

then read the following Du‘ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahu, Anjaza Wa‘dahu,
Wa Naṣara ‘Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies.”

Then read Durūd (Ṣalawāt & Salām), do lots of Du‘ā, and proceed towards Aṣ-Ṣafā again.

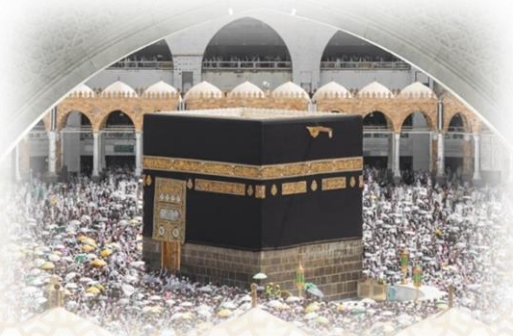
Do this 7 times and you will end up at Al-Marwah.
Note: You will have started at Aṣ-Ṣafā and finished at Al-Marwah. Aṣ-Ṣafā to Al-Marwah is one round and Al-Marwah back to Aṣ-Ṣafā is another round.

After completing Du‘ā at Al-Marwah (after the 7th round), Sa‘ī will now be complete.
Pray 2 Rak‘ah Nafl Ṣalāh anywhere in the Masjid, if possible. This is Mustahab (desirable).

After Sa'i – Shaving/Cutting the hair

Task	Complete
Your 'Umrah will not be complete until you have cut your hair. For men, there are barbershops located in many places including the basement of the Clock Tower and in hotels. Do not cut/shave your hair on the street. Women should cut their hair back at the hotel.	☐
DO NOT USE PERFUMED SOAP ON HEAD (check with barber) when shaving/cutting (Start from the right side).	☐
For men, it is more rewarding to completely shave the head rather than just cutting the hair.	☐
For women, they should cut off approx. one inch off their plait. This can be done by wrapping the hair around a finger and then cutting it. This will be done each time an 'Umrah is performed.	☐

Your 'Umrah will now be complete



Recommended Actions in Makkah

First and foremost, do not miss any Ṣalāh with Congregation (Jamā'ah) in Al-Masjid al-Ḥarām. If you are going for Ziyārah, ensure you are going at a time, where you will be back for Ṣalāh.

Note: Many places may be closed for Ziyārah, so please check (with your Group Leader if you have one) before going to any of these places as you may not be allowed to stop.

Task	Complete
Try and complete at least one recitation of the Qur'ān in Al-Masjid al-Ḥarām. Try and read Salāh in the Ḥaṭīm (make sure it's not Makrūh Time).	☐
Go to Jannat al-Mu'allā, the graveyard where many Ṣaḥābah رَضِيَ اللَّهُ عَنْهُمْ are buried including the first wife of Rasūlullāh صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ, Sayyidah Khadijah رَضِيَ اللَّهُ عَنْهَا (At the time of writing, the graveyard is open daily after 'Aṣr).	☐
Go to Gār Hira (on top of Jabl al-Nūr) & Jabl Thawr. You will need to take a taxi for both. Pick a time when it's not busy or too hot if you want to walk to the top. It is not recommended to climb to the top for people who are not fit.	☐

Do as many Ṭawāf as you can. You can also perform Ṭawāf on behalf of other people like deceased relatives.	☐
If you have time, then you can perform ‘Umrah again. You can perform ‘Umrah on behalf of other people like deceased relatives as well. Ensure you book your ‘Umrah slot through the ‘Nusuk’ app if required	



Hajj

7th Dhul Hijjah

Task	Complete
Clip nails, trim moustache, remove pubic hair and hair under armpits if necessary.	☐
Prepare your luggage (small back pack) to take to Mina: Towel, soap (non-fragrant), Qur'ān, tissues, tasbīḥ, books on Hajj, medication, power bank, charging cables, etc. You will always need to carry this with you, so keep it light as possible. Note: The group leader will inform you when the transport to Mina is expected. This may be on the night of the 7 th , or early morning on the 8 th , so ensure you are ready in time.	☐
After 'Ishā', eat food, perform ghusl, (This can also be done later in the night).	☐
Put on your Ihṛām for Hajj	☐
Go to Al-Masjid al-Ḥarām (Afdal and Mustahab to do intention of Hajj in Al-Masjid al-Ḥarām). Note: Pilgrims staying in Aziziyah may not be able to do so.	☐
Perform one Nafl Ṭawāf if possible (for Taḥiyyatul Masjid). If it's too busy to perform Ṭawāf then read 2 Rak'ah Taḥiyyatul Masjid.	☐

