

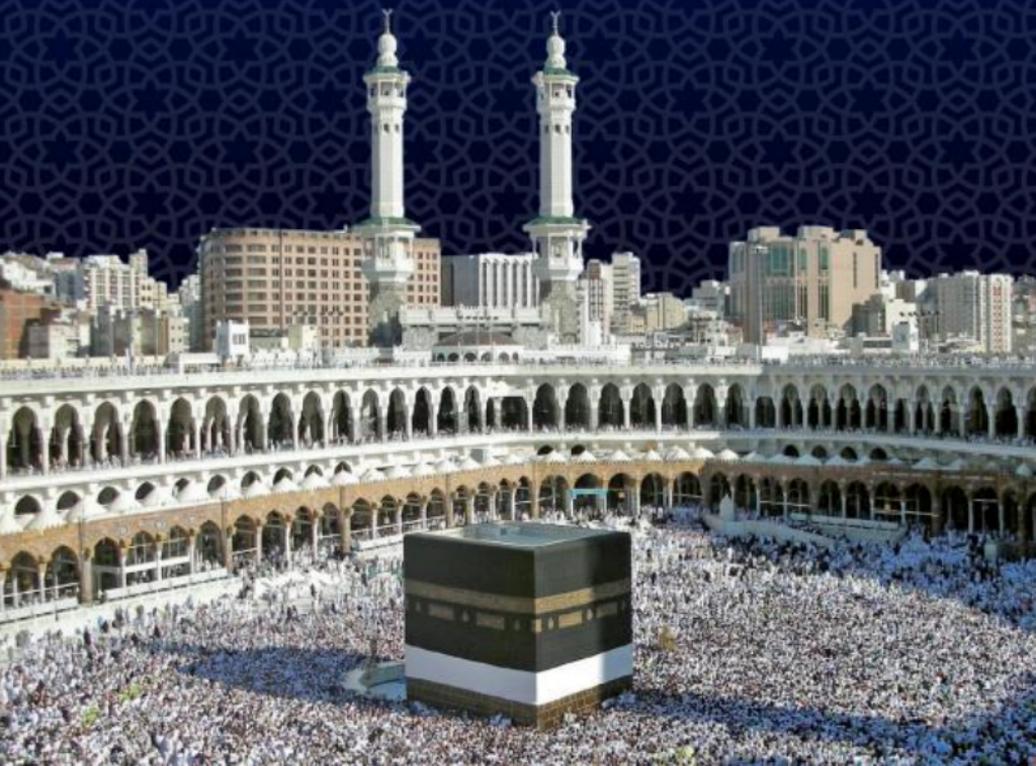
Islamic Academy of Coventry

Hajj Checklist

(2nd Edition)

**A simple & practical guide to the
rituals of Hajj & 'Umrah**

Maulānā Ebrahim Noor



© Islamic Academy of Coventry
Hajj Checklist

1st Edition 2018 – 1,000 copies

1st Edition 2019 – 1,500 copies

2nd Edition 2022 – 2,000 copies

All rights reserved. Aside from fair use, meaning for use of educational purposes or review, no part of this publication may be reproduced without the prior permission of the copyright owner

Islamic Academy of Coventry
83-78 Cambridge Street
Coventry CV1 5HU

www.islamicacademycoventry.org

Contents

Introduction.....	5
Useful Information	8
Prohibited actions while in the state of Iḥrām.....	10
Hand Luggage Packing List.....	12
Last Minute Checks.....	13
At Home Before Leaving	14
At Airport	15
In Plane	17
At Jeddah Airport.....	19
At Makkah	21
How to perform ʿUmrah	23
How to do Saʿī (Between Aṣ-Ṣafā & Al-Marwah)	30
After Saʿī – Shaving/Cutting the hair.....	36
Recommended Actions in Makkah.....	37
Ḥajj.....	38
7 th Dhul Ḥijjah	38
8 th Dhul Ḥijjah	40
Mina	40
9 th Dhul Ḥijjah	42

‘Arafāt	42
Muzdalifah	44
10 th Dhul Hıjjah	47
Muzdalifah	47
Mina	48
Animal Sacrifice (Qurbāni) & Halaq	51
Ṭawāf al-Ziyārah	52
11 th Dhul Hıjjah	53
12 th Dhul Hıjjah	54
Ṭawāf al-Widā‘ (Farewell Ṭawāf).....	55
Madīnah	56
How to Present Salām	57
Comprehensive Du‘ā.....	61
Hajj/‘Umrah Prayer Quick Reference.....	62

For my Dear Uncle, Farid Ahmed Noor

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Introduction

I begin by Praising Allāh ﷻ, Lord of the Worlds and sending Peace & Salutations to our beloved Prophet Muḥammad ﷺ.

Allāh ﷻ has blessed us with many types of worship, which utilize different types of efforts on behalf of the worshipper. The effort may be physical, like when we perform Ṣalāt. The effort might be financial, like in Zakāt, or the effort might be in the form of abstention, like when we fast. Yet there is one form of worship which encompasses all our efforts, physical, financial and abstention, and this is our Ḥajj, our pilgrimage.

Ḥajj is the only form of ritual worship which is obligatory once in a lifetime. The first Ḥajj a person performs, will count as their obligation. Subsequent pilgrimages will be counted as supererogatory, Nafl. Therefore, it is imperative that a pilgrim carries out the right amount of preparation to ensure that they perform all the rituals of Ḥajj in a correct manner, gaining the maximum amount of reward.

There are many useful resources which explain the rituals of Ḥajj in a detailed manner, especially the books by our dear teacher Shaykh Muḥammad Saleem Dhorat Ṣāhib Ḥafīzahullāh. Shaykh's annual lectures on Ḥajj provide invaluable information for pilgrims, both new and ones who are returning to the Ḥaramayn.

In 2001, prior to my first visit to the Ḥaramayn, Shaykh's lectures were my initial inspiration in compiling a checklist. This included valuable practical

tips from the precious talks, which could not be found in any books, as well as a simplified explanation of the rituals of Ḥajj to aid me in performing my Ḥajj without the risk of forgetting any important information. This checklist has since benefitted many pilgrims over the years.

In the last 20 years, there have been many changes, which have affected the way we perform our Ḥajj, therefore advice which may have been sound and relevant a few years ago is no longer valid. For example, the Jamarāt have changed from pillars to walls, the Maṭāf has increased in size and the black line on the floor marking the start of the Ṭawāf has been removed.

Many pilgrims now stay in Aziziyah and will travel to Mina directly from there. Also, rather than travelling to Mina on the morning of the 8th of Dhul Ḥijjah, many pilgrims are now taken the night before.

All these reasons have led me to update the checklist with information which will Inshā'Allāh be relevant for today's Ḥajj, as well as being presented in an updated format and medium. In this 2nd edition, I have included a summary of the Prayers made during Ḥajj and ʿUmrah as a quick reference guide. This is for those pilgrims who are familiar with the rituals but may want to recap on the various Prayers.

The information in this checklist has been arranged in a simple chronological order, where the pilgrim can access the relevant section quickly and easily whilst keeping track of their progress.

Since the release of the 1st edition, the entry requirements, as well as the situation on the ground continuously changed due to the advent of Covid-

19. I was fortunate to have spent the last days of Ramaḍān this year in the Ḥaramayn and by that time, most of the restrictions had been lifted apart from the Maṭāf being limited to those performing ʿUmrah. Keeping this in mind, pilgrims are advised to check the latest advice regarding the following before travelling:

- Vaccination Requirements
- Covid Testing
- Visa
- Age requirements for Ḥajj, ʿUmrah and entry into Al-Masjid al-Ḥarām and Al-Masjid an-Nabawī
- Any smart phone apps which are required for proof of vaccination
- Any smart phone apps which are required for booking Ḥajj, ʿUmrah, visiting the Rawḍāh and presenting Salām

If any smartphone apps are required, it is recommended to install them before you leave, saving you time when you arrive. However, some apps may only work once a SIM purchased from Saudi is installed in your phone.

I hope and pray that this booklet continues to benefit many more pilgrims in the years to come and may Allāh ﷻ accept the efforts of all those who have helped in the compilation of this checklist, especially Shaykh Abdus Subhan Dalvi whose input has been invaluable. Āmīn.

Ebrahim Noor - 4th Shawwāl 1443 AH (5th May 2022)

Useful Information

How to Use this Checklist

It is recommended that each pilgrim reads through the checklist and familiarises themselves with the rituals of Ḥajj and ʿUmrah. If the printed version is being used, tick the relevant checkbox each time a task has been completed. If the PDF version is being used, the checkboxes can be marked using the in-application marking functions.