Then read 2 Rak'ah Ṣalāh (with intention of Iḥrām). In 1st Rak'ah recite Surah al-Kāfirūn, and in 2nd Rak'ah, Surah al-Ikhlāṣ with the head covered, then uncover the head and do Du'ā.	☐
And now make the Intention for Hajj (Niyyah) اللَّهُمَّ إِنِّي أُرِيدُ الْحَجَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي <i>Allāh humma Innī Uridul Ḥajja, Fayassirhu li Wa Taqabbalhu Minnī</i> “O Allāh, I intend to perform Hajj, so make it easy for me and accept it from me.”	☐
Then recite the Talbiyah 3 times: لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكُ لَا شَرِيكَ لَكَ <i>Labbayka Allāh humma Labbayk, Labbayka Lā Sharīka laka Labbayk. Innal Ḥamda Wan Ni'mata Laka Wal Mulk, Lā Sharī Kalak.</i>	☐

“Here I am, O Allāh, here I am. Here I am, You have no partner, here I am. Truly the Praise and Favour is Yours, and the Sovereignty, You have no partner”	
You are now a Muḥrim (In the state of Iḥrām, therefore take all the necessary precautions).	☐
OPTIONAL: You can do the Sa‘ī for Ḥajj, which would normally be done after the Ṭawāf al-Ziyārah (For Ḥajj Tamattu‘, it is better to do the Sa‘ī after Ṭawāf al-Ziyārah). If you want to do the Sa‘ī now, then first you must perform a Nafl Ṭawāf and then do the Sa‘ī.	☐
You will also need to do Raml (first 3 rounds) and Iqṭibā during this Ṭawāf as you will have the Iḥrām on.	☐
Now go back to the hotel and rest if you have time or wait for Fajr and spend time in ‘Ibādah.	☐



8th Dhul Hijjah

Mina

Task	Complete
After Fajr, have breakfast and then leave for Mina. Note: It is best not to leave before Fajr, but if your group leaves at a different time due to logistical issues, then this is not an issue. You can walk to Mina if you are able and fit. Before going, find out your Tent number and location in Mina where you are staying from the Group Leader. If you have not been before, go with someone from the group who knows the way. Mina is very big, and you can get lost very easily. If you have elderly and disabled people with you, then it will be best to take the transportation. Keep Reciting the Talbiyah on the way.	☐
Need to reach Mina before Ṣuḥr.	☐
At Mina, you need to read 5 Ṣalāh, from Ṣuḥr to Fajr the following day. You will need to do Qaṣr if you are spending less than 15 nights in total in Makkah (including the days of Ḥajj). ⁵	☐

⁵ <https://islamicportal.co.uk/do-i-shorten-salah-if-i-am-in-hajj-for-sixteen-days/>

Once you arrive at your tent, pin your location from your smartphone using Maps (iPhone) or Google Maps (Android). This will help you get back to your tent if you get lost.	☐
Do the same when you go to ‘Arafāt and Muzdalifah as well.	
In Mina, do as much ‘Ibādah as you can. Recite the Talbiyah (try to read in 3's), Qur’ān, Dhikr, Durūd, Istighfār, teaching & learning etc. Abstain from worldly talk.	☐
Try not to eat too much. Stick to fruits & liquids so you do not need to go to the toilet often. Stay hydrated. If you need to go to the toilet, try and go at a quiet time. Sometimes the queues can get very long, especially just before Ṣalāh times.	☐
Spend the night in Mina.	☐