Try and learn the Duʿā's (supplications) with their meanings, especially the Talbiyah, so you understand what you are reciting. If a person finds it hard to memorize the various Duʿā, then they can be read off the checklist. A summary can be found in the back.

This checklist assumes that the pilgrim is travelling to Makkah first. If the pilgrim is travelling first to Madīnah, then follow the same instructions, but make the intention of ʿUmrah when you reach the Miqāt (boundary) for pilgrims travelling from Madīnah, which is Masjid Dhul-Ḥulayfah. This is where you will enter the state of Iḥrām.

Ḥajj Tamattuʿ

Most pilgrims will be carrying out Ḥajj Tamattuʿ, where they will wear the Iḥrām, perform ʿUmrāh then come out of Iḥrām. They will then wear a new Iḥrām for Ḥajj. This checklist has been prepared with these pilgrims in mind.

For pilgrims carrying out Ḥajj Qirān or Ifrād, although many of the rituals will be the same, it is recommended that they consult a Scholar to learn the correct procedure.

Social Media

Our Ḥajj is a very special act of worship. Whilst we are there, we are guests of Allāh ﷻ so we must take extra care with our actions. Many people spend time taking photographs and selfies at the Holy Sites. They spend time updating their social media status and sending messages rather than worshipping.

Before you go, disable any social media accounts and refrain from taking photographs and sending unnecessary messages. Remember not to spoil your Ḥajj/‘Umrah by doing actions which are impermissible.

Whilst we are in the Ḥaramayn, the minutes and hours should be treasured. We don't know when we will again get the opportunity to visit these Holy places, so make the most of your time. Utilize your time effectively and spend time in worshipping Allāh ﷻ.

Food

Great care and precautions must also be taken with food. In current times, there are many fast-food outlets/restaurants in the Ḥaramayn who source their meat from overseas. Eat from places that source their meat locally or use local caterers whose sources can be verified.

Prohibited actions while in the state of Iḥrām

Iḥrām is an actual state, not just the sheets a person wears whilst performing the rituals of Ḥajj and ʿUmrāh. A person does not enter this state until they have made the intention of Ḥajj or ʿUmrāh. This must be done before they pass the Mīqāt (boundary).

Once a person is in the state of Iḥrām, certain actions become prohibited. If a person performs any of these actions, accidentally or on purpose, they must consult a Scholar as soon as possible. They will advise if any appropriate expiation must now be given. The prohibited actions in Iḥrām are as follows:

1. Indulging in intercourse, kissing, embracing and sexual talk in the presence of women.
2. Committing any actions which Allāh ﷻ has made unlawful i.e., obscenity, transgression, conflict etc.
3. Hunting animals or even aiding someone in hunting. This would also include killing lice.
4. Using Iṭar (perfume), scent, perfumed oil, or anything which has a fragrance, on the body, clothes, food, or drink.
5. Shaving, clipping, or plucking hair from any part of the body. If any hair comes off by itself whilst washing, then this does not matter.
6. Clipping the nails.
7. For men to wear any stitched clothing.

8. For men to wear any footwear which covers the central bone of the upper part of the feet.¹
9. For men to cover their heads and faces i.e., wearing hats or covering the head with a blanket. (An umbrella can be used; sunglasses/spectacles can also be worn).
10. For women, to cover their faces. However, in the presence of non-maḥram males, the face should be covered in a way that the material does not touch the face. This can be done using a cap type niqāb which keeps the covering away from the face.
11. Causing any type of harm to another Muslim, verbal or physical.

¹ For more information on permissible footwear, refer to:

<https://islamicportal.co.uk/footwear-in-ihram/>

Hand Luggage Packing List

It is recommended you carry a small light hand luggage, packing only essential items, so it is easier for you to travel. The less weight you have on your person, the easier it will be.

Your personal documents (passports/plane tickets) and mobile phone should always be kept on your person while travelling, in a personal bag/handbag, so they are easily accessible. Your money can be kept in a money belt/pouch if required. For men, if they are wearing a money belt that goes around the waist, the lower part of the Iḥrām can be folded over it for extra peace of mind.

Item	Complete
One small towel	<input type="checkbox"/>
Iṭar (perfume)	<input type="checkbox"/>
Unscented soap, soap dish & flannel	<input type="checkbox"/>
Watch (on person)	<input type="checkbox"/>
Spare Iḥrām	<input type="checkbox"/>
Money belt, wallet (on person)	<input type="checkbox"/>
Small bottle for toilet use, put in separate bag	<input type="checkbox"/>
Travel Muṣallāh	<input type="checkbox"/>
Spare carrier bags (for rubbish or dirty clothes)	<input type="checkbox"/>
Some food and drink for journey	<input type="checkbox"/>
Passports, money, and tickets (on person)	<input type="checkbox"/>
Qur'ān (preferably Zip-up)	<input type="checkbox"/>
Ḥajj Books and Notes	<input type="checkbox"/>
Flip Flops for men, if wearing different footwear	<input type="checkbox"/>

Last Minute Checks

Before you leave for the airport, ensure you have the items below with you in your hand luggage/handbag. Also ensure that the relevant information has been passed to any next of kin who are remaining behind.

Item	Complete
Money (In wallet or in money belt/pouch)	<input type="checkbox"/>
Credit/Debit Cards if needed (In wallet or in money belt)	<input type="checkbox"/>
Passports, Visa, Hajj Draft and vaccination certificates/proof if required	<input type="checkbox"/>
ID Cards & wrist bands if supplied by Group Operator	<input type="checkbox"/>
Airplane tickets or e-ticket numbers	<input type="checkbox"/>
Make copies of passports and give to next of kin	<input type="checkbox"/>
Give hotel information to next of kin	<input type="checkbox"/>
Mobile phone (A Saudi SIM card can only be purchased once you land, and your biometrics may be taken during the purchase)	<input type="checkbox"/>
Suitcases & hand luggage (ensure you have not exceeded baggage weight allowance for your airline and hand luggage size is within specified size limits)	<input type="checkbox"/>

At Home Before Leaving

Task	Complete
Perform Ghusl, clip nails, trim moustache, remove pubic hair and hair under armpits	<input type="checkbox"/>
Read 2 Rak'ah Nafl Ṣalāh for ease of Journey, (if it is not Makrūh time for Ṣalāh). Recite Sūrah al-Kāfirūn in 1 st Rak'ah and Sūrah al-Ikhlāṣ in 2 nd Rak'ah.	<input type="checkbox"/>
After Ṣalāh, do Du'ā, send Durūd (Ṣalawāt & Salām) to Rasūlullāh ﷺ then thank Allāh ﷻ for the opportunity to go for Ḥajj. Ask for ease of journey, repent from all sins, and ask for protection from self-desire (Nafs) and Shayṭān.	<input type="checkbox"/>
Meet family & friends and leave in a happy state. Remain in Dhikr during the journey and stop for Ṣalāh on the way if required. Do NOT miss any Ṣalāh. Plan the journey ahead considering possible traffic. Note: All pilgrims will now be classed as travellers so only Qaṣr Ṣalāh will be read.	<input type="checkbox"/>

Note: It may be difficult to put on the Iḥrām at the airport, especially if travelling direct, so males should consider wearing at least the lower part (lungi) from home. Females should get changed at home into the clothes they are using as Iḥrām. Females can wear any type of footwear.

At Airport

If you are travelling direct to Makkah, then you will have to put on your Iḥrām at the Airport, if you have not already done so at home.

It is not recommended to try and put the Iḥrām on in the plane, as space is very limited, and it can get very difficult. There is also the possibility of getting the Iḥrām unclean in the small toilets.

If your plane is not direct and you have enough time at your transit, then it may be possible to put the Iḥrām on there. However, if there are delays, then this could again prove difficult.

It is recommended for males, to at least put on the bottom part of the Iḥrām (lungi) at home or the airport. When the time comes and the Mīqāt (boundary) is approaching, if they haven't put on the top part of the Iḥrām (Chādar) yet, they can simply remove their upper garment and wear the upper sheet.

Note: For people travelling to Madīnah first before Makkah, they will not put on the Iḥrām at the airport. They will enter into Iḥrām on the way to Makkah from Madīnah at the Mīqāt, which will be Masjid Dhul-Ḥulayfah. There are facilities there to get changed, however the sheets can be worn from the hotel. It is advisable for females to get changed into the clothes they are using as Iḥrām from the hotel.