9th Dhul Hıjjah

‘Arafāt

Task	Complete
After Fajr, eat breakfast, then leave for ‘Arafāt after sunrise. It is quite far, but possible to walk if you are fit and know the way. It will be easier to go on transportation. Keep reciting the Talbiyah, Durūd, Dhikr, etc.	☐
Note: Do not leave before sunrise	
You will need to do Qaşr if you are spending less than 15 nights in total in Makkah (including the days of Hıjj).	☐
Need to reach ‘Arafāt before Zawāl time.	☐
From Zawāl, till Şubḥ Şādiq the following day, one needs to have spent some time in ‘Arafāt. This is Farḍ.	☐
On reaching ‘Arafāt, get ready before Zawāl (i.e., go to the toilet if needed, perform Wuḍū’, expect long queues).	☐
Start ‘İbādah after Zawāl until Maghrib.	☐
Do as much Du‘ā as possible, recitation of the Qur’ān, Talbiyah, Durūd, Dhikr etc.	☐
Best to go near Jabl Raḥmah and do ‘İbādah, DO NOT climb Jabl Raḥmah.	☐
Do ‘İbādah standing as much as possible outside with hands raised in Du‘ā facing Qiblah, then inside your tent	☐

if you get tired. You can sit if you get tired from standing, but it is Makrūh to lie down without an excuse.	
Do not pray Ṣalāt and ‘Aṣr together unless you satisfy the special conditions as follows: • Performed in or near ‘Arafāt • It is the 9th of Dhul Ḥijjah • The Sultan or his representative are present • Both Ṣalāt are performed whilst in Iḥrām for Ḥajj • Ṣalāt is done first, then ‘Aṣr • It is done in congregation As pilgrims will be in tents, Ṣalāt and ‘Aṣr will be prayed in the tents at their own respective times.	☐
This is the main time for Du‘ā; ask for all your permissible needs, and for your family, friends and the whole Ummah of Rasūlullāh ﷺ in these trying times. Pray that Allāh ﷻ removes all difficulties from the Ummah and takes us away with Imān. If you have Al Ḥizb al-A‘ẓam, then recite the supplications from this book and read the translation as well. Du‘ā can be made in any language. If your friends and family have asked you to do specific Du‘ās for them, then do these as well.	☐

Muzdalifah

Task	Complete
After sunset, leave for Muzdalifah, do not read Maghrib at ‘Arafāt. It is possible to walk it there, but transportation will be provided. It is advisable to go to the toilet before you go to Muzdalifah, as there are not many toilets there and the queues can get long.	☐
From ‘Arafāt proceed to Muzdalifah whilst reciting the Talbiyah.	☐
Sometimes you may get dropped off before the boundary of Muzdalifah. You can recognize Muzdalifah by the lighted area and large signs marking the boundary.	☐
Once you arrive, find a place to spend the night. It will be very busy and crowded so it might be easier to find spaces for smaller groups, rather than large ones. Once settled, go to the toilet if needed and perform Wuḍū. It might be easier to find toilets in another part of Muzdalifah but ensure you stay within the boundary.	☐
Ensure that all people in the group have details of your location in Mina and hotel in Makkah. They should also have enough money, so if they get lost, they can get back to the hotel.	☐
Ensure everyone has a phone and working SIM card. Share the contact details with others in the group, so if someone gets lost, they can be contacted.	☐

At Muzdalifah, you will need to read Maghrib and 'Ishā' together at 'Ishā' time.	☐
You will read the Ṣalāh in the following manner:	
In Congregation (Jamā'ah), do one Adhān	☐
Then Iqāmah	☐
Then read 3 Rak'ah Farḍ of Maghrib Ṣalāh	☐
Get up, no Adhān and no Iqāmah	☐
Then the Imām will read 4 Rak'ah Farḍ of 'Ishā' Ṣalāh if he is a Muqīm – resident. (i.e., spending more than 15 nights in Makkah, including days of Ḥajj). If the Imām is a Musāfir (traveller), then he will read 2 Rak'ah Farḍ of 'Ishā'. If you are a Muqīm reading behind a Musāfir, you will have to make up 2 Rak'ah after he completes his Ṣalāh.	☐
Then read the Sunnah of Maghrib	☐
And then the Sunnah and Wājib of 'Ishā'.	☐
You can read both Maghrib and 'Ishā' Ṣalāh any time after 'Ishā' start time & before Fajr start time the following day.	☐
If for any reason, you do not reach Muzdalifah before Fajr and Fajr time is near, then read both Maghrib and 'Ishā' wherever you are.	☐
You will need to stay at Muzdalifah until Ṣubḥ Ṣādiq.	☐
After you have read 'Ishā', try and eat some food.	☐