At Masjid Dhul-Ḥulayfah, the pilgrim will read Ṣalāt al-Iḥrām (if not Makrūh time), make the intention, then recite the Talbiyah.

Task	Complete
Check in luggage	<input type="checkbox"/>
Perform Wuḍū if needed and put Iṭar (perfume) on body (don't stain Iḥrām). Put Iḥrām on (If you have not already done so from home). For males, remember to remove underwear.	<input type="checkbox"/>
For males, put on flip flops (if you have not already done so) & put shoes and clothes away.	<input type="checkbox"/>
Read 2 Rak'ah Nafl, Ṣalāt al-Iḥrām (make sure it's not Makrūh time). Recite Sūrah al-Kāfirūn in 1 st Rak'ah and Sūrah al-Ikhlāṣ in 2 nd Rak'ah (with head covered). Note: If you are not flying direct, this can be done at the transit airport, however, ensure you have enough time.	<input type="checkbox"/>
After the Ṣalāh is finished, do Du'ā. It is Mustahab (desirable) to recite the following: <div style="text-align: center; color: #c07040; font-weight: bold; font-size: 1.2em;"> اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ سَخَطِكَ وَالتَّارِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ </div> <i>Allāh humma Innī As'aluka Riḍāka Wal Jannah, Wa A'ūdhubika Min Sakhaṭika Wan-Nār, Birraḥ-matika Yā Ar Ḥamar Rāḥimīn</i> “O Allāh I ask of Your pleasure and Your Jannah, and I seek refuge from Your anger and the fire”	<input type="checkbox"/>
If needed, go to the toilet, and renew Wuḍū before boarding the plane.	<input type="checkbox"/>

In Plane

Task	Complete
Read all Ṣalāh at correct times. Allow for time travelling to destination and calculate Ṣalāh times before travelling. If Maghrib time, read when you can see sunset.	<input type="checkbox"/>
Don't use refreshing towel	<input type="checkbox"/>
If you are going direct to Jeddah, at the correct time, before reaching the Mīqāt (boundary) make the intention (Niyyah) for 'Umrāh (bare headed for men). If you have not already put on the top part of the Iḥrām (Chādar), then do this before making the intention, which is as follows: <p style="text-align: center;">اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ</p> <p style="text-align: center;">فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي</p> <p style="text-align: center;"><i>Allāh humma Innī Uridul 'Umrata, Fa Yassirhā li, Wa Taqabbalhā Minnī</i></p> <p style="text-align: center;">“O Allāh, I intend to perform 'Umrāh, so make it easy for me and accept it from me”</p>	<input type="checkbox"/>

Then Recite the Talbiyah:



لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ
لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ
لَا شَرِيكَ لَكَ

*Labbayka Allāh humma Labbayk,
Labbayka Lā Sharīka laka Labbayk.
Innal Ḥamda Wan Ni‘mata Laka Wal Mulk,
Lā Sharī Kalak*

“Here I am, O Allāh, here I am.

Here I am, You have no partner, here I am.

Truly the Praise and Favour is Yours, and the Sovereignty,
You have no partner”

At Jeddah Airport

Task	Complete
After leaving the plane, you may board a bus which will take you to immigration.	<input type="checkbox"/>
At immigration, families\groups may become separated. Ensure each person has their Documents (Passport, Group Operator details). Arrange to meet fellow pilgrims in the Baggage Claim area after immigration if required.	<input type="checkbox"/>
<p>The immigration officers will check your Visa, (Immunisation details if required) and Passport. They will also take your photograph and fingerprints (This will be for both men & women). They will take your draft and give you a transport ticket and a sticker stamp on your passport for your Mu'allim. (This process may change). There could be a long wait so be patient.</p> <p>Note: Your Passport may now be taken by your Group Operator/Mu'allim who will submit it at the relevant checkpoints. If your whole journey is with a group, then you may only receive your passport back again, once you are at the airport for your return journey home.</p> <p>If you are planning on travelling back without the group, ensure you have collected your passport from the Group Operator before leaving for the airport on the way home.</p>	<input type="checkbox"/>

<p>After immigration, if you have been separated, meet fellow pilgrims in the Baggage Claim area and collect luggage.</p> <p>You will now wait in the terminal until your transportation is arranged. This can be a long wait so be patient, recite the Talbiyah, and stay busy in worship.</p>	<input type="checkbox"/>
<p>You will then board your transportation and start the journey to Makkah. There will be several checkpoints along the way.</p>	<input type="checkbox"/>
<p>After the checkpoints, the transportation will stop at the relevant Mu'allim's office and the receipt for the Passports will be given to your Group Operator. (This process could change).</p>	<input type="checkbox"/>
<p>The transportation will now proceed to your Hotel</p>	<input type="checkbox"/>

At Makkah

Task	Complete
<p>Perform Wuḍū (or Ghusl if needed) then make your way to Al-Masjid al-Ḥarām. If a time slot has been booked for ʿUmrah, ensure you arrive on time. Try to enter through Bāb al-ʿUmrah if possible. If it is not possible due to the construction going on, you may enter through any door which gives you access into the Maṭāf.</p> <p>Note: You must have Wuḍū to perform the Ṭawāf</p>	<input type="checkbox"/>
<p>Enter the Masjid with the right foot and recite the following Duʿā:</p> <p style="text-align: center;"> بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ </p> <p style="text-align: center;"> <i>Bismillāhi Waṣṣālatu Wassalāmu ʿAlā Rasūlillāh, Allāh hummaf taḥlī Abwāba Raḥmatik</i> </p> <p style="text-align: center;"> “In the name of Allāh and Mercy and Peace on the Messenger of Allāh, O Allāh, open the doors of Your mercy for me” </p>	<input type="checkbox"/>
<p>You can also make intention of Nafl Iʿtikāf as follows:</p> <p style="text-align: center;"> بِسْمِ اللَّهِ دَخَلْتُ وَ عَلَيْهِ تَوَكَّلْتُ وَ نَوَيْتُ سُنَّتَ الْإِعْتِكَافِ </p>	<input type="checkbox"/>

*Bismillāhi Dakhaltu Wa ‘Alayhi Tawakkaltu
Wa Nawaytu Sunnatal I’tikāf*

“In the name of Allāh I am entering,
and upon Him I place my trust
and I am making the intention of the Sunnah of I’tikāf”

Keep your gaze on the floor with proper humility until you reach the Maṭāf, which is the open space where the Ka‘bah is. Depending on the entrance, you may go down some steps or it may be on the same level. Keep walking until you see the marble floor and the area will open up. When you are close enough and think you can see the Ka‘bah, raise your gaze and recite thrice:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Allāh hu Akbar, Lā ilāha illallāh

“Allāh is the Greatest, there is no God but Allāh”

Then behold the house of Allāh ﷻ with your eyes.

Then read Durūd (Ṣalawāt & Salām) and do Du‘ā. Ask for as much as possible and remember the whole Ummah in your Supplications. This is one of the instances where a persons’ Du‘ā gets accepted. Imām Abū Ḥanīfah رَحِمَهُ اللَّهُ recited the following Du‘ā:

‘O Allāh, after today please accept all my Du‘ās.’

If you feel fit, then perform ‘Umrah as soon as possible.



How to perform ‘Umrah

The ‘Umrah starts with the intention and then the Ṭawāf (circumambulation of the Ka‘bah). A person must have Wuḍū to perform the Ṭawāf and men must have the right shoulder exposed (Iḍṭibā‘). If you have problems keeping count of how many rounds you have done, keep a 7 beaded tasbīḥ to help you.

Task	Complete
Stop reciting Talbiyah (Make sure you have Wuḍū)	<input type="checkbox"/>
For men, do Iḍṭibā‘ (put the top sheet of Ihṛām under the right shoulder, so it is exposed). This is done for every Ṭawāf which is followed by Sa‘ī.	<input type="checkbox"/>
Men will perform Iḍṭibā‘ for all 7 rounds.	<input type="checkbox"/>
For men, perform Raml (Walk Fast with chest out, like marching for the first 3 rounds only).	<input type="checkbox"/>
Look for al-Ḥajr al-Aswad (the black stone) in the corner where there is only one minaret. All other corners of the Ḥaram have two minarets. There will also be lots of green lights on the walls to mark the location of al-Ḥajr al-Aswad.	<input type="checkbox"/>
Walk in a counter clockwise direction with the flow of the crowd, until you reach the correct corner.	<input type="checkbox"/>
There is no longer a line on the floor showing the position of al-Ḥajr al-Aswad, therefore you will have to estimate where the location is. Make sure you stop before this.	<input type="checkbox"/>

There will be green lights on the walls marking the start point of the Ṭawāf.	
Position yourself facing the Ka‘bah so your right shoulder is in line with the left-hand side of al-Ḥajr al-Aswad. NOT directly in front.	<input type="checkbox"/>
Put your right foot on the floor just on the start.	<input type="checkbox"/>
<p>Perform the Intention (Niyyah), this is obligatory (Farḍ).</p> <p style="text-align: center;">اللَّهُمَّ إِنِّي أُرِيدُ طَوَافَ بَيْتِكَ الْحَرَامِ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي</p> <p>“O Allāh I intend to perform Ṭawāf of Your Sacred House, so make it easy for me and accept it from me”</p>	<input type="checkbox"/>
Then make one side step right, so you are now directly in front of al-Ḥajr al-Aswad.	<input type="checkbox"/>
<p>Then recite:</p> <p style="text-align: center;">بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ وَاصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ</p> <p style="text-align: center;"><i>Bismillāhi Allāhu Akbar Wa Lillāhīl Ḥamd, Waṣṣālātu Wassalāmu ‘alā Rasūlillāh</i></p>	<input type="checkbox"/>

“In the name of Allāh,
Allāh is the Greatest and for Allāh is all Praise,
and Mercy and Peace on the Messenger of Allāh”

Then raise your hands to your ears (like when you do
Takbīr for Ṣalāh)

Then perform the Istilām of al-Ḥajr al-Aswad as follows:

Position your hands with palms forward, so they are at the
same height as al-Ḥajr al-Aswad then recite:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

Bismillāhi Allāhu Akbar

“In the name of Allāh, Allāh is the Greatest”

Then kiss your hands. DO NOT make a noise when kissing
your hands.

Note: Have the Intention in your mind that you would like
to kiss al-Ḥajr al-Aswad, but because of the number of
people you cannot do it.



<p>Then start your Ṭawāf and perform the Istilām every time you complete a round and come in front of al-Ḥajr al-Aswad.</p> <p>Note: Make sure you go around the Ḥaṭīm (the semi-circular wall on the side after the door), as this is classed as being inside the Ka'bah.</p>	<input type="checkbox"/>
<p>You can recite any Du'ā during Ṭawāf (3rd Kalimah, Durūd, Istighfār etc.). An easy way to keep count would be to read from Al Ḥizb al-A'ẓam if you have it, as it has a section for each day of the week. Start each new round with the section for the following day.</p> <p>Make sure you do not push and shove other people. Take extra precautions as men and women perform the Ṭawāf together. If you have female members of the family with you, then stay together with them.</p>	<input type="checkbox"/>
<p>When reaching Rukn al-Yamānī (the corner before al-Ḥajr al-Aswad), if you are near, touch it with your right hand or both hands. If it is far away, do not raise your hands or do anything else. Do not touch it with the left hand only.</p>	<input type="checkbox"/>
<p>On reaching Rukn al-Yamānī, read the following Du'ā:</p> <p style="text-align: center; color: #c0504d; font-size: 1.2em;">اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ</p>	<input type="checkbox"/>

فِي الدُّنْيَا وَالْآخِرَةِ

Allāh humma Innī As'alukul 'Afwa Wal 'Āfiyata

Fid Dunyā Wal Ākhirah

“O Allāh, I ask for Your pardon and wellbeing in this
World and the Hereafter”

From Rukn al-Yamānī to al-Ḥajr al-Aswad read:



رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً

وَوَقِنَا عَذَابَ النَّارِ

Rabbanā Ātina Fid Dunyā Ḥasanataw Wa Fil Ākhirati

Ḥasanataw Wa Qinā 'Adhābannār

“Our Lord, give us in this World (that which is) good and
in the Hereafter (that which is) good and protect us from
the punishment of the Fire”

After 7 rounds, do the final Istilām (8 in total), then go
behind Maqām Ibrāhīm (The golden enclosure in the
Matāf, slightly behind and to the right of al-Ḥajr al-
Aswad) and read 2 Rak'ah Wājib Ṣalāh. (It is better to read
Sūrah al-Kāfirūn in the 1st Rak'ah and Sūrah al-Ikhlāṣ in
the 2nd Rak'ah).



<p>For men, there is no Iḍṭibā‘ when reading the 2 Rak‘ah, so cover your shoulders with the Iḥrām.</p> <p>If it is Makrūh time (after Fajr, Zawāl, or between ‘Aṣr and Maghrib), then perform the 2 Rak‘ah after the Makrūh time has finished, before any other Sunnah Ṣalāh.</p>	
<p>If you can’t read your Ṣalāh behind Maqām Ibrāhīm due to the crowd, then it can be read anywhere else in the Masjid.</p>	<input type="checkbox"/>
<p>After Ṣalāh, do Du‘ā.</p>	<input type="checkbox"/>
<p>After Du‘ā, if possible, go to the Multazam, (the space between the doors of the Ka‘bah and al-Ḥajr al-Aswad) and do Du‘ā, if it’s not busy. This area is very busy so ensure you don’t push and shove. Du‘ā in this place can be done before or after going to drink Zamzam.</p>	<input type="checkbox"/>
<p>If it is too busy, then stand near it and do Du‘ā instead.</p>	<input type="checkbox"/>
<p>After the Multazam, go and drink as much Zamzam as you can. Access to the well has now been blocked, but you will see taps and water containers in many places.</p> <p>Drink Zamzam facing the Qiblah and recite the following Du‘ā:</p>	<input type="checkbox"/>

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا

وَشِفَاءً مِنْ كُلِّ دَاءٍ

*Allāh humma Inni As'aluka 'Ilman Nāfi'an, Wa Rizqan
Wāsi'an, Wa Shifā'an Min Kulli Dā'in*

“O Allāh I ask You for beneficial knowledge and wide sustenance and cure from all illnesses”

You can also do the following Du'ā:

“Oh Allāh, with the Barakah of this Zamzam water, save me from the thirst of the Day of Judgment”

After drinking Zamzam, go back to al-Ḥajr al-Aswad and do Istilām again. (It is Mustahab to perform Istilām before Sa'ī).



Now proceed for Sa'ī. You will see a green sign marking the way to Aş-Şafā to the right after Maqām Ibrāhīm.



The sign will say 'To Masa'a'.

How to do Sa‘ī (Between Aṣ-Ṣafā & Al-Marwah)

Task	Complete
Follow signs for Masa’a (this will take you to Aṣ-Ṣafā) and make the intention of performing Sa‘ī	<input type="checkbox"/>
<p data-bbox="60 321 736 355">When climbing Aṣ-Ṣafā, you can recite the following:</p> <p data-bbox="177 394 689 588" style="text-align: center;"> أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ </p> <p data-bbox="189 612 674 690" style="text-align: center;"> <i>Ab da’ū, Bi ma Bada Allāhu bihi, Innaṣ Ṣafā wal Marwata min Sha‘ā irillāh</i> </p> <p data-bbox="65 748 801 870" style="text-align: center;"> “I begin with what Allāh began with, Indeed Aṣ-Ṣafā and Al-Marwah are among the symbols of Allāh” </p> <p data-bbox="58 933 806 1103">You need to climb up Aṣ-Ṣafā as far as you can, until you can see the Ka‘bah (Due to construction, this might not be possible anymore). You may be able to see the Ka‘bah through the pillars.</p>	<input type="checkbox"/>
After seeing the Ka‘bah, or facing in that direction, raise your hands for Du‘ā and read 3 times:	<input type="checkbox"/>

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Allāhu Akbar, Lā ilāha illallāh

“Allāh is the Greatest, there is no God but Allāh”

Then read the 4th Kalimah:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*Lā ilāha illallāhu, Waḥdahū Lā Sharīka lahu,
Lahul-Mulku Wa Lahul-ḥamdu, Yuhyī Wa Yumītu,
Wa huwa ‘Ala Kulli Shay’in Qadīr*

“There is no God but Allāh, He is alone, there is no partner for Him,
for Him is the dominion and for Him is all praise,
He gives life and death, and He has power over all things”

Then read the following Du‘ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعَدَهُ
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahū, Anjaza Wa‘dahu,
Wa Naṣara ‘Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies”

Then read Durūd (Ṣalawāt & Salām), do lots of Du‘ā, and proceed towards Al-Marwah.