Then collect stones for Ramī (ritual pelting).	☐
The stones should be at least as big as a pea and no larger than a date stone.	☐
Need to collect enough stones (make sure you don't accidentally pick up clumps of dust). 49 stones are required for pelting 3 days or 70 if also pelting on the 13 th of Dhul Ḥijjah. Collect some spare stones as well in case you lose or drop some.	☐
It is Mustahab to wash the stones.	☐
This is a very auspicious night, do lots of 'Ibādah (try and read Tahajjud as well).	☐
Sort out the stones into small bags, ready for Ramī (7 stones in one bag for the 10 th , 21 stones each in 2 other bags for the 11 th and 12 th (or 21 stones each in 3 bags if you are also planning on doing Ramī on the 13 th of Dhul Ḥijjah).	☐
Have some rest and keep away from sin.	☐



10th Dhul Hıjjah

This is the day of Eid. For the pilgrims, there will be no Eid Şalāh on this day. The pilgrims will begin the day in Muzdalifah, then make their way to Mina to perform the Ramī (ritual pelting) of the large Jamarah. Their animal sacrifice (Dam Shukr) will then be done. If they are not doing the animal sacrifice (Dam Shukr) themselves, they will wait until its confirmation has been received, then they will shave/cut their hair and come out of the state of Ihram. Most pilgrims will also perform the Ṭawāf al-Ziyārah & Sa‘ī on this day as well.

Note: If you have arranged to have your Dam Shukr done by an agent and they have given you a specific time, you must complete your Ramī (pelting) on that day before that time. Other agents will await confirmation you have completed the Ramī (pelting) before they carry out the sacrifice on your behalf. They will then inform you once the sacrifice has been done.

Muzdalifah

Task	Complete
Continue in ‘Ibādah, Talbiyah, Tasbīḥ, Du‘ā etc. until Fajr time, and then read Fajr Şalāh.	☐
Once you have read Fajr Şalāh, leave for Mina. Transportation will be provided, but if you know the way, it might be easier to walk.	☐

Mina

Task	Complete
On reaching Mina, you need to do Ramī (ritual pelting) of the large Jamarah as soon as possible. • Sunrise to Zawāl – Masnūn • Zawāl to Maghrib – Mubāḥ (permitted) Ramī after Maghrib is Makrūh for able bodied people, however it is not Makrūh for the elderly, weak or women etc.	☐
Try and get some rest at Mina first, eat some food and relieve yourself before you go for Ramī.	☐
To identify the 3 Jamarāt, the one closest to Makkah is the large one called Jamarah al-Kubrā, then it's the middle one called Jamarah al-Wuṣṭā' and finally the small one called Jamarah al-Ūlā'. The pillars have now been replaced by large walls.	☐
On this day, you only need to do Ramī of the big Jamarah, (Jamarah al-Kubrā). This is Wājib.	☐
When going to do Ramī, be careful. It is advisable to approach the Jamarah from behind, as there will be fewer crowds. Also, easier to travel with wife/family together in a small group. Skirt around the main crowd to the rear and then do Ramī. There is now a flyover system in place, so it is much easier than before. Arrange a meeting place	☐

(on the side, away from the crowd) in case you get separated during the Ramī.	
Before doing Ramī, stop reciting the Talbiyah.	☐
Face the Jamarah and throw 7 stones using your thumb and forefinger. Note: If a stone lands near the Jamarah, within the surrounding wall, it will be valid	☐
Each stone must be thrown separately.	☐
For males, raise arm so armpit is viewable.	☐
Read the following before throwing each stone بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ <i>Bismillāhi Allāhu Akbar</i> “In the Name of Allāh, Allāh is the Greatest”	☐
There is no Du‘ā after the Ramī of the big Jamarah.	☐
Do not hit the wall hard because if it rebounds off and falls outside the surrounding wall, it will need to be repeated.	☐
Make sure you don’t miss any Ṣalāh on the way to perform the Ramī.	☐