You can read any Du‘ā during Sa‘ī, but it is Sunnah to read this Du‘ā:

رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Rabigh fir War Ḥam, Antal A‘az-zul Akram

“Lord forgive and have mercy,
You are the most Majestic, most Generous”

<p>At two places, there will be green lights on the ceiling. Men must jog in the green lighted areas. At all other places, walk at a normal pace. For women, there is no jogging.</p>	<input type="checkbox"/>
<p>If you can't jog due to the crowd, do as much as you can.</p>	<input type="checkbox"/>
<p>For men, after jogging if there are females (or others in group who didn't jog) with you, wait for them to catch up.</p>	<input type="checkbox"/>
<p>At Al-Marwah you cannot see the Ka'bah, so you should go as far as you can and then turn towards the Ka'bah and do Du'a as you did at Aş-Şafā,</p> <p>Read 3 times:</p> <p style="text-align: center;">اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ</p> <p style="text-align: center;"><i>Allāhu Akbar, Lā ilāha illallāh</i></p> <p style="text-align: center;">“Allāh is the Greatest, there is no God but Allāh”</p> <p>then 4th Kalimah:</p> <p style="text-align: center;">لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ</p>	<input type="checkbox"/>

*Lā ilāha illallāhu, Waḥdahu Lā Sharīka lahu,
Lahul-Mulku Wa Lahul-ḥamdu, Yuhyī Wa Yumītu,
Wa huwa ‘Ala Kulli Shay’in Qadīr*

“There is no God but Allāh, He is alone, there is no partner for Him,
for Him is the dominion and for Him is all praise,
He gives life and death, and He has power over all things”

Then read the following Du‘ā:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعَدَهُ
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Lā ilāha illallāhu Waḥdahu, Anjaza Wa‘dahu,
Wa Naṣara ‘Abdahu, Wa Hazamal Aḥzāba Waḥdah*

“There is no God except Allāh, He is alone, He fulfilled His promise, aided His slave and single-handedly defeated the allies”

Then read Durūd (Ṣalawāt & Salām), do lots of Du‘ā, and proceed towards Aṣ-Ṣafā again.

<p>Do this 7 times and you will end up at Al-Marwah.</p> <p>Note: You will have started at Aş-Şafā and finished at Al-Marwah. Aş-Şafā to Al-Marwah is one round and Al-Marwah back to Aş-Şafā is another round.</p>	<input type="checkbox"/>
<p>After completing Du‘ā at Al-Marwah (after the 7th round), Sa‘ī will now be complete.</p> <p>Pray 2 Rak‘ah Nafil Şalāh anywhere in the Masjid. This is Mustahab (desirable).</p>	<input type="checkbox"/>

After Sa'ī – Shaving/Cutting the hair

Task	Complete
<p>Your 'Umrah will not be complete until you have shaved/cut your hair. For men, there are many barbershops. Some are in the basement of the Clock Tower.</p> <p>Do not cut/shave your hair on the street.</p> <p>Women should cut their hair back at the hotel.</p>	<input type="checkbox"/>
<p>When shaving/cutting the hair, DO NOT USE FRAGRANCED SOAP/SPRAY ON HEAD (check with barber). Start from the right-hand side.</p>	<input type="checkbox"/>
<p>For men, it is more rewarding to completely shave the head rather than just cutting the hair.</p>	<input type="checkbox"/>
<p>For women, they should cut off approx. one inch off their plait. This can be done by wrapping the hair around a finger and then cutting it. This will be done each time an 'Umrah is performed.</p>	<input type="checkbox"/>

Your 'Umrah will now be complete.

Recommended Actions in Makkah

First and foremost, do not miss any Ṣalāh with Congregation (Jamā‘ah) in Al-Masjid al-Ḥarām. If you are going for Ziyārah, ensure you are going at a time, where you will be back for Ṣalāh.

Note: Many places may be closed for Ziyārah, so please check (with your Group Leader if you have one) before going to any of these places as you may not be allowed to stop.

Task	Complete
Try and complete at least one recitation of the Qur’ān in Al-Masjid al-Ḥarām. Try and read Salāh in the Ḥaṭīm if its accessible (make sure it’s not Makrūh Time).	<input type="checkbox"/>
Go to Jannat al-Mu‘allāh (the graveyard where many Ṣaḥābah <small>رضي الله عنهم</small> are buried including Sayyidah Khaḍījah <small>رضي الله عنها</small>).	<input type="checkbox"/>
Go to Gār Ḥira (on top of Jabl al-Nūr) & Jabl Thawr. You will need to take a taxi for both. Pick a time when it’s not busy or too hot if you want to walk to the top. It is not recommended to walk to the top for people who are not fit. (These places may now be off limits to visitors)	<input type="checkbox"/>
Do as many Ṭawāf as you can. You can also perform Ṭawāf on behalf of other people like deceased relatives.	<input type="checkbox"/>
If you have time, you can perform ‘Umrah again (can also do on behalf of deceased relatives).	

Ḥajj

7th Dhul Ḥijjah

Task	Complete
Clip nails, trim moustache, remove pubic hair and hair under armpits if necessary.	<input type="checkbox"/>
Prepare your luggage (small back pack) to take to Mina: Towel, soap (non-fragrant), Qur'ān, tissues, tasbīḥ, books on Ḥajj, medication, etc. You will always need to carry this with you, so keep it light as possible. Note: The group leader will inform you when the transport to Mina is expected. This may be on the night of the 7 th , or early morning on the 8 th , so ensure you are ready in time.	<input type="checkbox"/>
After 'Ishā', eat food, perform ghusl, (This can also be done later in the night).	<input type="checkbox"/>
Put on your Iḥrām for Ḥajj	<input type="checkbox"/>
Go to Al-Masjid al-Ḥarām (Afdāl and Mustahab to do intention of Ḥajj in the Ḥaram). Note: Pilgrims staying in Aziziyah may not be able to do so	<input type="checkbox"/>
Perform one Nafl Ṭawāf if possible (for Taḥiyyatul Masjid). If it's too busy to perform Ṭawāf then read 2 Rak'ah Taḥiyyatul Masjid.	<input type="checkbox"/>
Then read 2 Rak'ah Ṣalāh (with intention of Iḥrām). In 1 st Rak'ah recite Surah al-Kāfirūn, and in 2 nd Rak'ah, Surah al-	<input type="checkbox"/>

<p>Ikhlaṣ with the head covered, then uncover the head and do Du‘ā.</p>	
<p>And now make the Intention for Ḥajj (Niyah)</p> <p style="text-align: center;">اللَّهُمَّ إِنِّي أُرِيدُ الْحَجَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي</p> <p style="text-align: center;"><i>Allāh humma Innī Uridul Ḥajja, Fayassirhu lī Wa Taqabbalhu Minnī</i></p> <p style="text-align: center;">“O Allāh, I am making intention of performing Ḥajj, make it easy for me and accept it from me”</p>	<input type="checkbox"/>
<p>Then recite the Talbiyah 3 times:</p> <p style="text-align: center;">لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ</p> <p style="text-align: center;">إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ</p>	<input type="checkbox"/>
<p>You are now a Muḥrim (In the state of Iḥrām, therefore take all the necessary precautions).</p>	<input type="checkbox"/>
<p>OPTIONAL: You can do the Sa‘ī for Ḥajj, which would normally be done after the Ṭawāf al-Ziyārah (For Ḥajj Tamattu‘, it is better to do the Sa‘ī after Ṭawāf al-Ziyārah).</p> <p>If you want to do the Sa‘ī now, then first you must perform a Nafl Ṭawāf and then do the Sa‘ī.</p>	<input type="checkbox"/>
<p>You will also need to do Raml (first 3 rounds) and Iḍṭībā during this Ṭawāf as you will have the Iḥrām on.</p>	<input type="checkbox"/>
<p>Now go back to the hotel and rest if you have time or wait for Fajr and spend time in ‘Ibādah.</p>	<input type="checkbox"/>

8th Dhul Hijjah

Mina

Task	Complete
<p>After Fajr, have breakfast and then leave for Mina,</p> <p>Note: It is best not to leave before Fajr, but if your group leaves at a different time due to logistical issues, then this is not an issue.</p> <p>It is best to walk to Mina if you are able and fit. Before going, find out your Tent number and the area in Mina where you are staying from the Group Leader. If you have not been before, go with someone from the group who knows the way. Mina is very big, and you can get lost very easily.</p> <p>If you have elderly and disabled people with you, then it will be best to take the transportation.</p> <p>Keep Reciting the Talbiyah on the way.</p>	<input type="checkbox"/>
<p>Need to reach Mina before <i>Ẓuhr</i></p>	<input type="checkbox"/>
<p>At Mina, you need to read 5 <i>Ṣalāh</i>, from <i>Ẓuhr</i> to Fajr the following day. You will need to do <i>Qaṣr</i> if you have spent less than 15 days in Makkah before <i>Ḥajj</i>.</p>	<input type="checkbox"/>

<p>ONCE YOU ARRIVE AT YOUR TENT, FIND THE LOCATION OF YOUR TENT ON A MAP (THERE WILL BE LARGE MAPS AT MOST JUNCTIONS) AND MAKE A NOTE OF IT IN CASE YOU GET LOST. TAKE A PHOTO OF THE MAP ON YOUR PHONE. YOU CAN ALSO PIN YOUR LOCATION FROM YOUR SMARTPHONE USING MAPS (iPhone) OR GOOGLE MAPS (Android). THIS WILL HELP YOU GET BACK TO YOUR TENT IF YOU GET LOST.</p>	
<p>In Mina, do as much ‘Ibādah as you can. Recite the Talbiyah (try to read in 3’s), Qur’ān, Dhikr, Durūd, Istighfār, teaching & learning etc. abstain from worldly talk.</p>	<input type="checkbox"/>
<p>Try not to eat too much. Stick to fruits & liquids so you do not need to go to the toilet often. Stay hydrated. If you need to go to the toilet, try and go at a quiet time. Sometimes the queues can get very long, especially just before Ṣalāh times.</p>	<input type="checkbox"/>
<p>Spend the night in Mina.</p>	<input type="checkbox"/>

9th Dhul Hijjah

‘Arafāt

Task	Complete
After Fajr, eat breakfast, then leave for ‘Arafāt after sunrise. It is quite far, but possible to walk if you are fit and know the way. It will be easier to go on transportation. Keep reciting the Talbiyah, Durūd, Dhikr, etc.	<input type="checkbox"/>
Note: DO NOT LEAVE BEFORE SUNRISE	
Need to do Qaṣr Ṣalāt if you have spent less than 15 days in Makkah before the 8 th of Dhul Hijjah.	<input type="checkbox"/>
Need to reach ‘Arafāt before Zawāl time.	<input type="checkbox"/>
From Zawāl, till Ṣubḥ Ṣādiq the following day, one needs to have spent some time in ‘Arafāt. This is Farḍ.	<input type="checkbox"/>
On reaching ‘Arafāt, get ready before Zawāl (i.e., go to the toilet if needed, perform Wuḍū’, expect long queues).	<input type="checkbox"/>
Start ‘Ibādah after Zawāl until Maghrib.	<input type="checkbox"/>
Do as much Du‘ā as possible, recitation of the Qur’ān, Talbiyah, Durūd, Dhikr etc.	<input type="checkbox"/>
Best to go near Jabl Raḥmah and do ‘Ibādah,	<input type="checkbox"/>

DO NOT climb Jabl Raḥmah.	
Do 'Ibādah standing as much as possible outside with hands raised in Du'ā facing Qiblah, then inside your tent if you get tired. You can sit if you get tired from standing, but it is Makrūh to lie down without an excuse.	<input type="checkbox"/>
<p>Do not pray Zuhr and 'Aṣr together unless you satisfy the special conditions as follows:</p> <ul style="list-style-type: none"> • Performed in or near 'Arafāt • It is the 9th of Dhul Ḥijjah • The Sultan or his representative are present • Both Ṣalāt are performed whilst in Iḥrām for Ḥajj • Zuhr is done first, then 'Aṣr • It is done in congregation <p>As pilgrims will be in tents, Zuhr and 'Aṣr will be prayed in the tents at their own respective times.</p>	<input type="checkbox"/>
This is the main time for Du'ā; ask for all your permissible needs, and for your family, friends and the whole Ummah of Rasūlullāh ﷺ in these trying times. Pray that Allāh ﷻ removes all difficulties from the Ummah and takes us away with Imān.	<input type="checkbox"/>

Muzdalifah

Task	Complete
After sunset, leave for Muzdalifah, do not read Maghrib at ‘Arafāt. It is possible to walk it there, but transportation will be provided. It is advisable to go to the toilet before you go to Muzdalifah, as there are not many toilets there and the queues can get long.	<input type="checkbox"/>
From ‘Arafāt proceed to Muzdalifah whilst reciting the Talbiyah.	<input type="checkbox"/>
Sometimes you may get dropped off before the boundary of Muzdalifah. You can recognize Muzdalifah by the lighted area and large signs marking the boundary.	<input type="checkbox"/>
Once you arrive, find a place to spend the night. It will be very busy and crowded so it might be easier to find spaces for smaller groups, rather than large ones. Once settled, go to the toilet if needed and perform Wuḍū. It might be easier to find toilets in another part of Muzdalifah, but ensure you stay within the boundary.	<input type="checkbox"/>
Ensure that all people in the group have details of your location in Mina and hotel in Makkah. They should also have enough money, so if they get lost, they can get back to the hotel.	<input type="checkbox"/>

Ensure everyone has a phone and working SIM card. Share the contact details with others in the group, so if someone gets lost, they can be contacted.	<input type="checkbox"/>
At Muzdalifah, you will need to read Maghrib and ‘Ishā’ together at ‘Ishā’ time. You will read the Ṣalāh in the following manner.	<input type="checkbox"/>
In Congregation (Jamā‘ah), do one Adhān	<input type="checkbox"/>
Then Iqāmah	<input type="checkbox"/>
Then read 3 Rak‘ah Farḍ of Maghrib Ṣalāh	<input type="checkbox"/>
Get up, no Adhān and no Iqāmah	<input type="checkbox"/>
Then read 4 Rak‘ah Farḍ of ‘Ishā’ Ṣalāh if Imām is Muqīm (has spent 15 days of more in Makkah before Ḥajj). If the Imām is a Musāfir (traveller), then read 2 Rak‘ah Farḍ of ‘Ishā’.	<input type="checkbox"/>
Then read the Sunnah of Maghrib	<input type="checkbox"/>
And then the Sunnah and Wājib of ‘Ishā’.	<input type="checkbox"/>
You can read both Maghrib and ‘Ishā’ Ṣalāh any time after ‘Ishā’ start time & before Fajr start time the following day.	<input type="checkbox"/>
If for any reason, you do not reach Muzdalifah before Fajr and Fajr time is near, then read both Maghrib and ‘Ishā’ wherever you are.	<input type="checkbox"/>
You will need to stay at Muzdalifah until Ṣubḥ Ṣādiq.	<input type="checkbox"/>

After you have read 'Ishā', try and eat some food.	<input type="checkbox"/>
Then collect stones for Ramī (ritual pelting)	<input type="checkbox"/>
The stones should be at least as big as a pea and no larger than a date stone.	<input type="checkbox"/>
Need to collect enough stones (make sure you don't accidentally pick up clumps of dust). 49 stones are required for pelting 3 days or 70 if also pelting on the 13 th of Dhul Ḥijjah. Collect some spare stones as well in case you lose or drop some.	<input type="checkbox"/>
It is Mustahab to wash the stones as well.	<input type="checkbox"/>
This is a very auspicious night, do lots of 'Ibādah (try and read Tahajjud as well).	<input type="checkbox"/>
Sort out the stones into small bags, ready for Ramī (7 stones in one bag for the 10 th , 21 stones each in 2 other bags for the 11 th and 12 th (or 21 stones each in 3 bags if you are also planning on doing Ramī on the 13 th of Dhul Ḥijjah).	<input type="checkbox"/>
Have some rest and keep away from sin.	<input type="checkbox"/>

10th Dhul Hıjjah

This is the day of Eid. For the pilgrims, there will be no Eid Şalāh on this day. The pilgrims will begin the day in Muzdalifah, then make their way to Mina to perform the Ramī (ritual pelting) of the large Jamarah. Their animal sacrifice (Qurbāni) will then be done. If they are not doing the animal sacrifice (Qurbāni) themselves, they will wait until its confirmation has been received, then they will shave/cut their hair and come out of the state of İhrām. Most pilgrims will also perform the Ṭawāf al-Ziyārah & Sa'ī on this day as well.

Note: If you have arranged to have your Qurbāni done by someone else and they have given you a specific time, you must complete your Ramī (pelting) on that day before that time.