The best time for females is between ‘Aṣr and Maghrib when less busy.	☐
You could read ‘Aṣr at start time in Mina, then go to do Ramī. If there is not enough time, leave before ‘Aṣr and perform ‘Aṣr Ṣalāh near the Jamarāt (don’t delay reading your Ṣalāh until after you have finished your Ramī, or you might miss it).	☐
If the Ramī is done after Maghrib, you may not be able to do the animal sacrifice (Dam Shukr), so you will have to stay in Ihṛām for another day. You cannot come out of Ihṛām until your animal sacrifice (Dam Shukr) is done.	☐
Time for Ramī is until Ṣubḥ Ṣādiq	☐
After Ramī, if someone is doing the animal sacrifice (Dam Shukr) on your behalf, make your way to Makkah. Inform them if necessary. If you are doing it yourself at the abattoirs in Mina, then make your way there but bear in mind it is very far.	☐



Animal Sacrifice (Dam Shukr) & Ḥalaq

Task	Complete
The animal sacrifice (Dam Shukr) is performed for thanks. Try doing it yourself. If you can't, then be present whilst it is being done. If not, get an agent to do it on your behalf. The group leader can normally organize this for you. This can be arranged before you leave for Hajj.	☐
Contact the agent who is performing the animal sacrifice (Dam Shukr) on your behalf. They will have either given you a time by which you need to have completed the Ramī or ask that you contact them once you have completed it. Once the animal sacrifice is done, they will contact you to confirm. Note: You cannot shave/cut your hair until your animal sacrifice has been carried out.	☐
Once you have confirmed the animal sacrifice (Dam Shukr) has been done, for men, shave your head (Ḥalaq), this is more rewarding than cutting. It is easier to do your Ḥalaq in Makkah as there are many barber shops (In the basement of the Clock Tower as well as in many hotels). When shaving, start from the right side & remember not to use fragranced soap/spray on your head as you are still in Ihram.	☐
For women, trim slightly more than an inch from the end of your plait. As before, wrap the hair around a finger and cut it.	☐

Ṭawāf al-Ziyārah

Task	Complete
The Ṭawāf al-Ziyārah is Farḍ. It is best done on the 10 th , but it might be easier to do on the morning of the 11 th as there are less crowds.	☐
Wājib to be done before sunset on the 12 th .	☐
It is ok for women who are on their menstrual cycle to delay it after the 12 th (Purity is a condition for Ṭawāf).	☐
Relations with your partner are only allowed after the Ṭawāf al-Ziyārah has been completed.	☐
Go to Al-Masjid al-Ḥaram and perform Ṭawāf al-Ziyārah. For Men, do Raml for the first 3 rounds (if Sa'ī was not done already) even if not in Iḥrām.	☐
After completing Ṭawāf, read 2 Rak'ah Ṣalāh behind Maqām Ibrāhīm if possible. Otherwise can be read anywhere.	☐
Do Du'ā at Multazam if possible, then drink Zamzam.	☐
Now go and perform Sa'ī in the same way as done during 'Umrah.	☐
Return to Mina as soon as possible after you have completed the Ṭawāf al-Ziyārah. It is best to spend the nights of Hajj in Mina as they are very rewarding.	☐

11th Dhul Hijjah

Task	Complete
If you have not already done the Ṭawāf al-Ziyārah then try and do it on this day. You can get transport from the main road behind the abattoirs in Mina.	☐
Can only do Ramī after Zawāl.	☐
Best to do after ‘Aṣr, as it is less busy.	☐
On this day, you need to do Ramī (pelting) of all 3 Jamarāt.	☐
Start with the small Jamarah	☐
Throw 7 stones at each Jamarah (Reciting <i>Bismillāhi Allāhu Akbar</i> before throwing each stone)	☐
Stone the small Jamarah first then turn right in the direction of the Ka‘bah and do Du‘ā. Read Sūrah al-Fātiḥah, Durūd. Try reading Sūrah al-Baqarah as much as possible or do Du‘ā for duration it takes to read at least 20 verses.	☐
Then stone the middle Jamarah and do Du‘ā again as above.	☐
Then stone the large Jamarah. There will be no Du‘ā after this.	☐
Then return to your tent in Mina and carry on ‘Ibādah.	☐

12th Dhul Ḥijjah

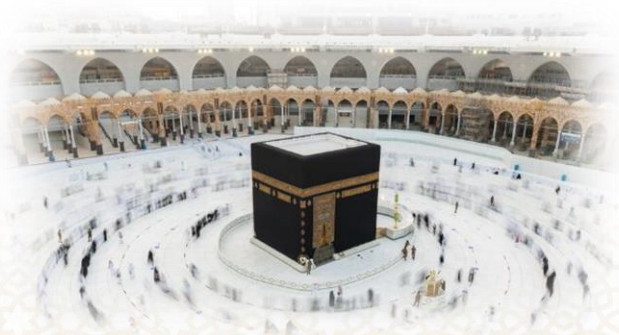
Task	Complete
Before leaving for Ramī, take all your personal belongings with you as you will not be returning to your tent.	☐
Do Ramī of all 3 Jamarāt again, in the same way as the day before.	☐
Best to do after ‘Aṣr again. Try reading ‘Aṣr Ṣalāh near Jamarāt at start time, then do Ramī or maybe even try leaving your tent after reading Ṣuhr at start time.	☐
Leave Mina before sunset. If you don't leave, then it is Makrūh to leave without doing Ramī the following day. If you are still in Mina at Ṣubḥ Ṣādiq on the 13 th , then it will be Wājib to do Ramī on this day.	☐
If you want to, you can also do Ramī on the 13 th (Makrūh from Fajr till Zawāl, Sunnah from Zawāl till Maghrib). There should be many vacated tents near the Jamarāt so you could stay there. This is very rewarding as well.	☐

Your Ḥajj is now complete



Ṭawāf al-Widā' (Farewell Ṭawāf)

Task	Complete
Do as late as possible, before leaving Makkah. Try and make this your last Ṭawāf.	☐
Perform Ṭawāf, then read 2 Rak'ah Ṣalāh behind Maqām Ibrāhīm and then drink Zamzam.	☐
Then do Du'ā at the Multazam if possible and ask Allāh ﷻ to bring you back again as soon as possible.	☐
Make Istilām of al-Ḥajr al-Aswad and depart with a heavy heart, that you are leaving the Ḥaram.	☐
Note: If a woman is unable to perform the Ṭawāf al-Widā' due to being on her monthly cycle there will be no penalty. ⁶	



⁶ <https://islamicportal.co.uk/farewell-tawaf/>

Madīnah

Visiting the City of our beloved Rasūlullāh ﷺ is also a very special occasion. Some pilgrims will go to Madīnah before ‘Umrah/Hajj, and others will go after.

There will be many opportunities for Ziyārah but make sure you do not miss any Ṣalāh in Al-Masjid al-Nabawī. In Madīnah, recite as much Durūd as you can and present your Salām to Rasūlullāh ﷺ as often as you can. Try and work out the best time to go when there are fewer crowds.

Note: You may need to book visiting the Rawḍah through the ‘Nusuk’ app.

Read various books on the Sīrah of Rasūlullāh ﷺ. Familiarize yourself with the city and the great events which occurred in this blessed place. A good series of books on Sīrah can be found on the link below:

<https://islamicportal.co.uk/english-books/>

It is recommended that you obtain the booklet called ‘How to Perform Ziyārah of Madīnah Munawwarah’ by Maulana Muhammad Saleem Dhorat Ḥafīẓahullāh before you go, as it contains detailed information about this special journey including details of the Rawḍah and locations of graves in Jannat al-Baqīʿ.