Muzdalifah

Task	Complete
Continue in 'İbādah, Talbiyah, Tasbīh, Du'ā etc. until Fajr time, and then read Fajr Şalāh.	<input type="checkbox"/>
Once you have read Fajr Şalāh, leave for Mina. Transportation will be provided, but if you know the way, it might be easier to walk.	<input type="checkbox"/>

Mina

Task	Complete
<p>On reaching Mina, you need to do Ramī (ritual pelting) of the large Jamarah as soon as possible.</p> <ul style="list-style-type: none">• Sunrise to Zawāl – Masnūn• Zawāl to Maghrib – Mubāḥ (permitted) <p>Ramī after Maghrib is Makrūh for able bodied people, however it is not Makrūh for the elderly, weak or women etc. Try around ‘Aṣr time when it is less busy.</p>	<input type="checkbox"/>
<p>Try and get some rest at Mina first, eat some food and relieve yourself before you go for Ramī.</p>	<input type="checkbox"/>
<p>To identify the 3 Jamarāt. the one closest to Makkah is the large one called Jamarah al-Kubrā, then it’s the middle one called Jamarah al-Wuṣṭā’ and finally the small one called Jamarah al-Ūlā’. The pillars have now been replaced by large walls.</p>	<input type="checkbox"/>
<p>On this day, you only need to do Ramī of the big Jamarah, (Jamarah al-Kubrā). This is Wājib.</p>	<input type="checkbox"/>
<p>When going to do Ramī, be careful. It is advisable to approach the Jamarah from behind, as there will be fewer crowds. Also, easier to travel with wife/family together in a small group. Skirt around the main crowd to the rear and then do Ramī. There is now a flyover system in place, so it</p>	<input type="checkbox"/>

is much easier than before. Arrange a meeting place (on the side, away from the crowd) in case you get separated during the Ramī.	
Before doing Ramī, stop reciting the Talbiyah.	<input type="checkbox"/>
Face the Jamarah and throw 7 stones using your thumb and forefinger. Note: If a stone lands near the Jamarah, within the surrounding wall, it will be valid	<input type="checkbox"/>
Each stone must be thrown separately.	<input type="checkbox"/>
For males, raise arm so armpit is viewable.	<input type="checkbox"/>
Read the following before throwing each stone <p style="text-align: center;">بِسْمِ اللَّهِ أَكْبَرُ</p> <p style="text-align: center;"><i>Bismillāhi Allāhu Akbar</i></p> <p style="text-align: center;">“In the Name of Allāh, Allāh is the Greatest”</p>	<input type="checkbox"/>
There is no Du‘ā after the Ramī of the big Jamarah.	<input type="checkbox"/>
Do not hit the wall hard because if it rebounds off and falls outside the surrounding wall, it will need to be repeated.	<input type="checkbox"/>
Make sure you don’t miss any Ṣalāh on the way to perform the Ramī.	<input type="checkbox"/>

<p>The best time for females is between ‘Aṣr and Maghrib when less busy.</p>	<input type="checkbox"/>
<p>You could read ‘Aṣr at start time in Mina, then go to do Ramī. If there is not enough time, leave before ‘Aṣr and perform ‘Aṣr Ṣalāh near the Jamarāt (don’t delay reading your Ṣalāh until after you have finished your Ramī, or you might miss it).</p>	<input type="checkbox"/>
<p>If the Ramī is done after Maghrib, you may not be able to do Qurbāni, so you will have to stay in Iḥrām for another day. You cannot come out of Iḥrām until your Qurbāni is done.</p>	<input type="checkbox"/>
<p>Time for Ramī is until Ṣubḥ Ṣādiq</p>	<input type="checkbox"/>
<p>After Ramī, if someone is doing Qurbāni on your behalf, make your way to Makkah. If you are doing Qurbāni yourself at the abattoirs in Mina, then make your way there but bear in mind it is very far.</p>	<input type="checkbox"/>

Animal Sacrifice (Qurbāni) & Ḥalaq

Task	Complete
<p>The animal sacrifice (Qurbāni) is performed for Shukr (thanks). Try doing it yourself. If you can't, then be present whilst it is being done. If not, get someone else to do it on your behalf. The group leader can normally organize this for you.</p>	<input type="checkbox"/>
<p>Contact the person who is performing the animal sacrifice (Qurbāni) on your behalf. You need to confirm 100% that it has been done before shaving your head or cutting your hair.</p>	<input type="checkbox"/>
<p>Once you have confirmed the animal sacrifice (Qurbāni) has been done, for men, shave your head (Ḥalaq), this is more rewarding than cutting.</p> <p>It is easier to do your Ḥalaq in Makkah as there are lots of barber shops there (in the basement of the Clock Tower). When shaving start from the right side & remember not to use fragranced soap/spray on head as you are still in Iḥrām.</p>	<input type="checkbox"/>
<p>For women, trim slightly more than an inch from the end of your plait. As before, wrap the hair around a finger and cut it.</p>	<input type="checkbox"/>

Ṭawāf al-Ziyārah

Task	Complete
The Ṭawāf al-Ziyārah is Fard. It is best done on the 10 th , but it might be easier to do on the morning of the 11 th as there are less crowds.	<input type="checkbox"/>
Wājib to be done before sunset on the 12 th .	<input type="checkbox"/>
It is ok for women who are on their menstrual cycle to delay it after the 12 th . (Purity is a condition for Ṭawāf)	<input type="checkbox"/>
Relations with your partner are only allowed after the Ṭawāf al-Ziyārah has been completed.	<input type="checkbox"/>
Go to Al-Masjid al-Ḥaram and perform Ṭawāf al-Ziyārah. For Men, do Raml for the first 3 rounds (if Sa'ī was not done already) even if not in Iḥrām.	<input type="checkbox"/>
After completing Ṭawāf, read 2 Rak'ah Ṣalāh behind Maqām Ibrāhīm.	<input type="checkbox"/>
Do Du'ā at Multazam if possible, then drink Zamzam.	<input type="checkbox"/>
Now go and perform Sa'ī in the same way as done during 'Umrah.	<input type="checkbox"/>
Return to Mina as soon as possible after you have completed the Ṭawāf al-Ziyārah. It is best to spend the nights of Ḥajj in Mina as they are very rewarding.	<input type="checkbox"/>

11th Dhul Ḥijjah

Task	Complete
If you have not already done the Ṭawāf al-Ziyārah then try and do it on this day. You can get transport from the main road behind the abattoirs in Mina.	<input type="checkbox"/>
On this day, you need to do Ramī of all 3 Jamarāt.	<input type="checkbox"/>
Start with the small Jamarah	<input type="checkbox"/>
Throw 7 stones at each Jamarah (reciting <i>Bismillāhi Allāhu Akbar</i> before throwing each stone)	<input type="checkbox"/>
Can only do Ramī after Zawāl	<input type="checkbox"/>
Best to do after ‘Aṣr, as it is less busy	<input type="checkbox"/>
Stone the small Jamarah first then turn right in the direction of the Ka‘bah and do Du‘ā. Read Sūrah al-Fātiḥah, Durūd. Try reading Sūrah al-Baqarah as much as possible or do Du‘ā for duration it takes to read at least 20 verses.	<input type="checkbox"/>
Then stone the middle Jamarah and do Du‘ā again as above.	<input type="checkbox"/>
Then stone the large Jamarah. There will be no Du‘ā after this.	<input type="checkbox"/>
Then return to your tent in Mina and carry on ‘Ibādah.	<input type="checkbox"/>

12th Dhul Ḥijjah

Task	Complete
Before leaving for Ramī, take all your personal belongings with you as you will not be returning to your tent.	<input type="checkbox"/>
Do Ramī of all 3 Jamarāt again, in the same way as the day before.	<input type="checkbox"/>
Best to do after ‘Aṣr again. Try reading ‘Aṣr Ṣalāh near Jamarāt at start time, then do Ramī or maybe even try leaving your tent after reading Ṣuḥr at start time.	<input type="checkbox"/>
Leave Mina before sunset. If you don't leave, then it is Makrūh to leave without doing Ramī the following day. If you are still in Mina at Ṣubḥ Ṣādiq on the 13 th , then it will be Wājib to do Ramī on this day.	<input type="checkbox"/>
If you want to, you can also do Ramī on the 13 th (best done after Zawāl). There should be many vacated tents near the Jamarāt so you could stay there. This is very rewarding as well.	<input type="checkbox"/>

Your Ḥajj is now complete

Ṭawāf al-Widā' (Farewell Ṭawāf)

Task	Complete
Do as late as possible, before leaving Makkah. Try and make this your last Ṭawāf.	<input type="checkbox"/>
Perform Ṭawāf, then read 2 Rak'ah Ṣalāh behind Maqām Ibrāhīm and then drink Zamzam.	<input type="checkbox"/>
Then do Du'ā at the Multazam if possible and ask Allāh ﷻ to bring you back again as soon as possible.	<input type="checkbox"/>
Make Istilām of al-Ḥajr al-Aswad and depart with a heavy heart, that you are leaving the Ḥaram.	<input type="checkbox"/>

Madīnah

Visiting the City of our beloved Rasūlullāh ﷺ is also a very special occasion. Some pilgrims will go to Madīnah before ‘Umrah/Ḥajj, and others will go after. There will be many opportunities for Ziyārah, but make sure you don’t miss any Ṣalāh in Al-Masjid an-Nabawī. In Madīnah, recite as much Durūd (Ṣalawāt & Salām) as you can and present your Salām to Rasūlullāh ﷺ as often as you can. Try and work out the best time to go when there are fewer crowds.