Spend some time in Riyāḍ al-Jannah (Rawḍah booking will be required) if possible and read Ṣalāh, recite Qurʾān, perform Duʿā etc. there. Men should also visit Jannat al-Baqīʿ. Check what time it opens and if possible,

take part in a Janāzah there as well (At the moment it is open after Fajr and ‘Aṣr). The graves are not marked, but again, from Maulana Muhammad Saleem’s booklet, you will be able to see who is buried where, including Sayyidunā Uthmān رَضِيَ اللَّهُ عَنْهُ, the children and wives of Rasūlullāh ﷺ and many other Ṣaḥābah رَضِيَ اللَّهُ عَنْهُمْ.

Please remember myself and my family when you present your Salām to Rasūlullāh ﷺ and make Du‘ā that Allāh ﷻ gives us all the opportunity to go to Madīnah again and again.



How to Present Salām

Task	Complete
Read Durūd (Ṣalawāt & Salām) on the way to Madīnah.	☐
Before going to Al-Masjid al-Nabawī, dress in your best clothes including as much Sunnah as possible. Put on Iṭar and wear an Imāmah (turban) if you have one.	☐
For men, when going to present Salām, you will have to enter from the gate on the right-hand side of the Masjid (Bāb as-Salām). Note: This may change due to restrictions, so check the latest guidance when you arrive. For sisters, there are certain times of the day which have been allocated to present their Salām to Rasūlullāh ﷺ. You can confirm the timings by checking the electronic noticeboards which are outside some of the gates. Take care not to commit any innovative actions, respect the sanctity of the Masjid and always remain well behaved and civil. Have total respect and humility.	☐

Enter the Masjid with the right foot and recite:

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ
عَلَى رَسُولِ اللَّهِ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*Bismillāhi Waṣṣālatu Wassalāmu ‘Alā Rasūlillāh,
Allāh hummaf taḥlī Abwāba Raḥmatik*

“In the name of Allāh and Mercy and Peace on the
Messenger of Allāh,
O Allāh, open the doors of Your Mercy for me.”

Proceed to the Rawḍah which will be on your left. You will then see the golden enclosure, housing the blessed resting place of Rasūlullāh ﷺ and his Companions رَضِيَ اللَّهُ عَنْهُمْ. There are 3 sets of doors at the front. The three graves are behind the middle enclosure which has one large golden viewing hole on the left door and two smaller ones on the right.

Once you reach there, present your Salām. If you do Salām directly in front of the enclosure, then you won't have much time. Try to stand a bit of a distance away, that way you will have more time to present your Salām.

Present your Salām by saying at least:

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Assalāmu ‘Alayka Yā Rasūlallāh

You can also say the following:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Rasūlallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا نَبِيَّ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Nabiyallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا حَبِيبَ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Ḥabīballāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا خَاتَمَ الْأَنْبِيَاءِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Khāṭamal Anbiyā

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ
 وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ
 أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ
 وَأَنَّكَ عَبْدُهُ وَرَسُولُهُ

*Assalāmu ‘Alayka Ayyuhannabiyu
 Wa Raḥmatullāhi Wa Barakātuhu,
 Ash hadu an Lā ilāha illallāhu
 Wa Annaka ‘Abduhu Wa Rasūluh*

Remember to convey the Salāms of all people who have asked you.

☐

Make Du‘ā to Allāh ﷻ and make sure you do NOT raise your hands towards the grave of Rasūlullāh ﷺ whilst doing so.

☐

Once you have finished, move 2 steps to the right and present your Salām to Sayyidunā Abū Bakr رَضِيَ اللَّهُ عَنْهُ. Recite the following:

☐

السَّلَامُ عَلَيْكَ يَا خَلِيفَةَ رَسُولِ اللَّهِ
 جَزَاكَ اللَّهُ عَنْ أُمِّةٍ مُحَمَّدٍ
 صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

<i>Assalāmu ‘Alayka Yā Khalīfata Rasūlallah.</i> <i>Jazākallāhu ‘An Ummati Muḥammadin</i> <i>Ṣallalāhu ‘Alayhi Wa Sallam</i>	
Once you have finished, move 2 steps to the right and present your Salām to Sayyidunā ‘Umar رَضِيَ اللهُ عَنْهُ. Recite the following: السَّلَامُ عَلَيْكَ يَا أَمِيرَ الْمُؤْمِنِينَ جَزَاكَ اللَّهُ عَنْ أُمَّةٍ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ <i>Assalāmu ‘Alayka Yā Amīr al-Mu’minīna.</i> <i>Jazākallāhu ‘An Ummati Muḥammadin</i> <i>Ṣallalāhu ‘Alayhi Wa Sallam</i>	☐
Take a Ṣalāt & Salām booklet with you and read this as much as you can when you are in Madīnah. Also try and complete the recitation of the Qur’ān in Al-Masjid al-Nabawī.	☐

Comprehensive Du‘ā

At each place where supplications are accepted, i.e., seeing the Ka‘bah, at Aṣ-Ṣafa, Al-Marwah, etc. we should make the following Du‘ā:

“O Allāh, whatever Du‘ā your Prophet ﷺ and your pious servants made at this place, I ask of you for these things as well, so please accept them from me.”

You can also read:

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ
عَلَيْهِ وَسَلَّمَ وَنَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ
مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ
وَ أَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

“O Allāh, we ask You for all those good things for which Your Nabī, Muḥammad ﷺ asked You, and we seek refuge from You for all those evils which Your Nabī, Muḥammad ﷺ sought refuge from You. You are the only one who can be turned to for help, and for You is only to convey. There is no power (to do good deeds) or ability (to avoid bad deeds) except with the help of Allāh.”

Hajj/‘Umrah Prayer Quick Reference

Description	Prayer
After Ṣalāt al-Ihrām	اَللّٰهُمَّ اِنِّىْ اَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوْذُبِكَ مِنْ سَخَطِكَ وَالتَّارِ بِرَحْمَتِكَ يَا اَرْحَمَ الرَّاحِمِيْنَ
Intention for ‘Umrah	اَللّٰهُمَّ اِنِّىْ اُرِيْدُ الْعُمْرَةَ فَيَسِّرْهَا لِيْ وَتَقَبَّلْهَا مِنِّيْ
Talbiyah	لَبَّيْكَ اَللّٰهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيْكَ لَكَ لَبَّيْكَ اِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكُ لَا شَرِيْكَ لَكَ
Entering the Masjid	بِسْمِ اللّٰهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُوْلِ اللّٰهِ اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ
When seeing the Ka‘bah (thrice)	اَللّٰهُ اَكْبَرُ لَا اِلٰهَ اِلَّا اللّٰهُ
Intention for Ṭawāf	اَللّٰهُمَّ اِنِّىْ اُرِيْدُ طَوَافَ بَيْتِكَ الْحَرَامِ فَيَسِّرْهُ لِيْ وَتَقَبَّلْهُ مِنِّيْ

At the beginning of Ṭawāf after Intention	بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ
Istilām of Al-Ḥajr al-Aswad	بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ
On reaching Al-Rukn al-Yamāni	اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ
Between Al-Rukn al-Yamāni & Al-Ḥajr al-Aswad	رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَ فِي الْآخِرَةِ حَسَنَةً وَ قِنَا عَذَابَ النَّارِ
When drinking Zamzam	اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَ رِزْقًا وَاسِعًا وَ شِفَاءً مِنْ كُلِّ دَاءٍ
When climbing Aş-Şafā	أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَابِرِ اللَّهِ
At Aş-Şafā & Al-Marwah	اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

	لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ
During Sa'ī	رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ
Intention for Hajj	اَللّٰهُمَّ اِنِّیْ اُرِیْدُ الْحَجَّ فَيَسِّرْهُ لِیْ وَقَبِّلْهُ مِنِّیْ
When pelting (Ramī)	بِسْمِ اللّٰهِ اَللّٰهُ اَكْبَرُ
Comprehensive Du'ā	اَللّٰهُمَّ اِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيِّكَ مُحَمَّدٌ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ وَنَعُوْذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ وَ اَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ



Hajj Checklist

(3rd Edition)

www.islamicacademycoventry.org

83-87 Cambridge Street
Coventry CV1 5HU