Read various books on the Sīrah of Rasūlullāh ﷺ. Familiarize yourself with the City and the great events which occurred in this blessed place. A good series of booklets on Sīrah can be found on the link below:

<https://islamicportal.co.uk/english-books/>

It is recommended that you obtain the booklet called ‘How to Perform Ziyārah of Madīnah Munawwarah’ by Maulana Saleem Dhorat Ḥafīzahullāh before you go, as it contains detailed information about this special journey including details of the Rawḍah and locations of graves in Jannat al-Baqī.

Spend some time in Riyāḍ al-Jannah if possible and read Ṣalāh, recite Qur’ān, perform Du‘ā etc. there. Men should also visit Jannat al-Baqī. Check what time it opens and if possible, take part in a Janāzah there as well. The graves are not marked, but again, from Maulana Saleem’s booklet, you will be able to see who is buried where, including Sayyidunā Uthmān رَضِيَ اللهُ عَنْهُ and the wives of Rasūlullāh ﷺ. Please remember myself and my family when you present your Salām to Rasūlullāh ﷺ and make Du‘ā that Allāh ﷻ gives us all the opportunity to go to Madīnah again and again.

How to Present Salām

Task	Complete
Read Durūd (Ṣalawāt & Salām) on the way to Madīnah	<input type="checkbox"/>
Before going to Al-Masjid an-Nabawī, dress in your best clothes including as much Sunnah as possible. Put on Iṭar and wear an Imāmah (turban) if you have one.	<input type="checkbox"/>
<p>For men, when going to present Salām, you will have to enter from the gate on the front right-hand side of the Masjid (Bāb as-Salām).</p> <p>Note: This may change due to restrictions, so check the latest guidance when you arrive.</p> <p>For sisters, there are certain times of the day which have been allocated to present your Salām to Rasūlullāh ﷺ. You can confirm the timings by checking the electronic noticeboards which are outside some of the gates for sisters. The entrance will be on the left-hand side of the Masjid.</p> <p>Take care not to commit any innovative actions, respect the sanctity of the Masjid and always remain well behaved and civil.</p>	<input type="checkbox"/>

Enter the Masjid with the right foot and recite:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ
عَلَى رَسُولِ اللَّهِ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*Bismillāhi Waṣṣālatu Wassalāmu ‘Alā Rasūlillāh,
Allāh hummaf taḥlī Abwāba Raḥmatik*

“In the name of Allāh
and Mercy and Peace on the Messenger of Allāh,
Oh Allāh, open the doors of Your Mercy for me”

Proceed to the Rawḍah which will be on your left. You will then see the golden enclosure, housing the blessed resting place of Rasūlullāh ﷺ and his Companions رَضِيَ اللَّهُ عَنْهُمْ. There are 3 sets of doors at the front. The three graves are all behind the middle enclosure which has a large gold ring on the left door.

Once you reach there, present your Salām. If you do Salām directly in front of the enclosure, then you won't have much time. Try to stand a bit of a distance away, that way you will have more time to present your Salām.

Present your Salām by saying at least:

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Assalāmu ‘Alayka Yā Rasūlallāh

You can also say the following:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Rasūlallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا نَبِيَّ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Nabiyallāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا حَبِيبَ اللَّهِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Ḥabiballāh

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا خَاتَمَ الْأَنْبِيَاءِ

Aṣṣalātu Wassalāmu ‘Alayka Yā Khāṭamal Anbiyā

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

أَشْهَدَانُ لَا إِلَهَ إِلَّا اللَّهُ

وَ أَنْتَ عَبْدُهُ وَ رَسُولُهُ

Assalāmu ‘Alayka Ayyuhannabiyu Wa Raḥmatullāhi Wa
Barakātuhu, Ash hadu an Lā ilāha illallāhu
Wa Annaka ‘Abduhu Wa Rasūluh

Remember to convey the Salāms of all the people who
have asked you.



Then make Du‘ā to Allāh ﷻ and make sure you do NOT
raise your hands towards the grave of Rasūlullāh ﷺ
whilst doing so.



Once you have finished, move 2 steps to the right and
present your Salām to Sayyidunā Abū Bakr رَضِيَ اللَّهُ عَنْهُ. Recite
the following:



السَّلَامُ عَلَيْكَ يَا خَلِيفَةَ رَسُولِ اللَّهِ

جَزَاكَ اللَّهُ عَنْ أُمَّةٍ مُحَمَّدٍ

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Assalāmu ‘Alayka Yā Khalīfata Rasūlallah.
Jazākallāhu ‘An Ummati Muḥammadin
Ṣallalāhu ‘Alayhi Wa Sallam

Once you have finished, move 2 steps to the right and present your Salām to Sayyidunā ‘Umar رَضِيَ اللَّهُ عَنْهُ. Recite the following:



السَّلَامُ عَلَيْكَ يَا أَمِيرَ الْمُؤْمِنِينَ جَزَاكَ اللَّهُ

عَنْ أُمَّةٍ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Assalāmu ‘Alayka Yā Amīr al-Mu‘minīna. Jazākallāhu ‘An Ummati Muḥammadin Ṣallalāhu ‘Alayhi Wa Sallam

Take a Ṣalāt & Salām booklet with you and read as much as you can when you are in Madīnah. Try and complete the recitation of the Qur’ān in Al-Masjid an-Nabawī.



Comprehensive Du‘ā

At each place where supplications are accepted, i.e., seeing the Ka‘bah, at Aṣ-Ṣafa, Al-Marwah, etc. we should make the following Du‘ā:

اللَّهُمَّ إِنَّا نَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

وَنَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

وَ أَنْتَ الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ

‘O Allāh, we ask You for all those good things for which Your Nabī, Muḥammad ﷺ asked You, and we seek refuge from You for all those evils which Your Nabī, Muḥammad ﷺ sought refuge from You. You are the only one who can be turned to for help, and for You is only to convey. There is no power (to do good deeds) or ability (to avoid bad deeds) except with the help of Allāh.

Hajj/‘Umrah Prayer Quick Reference

Prayer Description	Prayer
After Ṣalāt al-Ihrām	اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ وَأَعُوذُ بِكَ مِنْ سَخَطِكَ وَالنَّارِ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ
Intention for ‘Umrah	اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي
Talbiyah	لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ
Entering the Masjid	بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ
When seeing the Ka‘bah	اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ
Intention for Ṭawāf	اللَّهُمَّ إِنِّي أُرِيدُ طَوَافَ بَيْتِكَ الْحَرَامِ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي
At the beginning of Ṭawāf after Intention	بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَ لِلَّهِ الْحَمْدُ وَاصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ
Istilām of al-Ḥajr al- Aswad	بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ
On reaching al-Rukn al- Yamāni	اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ

	فِي الدُّنْيَا وَالْآخِرَةِ
Between al-Rukn al-Yamāni & al-Hajr al-Aswad	رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَ قِنَا عَذَابَ النَّارِ
When drinking Zamzam	اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ
When climbing Aş-Şafā	أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَابِرِ اللَّهِ
At Aş-Şafā & Al-Marwah	اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ
During Sa'ī	رَبِّ اغْفِرْ وَارْحَمْ أَنْتَ الْأَعَزُّ الْأَكْرَمُ
Intention for Hajj	اللَّهُمَّ إِنِّي أُرِيدُ الْحَجَّ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي
When pelting (Rami)	بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

Hajj Checklist

(2nd Edition)

www.islamicacademycoventry.org

83-87 Cambridge Street
Coventry CV1 5HU